

Dentists Will Examine Area School Children

Twenty-four Torrance dentists will examine first and seventh grade students in Torrance during February. The dentists, members of the Torrance Dental Health Association, will examine the teeth of all second and seventh grade students in the Torrance schools as part of "Dental Health Week." In addition, the Harbor Area Dental Association will donate toothbrushes to all second grade students. The Board of Education approved the program Monday evening and expressed thanks to the dentists for their willingness to assist in the school's health programs. The dentists donate their time. Dentists participating in the program include: Drs. Robert Barret, Arthur Berke, Gerald Booth, Robert Brun- din, W. K. Bryant, Stanley Challis, Paul Chan, Warren Cutting, Gene Hall, Allen Hoffer- ber, Graydon Hofferber, and Allan Lamont. Others are: Drs. James Ot- tesen, Sterling Ottesen, H. Keith Packard, Kenneth Seki- guchi, John Sharon Jr., Rich- ard Shepard, Paul Sochat, Braden Statuts, Donald L. Watts, Robert White, Ross E. Yamahata, and Stanley H. Yanase.

Venereal Disease Leading County Communicable List

By K. H. SUTHERLAND, M.D., County Health Officer. Adolescents and young adults are being infected with venereal disease at an estimated average of one every two minutes in the United States. It is further estimated that one out of every 35 Americans under the age of 25 is suffering from a venereal disease. In certain areas of high incidence in Los Angeles County, official figures show an even greater occurrence of these diseases—one of every 25 youngsters between the ages of 15 and 19 were reported to have contracted syphilis or gonorrhea in 1963. We know from experience,

too, that there are a great many cases never reported, and, hence, never included in these totals. Syphilis and gonorrhea have emerged in this county, as in much of the nation, as the leading communicable diseases. In Los Angeles County, the total number of cases in young people between the ages of 15 and 24 exceeds the total cases among all other ages combined. BECAUSE venereal diseases are spread from one person to another and because drug therapy, when administered in the proper dosage by a competent phy-

sician, is a very effective treatment for V.D. in its early stages becomes the most efficient way to stop the spread of venereal disease. Disease treatment for one person thus becomes disease prevention for another. One of the important reasons for the emergence of V.D. as a particular problem among young people appears to be that millions of young adults know little or nothing of the facts about these diseases, yet are storehouses of misinformation which they pass on from one to another. DURING THE 1964 Easter vacation, the annual Los Angeles Teenage Fair presented

an opportunity for young- sters to test their own knowl- edge of venereal disease through the medium of a true or false questionnaire. Some 1,750 took the test. As has been found elsewhere, teenagers in Southern Cali- fornia seem to have many misconceptions about venere- al disease and, on some very basic questions relating to the spread, diagnosis and treatment of these diseases, from 42 per cent to 74 per cent answered erroneously. This lack of awareness of the disease process has very real effects on how diligent- ly an infected youngster may seek treatment and from what source. Lack of ade-

quate treatment may ulti- mately result in permanent blindness, paralysis or brain damage. BECAUSE OF the recog- nized deficiencies in V.D. ed- ucation, the National Con- gress of Parents and Teach- ers last year adopted a formal resolution which en- dorsed and urges affiliated PTA organizations at the va- rious levels to "intensify their efforts to strengthen their programs of character and spiritual education, juve- nile protection and health ed- ucation programs as they re- late to venereal disease." The Los Angeles County Health Department is in its

second year of an intensive, continuing program of teach- er training institutes, de- signed to present to school personnel the problem and medical aspects of these dis- eases as well as to demon- strate classroom teaching of such matters in school com- municable disease units. Individuals wishing more information on venereal dis- ease may obtain a free leaf- let by sending a written re- quest to the Division of Health Education, Los An- geles Health Department, 220 N. Broadway, Los An- geles 12.

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Measles Now Top Malady

By K. H. SUTHERLAND, M.D., County Health Officer

There is a tendency to con- sider measles an uncomfort- able, but rarely serious dis- ease. Yet it kills many more Americans than polio now does. More children die from measles than from any other common childhood disease. Many children who develop complications as a result of measles may suffer such serious impairments as perman- ent brain damage and hear- ing loss.

