

California Third Highest on List Of Medical Facility Availability

California's supply of medical doctors continued to keep pace with the general increase in population during 1960, maintaining a ratio of one physician to every 735 persons, according to a year-end summary of California Medical Association activities.

This ratio places California third among the states in physician availability, behind New York and Massachusetts, but ahead of the national ratio of 1 to 745.

All Time High

During the year, CMA membership reached an all-time high of 17,826, an increase of more than 500 over 1959. The association represents approximately eight out

of ten physicians in private practice. While 23,615 physicians are licensed in California, approximately 2,500 of them are in teaching, government service or similarly unavailable to private patients. These are not included in the 1 to 735 ratio.

Part of the increase in physicians was contributed by CMA's placement service, which accounted for 95 out-of-state doctors finding practice locations in California.

Business Session

A total of 65 committees and commissions served by 586 doctors conducted the business of the association during 1960. Their work reached into every aspect of

health and ranged from maternal and child care to problems of the aging, and from traffic safety to polio inoculations.

Medical education accounted for more than \$350,000 from dues during 1960. Of this, \$162,000 went to the nation's medical schools, the remainder to postgraduate courses, scientific meetings and publications. Last February the CMA House of Delegates went on record urging establishment of a sixth medical school in California.

Rural Health

Public interest services by CMA committees also dealt with the specific health problems of rural areas, school children, industry and many other population segments; nurse recruitment, medical careers enlistment, adoptions, hospital-physicians relationships, mental health, rehabilitation, veterans' care and others.

The "grey market" in babies draw special CMA attention, resulting in publication of a manual on adoptions for guidance of its members. The association also instituted guiding principles for physician-hospital relationships to strengthen voluntary controls over the quality of care.

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Easing Heart Conditions Told By Med Experts

Part of the medical mystery of how "mood elevating" drugs work to prevent the pains of angina pectoris was explained this week by two University of Southern California heart specialists.

Angina pectoris is a form of heart disease, its chief symptom being discomfort or pain in the chest, usually following exertion.

Contrary to prevailing medical opinion, which attributes the success of these drugs largely to the psychological lift given the patient, Doctors Robert W. Oblath and George C. Griffith have found that mood elevation is only incidental to certain physical effects of the drugs. Their report appears in the current issue of California Medicine, official journal of the California Medical Association.

CONTROL USE

Research by the two physicians included use, as a control, of a drug that was not a mood elevator, yet retained other characteristics typical of those that were. Patients under this treatment benefited as much as those using the anti-depressants.

Area Aircraft Employees Give To Research Fund

North American Aviation employees in the Bay area have donated \$35,168 to medical research and charitable endeavors through the Donate Once Club.

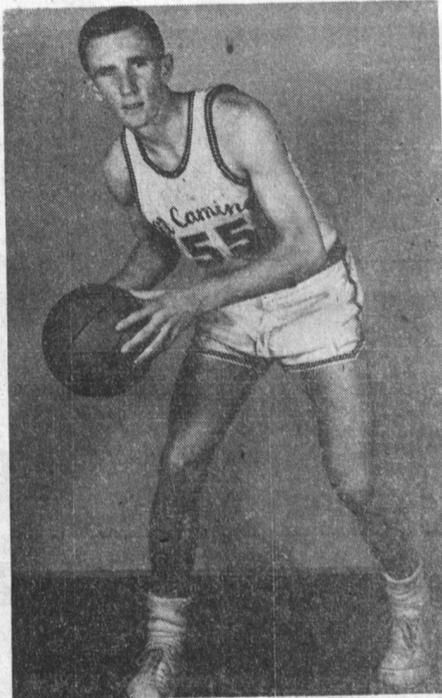
Members of the DO Club from North American plants in the Los Angeles area last year authorized payroll deductions for charity totaling \$558,769. The entire amount is given to charitable and welfare organizations.

