

MARY WISE Menu Planners AND SHOPPING SUGGESTIONS



DIFFERENT AND DISTINCTIVE is this Applesauce Cream Dressing, delicious when served over a fruited cole slaw. Dressing is simple to make.

Here's An Easy-Do Dressing

Crisp cabbage salads will come alive when tossed with a refreshing dressing blended from Gravenstein applesauce and sour cream. Moderately thick and not too rich or oily, this dressing is particularly delicious spooned over a fruited cole slaw made with finely shredded raw cabbage, thin slices of apple and pitted fresh dates.

A real native of the Golden West, Gravenstein apples are grown in Northern California.

APPLESAUCE CREAM DRESSING

1 16-oz. can Gravenstein applesauce
1 pint dairy sour cream
Salt, to taste

Chill applesauce and sour cream; blend together. Add salt to taste. Use on fruit cole slaw or fruit salads. Makes about 3 cups.

Vary Split Pea Soup by Garnishes

Steaming bowls of split pea soup, are just right for a cold day—or for those who hunger for hearty soup.

For variety, try garnishing your favorite split pea soup recipe with cheese cubes... tiny crisply cooked salt pork bits... hard cooked egg slices... sprigs of parsley or fresh dill or watercress... lemon slices cut tissue-thin.

Other suggestions: Crumbled crisp bacon... crumbled dried beef... Italian sausage circles... diced or ground cooked ham or turkey... Chinese noodles... French fried onions... cream cheese balls rolled in chopped parsley... sauteed miniature hot dogs... garlic croutons or chopped pecans.

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APRIL IDEAS FOR COOKING WITH BEER

BEER SOUP
1 qt. beer or ale
3 tbs. flour
1 1/2 tbsp. sugar
3 tbsp. butter
Juice and grated rind of 1 lemon
6 egg yolks, beaten

Mix flour, sugar and brown in melted butter. Add beer, lemon. Boil. Pour into eggs, and beat well. Serve with croutons.

QUICK CHICKEN AND BEER
1 can condensed cream of chicken soup
1/2 tsp. curry powder
1/2 cup beer
2 tbs. catsup
1 can (6 oz.) boned chicken, diced

Blend soup, curry powder,

GARNISH
Saute toasted slivered almonds in a small amount of butter and lemon juice, then sprinkle on cups of piping hot cream of asparagus soup.

beer, catsup; add chicken; heat thoroughly. Serve over rice, toast or noodles.

CALIFORNIA BAKED BEANS
2 cans (28 oz. each) baked beans
1/2 cup chopped onion
1/2 cup catsup
1 tbs. prepared mustard
3 tbs. brown sugar (packed)
1/2 bottle beer

Combine half of beer and all of other ingredients in buttered casserole. Bake at 325 degrees 45 minutes, stirring often. Stir in remaining beer, and bake 45 minutes longer. Serves 10 to 12.



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