

Callers Ask About Variety of Topics

Can Aircraft noise cause stress and harmful effects to person who has, or has had heart disorder?

The question was asked last week during a phone call to the Los Angeles County Heart Association's Information and Referral (I & R) Service by a caller who read in Heart literature about factors causing heart disorders.

She explained that helicopters hovering over the freeway and planes circling to land were creating intolerable noise which, she thought, could affect the heart or other internal organs.

terial about heart disease, concerns a person subjected to continued mental stress or getting too much physical exercise.

Some questions aren't so easy to answer. Many patients want to know the meaning of a term or explanation given them by their personal physician.

Either from fear of not being considered intelligent, or not understanding the physician's explanation, the patient calls the I & R Service for help.

as it is to satisfy the patient with a complete explanation."

"What a right bundle branch block is doesn't mean anything until operation of the heart mechanism, blood vessels and other organs are explained," he said.

"One of the most frequent calls we receive are from people asking us to 'explain to me what my doctor said.' The explanation must be given in a way so as not to prescribe medications or change the meaning of a physician's diagnosis."

With medical applications increasing at a fast pace during the 50s, all the calls couldn't be answered by an untrained volunteer or staff worker. At the time, the Heart Association had no I & R Service.

It was found that many staff members couldn't give complete answers to complex questions and other staff workers with any knowledge of medical terms could not handle all of the calls and still devote time to other projects on which they were working.

keeping and services which they provide.

Since that time, Heart has established a reference library which has been growing with volumes of source material, and a social worker devotes full time to letter, phone and office referrals.

Many other questions, such as how funds are allocated for different projects; what public and professional education programs are available; and what other services are provided by Heart, also are answered.

orders or an interpretation in non-technical terms of a physician's explanation to his patient are also given. More difficult questions are referred to the central office in downtown Los Angeles.

Of the 2,500 calls received each year, many are friends of a former caller. Frequently, a caller will say, "Mrs. Smith, who the Heart Association helped last year, referred me to you."

Such calls as the person asking where he could get a steam bath—he was referred to the yellow pages—will continue to come in.

But as medical research continues to move forward, more people will be asking "how reliable is the electrocardiograph I received," and "I need a cardiac catheterization, what's that?"

Palo Del Amo Troop Running in High Gear

Palo Del Amo Woods Home-owners' Association sponsored youth activities are gaining momentum, as evidenced by the growth of Boy Scout Troop 189.

The troop started at the end of November with three boys, and now has three patrols. The leader of the Bear patrol is Richard Schwartz, assisted by Rod McLeash.

Milo Shiff heads the Eagle patrol with the help of Gary Schreiber. The Fox patrol lists Rick Helm and Tom Everman as patrol leader and assistant.

The troop goes overnight camping every month, the recent trip going to Lost Canyon. The troop was very well represented in the June 3 Scout-O-Rama.

Another active group from Del Amo is the Del Amo Sioux tribe. Each of the fa-

thers in the tribe recently participated in a camp-out with their young Indians. According to current Chief Dick Noke, participants with their fathers were Michael Bartz, Mark Coco, Kelso and Stan Jones, Brian Limbocker, David Noke, David Rozas and Gary Sorenson.

Three Students Win USC Grants

Three Torrance residents have received forensic scholarships from Actor John Payne at the University of Southern California.

They are Marc Ruth of 3509 W. 185th St., Ron Gordon of 19210 Ronald Ave., and Alan Denney of 225 Via Buena Ventura.

THE SOCIAL WORKER who handles anywhere from 150 to 450 calls per month explained that stress referred to in Heart Association ma-

EXPLAINS A social worker who might answer as many as 249 telephone and 23 letter referrals per month, plus nine office visits by questioning visitors, "the problem is not to explain a term as much

HE POINTED OUT that even though there has been a tremendous population influx into Los Angeles County during recent years, calls have remained about the same in number but have increased in complexity.

IN DECEMBER, 1956, Heart personnel visited the Welfare Information Service to become acquainted with their operation of record

IF A PERSON is new in the area or wants to change from his present physician to another for various reasons, he is given the names of three doctors close to his home. Answers about heart dis-

R. DAD

Food Giant!

JUNE 18

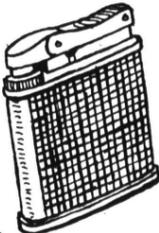
FOR SALADS OR COOKING

CRISCO SALAD OIL

39¢

(Inc. 5c off)

SAVE 12¢



UNCONDITIONALLY GUARANTEED

BUTANE LIGHTER

\$1.88



SAVE 18¢

CREST TOOTHPASTE

REG. 95¢ FAMILY SIZE TUBE WITH FREE TOOTSIE TOYS

77¢



U.S.D.A. "CHOICE" BEEF

SIRLOIN TIP
TOP ROUND
CLUB STEAK

STEAKS

98¢ lb.

