

Living Dinner

Lancaster BRAND TURKEYS



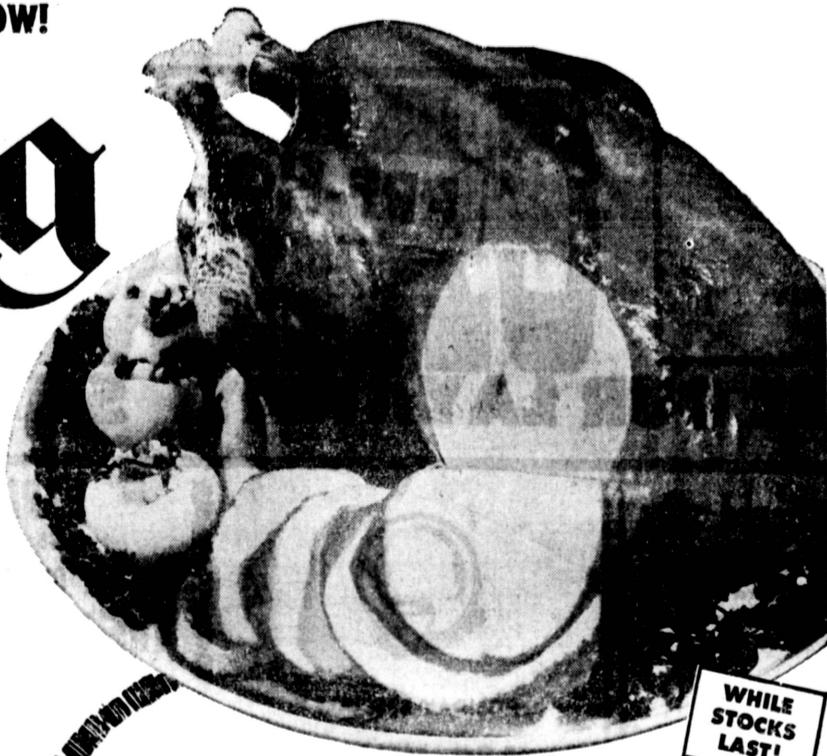
FAMOUS FROM COAST TO COAST, LANCASTER BRAND TURKEYS ARE SOLD EXCLUSIVELY AT ALPHA BETA ON THE WEST COAST. LOOK FOR THE FAMOUS LANCASTER BRAND TRADEMARK . . . THE SIGN OF THE FINEST QUALITY MEATS.

Lancaster BRAND U.S.D.A. GRADE A • FRESH FROZEN

TOM TURKEY 33¢ LB.

Lancaster BRAND U.S.D.A. GRADE A • FRESH FROZEN

HEN TURKEY 37¢ LB.



U.S.D.A. INSPECTED • FRESH FROZEN • YOUNG BROAD BREASTED

TOM TURKEY

NEW!
1964
CROP

29¢ LB.

SERVE OCEAN SPRAY CRANBERRY SAUCE . . . THE PERFECT MATE FOR MEAT

WHILE STOCKS LAST!



Lancaster BRAND • COOKED

HAMS
SEMI-BONELESS WHOLE OR HALF

59¢ LB.

GET MORE EATIN' MEAT FOR YOUR MONEY!

BIG STEAK SALE!

ALPHA BETA *Friend-Role* BEEF

T-BONE STEAK

SAVE 56¢ LB.

89¢ LB.

ALPHA BETA *Friend-Role* BEEF • SAVE 54¢ LB.

PORTERHOUSE

95¢ LB.

ALPHA BETA *Friend-Role* BEEF • SAVE 60¢ LB.

TOP SIRLOIN

\$1.19 LB.

