

Practice Begins for All-Star Football Teams

Ten days of rigorous practice workouts got under way yesterday for 56 hand-picked players representing North and South in the Catholic Big Brothers All-Star High School Football Game on Thursday evening, July 20, at Veterans Stadium in Long Beach.

The 28-man North squad, coached by Mario diMuro of Loyola High in Los Angeles and Jim Yang of St. Francis in La Canada, will be training at L.A.'s Cathedral High. Their South counterparts, under the tutelage of Bob Woods of Mater Dei in Santa Ana and George Swade of Bishop Montgomery in Torrance, will drill at St. John Bosco High in Bellflower.

Both teams will undergo

physical examinations and receive equipment upon reporting Saturday. The North will be outfitted in blue jerseys with white numerals, the South in white jerseys with blue numerals.

Photo sessions were held at both camps Saturday — the North in the morning, the South in the afternoon.

North offensive plans call for running from a pro set in which quarterbacks Greg Mauere of Bishop Amat in La Puente and Mike Natale of Cathedral figure to battle for the starting call.

The North has a gifted set of halfbacks, including San Gabriel Mission's Joe Lawrence, "most valuable player" in the Santa Fe League; Bob

Verti, 9.6 speedster from St. Francis who was twice all-Santa Fe League; Joe Fama, All-C.I.F., Southern Section, small schools choice from St. Genevieve in Panorama City; Chuck Franklin, 9.7 dashman from Crespi in Encino; Tom Hood, all-Catholic League at Notre Dame, Sherman Oaks; and Jeff Wise, all-Olympic League, from Burbank's Belarmine-Jefferson.

At fullback, diMuro and Yang will look at Dale Washburn of Salesian and Ted Von derAhe of Loyola. Ends include Ray Robledo, All-Catholic League at Cathedral; Tim Sheedy, all-Santa Fe League from St. Francis (whose twin brother, Bob, plays guard); Bob Mutart, Notre Dame; and

Steve Stone, All-Santa Fe League at Alemany in San Fernando.

The South will run from a multiple offense and have three tremendous quarterbacks in Catholic All-American, Scholastic Coach All-American, and C.I.F., Southern Section, 3-A "Player of the Year" Danny Graham of Bishop Montgomery; Larry Diel of Pius X in Downey, Catholic League "most valuable player" and 2nd All-C.I.F.S.S., and Jack Wigmore of Mater Dei, 3rd All-C.I.F.S.S.

Their pass-receivers include ends Jim Morgan, Mater Dei's All-Angelus League ace who runs a 9.8 100; Frank Gaines,

All-Santa Fe League from Verbum Dei in Compton; Mike Ponczocha, All-Catholic League at Pius X; and John Fallini, St. Monica's of Santa Monica.

As ball-carrying threats the South will feature Bruce Rollinson, fleet All-Angelus leaguer from Mater Dei; Jim Nash, All-Catholic League at Mt. Carmel, L.A.; Tom Kelly, St. Bernard's of Westchester, Ernie Booker (9.6 sprinter) of Fermin Lasuen in San Pedro, and Ed Gilles of Bishop Montgomery, each of whom was an All-Camino Real League choice.

Complete team rosters are:

NORTH
ENDS — Bernie Clougherty (6-0, 187), Loyola; Tim Johnson (5-9, 175), Loyola; Bob Mutart (5-11, 155), Notre Dame; Ray Robledo (5-11, 172), Cathedral; Tim Sheedy (5-11, 185), St. Francis.

TACKLES — Bob Berry (5-0, 215), Notre Dame; Mark Johnson (6-1, 220), Alemany; Steve Sawin (6-1, 215), Crespi; Paul Weber (5-0, 195), San Gabriel Mission.

GUARDS — Rich Barrett (6-11, 202), Pater Noster; Ray Karston (6-1, 195), Daniel Murphy; Mike Porter (6-10, 187), Bishop Amat; Bob Sheedy (5-11, 185), St. Francis.

CENTERS — Greg Hendren (6-1, 185), Loyola; Bryan O'Donnel (6-0, 200), St. Francis; Greg Snyder (6-1, 197), Pomona Catholic.