Frozen Foods

OH BOY PIZZAS

CHEESE 9 1/4-oz. pkg. 39¢

- SAUSAGE, 9 1/4-oz. 49¢
- CHEESE, 19-oz. 79¢
- PEPPERONI, 19-oz. 89¢
- SAUSAGE, 19-oz. 89¢
- BAGO PIZZA, 8 1/2-oz.

OH BOY GARLIC BREAD 7-oz. loaf 39¢

SUBMARINE SANDWICH Super Oh Boy pak of 2 79¢

OH BOY or Sour Cream and Chives 12-oz. pkg. 37¢

BBQ BAKED POTATO Smaley Joe pak of 2 59¢

BIRDSEYE VEGETABLES

- French Green Beans
- Cut Green Beans
- Mixed Vegetables

5 \$1 REG. PKGS.

- Mixed Veg. with Onions
- Onions and Cream Sauce
- Peas and Mushrooms
- Rice, Peas and Mushrooms

3 \$1 REG. PKGS.

REGULAR OR FIRM FORMULA

HIDDEN MAGIC HAIR SPRAY

Reg. \$1.25 salon size can

88¢

SAVE 37¢

U.S.D.A. 'CHOICE' BEEF

FAMILY STEAK

MARINATE WITH ADOLPH'S

89¢ lb.

U.S.D.A. 'CHOICE' BEEF, CENTER CUT

ROUND STEAK

BONELESS

89¢ lb.

U.S.D.A. GRADE 'A' WHOLE BODY CHICKEN

FRESH FRYERS

2 to 2 1/2 LBS.

29¢ lb.

Delicatessen

GRAND TASTE—TENDER 'N JUICY

FRANKS

1-lb. pkg.

49¢

DANOLA IMPORTED, SLICED

COOKED HAM

4 1/4-oz. pkg.

59¢

VIENNA BRAND, ALL BEEF

SALAMI CHUB

12-oz. size

69¢

PLUMP CHICKEN, PAN READY

CUT-UP FRYERS

35¢ lb.

WHOLE LEGS OR BREASTS, CHICKEN

FRYER PARTS

59¢ lb.

U.S.D.A. 'CHOICE' BEEF BONELESS

CHUCK STEAK

79¢ lb.

U.S.D.A. 'CHOICE' BEEF

RIB STEAKS

89¢ lb.

U.S.D.A. 'CHOICE' BEEF—BONE IN

RUMP ROAST

79¢ lb.

U.S.D.A. 'CHOICE' BEEF

SWISS STEAK

79¢ lb.

FARMER JOHN SKINLESS

LINK SAUSAGES

3 8-oz. pkg. \$1

U.S.D.S. 'CHOICE' BEEF, Whole or Point Cut

BEEF BRISKET

89¢ lb.

U.S.D.A. 'CHOICE' BEEF

SHORT RIBS

33¢ lb.

ARMOUR—(ALL WHITE MEAT, \$3.89) whole 2-lb. & Dark 6-oz. Meat pkg.

TURKEY ROAST

3 19

FRESH LOCAL

SEA BASS FILLETS

89¢ lb.

FRESH FILLETS

DOVER SOLE

89¢ lb.

CERTI-FRESH, FROZEN

FRIED SCALLOPS

7-oz. pkg. 65¢

CERTI-FRESH, FROZEN (Fish Steaks, 1 1/2 lb. 99¢)

HALIBUT STEAK

12-oz. pkg. 75¢

KOLD KIST

VEAL STEAKS

pkg. of 4 3-oz. steaks 59¢

U.S.D.A. 'CHOICE' BEEF

PORTERHOUSE STEAK

1.29 LB.

U.S.D.A. 'CHOICE' BEEF

TOP SIRLOIN

BONELESS STEAK

1.49 LB.

EXTRA LARGE, WHOLE BODY

KINGSIZE FRYERS

33¢ lb.

LOWEST PRICES!

BLUE CHIP STAMPS PLUS

we welcome FOOD SHOPPERS (LA COUNTY ONLY)

BLUE CHIP STAMPS

We Give Blue Chip Stamps Prices Effective Thursday thru Sunday, June 15-18, 1967

FOOD GIANT

LIBBY'S BEEF SLOPPY JOE 1 1/2-oz. can 65¢

CRACKERS PACIFIC TREATS 1-lb. 37¢

SUNSHINE VANILLA WAFERS 1 1/2-oz. 39¢

DISHWASHER DETERGENT CASCADE 20-oz. pkg. 43¢