HORMEL • 1st QUALITY

SLICED BACON

12 OUNCE JAR
49¢

WESTERN OYSTERS 69¢

DUBUQUE • FULLY COOKED • READY TO EAT CANNED HAMS

10 **\$6.49**
LB. CAN
SAVE \$1.49

5 **\$3.69**
LB. CAN
SAVE \$1.00



DELICATESSEN SPECIALS

ALPHA BETA • 3-OZ. PKG. • SAVE 5¢

CREAM CHEESE

10¢

YAN DE KAMP • 8-OZ. BOTTLES • SAVE 10¢

DRESSINGS

YOUR CHOICE **39¢**

GRADE AA • FIRST QUALITY • 1-LB. CARTON

LOUELLA BUTTER

SAVE 6¢ **69¢**

REAL CREAM • 7-OUNCE AEROSOL CAN • SAVE 10¢

FOREMOST TOPPING

39¢

LOUELLA • 1/2 PINT CARTON

SOUR CREAM

25¢

2 FOR **35¢**

PINT CTN. **49¢**

DECORATOR THROW PILLOWS

ASSORTED STYLES YOUR CHOICE **88¢**

ALUMINUM ROASTING PANS WITH RACK

11 INCHES BY 16 INCHES **\$1.99**

MACLEAN'S TOOTH PASTE

SAVE 24¢ INCL. 7¢ OFF **35¢**

Holiday
ACCESSORY PIECES
• ICE BUCKET • SERVING DISH CASSEROLE • BEVERAGE SERVER
MAKE IDEAL CHRISTMAS GIFTS AND YOU SAVE 50%!

ALPHA BETA *Holiday* COUPON
FREE ONE ONLY Holiday THERMO CUP
WITH THIS COUPON & MINIMUM \$10.00 PURCHASE OR 50¢ EACH WITH COUPON AND MINIMUM \$5.00 PURCHASE
(EXCLUDING FLUID DAIRY PRODUCTS)
COUPON GOOD THRU TUES., NOV. 24

WILSON'S 12 OUNCE CANS **BIF & MOR 47¢**

15 OUNCE CAN **CORNER BEEF HASH 39¢**

THESE PRICES EFFECTIVE IN ALL
111 ALPHA BETA MARKETS
CHECK YOUR PHONE DIRECTORY FOR THE ADDRESS OF YOUR NEAREST LOCATION
TORRANCE 2720 Cabrillo Ave.—5130 190th St., at Anza
REDONDO DOMINGUEZ HILLS 1880 S. Pacific Coast Hwy., 190th St. at Avalon
ALPHA BETA
First in Foods
OUR GROWIN' KEEPS SHOWIN'

GERBERS JUNIOR BABY FOOD 2 FOR 35¢

KNORR SOUPS BOX OF 2 PACKETS 39¢
SCOTTISSUE 1000 SHEET ROLLS 2 FOR 27¢

CHICKEN OF THE SEA LIGHT MEAT CHUNK TUNA NO. 1/2 CAN 33¢
GOLD MEDAL LONG SPAGHETTI 1-LB. BOX 23¢

Wife Savers

Crisp Air Ushers In Baking Season

The cool, crisp days of autumn mark the return of the baking season in many families—and few aromas from the kitchen are more welcome than those emanating from an oven full of cookies.

Cookies add zest to home-packed school lunches, as well as desserts, and make excellent holiday gifts—especially when packaged in original and unusual containers.

Here are some of my favorites:
GINGER COOKIES

- 1 1/4 cups butter or margarine
- 1 1/2 teaspoons cinnamon
- 1 1/2 cups brown sugar
- 1 1/2 teaspoons allspice
- 1 1/2 cups molasses
- 5 cups sifted flour
- 1/2 cup boiling water
- 1 egg
- 4 teaspoons baking soda
- 2 teaspoons ginger
- 1/2 teaspoon salt

Heat oven to 375 degrees F. Using an electric mixer cream the butter and sugar together until light and fluffy. Add molasses and egg. Mix until well blended. Sift spices and 2 cups flour together. Add to creamed mixture alternately with boiling water. Add another cup flour and mix well. Sift remaining 2 cups flour with the baking soda and salt. Stir thoroughly into the batter. Drop by tablespoonfuls on baking sheet, several inches apart. Bake in a moderately hot oven, 375 degrees F, for about 10 minutes, until cookies are a good brown color. Cool thoroughly before storing in cookie jar. Yields about 4 dozen 4" cookies.

For an easy bite-size bit that is chocolate and white—mixed with nuts, try this sweet and salty snack.

