



READY TO GO . . . A new coupon program called Gift Stars was introduced to Southern California Monday with the distribution of 8 million catalogs carrying 150 million bonus coupons to area homes. The coupons will be found also in 110 food and health-beauty items in local markets.

Montgomery Students Listed on Honor Roll

Scholastic recognition has been extended to 349 students at Bishop Montgomery High for the fall semester. The students were listed on the Dean's Honor Roll and 100 also qualified for membership in the Montgomery chapter of the California Scholarship Federation (CSF). Students must maintain at least a B average in all academic classes to qualify for the Dean's Honor Roll. Membership in CSF is granted those students who earn two or more points each semester (an "A" is worth three points, a "B" one) in academic work. One point may be earned through school service.

A total of 26 per cent of the senior class made the honor roll, and 17 per cent of the junior class was listed. Freshmen and sophomores listed are 20 and 19 per cent, respectively.

Freshmen are granted associate membership in the CSF.

Students who qualified for SCF include:
Seniors: Mary Lee Barnidge, William Bedsworth, Anne Bowen, Susan Chandler, Bonnie Dalton, Barbara Dineen, Patrick Gahwolf, Carmen Godinez, Stephen

Arbor Day Observance Scheduled

Supervisor Burton W. Chace and Dr. William S. Stewart, director of the Arboretum and Botanic Gardens for Los Angeles County, will be guest speakers during Arbor Day ceremonies at the South Coast Botanic Gardens. Ceremonies will be held Saturday, March 6, at 10 a.m. in the gardens, 26701 Rolling Hills Road.

Hal Peary, who portrayed "The Great Gildersleeve," will be master of ceremonies.

THE TORRANCE High School Band will provide music for the occasion and guests of honor will include some 700 school children, members of local Scout groups, and local 4-H Clubs. Dr. Paul Saffo, a member of the foundation's board, will deliver a short address on the youth program of the South Coast Botanic Garden Foundation.

Ceremonies will be attended by representatives of many plant and garden societies, as well as other civic and community organizations. A Metrosideros Tree, known popularly as the New Zealand Christmas tree, will be planted. The tree has been donated by the South Bay Garden Club.

Arbor Day ceremonies are being sponsored by the South Coast Botanic Garden Foundation to encourage "the interest of youth in planting trees and plants and to acquaint area youngsters with the South Coast Botanic Garden," according to Mrs. Howard C. Judson Jr., press chairman for the foundation.

Haboush, Kathleen Jessome, Patricia Kagawa, Mary Kay King, Nancy McCall, Tom McCarthy, Judy O'Hara, Mary Prime, and Ann Saisselin.
Juniors: Nikki Brajevich, Laura Brass, Vicki Chappell, Marietta Disterheft, Lorraine Gompert, Tod Gulick, Linda Hammerie, Thomas Hanson, Sandra Heaston, David Hermeier, Sandra Holtz, Christine Hunt, Richard Kallmeyer, Katherine Knippel, Theresa Koke, Bill Kristufek, Bill Lippert, Gary Nesenson, John Redding, Thomas Roach, Cynthia Romero, James Ruetz, John Sabio, Mary Schiller, James Sibole, John Walsh, and Patricia Yoklavich.

Sophomores: Phyllis Abegg, Nick Boden, Chuck Bongard, Mary Breden, Margaret Brerley, Patricia Campbell, Mary Croak, Steven Cunniff, Elyce Ewing, Catherine Filce, Francine Gentia, James Hodge Jr., Betty Keating, James Keegan, Margaret Kemper, Priscilla Kraetzer, Kaven Lindeberg, Carol Martin, Anthony Moore, Joseph Paci, Katherine Poirier, Catherine Price, Dan Pritchett, Mary Reimer, Maureen Reimer, James Richards, Richard Romero, Barbara Sabio, Joseph Segna, John Tyrrell, Thomas Van Noven, Julia Wagner, Marilyn Ward, Philip Ward, and Mike Weaver.

Freshmen (associate members): Joe Burian, Brian Campbell, Jean Carr, Mary Cary, Catherine Davies, Jeanne English, Gabriela Gonzales, Ralph Hernandez, Jim Hourigan Jr., Stephen Lepore, Arthur Leone, Robert McLabon, Cheryl Milligan, Kevin Moore, Pamela O'Neill, Mary Pilon, Rita Rogers, Erich Rueschenberg, Robert Salazar, Ernest Stehule, and Rita Van Vorhies.

Smokers Dial Sponsored by Adventists

A new gimmick to help smokers kick the habit is in use in Norwalk. It is called the "Smoker's Dial."

By dialing 860-1292, day or night, the harassed smoker can get suggestions on whipping the habit.

The suggestions are changed every two days. Today's message, for example, suggested the use of rhythmic breathing to combat craving and taking a walk after eating to combat habit patterns.

The idea is being used in connection with a Five-day Plan to Stop Smoking which will be held in the Norwalk High School, 11456 Leffingwell, February 28 - March 4. It is sponsored by the Norwalk Seventh-day Adventist Church.

Gery P. Friesen, the church pastor, has installed the tape unit in his home and expects a deluge of calls when word gets out on the idea.

