

March of Dimes Explains Danger of German Measles

While Los Angeles County has apparently avoided the recent nationwide German measles epidemic which may cause between 15,000 and 20,000 cases of major birth defects during this year, the National Foundation—March of Dimes today issued health precautions to protect prospective mothers, due to the possibility of a future outbreak as has been taking place in other areas of the nation.

Dr. Virginia Apgar, director of the division of congenital malformations of the health organization said that medical authorities anticipate that as many as 10 million persons will contract the disease before the epidemic subsides in the Fall.

"Far too many women of child-bearing age are com-

pletely uninformed about the harmful effects of infection with German measles virus during the first three months of pregnancy, particularly the first month," Dr. Apgar declared.

"THEY ONLY recall vaguely that this disease in childhood or adolescence causes mild discomfort for a week or less, but they know nothing about German measles as a cause of major birth defects."

Dr. Apgar's precautions are these:

- If now pregnant, take the utmost care to avoid exposure to known cases of German measles, or even suspected ones.
- If you have the symptoms of German measles (a rash on head or face which

in 24 hours spreads to the neck and trunk, sore throat and mild fever), see your doctor for early diagnosis.

The major birth defects that can result from the expectant mother's infection with German measles during the first three months of pregnancy are deafness, structural heart defects and impairment of the large blood vessels leading from the heart, mental retardation and cataracts.

If the expectant mother has been infected by the virus in the first four weeks, the odds are fifty-fifty that her infant will be miscarried or born with a severe and crippling congenital malformation, Dr. Apgar said.

THE ESTIMATE of 15,000 to 20,000 cases of major birth

defects by the end of the year, due to the German measles nationwide epidemic, is based on several medical studies of the effects of the disease. The usual number of infants born every year in this country with serious birth defects is in the neighborhood of 250,000.

In addition to the increased toll of disabling birth defects in coming months, these studies indicate that the current epidemic could cause from 8,000 to 30,000 deaths of the embryo or fetus.

A vaccine against German measles, in the view of many scientists, may be several years distant, but Dr. Apgar adds that the over-all picture is not all black.

"In the last year or more, substantial progress has been

made in the study of virus infections and their consequences during pregnancy," she said.

"THE VIRUS which causes German measles has been isolated. At Yale University experimental studies are going forward under a March of Dimes grant to improve techniques of working with the virus.

"There are today," Dr. Apgar continued, "specific laboratory tests that can be performed to determine whether or not the prospective mother has had German measles.

"Then also, if a baby is born with defects due to German measles in the mother, March of Dimes birth defects center, which now total nearly 50 around the nation, may be of help."

made in the study of virus infections and their consequences during pregnancy," she said.

"THE VIRUS which causes German measles has been isolated. At Yale University experimental studies are going forward under a March of Dimes grant to improve techniques of working with the virus.

"There are today," Dr. Apgar continued, "specific laboratory tests that can be performed to determine whether or not the prospective mother has had German measles.

"Then also, if a baby is born with defects due to German measles in the mother, March of Dimes birth defects center, which now total nearly 50 around the nation, may be of help."

Muncaster Warns Women Of Government Tyranny

"Homemakers have had enough of legislative trouble-makers," Robert Muncaster, candidate for Congress in the 17th Congressional District, told a group of Torrance women here this week.

Speaking at the home of Mrs. William Bomer, 21835 S. Kinard, the Republican candidate cited the Rumford Act and federal civil rights legislation as being unconstitutional laws which have disrupted the order and tranquility of neighborhoods, schools, and private lives.

"American women, from the time of the Mayflower to the days in which we now live, have been the major civilizing force in our Republic," he said.

He claimed the Rumford Act and federal civil rights legislation "pose a threat of such terrifying violence that

American women are making it their business to send patriots to Washington and Sacramento to end this government-enforced tyranny."

Muncaster, a San Pedro resident, is a Truth Corps speaker on the Constitution, and is the Constitutional Candidate for Congress from the 17th CD.