QUARTERBACKS — Greg Mauere (6-0, 190), Bishop Amat; Mike Natale (5-9, 180), Cathedral.

HALFBACKS — Joe Fama (5-10, 175), St. Genevieve; Chuck Franklin (6-0, 187), Crespi; Tom Hood (5-10, 185), Notre Dame; Joe Lawrence (5-10, 172), San Gabriel Mission; Steve Stone (5-8, 185), Alemany; Bob Verti (5-8, 175), St. Francis; Jeff Wise (5-11, 160), Belarmine-Jefferson.

FULLBACKS — Mike Mulolo (5-10, 185), Cathedral; Ted Von der Ahe (5-11, 185), Loyola; Dale Washburn (5-9, 175), Salesian.

SOUTH
ENDS — John Fallini (6-2, 192), St. Monica's; Frank Gaines (6-4,

185), Verbum Dei; Jim Morgan (6-3, 185), Mater Dei; Mike Ponczocha (6-2, 197), Pius X; John Sullivan (6-1, 185), Mater Dei.

TACKLES — Larry Butler (6-3, 220), St. John Bosco; Pete Crosby (6-3, 185), Fermin Lasuen; Kevin Grady (6-3, 220), Mater Dei; Steve Pultorak (6-4, 255), Mater Dei.

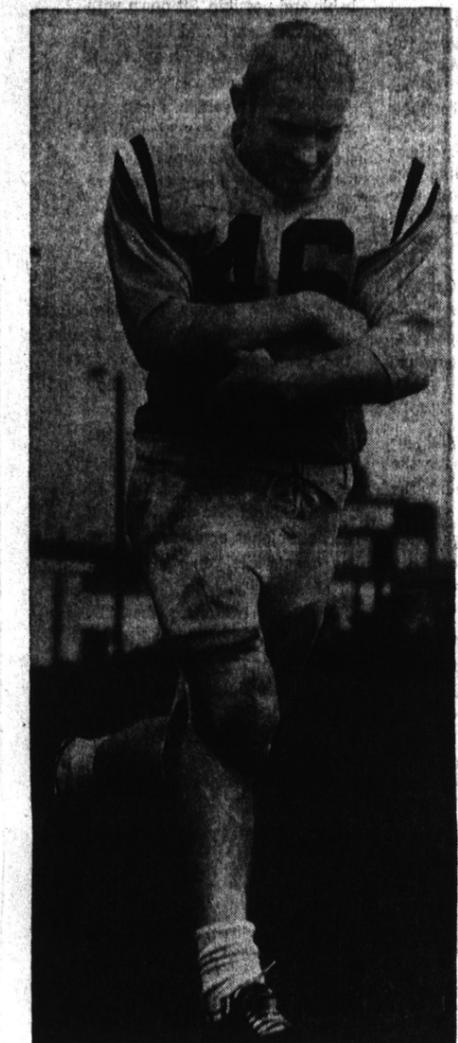
GUARDS — Jim Edge (5-10, 185), Mount Carmel; Charley Roads (5-11, 177), Bishop Montgomery; Mike Sines (5-10, 185), Pius X; Doug Young (5-8, 165), Cantwell.

CENTERS — Bill Gaidis (6-0, 215), St. John Bosco; John Nicola (6-1, 220), Serra.

QUARTERBACKS — Larry Diel (5-9, 185), Pius X; Danny Graham (5-10, 174), Bishop Montgomery; Jack Wigners (5-10, 185), Mater Dei.

HALFBACKS — Ed Arboit (5-10, 177), St. Anthony; Ernie Booker (5-8, 171), Fermin Lasuen; Greg Bunting (6-1, 180), Verbum Dei; Tom Kelly (6-0, 176), St. Bernard; Jim Nash (5-10, 172), Mount Carmel; Bruce Rollinson (5-10, 183), Mater Dei; Greg Schneeweis (5-11, 185), St. Anthony.

FULLBACKS — Ed Gilles (5-11, 194), Bishop Montgomery; Bill Kohli (5-10, 187), Serra; Tom Murray (6-1, 225), Servite.



