



Mary Wise

menu and shopping guide

SUBSTITUTE A DRESSING

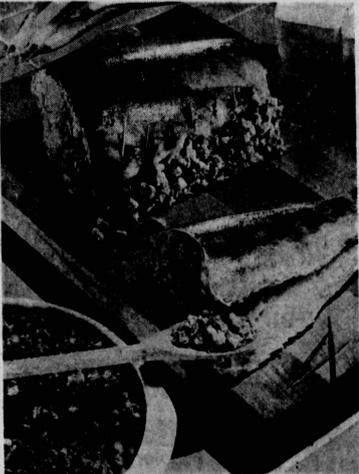
A ready-to-use all-purpose dressing is a handy one to have about the house to use in place of bread crumbs in meat loaves and other dishes.

It's perfect for stuffing fish, chops, flank steaks, shoulder of lamb, ham steaks and pork chops. The delicate blend of seasonings blends perfectly with vegetables, such as stuffed onions, tomatoes, eggplant and squash. Best of all — it's ready to use in minutes.

BAKED WHITEFISH WITH GREEN ONION DRESSING

- 1 3-to-4-lb. piece whitefish
- Juice of 1 lemon
- Salt and pepper
- 1 6 1/2 oz. bag Mrs. Cubbison's ready-to-use dressing
- 6 green onions, chopped, tops and all
- 2 pieces celery, chopped
- 1/4 cup butter, melted
- 1/4 cup water or broth, as needed

Rub interior of fish with lemon. Sprinkle with salt and pepper. Combine stuffing with onions, celery, butter and liquid. Stuff fish with this mixture and secure with toothpicks or skewers. Place in lightly oiled baking dish. Bake at 400 degrees 10 to 15 minutes per pound, or until fish flakes easily when tested with fork. Serve with lemon wedges. Serves 4 to 6.



YOU CAN add extra flavor and texture to many dishes when you use an all-purpose dressing. Try the dressing in place of bread crumbs in this baked whitefish recipe.



RELISH THEM while they are still warm with butter, a cool salad and main entree. They're sure to be a favorite, these French Rolls baked from a frozen dough.

Fresh Baked Rolls Easy

Chewy, crisp and crusty on the outside, feathery soft, moist and warm on the inside best describes these home-baked French Rolls. Just begin with a frozen loaf; let it soften; shape into rolls. By using the frozen dough, you are almost done before you start!

FRESH BAKED FRENCH ROLLS

- 1 loaf (1-lb.) Bridgford frozen ready-to-bake bread
- Yellow cornmeal
- 1 egg white, slightly beaten
- 1 tbs. water

Remove frozen loaf from bag and let soften at room temperature, about one hour. Cut loaf in 12 pieces. Shape into oblong rolls, being careful to taper ends.

Make a lengthwise cut 1/2 inch deep on top of each roll and open slightly or make 2 cuts across roll. Dip bottom of each roll in yellow cornmeal and place on a greased baking sheet. Let rise in a warm place (90 degrees to 150 degrees) or until tripled in bulk. Bake 400 degrees for 10 minutes. Brush well with egg white which has been mixed with water. Bake 5 to 10 minutes longer or until browned and crusty. Cool on rack.



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Present Provisionals: Vecinas Opens Year

Las Vecinas Women's Club will open its 1966-67 season monthly meetings at the Lobster House in Redondo Beach, tomorrow Sept. 8. One of the main events of the meeting will be the introduction of new provisionals to the full membership of the club.

Provisionals to be introduced include Mmes Wayland Augur, William Brickman, Richard Cassidy, Robert Harris, W. K. Kulp, Edmund Clark, Henry Hoste, Stanley Jones, Robert Johnson, William McNeill, Gerald Partain, Thomas Watson, Leslie Wheeler and Keith Wilkin-

Denver Guests

Mr. and Mrs. Dale Frey of Denver, Colo. have spent the past ten days here as guests of Mr. and Mrs. George Walker, 2268 Dominquez and Mr. and Mrs. J. S. McMullen, 1645 Beech Ave. Mrs. Frey is a sister of Mrs. Walker and Mrs. McMullen.

Provisionals, during their first year, are under the guidance of Mrs. Guy J. Barnett, membership chairman.

Mrs. Ray C. Hickman will preside as President of Las Vecinas for the year 1966-67. Other board members include Mmes Marion Phillips, first vice-president; Ernest K. Walker, second vice-president; David Bagozzi, recording secretary; Don D. Malone, corresponding secretary; Wallace Peterson, treasurer; Guy J. Barnett, membership chairman; John W. Walti, philanthropy chairman; Jack J. Reed, publicity chairman; Charles D. John, ways and means chairman and E. R. Harvey, past president.

The club will also present plans of the annual "Pan-

Giant Two-Day Rummage Sale This Weekend

Court St. Catherine, Catholic Daughters of America, will stage a mammoth rummage sale Friday and Saturday, Sept. 9 and 10 at the corner of Lomita Blvd. and Woodward St., in Lomita.

The sale will begin at 9 a.m. both days and continue until dusk.

Bargains are being offered in furniture, dishes, clothing, toys, jewelry and miscellaneous items.

Mrs. Robert Crain is sale chairman and is being assisted by Mrs. David Biloki and other court members. Contributions of sale items are being accepted.

Proceeds from the event will go toward the many charities supported by the Catholic Daughters.

The breakfast will be held Sunday, Oct. 16, at El Retiro Park. The breakfast will be under the chairmanship of Mrs. Robert J. Martin, Torrance.

VFW Annual Picnic Set

Ladies Auxiliary, Veterans of Foreign Wars, Lomita Post 1622 will hold their annual picnic Sunday, Sept. 11 from 11 a.m. to 3 p.m. at Lomita Park.

All Auxiliary and Post members are invited to attend with their families and friends.

There will be free popcorn for the children and games and prizes for all.

Public Luncheon

Friendship Club of Torrance Royal Neighbor Camp, will serve a salad luncheon to the public Tuesday, Sept. 13, from 11:30 a.m. to 1:30 p.m. at the Torrance Woman's Club, 1422 Engracia Ave. Cards will follow the luncheon.

Mrs. Bertha Sharpe, chairman, invites the public to attend.

Mrs. Harley Gray, senior vice president, and her committee are in charge of arrangements.

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