FOR CLASSIFIED CALL DA 5-6060

SHOPPERS MARKETS WE GIVE BLUE CHIP STAMPS

Shoppers MARKETS

FIRST IN AMERICA WITH **7 SALE DAYS**
THURSDAY thru WEDNESDAY
MARCH 4 thru MARCH 10, 1965
TAX COLLECTED ON TAXABLE ITEMS



FREE on SH
11 A.M.
SEI
RUSS
CHUCK

GOLDEN CREME ICE MILK
IMITATION • HALF G

RECIPES OF THE WEEK FROM THE DESK OF **Ann Gatch**
SHOPPERS HOME ECONOMIST

FRUITED BEEF ROAST

3-3 1/2 Lb. Chuck Roast (Boneless or Rolled Clod)

2 Tbs. Fat	1 Cup Water
1 1/2 Tsp. Salt	5 Cup Dried S&W Apples
2 Med. Sliced Onions	5 Cup Raisins
1 Cup Cider	4 Whole Cloves

Brown meat in hot fat, season with salt; add onions, cook until golden brown. Add cider and water; cover, cook over low heat 2 1/2-3 hours. Add apples, raisins, cloves; continue cooking until meat and fruit are tender, about 30 minutes. Thicken sauce if desired; serve with yams. Serves 6.

LARGE 'AA' EGGS
FRESH DOZEN IN CTN.
33¢

25¢

CAMPBELL'S MEAT BASE DAIRY SOUPS

GOLDEN 'AA' BUTTER

SARA LEE CAKES

SAVE 16¢
71¢
10 1/2-OZ. CANS

SAVE 20¢ ALL VARIETIES
69¢

69¢

DRIP DRY COTTONS NEW SPRING DUSTERS
Bright colors and patterns in easy-care, never need ironing all cotton dusters. Sizes: small, medium, large.
\$1.99

KITCHEN TERRY TOWELS
A wide assortment of Full size, all cotton terry, patterns in gay colors.
4 for \$1

SHOWS **MINCED CLAMS . . . 4 7/8-OZ. CANS \$1**
SHOWS **CLAM CHOWDER . . . 4 15-OZ. CANS \$1**
TROPICAL **PANCAKE SYRUP . . . 44-OZ. BOTTLE 39¢**
INCLUDES 6¢ OFF LABEL
VETS DOG FOOD . . . 5 LB. BAG 59¢

FROZEN FOODS
PICT SWEET Frozen Foods
• FORDHOOK LIMAS • BABY LIMAS
• CAULIFLOWER • BROCCOLI
• SPEARS • BRUSSELLS SPROUTS

GREEN PEAS 6 REG. \$1 4 REG. \$1
PKGS. CHOICE PKGS.

SNOW CROP ORANGE JUICE . . . 4 6-OZ. CANS 89¢
AUNT JEMIMA **FROZEN WAFFLES . . . 3 9-OZ. PKGS. \$1**
Cantonese • Saki Yaki • Fried Shrimp W. Chow Mein
WONG'S DINNERS . . . 49¢

CAMPBELL'S PORK & BEANS . . . 4 28-OZ. CANS \$1
FRESH CUCUMBER
S & W PICKLES . . . 3 12-OZ. JARS \$1
ORCHARD FRESH
S & W APPLE SAUCE 25-OZ. JAR 39¢

WHITE KING WATER SOFTENER GIANT SIZE 55¢

FLORAL PRINTS FACIAL TISSUES BOX OF 400 4 for \$1

Brookdale ICE CREAM
Hand Packed! Made With Fresh Cream! Catering Quality!
Flavor-of-the-Week Walnut Brownie Ice Cream
"NEW" FLAVOR - AVAILABLE ONLY AT BROOKDALE!
BROWNIE CAKE AND WALNUTS IN BLACK WALNUT FLAVORED ICE CREAM.
PINT REG. 49¢ **39¢**
QUART REG. 95¢ **77¢**

Van de Kamp's GOLDEN ANNIVERSARY SPECIAL THURS. SUN. MAR. 4 HOT CROSS BUNS 33¢

VOGUE FACIAL SOAP 5

BANANAS 10¢
CENTRAL AMERICAN GOLDEN RIPE

BROWN ONIONS 5¢
FINE FOR SLAW OR BOILING

CABBAGE 5¢

RED LEAF LETTUCE . . . 5¢

Delicatessen
CREAMY • MONTEREY **JACK CHEESE . . . 59¢**
ALL VARIETIES REFRIGERATED
PILLSBURY COOKIES 43¢
LEO'S CHICKEN OR WHITE TURKEY SLICED • 28¢

59¢

LOS ANGELES Central Avenue at 53rd Street	SAN GABRIEL East Gateway at Del Mar	TORRANCE Pacific Coast Hwy. at Greenway East Corner of Main	SAN PEDRO 25th Street at Washfield Ave.	INGLEWOOD Arroyo Vistas at 40th Street	SANTA MONICA Wilshire Blvd. at Parkley Small 1/2 of Ocean Park	WEST HAVEN Catalina Ave. at 1st St.
LIPTON'S INSTANT TEA Inc. 10¢ Off 1-OZ. JAR 77¢ SPECIAL!	POST CEREALS SPECIAL ALPHA BITS 8-OZ. 33¢ POST TOASTIES 8-OZ. 21¢	GRAVY TRAIN Gaines Dry Dog Food SPECIAL! 5-LB. BAG 81¢	PACIFIC CRACKER THIN-FLAKE SALTINES 1-LB. PKG. 31¢	BEECH NUT BABY FOODS STRAINED 3 JARS 35¢ CHOPPED 2 JARS 33¢	MJB TEA BAGS Inc. 10¢ Off 48-Ct. 59¢ CLOROX BLEACH GALLON 69¢	WHITE KING GRANULATED SOAP