



ANN LANDERS

A Kiss for Ann

Dear Ann Landers: I could have kissed you when I read your answer to "Stymied Mother." You told her to get off Isabelle's back and I hope she listens.

I used to be a fat and unhappy 16-year-old and my mother nagged me just the way Stymied Mother is nagging Isabelle. The more my mother harped the more I ate. She sounded like a broken phonograph record and I hated it. I used to sneak food into my room to spite her.

One day my mother went to school at the request of the guidance counselor. I don't know what they talked about, but from that day on my mother never mentioned my weight.

Within six months I lost 35 pounds. I not only look like a different person but I feel like one. I have confidence, my grades are better and boys treat me like a girl instead of another guy. I hope every mother who bugs her daughter about being fat reads this and learns something.—36-25-36

Dear 36: I can't improve on your language, so I'll simply repeat your well-chosen words. I hope every mother who bugs her daughter about being fat reads this and learns something.

Dear Ann Landers: I'm a 20-year-old gal who is flustered easily. When I'm ill at ease (which is often) my hands get ice cold and clammy as the dickens. This usually happens when I met new people. I try to avoid shaking hands, which gives the impression I'm unfriendly. Help me, please.—DRIPPY MITTS

Dear Drippy: Have you tried an anti-perspirant? This is NOT the same as a deodorant. If the anti-perspirant doesn't work, wear white silk or nylon wrist-length gloves. Gloves will give you confidence, reduce your anxiety and diminish the clamminess.

Dear Ann Landers: Thanks for advising that woman who signed herself "Stuck At Home" to learn how to drive. I'm sorry you didn't add, "But don't let a relative teach you." Here's my story:

After serving as a WAC in World War II, I returned to Los Angeles. I was scared out of my wits by the traffic, refused to ride in a car with friends and took a bus or walked everywhere.

I realized this was crazy, so I forced myself to enroll in a drivers' school. My brothers were furious. "Why spend money on school?" they screamed, when THEY could teach me. Sure they could. They could teach me to tailgate, run through yellow lights and get mad at every driver who passed me.

I kept on at the school. My teacher didn't swear at me. He didn't tear out his hair and make me feel like a hopeless idiot. I learned the parts of an automobile and the rules of the road. I made my mistakes on a dual-controlled car.

Today I am a competent driver and proud of myself. At this moment, however, I wish I'd paid as much attention to my typing instructor as my driving instructor, but typing is not a matter of life and death—and driving is.—HELEN S.

Dear Helen: Your typing isn't that bad, honey. Thanks for a good letter.

Too many couples go from matrimony to acrimony. Don't let your marriage flop before it gets started. Send for Ann Landers' booklet, "Marriage—What To Expect." Send your request to Ann Landers in care of the Press-Herald enclosing 30 cents in coin and a long, stamped, self-addressed envelope.

Trio Arrested on Burglary Charges

A silent alarm foiled the attempt of three Torrance men to rob Bay Central Lumber, 2407 Sepulveda Blvd., Thursday.

The alarm brought Torrance police to the lumber yard at 8:30 p.m. They found the fence had been cut.

Entering the yard property, police arrested Ronald Allen Stitt, 24, of 1521 1/2 Carson St.; Larry D. Marksam, 28, of 610 W. 223rd St.; and Eddie Lee Copley, 24, of 1571 W. 228th St.

They were charged with burglary.



WITH AWARDS . . . Torrance High School journalism students shows trophies they won during the El Camino College Press Day writing contests. Pat Nicholson, staff advisor for the school newspaper, is shown here with (from left) Peggy Ganges, Kathy Gilliam, Karen Kelly, Barbara Moffit, and Ken Brown. Miss Kelly won first place in feature writing and Miss Moffit was named first-place winner in the news writing contest.

Highway Patrol Begins Night Inspection Lanes

The first night time passenger vehicle inspection lane in California began operation on Tuesday, March 11, in the South Los Angeles area, Supervising Inspector G. R. Reinjohn, Zone V Commander of the California Highway Patrol said today.

