

ANN LANDERS



Some Unwanted Critters

Dear Ann Landers: My husband and I belong to a bridge club. We meet once every two weeks in one another's homes.

A couple (I will call them The Z's) have two dogs the size of mules. Whenever we play bridge at the Z's home these animals are running loose, loping over the furniture, crowding us off the sofa during refreshment time, fighting us for the corned beef sandwiches. They sniff around under the tables and on one occasion tore my nylons.

My husband and I both like dogs but these animals are a nuisance. Do you feel that as guests, we have the right to ask the Z's to keep their dogs out of the living room when we are in their home?—DOG-GONED

Dear D.G.: I do. People who have pets should ask guests if they mind having animals around. If they sense a lack of enthusiasm, the livestock should be kept out of sight.

Dear Ann: I stood up and cheered when I read your advice to the "Interested Friend" who wanted to wise up a neighbor about her husband's extracurricular activities. She may be "Interested" but she is no friend.

I had "Interested Friends," too. I also had a husband with a great many fine qualities, but unfortunately he had a weakness for pretty girls. Every so often he just had to go off and sow a few oats. We were married six years when I first learned what was going on, but by then we had three children and I wasn't about to throw out the babies with the bath water.

Next month we will celebrate our silver wedding anniversary. My husband still strays every once in awhile but there are so many rewarding and wonderful aspects of our marriage I'd be crazy to throw him out.

The last time an "Interested Friend" said, "I want to tell you something about your husband," I replied, "There's nothing you can tell me about my husband that I don't already know. Why don't you tell me something about your husband?"

Please spread the word, Annie, it might make life easier for other women who have decided as I have to live peacefully with that which we cannot change.—RESIGNED AND CONTENT

Dear R. & C.: Great answer and one worth remembering.

Dear Ann Landers: I'm a bachelor, new in this town, and still living in a hotel. There are no unmarried girls at the place where I work so a fellow has to make his contacts where he can.

Friday night I was sitting in the lobby (reading your column, in fact) when a good-looking gal struck up a conversation. She said she was free for the evening so we wound up doing the town.

The next morning my wallet was missing. I have no proof that she took it, but I think she did. I know where she works and I wonder if I should call and ask if she can help me find my wallet. It's not the money but the credit cards I need.—XYZ

Dear Xyz: If you have no proof, forget it. In the meantime, I hope you have learned that a girl who is free for the evening can be pretty darned expensive.

When necking becomes petting, watch out! To learn how the smart girl keeps both her dignity and her boy friend, send for ANN LANDERS' booklet, "Necking and Petting—And How Far To Go," enclosing your request 25 cents in coin and a long, self-addressed, stamped envelope.

Ann Landers will be glad to help you with your problems. Send them to her in care of the Press-Herald enclosing a stamped, self-addressed envelope.

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"THE PHONE NUMBER OF THE FIRE DEPARTMENT IS"



SOUTH HIGH WINNERS . . . Award winners in the mathematics competition at Claremont Men's College were presented checks at a dinner meeting held on campus. South High School winners and their teachers are, from left, Nolan Osber, teacher; Mark Abramson, \$100 award; Stephen Beach, \$100 award; and John Conway, teacher. More than 130 high schools sent a total of 330 students to compete in the event.

Heart Patients Get Aid From Counseling Service

By EUGENE TEMKIN, M.D. President, County Heart Assn.

Americans are an ingenious people—whenever they see a need they immediately set out to fill that need. Americans are known throughout the world for working together to fill a need when one exists. This is true even in the field of cardiovascular "rehabilitation."

Take for instance the telephone call from a distraught volunteer who had spent many hours working for the Los Angeles County Heart Association. This volunteer, a housewife in West Los Angeles, triggered the inception of a successful community service for heart and stroke patients and their families.

The need existed, but it took years for anyone to realize it. Then the housewife's phone call set hands and money into motion that have resulted in an invaluable assistance to physicians and families of heart attack and stroke victims in this county.

SEEKING HELP with her husband's recovery from a severe heart attack, the woman's pleas were the basis for a study which discovered the need for such a service—and now Family Counseling is available to assist with the dietary, personal, and social

needs of post-heart attack and stroke care.

Its three-year pilot project was highly successful, according to the 130 physicians and 250 families who used it, and the Service has been recently reactivated for an additional five years. It is now available to anyone in the Los Angeles County area.

Even in the first few months of the pilot program, we found that Family Counseling Service filled a definite need, for the physician, patient and family. Today's doctor, whether a general practitioner or specialist, is faced with sharp increases in numbers of patients and rapid development in medical science, and he finds it increasingly difficult to give total care to his cardiac patients after their return home.

THE RANGE of needs of heart and stroke patients in the convalescent period is great, and the doctor who knows his heart patients and recognizes their family problems, their concern about diet and their rehabilitation needs, will be gratified to know that comprehensive medical care can be a reality. The void that often exists between the physician and the family member caring for the recovering heart patient can

be adequately filled by paramedical specialists in these problem areas. This is the function of Family Counseling Service.