ED GILLES . . . Hard-running fullback from Bishop Montgomery High School is working out with the South team in preparation for July 20 Catholic Big Brothers All-Star football game at Long Beach Veterans Stadium. Players from 23 parochial schools will make up the teams. (Press-Herald Photo)

SPORTS

A-6 JULY 9, 1967

Lakers To Play Tuesday

With three roster spots open due to the recent expansion draft, competition figures to be exceptionally keen when the Los Angeles Lakers open their week-long rookie camp at Loyola University on Monday.

Coach Bill van Breda Kolff will be looking to replace Walt Hazzard, John Block and Henry Finkel. The most impressive of the first-year hopefuls will be invited back to the regular pre-season training camp in September.

Van Breda Kolff will get an excellent opportunity to evaluate the young players with two-a-day drills augmented by an intra-squad game at South Torrance High School on Tuesday night which will include many of the Lakers' veteran returnees.

The three leading candidates to be with the 1967-68 Lakers are top draft choice Randy Mahaffey of Clemson, signed to a contract last week, and Dennis Hamilton and John Wetzel.

Hamilton and Wetzel were both outstanding in last year's rookie and pre-season camps. Both were outstanding shooters and Wetzel, a 6'5" guard, excelled on defense. Wetzel apparently had the squad "made" when he re-broke his right wrist; while Hamilton elected to join a touring amateur team for more than 50 games in Europe.

Both will be hard-pressed, however, by some of this year's draft picks who will come to camp with outstanding college records.

Turbine Dragster

A turbine-powered racer causing as much controversy in drag racing as the STP Turbocar did at Indianapolis will be featured in the U. S. Professional Dragster Championships July 15 at Lions Drag Strip, Wilmington.

It's the U. S. Turbine 1, driven by Hank Westmoreland of Newport Beach, and it will be matched in a best-of-three series against the Allison-powered Jocko's Streamliner.

The match race series will be only a part of the dragster-only speed carnival, which will present the first 64-car field in top fuel seen in the U.S. in more than a year. More than \$25,000 in prize money is at stake, including \$5,100 to the top fuel eliminator, biggest drag racing purse ever paid to one driver.

Despite spectator interest in the huge fuel dragster field, however, the big news in racing is being made by the Turbine car. Owner Jim Busby has been trying vainly to get the National Hot Rod Assn. to recognize his turbo dragster, and while it is being snubbed it can't run at any NHRA track.

"This means that in Southern California we can only run our car at Lions," Busby said. "If we could run it steadily for a month I think we would have the development bugs worked out and be competitive with the fuel dragsters that are recording times of 230 miles an hour and seven seconds in the quarter-mile."

The amazing car, which is remarkably similar in appearance to rear-engine Indy cars, since the driver sits ahead of the 1,000-h.p. power plant, weighs only 710 lb. As was the case with Andy Granatelli's STP machine, lightness and lack of vibration from the engine allowed Busby to use magnesium and other rare metals in construction of a super-light chassis and streamlined body.

There is no air intake opening, the controversial aspect of the Indianapolis turbocar, since U. S. Turbine 1 uses propyl-nitrate, a type of fuel which has self-contained oxygen, and doesn't need air rammed into the combustion chamber.

Sauer Heads Field for Figure 8's

Ed Sauer of Torrance, Jerry Jones of Burbank, and Nick Thomas of Hawthorne head the largest field of the year at Gardena's Ascot Park in tonight's PRA Figure 8 Modified & Stock Car racing Mid-Summer Championships.

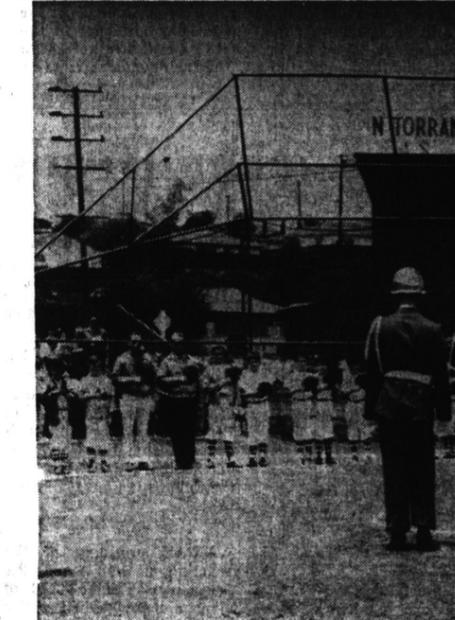
More than 150 top drivers will be battling for \$4,000 in prize money, plus an extra \$500 to any driver who can win both the stock and modified division features.