In incidence, measles is the most common of the child- hood diseases. Almost every child in the United States has, had or may be expected to contract, this virus caused infection.

Occurring most frequently in children between the ages of two and six, the disease spreads from case to case by droplets from the nose or throat caused by coughing or sneezing. Healthy carriers are unknown. The infection is contagious for about 9 days—from four to five days before to five days after the rash appears. The attack rate in measles is higher than for any other infectious disease. Whenever it breaks out, measles infects from 75 to 95 per cent of all exposed sus- ceptible children.

A VERY SMALL propor- tion of those who contract measles have a subclinical or very mild case. The majority have an illness of some severity, characterized by high fever, red rash over most of the body, spots inside the mouth, head cold, harsh cough and inflammation of the mem- branes of the eyes.

The most serious complica- tion of measles is encephali- tis, an inflammation of the brain which can cause men- tal crippling or even death. Other serious aftermaths of measles include pneumonia, which accounts for nine out of 10 measles deaths, also in- flammation of the middle ear and deafness.

In 1964, a relatively mild measles year, there were nine deaths reported in the Los Angeles County Health Department area, including the city of Los Angeles. In the first six months of last year over 200 severely ill measles patients were admitted to the county general hospital. More than 40 per cent of these developed serious complications.

MEASLES season — com- monly March through May— will soon be upon us; there- fore, no time should be lost in making arrangements to have unprotected children immunized against measles. Unprotected children include those aged nine months or over who have never had the disease and who have not received the vaccine. Children who have had so-called "10 day" measles need not be im- munized as the disease itself usually confers lifetime im- munity.

Measles vaccine is not avail- able through health depart- ment clinics in this area; par- ents should make arrange- ments with their own family doctors to provide their chil- dren with this important pro- tection.

A leaflet on measles immu- nization will be sent to any- one who writes requesting it from the Division of Health Education, Los Angeles County Health Department, 220 N. Broadway, Los Angeles 12.

M J B
3 LB. OFFEE
\$1.88
3 LB. CAN

ORTON'S 20 OZ.
oni & Cheese
3.10
BISCO REG. 49c
OKIES
39c

2 OZ. CROCKER
G. 53c
CAKE
19c

M J B
COFFEE
1 LB. 69c
2 LB. 1.37
6 oz. Instant 99c
GALLO 3-oz. DRY SALAMI
3 Pkgs. for 1.00

KAL KAN 6 OZ. CAT FOOD
Red Meat Tuna With Sauce
8 for 1.00

7 DAY SALE
U.S.D.A. "CHOICE" OR LEONARDS SUPREME
CHUCK ROAST 33c LB.
CHUCK STEAK 39c LB.

GIGANTIC 7 DAY
MEAT SALE!
U.S.D.A. "CHOICE" OR LEONARDS SUPREME
BEEF CROSS RIBS 39c LB.
7-BONE BEEF ROAST 47c LB.
O-BONE SWISS STEAK 59c LB.

Ground Fresh Hourly
GROUND BEEF 33c LB.
GROUND CHUCK 55c LB.
GROUND Round 65c LB.

FREEZER BEEF BUYS
Cut Up and Wrapped FREE!
FORE QUARTER 39c LB.
FULL SIDE 49c LB.
HIND QUARTER 59c LB.
STANDING RIB 69c LB.
WHOLE LOIN 89c LB.
WHOLE ROUNDS 59c LB.

U.S.D.A. "CHOICE" OR LEONARDS SUPREME
"OVEN READY" PRIME RIB 69c LB.

U.S.D.A. "CHOICE" OR LEONARDS SUPREME
CLUB STEAK 79c LB.
BONELESS ROLLED Chuck or Clod ROAST 79c LB.

LEONARDS
TORRANCE 25405 CRENSHAW BLVD., Torrance (Pacific Coast Hwy. of Crenshaw) DA 5-9711 5P 5-2575
GARDEN GROVE 12291 HARBOR BLVD., Garden Grove (3 Miles So. of Disneyland) JE 7-5000
INTERNATIONAL 600 N. SEPULVEDA BLVD., El Segundo (3 Blks. So. of International Airport) OR 8-4742 EA 2-2135
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