This is a test program for the purpose of inspecting those vehicles that are missed by the day time inspection lanes which

have operated in California for the past two years. Experience has shown that many passenger vehicles driven by people who generally work from eight to five never see a passenger vehicle inspection lane, nor do those people who may only drive after dark.

A SPECIALLY equipped station wagon complete with gener-

ator, portable flood lights, and high intensity quartz-iodine lights is used to illuminate the inspection area.

However, the procedures for inspection will be the same as in daylight, a random safety equipment inspection of vehicles passing the inspection lane.

"The night inspection lane will operate Monday through Friday, from 2 until 10 p.m., and the location will be changed each night," Inspector Reinjohn said. "The night inspections will continue for three weeks in the South Los Angeles area and the equipment will then be rotated to the other California Highway Patrol offices in Zone V for periods of two to four weeks."

Art Exhibit Set At Rec Center

An "Art in Recreation" exhibit will be on display at the Joslyn Center of the Arts from March 27 until April 2.

Several hundred student art works created in recreation classes sponsored by the Torrance Recreation Department will be exhibited.

The art display will open Thursday with a reception from 7:30 to 9:30 p.m. honoring all participating artists. The winner

of the Torrance Library book-plate contest will also be announced and the winning book-plate will be displayed.

"Michelangelo, The Last Giant" a documentary film, will be presented Friday evening, March 28, from 7:30 to 9:30 p.m. in cooperation with the Los Angeles County Museum of Natural History.

Visitors are also welcome Friday between 9:30 to 11:30 a.m. and 1:30 and 3:30 p.m. Saturday, March 29, the exhibit will be open from 1 to 4 p.m. Monday, March 31, until Wednesday, April 2, visitors may come to the Joslyn Center from 9:30 to 11:30 a.m., 1:30 to 3:30 p.m., and 7:30 to 9:30 p.m.

The last showing will be held Thursday, April 3, from 9:30 to 11:30 a.m. and 1:30 to 3:30 p.m. The Joslyn Center is located at 3335 Torrance Blvd.

Quartet Concert Slated

The Smetana Quartet from Czechoslovakia will appear in concert Saturday at 8:30 p.m. in the El Camino College Campus Theater under the auspices of the South Bay Chamber Music Society. Tickets may be purchased at the College Box Office.

The music of Mozart, the Quartet in B flat Major, K.458, will open the program, followed by two compositions by Czech composers: Quartet No. 2, subtitled 'Intimate Pages,' by Janacek, and Quartet No. 1 in E minor, 'From My Life,' by Smetana.

The Smetana Quartet was formed in 1943 when the artists were still students at the Conservatory of Music in Prague.

The final concert of the South Bay series will feature the Alma Trio on April 12.

'Bel Canto' Voice Class Recital Set

A recital of the "Bel Canto" classes of voice teacher Adrian Rosati will be presented Saturday at 2 p.m. at Darby Park, 3400 W. Arbor Vitae, Inglewood. Admission is free, but guests are asked to bring canned goods for flood victims.

Rosati's voice classes are held locally on Mondays at the Lomita Recreation Center, 3:30 to 4:30 p.m.; on Tuesdays at the Torrance YWCA, 6 to 7 p.m.; on Wednesdays at the San Pedro Peninsula YMCA, 3:30 to 4:30 p.m.; and on Saturdays at Rowley Park, Gardena, from 1 to 2 p.m.

Medical Leaders Selected

Dale VandenBrink, M.D., has been elected chief of staff at Riviera Community Hospital. Dr. VandenBrink, who succeeds William D. Basque, M.D., will assume his duties July 1.

Other new officers of the medical staff, elected at a quarterly meeting last week, are Stephen Russell, M.D., re-elected secretary-treasurer, and Knowles Curwen, M.D., Melvin Kaplan, M.D., and James Robinson, M.D., members at large.