Over 100 laps of criss-cross racing will be on tap when racing starts at 7:30 p.m. Time trials start at 6 p.m. for the ten event program.

Two-time Figure 8 champion Sauer is the most likely fellow to pick up the extra \$500 for winning both main events. He won the 1965 modified title at Ascot and took last year's stock class championship also.

MAJOR CENTER

Los Angeles is a major heart surgery center with at least 16 hospitals performing open heart surgery, the Los Angeles County Heart Association reports.



PATRIOTIC ENDEAVOR . . . In conjunction with a regular holiday doubleheader Tuesday, North Torrance West Little League observed the Fourth of July Independence Day with a patriotic program. Taking part in the ceremony was the Los Angeles Air Force Station Color Guard, from the Space and Missiles Systems Organization. League president Monty Montgomery was in charge of the presentation. (Press-Herald Photo)

O'Toole To Manage National

Jim O'Toole, whose Phillies won the Torrance National Little League championship, is the manager of the league's tournament team. His coach is Andy Anderson, whose Cardinals were third in the league.

The Phils won a first half playoff game against the Cards and ran away with the second half with a 9-2 record.

Members of the tournament team are Mike Mulgrew, Paul O'Brien, David Olson, Mickey McHenry, Robert McKinnon, Danny Shelton, Larry Brown, George Chaggaris, Bernie Fischchenich, Tim Birmingham, Greg Brown, Mike Anderson, Stan Stratos, and Mike Santiago.

Alternates are Scott Cordova, Alan Caisse, Chris Wilson and Scott Schneider.

National plays its first tournament game July 21 against Harbor City at Fre-Way Field.

Toros Play Clippers At Oakland

A two-game series that could ultimately determine the National Professional Soccer League champion begins today at 2 p.m. in the Oakland Coliseum.

The combatants are the Los Angeles Toros and the Oakland Clippers, one of which probably will win at least the Western Division title.

After today's match they will square off again next Saturday night at 8 in the Los Angeles Memorial Coliseum.

Senior Team Blanked, 21-0

The Senior Division Little League and team manager Ted Wallace said the same from Carson defeated Pacific Coast of Torrance, 21-0, in the first round at Carson Field Friday night.

A loser's game will be played Monday between Pacific Coast and the loser of Saturday's game between Victoria Park and Lomita.

This is the first year for the Pacific Coast Senior League and team manager Ted Wallace said the same from Carson defeated Pacific Coast of Torrance, 21-0, in the first round at Carson Field Friday night.

Wallace is not only involved with the tournament team, but his regular season Broncos are engaged in playoffs against the Mustangs.

Senior Division is played on a regulation size diamond and is for boys 13, 14 and 15 years of age. The program is a subsidiary of the Pacific Coast Little League.

Angels Win 8th in Row

The Angels picked up their eighth straight win in the second half of the Pacific Coast Little League season Thursday, defeating the Seals, 8-3.

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TORDONDO BRAVES WIN FINAL 10 BALL GAMES

The Tordondo Little League Braves, winners of their final 10 games of the season, won their major championship Tuesday with an 8-2 win over the first half champion Cubs.

Hitting a grand slam home run in the deciding game was Rick Schwenn.

The Cubs had a 10-1 record in the first half and 7-3 in the second half. The Braves were 7-4 in the first half and lost their first two games of the second half. They then won eight league games and a 3-2 playoff win over the Dodgers to reach the championship contest.

Manager of the Braves is Jim Vallandingham who will assist Emmett Red Allen with the tournament team.