Film on Voting Rights Slated

"Where Were You?" a documentary film on voting rights in the United States, will be shown at 7:30 p.m., Thursday at the Bret Harte Library, 1595 W. Willow St., Long Beach.

Sponsored by the Harbor Area Political Committee, the film showing is open to the public. There is no charge for admission.

Two Injured In Collision

The driver of a small foreign sports car and his passenger suffered major injuries about 4:30 Sunday morning when their car hit a telephone pole on Hawthorne Avenue just north of Del

LEONARDS

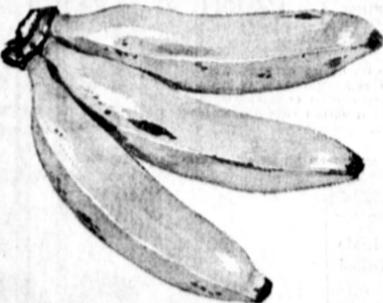
<p>C & H 1 LB. PKGS. BROWN or POWDERED</p> <p>SUGAR</p> <p>13¢</p> 	<p>VETS—TALL CAN</p> <p>DOG FOOD</p> <p>5¢</p> 	<p>HUGGINS YOUNG</p> <p>COFFEE</p> <p>63¢</p> 	<p>8 OZ. CAN</p> <p>HUNTS TOMATO SAUCE</p> <p>5¢</p> 
<p>SCOTT</p> <p>TOILET TISSUE</p> <p>1,000 SHEET ROLLS</p> <p>10¢ Roll</p>	<p>HUNT'S</p> <p>TOMATO JUICE</p> <p>6 32-oz. Cans</p> <p>1⁰⁰</p>	<p>1 LB.</p> <p>MARGARINE</p> <p>SPRINGFIELD BRAND</p> <p>15¢ Lb.</p>	<p>BURGER & DOGS</p> <p>GORDON'S HAMBURGER & HOT DOG BUNS</p> <p>2⁰⁰</p>
<p>BANQUET</p> <p>MEAT PIES</p> <p>15¢</p> 	<p>8"</p> <p>BANQUET</p> <p>FRUIT PIES</p> <p>25¢</p> 	<p>Hunt's</p> <p>52 OZ. CAN</p> <p>HUNT'S PORK & BEANS</p> <p>29¢</p> 	<p>26 OZ. BOX</p> <p>MORTON'S SALT</p> <p>10¢</p> 
<p>VOGUE</p> <p>DEODORANT BEAUTY SOAP</p> <p>10c REG.</p> <p>5¢ Bar</p>			

TOP QUALITY PRODUCE

JUST ARRIVED!

CENTRAL AMERICAN BANANAS

10¢ LB.



<p>EXTRA FANCY SPANISH</p> <p>ONIONS</p> <p>3 lbs. for 10¢</p>	<p>EXTRA FANCY THOMPSON SEEDLESS</p> <p>GRAPES</p> <p>2 lbs. for 25¢</p>	<p>EXTRA FANCY BARTLETT</p> <p>PEARS</p> <p>2 lbs. for 25¢</p>	<p>EXTRA FANCY LOCAL</p> <p>CUCUMBERS</p> <p>5¢ EA.</p>
--	--	--	---

<p>SCOTT JUMBO</p> <p>TOWELS</p> <p>3 Rolls for 89¢</p>
<p>400 COUNT</p> <p>KLEENEX</p> <p>2 for 49¢</p>
<p>SCHILLINGS BLACK</p> <p>PEPPER</p> <p>4-oz. Can 35¢</p>
<p>HUGGINS YOUNG</p> <p>Mocha Java</p> <p>79¢ lb.</p>
<p>6-OZ. JAR</p> <p>Coffeemate</p> <p>47¢</p>
<p>LIQUID DETERGENT</p> <p>TREND</p> <p>32-oz. Pkg. 63¢</p>