Formal installation ceremonies will be held in May at the Palos Verdes Country Club.

Guest speaker for the quarterly meeting was Robert E. Litman, M.D., co-director of the Suicide Prevention Center.

Patrol Holds Mission At Agua Dulce

South Bay Group 17 Civil Air Patrol held a search and rescue mission at Agua Dulce Airport, 30 miles from Saugus, Calif. Some 100 members of the group attended from the South Bay Area.

Commanding the group was Major Hugh Cahill of Torrance and his executive office, Richard Winnen, also of Torrance.

Any teenager or adult interested in the Civil Air Patrol program may contact Major Cahill by writing to P.O. Box 3697, Torrance, Calif. 90510.

Young Musicians' Concert Planned

Four outstanding young South Bay musicians will be the featured guest artists in the annual "Children's Concert" presented by the Beach Cities Symphony Orchestra. The concert at Mira Costa High School Auditorium next Friday at 8:15 p.m. will include a varied program under the baton of Louis Palange, conductor and musical director of the orchestra, and a leading member of the Los Angeles County Symphony League of which five of his orchestras are members. Admission to the event is free.

PALANGE SERVES regularly as a guest composer-conductor-clinician, working with school musicians, who will become the orchestra members of the future. He has selected the following talented students for the honor of appearing with the large Beach Cities Symphony Orchestra and the capacity audience of youthful music lovers, and regular patrons of the orchestra:

Melody Howe, 11-year-old pianist of Manhattan Beach, will perform the first movement (allegro) of the Piano Concerto in F major N. 19, K.459 by Mozart. Melody has won numerous awards for her extraordinary playing; is an honor student in school, and was a district winner in the Science Fair. She is a student of Joanna Hodges and has appeared for the California Music Teachers Association in Anaheim; Symphony Juniors of the Los Angeles Philharmonic; National Guild of Piano Teachers; Musicians in The Making Series; Junior Bach Festival of Southern California; and the Southwestern Youth Music Festival.

Ellen Keck, 17, is a clarinetist and senior in Palos Verdes High School. A regular member of the Symphony, she has won scholarships to Indiana University; University of Southern California; University of South of Music; and is a member of the National Honor Society and the California Scholarship Federation. She was concertmaster of the 1968 All-California Band. Frederick Fennell conducting; was principal clarinetist of the All-California High School Orchestra in 1969. Ellen's teacher is Mitchell Lurie. She will present the solo clarinet line of the first movement (allegro) of

Mozart's Clarinet Concerto in A major K. 622.

ANOTHER YOUNG South Bay musician, Bary Anderson, of Manhattan Beach, will serve as guest conductor of the orchestra for Miss Keck. On the same stage in 1963, Barry made his conducting debut as student conductor of the Mira Costa High School Band, where he received the Special Music Award presented by Dr. W. Earl Brown, superintendent.

At Loyola University he was assistant director of the Glee Club, under Paul Salamonovich; at El Camino College he was student director of the Concert Band, Dr. Lewis Hiigel, conductor; and the El Camino Chorale, Jane Hardester, director. A regular trombonist in the orchestra, Barry is currently studying as a music major at California State College at Fullerton with Dr. Daniel Lewis, conductor. He is also staff organist of American Martyr's Catholic Church in Manhattan Beach.

DAVE SPETZ, cellist, is a student in mathematics at California State College in Long Beach. A student of Eleanor Schoenfeld, he began cello lessons at the age of 11. He was lured away from his instrument for a few years, when he played electric bars for a Rock and Roll Combo! Dave will play the cello solo "Kol Nidrei" by Max Bruch, with Palange and the orchestra.

Other selections on the program are: Rosamunde Overture by Schubert; Peter and the Wolf by Sergei Prokofiev, narrated by Aladdin of the Lawrence Welk Show; A Children's Suite (based on the legend "The Prince and the Chicken") by Todd McKay.