Central Little League Cards Repeat as Champs

For the second year the Cardinals won the Torrance Central Little League championship with a 16-4 record. Kim Hornbeck led the team with four home runs and a 9-1 pitching record. He had an earned run average of 0.20.

The Cardinals' Jerry Meyer had seven home runs and John Giza had six.

Jim Meyer, manager of the Cards, will be the tournament team manager. His coach is Stu Hopper.

Members of the tournament team are: Jerry Meyer, Mark Hollis, Gary Sparkman, John Giza, Rick Raine, Lenny Bailey, Gerald Laird, Rick Clark, Gus Dodos, Michael Duarte, Jimmy Stetson, Darrell Kelly, Kim Hornbeck and Eddy Allen.

Four alternates are Jon

National Plans Awards Banquet

Torrance National Little League will hold an awards banquet and election of officers for 1968 at South High School Monday, July 17, at 5:30 p.m.

FUN & FITNESS

by Bonnie Prudden

Noted physical fitness authority

The following exercises have been designated to make use of a very important principle — resistance. Resistance is working against something, in this case a bowling ball, and is the basis for all isometric or isometric exercises. When you work with a weight, you have to work harder, and therefore get more benefit in less time and that's a help in a busy day.

When you exercise it is up to you, but do it ten to fifteen minutes at the same time daily and you will be amazed at the results.

Your program is important . . . not just a pastime. It will improve your circulation, one of the keys to feeling and looking young. It will improve heart and lung action, two of the keys to staying alive. It will tone muscles and skin . . . a key to looking attractive. And it will help to rid you of many of your tensions and frustrations. The quickest way to release tension is through physical exercise . . . and that's what this program is all about.

The following exercises are all achieved with the aid of a bowling ball to provide the proper resistance necessary for successful completion of the program. All of these exercises benefits can be compared to those received in some phase of the bowler's approach. (These exercises will be appearing in segments 3-8 of this series.)

The Side-To-Side Roll, shifting the ball from one side of your body to another, and the Overhead Reach and Twist Overhead, lifting the ball above your head, provide exercise comparable to those derived from lifting the bowling ball from the ball return.

The Kneel Back, kneeling back with the bowling ball placed on your chest, and the

Press Up, lying on your back holding the ball above your chest, provide exercise benefits similar to those received from the pushaway phase of the bowler's approach.

The Backward Lift, lifting the bowling ball over your back, and the Bent Knee Sit Ups, pulling yourself to a sitting position while clasping the bowling ball between your feet, provide exercise benefits comparable to those derived from the second step of the bowler's approach.

The Arm Rotation, swinging your arm around your body while holding the bowling ball in your fingers, and the Roll Back, rolling back from the sitting position with the bowling ball in your hands, provide exercise benefits similar to those received during the third step in the bowler's approach.

The Hamstring Stretch, lifting the ball over your head with your feet spread apart, and the Wicket, kneeling on all fours and thrusting the ball through the space between the elbow and thigh, provide exercise benefits comparable to those derived from the fourth step of the approach.

The Pendulum Kick, balancing yourself on one leg while holding the ball, and the Ball Balance, doing push-ups while resting on the bowling ball, provide exercise benefits similar to those received in the following through phase of the bowler's delivery.

THURSDAY SLO-PITCH AT EL NIDO PARK			
North End	W	L	Pct.
Daily Breeze	2	2	.500
T.E.S.P.A. Tigers	4	3	.571
Griffey Electric	3	6	.333
Resurrection Lutheran	4	6	.400
Pencil Pushers	1	9	.100

THURSDAY SLO-PITCH AT WALTERIA PARK			
Helmet <th>W</th> <th>L</th> <th>Pct.</th>	W	L	Pct.
S.L. Men's Club	2	2	.500
So. Tor. Lions	5	5	.500
Redondo Angels	4	6	.400
Balmers	2	8	.200
Tor. Kiwanis	2	8	.200

FRIDAY SLO-PITCH AT WALTERIA PARK			
Key Realty	W	L	Pct.
C.E.R.A.	4	3	.571
Rolling Hills	2	3	.400
Pacific Ave. Ch.	2	3	.400
Todoco	1	6	.143