MERRY MIX-UPS

- 3/4 cup shortening (part butter)
- 1 teaspoon salt
- 1 cup sugar
- 2 sq. unsweetened chocolate (2 oz.) melted and cooled
- 1 teaspoon vanilla
- 2 eggs
- 1 can (13 1/2 oz.) salted mixed nuts
- 2 3/4 cups flour
- 1 teaspoon baking powder

Heat oven to 375 degrees F. Mix thoroughly using the electric mixer, shortening, sugar, eggs and vanilla. Sift together flour, baking powder and salt; stir into shortening mixture. Divide dough into four (4) parts. Into first part blend 1/2 of chocolate; pat onto 10" square on a baking sheet. cut into strips 2 1/2" x 1/4". Into second part, blend other 1/2 of chocolate; make a roll 1" in diameter; cut into slices about 1/8" thick; place on baking sheet. Pat third part of dough into a 10" square on a baking sheet; cut in strips 2 1/2" x 1/4". Pat fourth part of dough into 10" square on baking sheet; cut into triangles with 1" sides. Bake each 6 to 8 minutes. Recut on scored lines and break apart. Cool. Mix with nuts.

Serve these at an open house for the young crowd. They're scrumptious.

CHERRY COCONUT CHOCOLATE DROPS

Heat oven to 375 degrees F. Stir into 1 package of chocolate chip fudge brownie mix 1 egg 1/4 cup chopped maraschino cherries and the package of chocolate chips. Shape into 1" balls and dip each ball into slightly beaten egg white; roll in shredded coconut. Place on lightly greased baking sheet and bake 10 to 12 minutes. Yields 2 to 2 1/2 dozen.

Crushed peanut brittle gives a buttery crisp crunchy texture to a variation of chocolate chip cookies.

PEANUT BRITTLE COOKIES

- 2/3 cup soft shortening (part butter)
- 1 1/2 cups flour
- 1/2 cup granulated sugar
- 1/2 teaspoon soda
- 1/2 cup brown sugar (packed)
- 1/2 teaspoon salt
- 1 1/4 cups coarsely broken peanut brittle
- 1 egg

Heat oven to 375 degrees F. Mix thoroughly using an electric mixer the shortening, sugars, eggs and vanilla. Stir together the flour, soda, and salt; blend into above mixture. Add peanut brittle. Drop rounded teaspoonfuls of dough about 2 inches apart on an ungreased baking sheet. Bake 7 to 8 minutes or until delicately browned. (Cookies should still be soft.) Cool slightly before removing from baking sheet. Yields about 5 dozen 2-inch cookies.

Note: For a rounded, soft cookie, add 1/4 cup more flour.

Law in Action

Our constitution guarantees of the record of the trial court a fair trial and it goes beyond the trial proceeding and includes the right to appeal a conviction. In recent years the U.S. Supreme Court has gone into the meaning of a fair trial at all court levels, particularly as it applies to the poor.

RECENTLY the U.S. Supreme court has expanded the right to counsel. For an adequate defense, the accused needs an attorney. For years the State had to provide an attorney in a capital case, that is a case that might involve the death penalty. Recently the U.S. Supreme Court went further. It said that the accused had a right to counsel in any felony case, that is, any case that might involve a state prison sentence. Right to counsel is basic to a fair trial.

The old Common Law did not guarantee the poor man a right to have a lawyer. He had no right to appeal a conviction and this is so even today, under the Federal Constitution. But where an appeal is afforded under the State laws, (at it does in every state) then any convicted person should have ready access to the courts.

IN THE early days of this country, our courts developed the right to file documents, and the duty to process appeals for poor people in the "forma pauperis." A poor defendant did not have to print his papers to make his appeal to the higher courts. He might be excused from paying a filing fee.

A 1956 decision said that a person convicted of a felony had a right to get a free copy

of the record of the trial court proceedings. This might be costly, but the U.S. Supreme court held that the state had to pay for a free transcript for the indigent.

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If the defendant convicted in the trial court wants to appeal he has the right to do so in California. If he is too poor, the State must now supply the attorney.

The accused can still forego the right to appeal or the assistance of counsel, but the waiver must be deliberate and clearly shown in the record.

Note: California lawyers offer this column so you may know about our law.