The free concert is partially funded by grants from the Music Performance Trust Funds of the Recording Industries, Samuel R. Rosenbaum, trustee; and the Los Angeles County Music and Performing Arts Commission, through Supervisor Burton Chace.

Obedience Club Holds Graduation

Harbor-Lite Dog Obedience Club recently held two novice graduations. Trophy and ribbon winners of the Saturday class were: Susan Hansen, San Pedro, Great Dane; Janice Kellogg, San Pedro, All American; and Edith Geller, M.D., San Pedro, Toy Poodle.

The high scoring Junior Handler trophy and ribbon was won by Richard Towlesy, Rolling Hills Estates, All American.

Winners of the Wednesday night class were Derrick Kendrick, Harbor City, German Shepherd, six months old; George Golland, San Pedro, Doberman Pinscher; and Robert Wearango, San Pedro, Labrador Retriever. High scoring Junior Handler trophy was also earned by Derrick Kendrick. Graduation certificates were awarded to all of the handlers.

Judging the two graduations were Jane T. Charles of Huntington Beach and Arthur Farnsworth of Inglewood.

Registration of the two Novice classes will be April 19 at 2 p.m. and April 23 at 7 p.m. Requested Graduate Novice class is open to all handlers and dogs that have completed the novice training.

These classes will be held on the same dates as the novice classes at 3 and 8 p.m. This class requires a dumbbell made of hardwood.

All dogs three months or old-

er, are eligible to register for the novice class, providing the handler has patience with the dog.

Students Ask Funds For Trip

Sixty eighth-grade students, from two Torrance schools, have joined forces to raise money for a trip to Sacramento.

Students at Jefferson Elementary School and Seaside Elementary School with a government bent have formed a pair of after-school civics clubs to broaden their knowledge of government.

By sponsoring bake sales, car washes, auctions and paper drives, they hope to earn enough money to pay half their fare to the state capital.

Purpose of the trip, which will take place later this spring, according to club sponsors Miss Sharon Adamson and Miss Bridgett Haley, is to "educate for citizenship through experience and insight."

Accompanying the group on their journey will be W. A. Zecher, Jefferson School principal, and Howard Larimer, Seaside teacher.

Members of the two civics clubs recently attended a board of education meeting as part of their program of seeing government in action.

A Letter . . . To My Son

By Tom Rische
High School Teacher and Youth Worker

Dear Bruce, A major problem of today's world—and tomorrow's—is what to do with our garbage—1,600 pounds worth that the average American creates in the form of papers, cans, and dother wastes.

If gathered together and piled in our front yards, it would make an awful mess. And this area is running out of holes in the ground to put the garbage without trucking it for miles.

Garbage dumped in the ocean kills fish and pollutes beaches. Dumped in rivers, it kills fish, pollutes drinking water, and endangers people who want to swim or fish or sail. Lake Erie has been so polluted over the years that it's often called a big, unflushed toilet.

We throw some garbage into the air and then breathe it, in the form of auto exhausts and industrial smoke. Politicians have fought for years over various solutions; meanwhile, many experts predict that Los Angeles may soon be uninhabitable if drastic steps don't begin.

Another less often considered kind of garbage in the air is noise. Sitting in our back yard, we hear an almost constant hum from nearby streets, punctuated by low-flying planes, car horns, motorcycles and other ear-piercers. Psychologists tell us this constant racket adds to our tension and causes us to rush off to desert or mountains on weekends. (There, the silence is almost deafening).

While our politicians sit and wrangle over solutions, our collective litterbugging is making the world a more and more dangerous place to live for all of us.

We made the mess. Let's get started cleaning it up.

YOUR DAD



FOR PAM . . . This original oil painting by Stanley W. Brooks will be given to a lucky ticket holder Saturday at a banquet honoring Del Amo Sertoma Club. The club will be receiving its official charter from Sertoma International. Proceeds from the ticket sale will benefit Pam Fischer, the Torrance teenager who suffered severe burns in a traffic accident. The benefit is the first project for the newly-formed club.