Heart or stroke patients and their families participate in Family Counseling Service program only by their physician's referral. This condition exists to ensure that the Service augments the physician's regular prescription for care, and he is constantly kept apprised of the patient's progress. The Service helps to cement the physician-patient relationship because the total needs of the patient can be fulfilled.

COUNSELING and guidance is thorough in this Service—preliminary interviews with a professional social worker and dietitian, individual and small group counseling, practical demonstrations in meal planning—the program covers a multitude of both common and special problems, and is designed for both the patient and the family. Additional special services are being developed with the help of highly-trained volunteers. Located at 12121 Wilshire Blvd. in West Los Angeles, Family Counseling Service may be contacted by interested physicians and heart and stroke patients and families at 477-2086.

'Social' Drinker Causes Biggest Traffic Problem

A couple of drinks with friends and neighbors may not be enough to make a person legally drunk but it will certainly dull driving reactions and increase his chances for having an accident, Robert J. Cheney, manager of the Automobile Club of Southern California's Public Safety Department, warned this week.

Cheney said studies show that alcohol, even in small amounts, slows reaction times of drivers, reduces the effectiveness of vision, lessens control of muscle and nerve tissue, and serves as a depressant and not as a stimulant as many believe.

A number of reports show a definite relationship between drinking and accidents, Cheney said.

ONE SUCH report, just recently completed by the California Highway Patrol of traffic accidents during 1965, shows that in one out of every five fatal or injury accidents in California last year at least one of the drivers had been drinking.

The report, he said, also pointed out that 33.4 per cent of all those killed in traffic were in accidents in which one of the drivers had been drinking.

Of the "had been drinking" accidents the biggest percentage were caused by one of the drivers either exceeding the stated speed limit or driving too fast for prevailing conditions. Other major contributing causes, as determined by investigation, were driving on the wrong side of the road, failure to grant right of way to other vehicles

and disregard of stop signs or signals.

CHENEY SAID that "people, older as well as young, sincerely believe that alcohol, at least in the quantity or manner they use it, does not affect them. Two very important facts on this subject not known by this group are:

"1. There are effects, other than physical, which cannot be felt.

"2. There is a tendency for alcohol to affect the brain so as to mask from the person his condition," Cheney declared.

He said that "heavy drinkers" cause a different problem. Their condition is obvious, they stagger to their cars and then weave in and out of traffic in a reckless manner. Their judgement,

sight and co-ordination are badly impaired and there is no doubt to anyone as to this person's condition.

"The light or social drinker," however, is the big problem. Even though he can pass approved field tests given drinking drivers, and appear normal in every way his senses have been dulled and he fails to react normally in emergencies," Cheney said.

"To add this all up we must realize that the "first drink" effects of alcohol spell out danger. Weakened and impaired inhibitions can cause a driver to commit an error in judgement or to make a wrong decision. When this is allowed to happen on a highway a fatal accident can be the unfortunate result," Cheney concluded.

Immanuel Lutheran Church Slates Confirmation Rite

More than 30 new members will join Immanuel Lutheran Church, 706 Knob Hill Ave., Redondo Beach, this morning as the church observes the rite of Adult Confirmation and Transfer.

The rites will be observed at the 8:30 a.m. worship service and will be followed by a coffee fellowship to welcome the new members.

During the 11 a.m. service, a youth choir composed of members of the junior confirmation class will sound the Advent tone for the "Rite of the Wreath," which marks the fourth Sunday of Advent. The congregation will hold its first service to develop

the Christmas theme at 6 o'clock this evening. Members of the Sunday School will lead worshippers in a special musical presentation.

Harvey Awarded \$4 Million Bid

A contract of \$2,973,900 has been awarded Harvey Aluminum Sales, Inc., according to Congressman Alphonzo Bell (R-Los Angeles). The contract awarded by Frankford Arsenal in Philadelphia, Pa., is for 13,500,000 20-millimeter target practice projectiles. The work will be performed in Torrance.

Maybe You Incite It When He Is Jealous

Jealousy belongs to dogs and children. It should never become a problem to confront adults.

"My husband is so jealous," one young wife said to me, "that he calls at all hours of the day to check up on me. Consequently, I just can't get myself organized."

"Worse, if I have TV or the radio on when he calls, he gets immediately suspicious of the voices in the background and in-

stead, tackle the problem realistically. Sit down for an hour or so and go over carefully just what you did prior to the last scene that caused him to fly into a rage.

There are quite a number of trifles that can be magnified in his mind to indicate not only that he might lose you but, more important, that you have embarrassed him.

What really causes a male's jealousy to flare up is the impression he feels you are creating—that he's not man enough to keep you satisfied and that you have to seek elsewhere. If you have made some foolish moves, try to correct them immediately.

Ask him for his advice and help. Find out from him just what bothers him and makes him so jealous. It won't hurt him to make a list too.

Another good way to slow down his insecurity is to present your best with little surprise presents now and then. A new tie at the dinner table for no reason at all. A bottle of after-shave lotion just because you like what he does to the fragrance.

Compare him to other men, and let him know you're doing it only to remind yourself how lucky you are to have the best of the lot.

Jealousy between two adults is an accident of the minds. If you use skill and put forth a sincere effort to avoid the accident, when it does occur it may merely cause minor damage. But as insurance statistics indicate, stubbornness leads only to a fatal and final end.

COUNT MARCO

sists I turn up the volume to prove I'm not entertaining some man. God help me if there should ever be one of those door-to-door salesmen here when he calls.

"What should I do?" she moaned helplessly.

I maintain that jealousy is akin to stupidity. This is particularly true of a husband who doesn't really want a wife but a mother to be at his beck and call at every yowl for attention.

This disease is so appealing during courtship because it makes you feel wanted, but when it's continued after marriage it becomes a threat to freedom and happiness.

However, lest you get the idea it is always his fault, forget it. Many wives just can't help mistaking flirting for charm. There's quite a difference. A woman can be interesting and attractive to other men through graciousness and sincere interest, without the coquettish giggle that signals she's vying for attention or the crude advances quite a number of women make in a bid for any male's notice.

If you have a jealous hus-

Press-Herald Sunday Crossword

(Answer on Page B-3)

ACROSS

- Hidden from others
- Cupid
- To look at (slang)
- Signify
- Roof of the mouth
- Certain
- Symbol in California
- Wild ass of Asia
- Hebrew name of Ananias
- City in Syria
- Symbol for sodium
- Three-legged stands
- Before Christ (abbr.)
- Sharp specific flavor
- Sea
- Mine entrance
- Collect together
- River islands
- Cry of cow
- Sullivan
- Eats away
- Small portion
- Prohibits
- Football position
- Facial expression (pl.)
- Motoring
- Walk on
- World
- Sandara tree
- Vehicles
- Ancient harp
- Ray window
- Reluctant
- Man's nickname
- To resurface as a road
- Knocks
- To retard
- Prophet's high note
- Hill of Ireland
- Coarse file
- Deposited
- Irish for John
- Place of combat
- Pronoun
- City of Paraguay
- Last six lines of a son.
- Golf club
- Part of "to be"
- Part of Catholic Church
- American Indian
- Ontlooker
- Collection of facts

DOWN

- Extra tire
- Having hearing organs
- Garbed
- Male sheep
- French for "and"
- Sinews
- White herb
- Egyptian goddess
- Not matched (Scot.)
- One who refunds expenses
- Knowing (slang)
- Youths
- Harvest goddess
- Child for mother
- Applies remedial
- Half of arm
- Burmese nature spirit
- Dialect used by ancient Irish
- Singing voice
- Grain fungus
- Assists
- Couple
- Large dogs
- Understanding (F.)
- To scold (Scot.)
- North Syrian deity
- Soda fountain item
- Joined
- Large dogs
- Understand (F.)
- To scold (Scot.)
- Arabian gazelle
- Symbol for tellurium
- White
- Primitive weapon
- Malay powder coin
- Place hallowed from its associations
- 1100 (Rom. num.)
- To wager
- Overhanging roof edge
- Rowing implement
- Island country of W. Indies
- Military assistant
- Raise
- Combining form; the sea
- Deposited
- Earth goddess
- Corrupts
- Pronoun
- Festive
- To put in writing
- Golf club
- Nerve network
- Attendant on sick (pl.)
- Attacks
- Parcel of land (pl.)
- British
- Line of juncture
- Backs financially

80—One of Columbus' ships
81—Small child
82—Suitable
83—In favor of
84—Cereal grain
85—French for "and"
86—Canonized persons
87—Billiard sticks
88—River of France
89—Anxious
90—River of France
91—Anxious
92—Seed mass
93—River of France
94—Fruit of fig (pl.)
95—To come out into view
96—A cook-stove
97—Kind of fly (pl.)
98—To come out into view
99—A cook-stove
100—Fruit of fig (pl.)
101—Nobleman
102—Something used to expel a poison
103—Napoleon Man From Uncle
104—Moral badness (pl.)
105—Fruit of fig (pl.)
106—Dove's home (pl.)
107—Big
108—Growing out
109—King Arthur's lance
110—Baseball hall of fame
111—City of Switzerland
112—Make angry
113—Achieves
114—Horse which has never won a race (pl.)
115—Conserva
116—Goddess of discord
117—Satan
118—Reclined
119—Pronoun
120—Exclamation of triumph
121—An affair
122—Crude
123—Movement of ocean waters
124—Cry of derision
125—Arrow poison
126—Disguise cover for feet
127—Roman numerals
128—Paid athlete
129—It stands (mus.)
130—Anglo-Irish love war (pl.)
131—A soil syllable
132—Prefix, not
133—Printer's measure
134—Syllable in Guido's scale