Weekly deductions have swelled into a contribution of more than 4 1/2 million dollars from North American employees in eight years.

The money has been used to finance critically-needed research in cancer, heart disease, multiple sclerosis, arthritis and muscular dystrophy. The money has bought buses and braces for crippled children, blood collection bottles and refrigerated trucks for Red Cross drives, operating tables and X-ray equipment for hospitals.

CANCER RESEARCH

A donation of \$50,000 made this year for continued support of cancer research at Caltech was the largest single contribution to the Los Angeles County Branch of the American Cancer Society and earned the first Cancer Society National Award for the DO Club.



VETERAN RETURNS—Veteran Jack Runyan is one of the few returnees on Coach George Stanich's El Camino College basketball squad, which will open Conference play against Bakersfield in the Men's Gym at 8 p.m. January 6.

Second Dental Question, Answer Series Today

(This is the second in a series of questions and answers on dental health published by Torrance Press, in cooperation with the Harbor District Dental Society, in observance of National Children's Dent Health Week February 5 through 11.)

WHEN SHOULD MY CHILD BE TAKEN TO THE DENTIST FOR THE FIRST TIME?

As soon as he has all of his primary teeth, between the ages of 2 1/2 and 3. On this first visit the child has a chance to become acquainted with the dentist, his office and his equipment. Usually the dentist will clean and x-ray the child's teeth. Since half of all 2-year-olds have one or more decayed teeth, it may also be necessary for the dentist to restore a tooth. The dentist will suggest how often the child should return for subsequent check-ups.

WHY SHOULD MY CHILD'S BABY TEETH BE TAKEN CARE OF? HE'LL LOSE THEM ANYHOW.

One reason is that a child's first teeth are not really "baby" teeth, since some of them remain in his mouth until he is 11 or 12 years old.

Primary teeth are needed for exactly the same reasons permanent teeth are needed—for chewing, for appearance and for speaking. In addition, the primary teeth hold the spaces for the permanent teeth.

MY 8-YEAR-OLD IS GOING TO HAVE A MOLAR REMOVED. MY NEPHEW HAD A SPACE MAINTAINER PUT IN WHEN HE LOST A BACK TOOTH. WILL MY DAUGHTER NEED A SPACE MAINTAINER TOO?

Yes, a space maintainer should be inserted when a primary molar is lost prematurely. One of the functions of the first teeth is to hold the space for the permanent teeth. If a molar is lost prematurely and not replaced with a space maintainer, the other teeth drift into the empty space. Then there is not sufficient space for the permanent tooth to erupt in the proper position. The permanent teeth are crowded, irregular, "crooked." Premature loss of primary molars is not the only cause of this condition, but it is the most easily prevented cause.

County Sales of US Savings Bonds

Los Angeles County's increase of 4.7 per cent in sales of United States Savings Bonds for January—November as compared to the same period of last year put it in the leading counties in Southern California's improved position.

United States Treasury Department Consultant Howard D. Mills said sales for this county for the 1960 January-November period were \$117,900,653. For the same time of last year they were \$112,650,540. For November of this year they were \$10,590,304.

Southern California figures were: January-November of this year, \$159,919,912; for the same period of 1959, \$155,000,882; an increase of 3.2 per cent. For November, \$13,626,657.

POWER FOR PEACE

He commented: "The demands for funds to support Power for Peace, the sci-

tific research and military weapons to defend freedom, make investments in United States Savings Bonds of first-rank importance as a patriotic and public service matter.

"Moreover, in all economic times, regular thrift is the only way for most of us to furnish security for ourselves, our families, the community and the Nation. The needs of the future—personal emergencies, education, retirement, travel, vacations, new homes, the start of a new business, major purchases—such as automobiles and furniture—suggest the wisdom of saving for the big things in life. Americans now have \$43 billion in United States Savings Bonds, a goodly share in this area, to contribute to the economic health and stability. We ought to buy more of them."

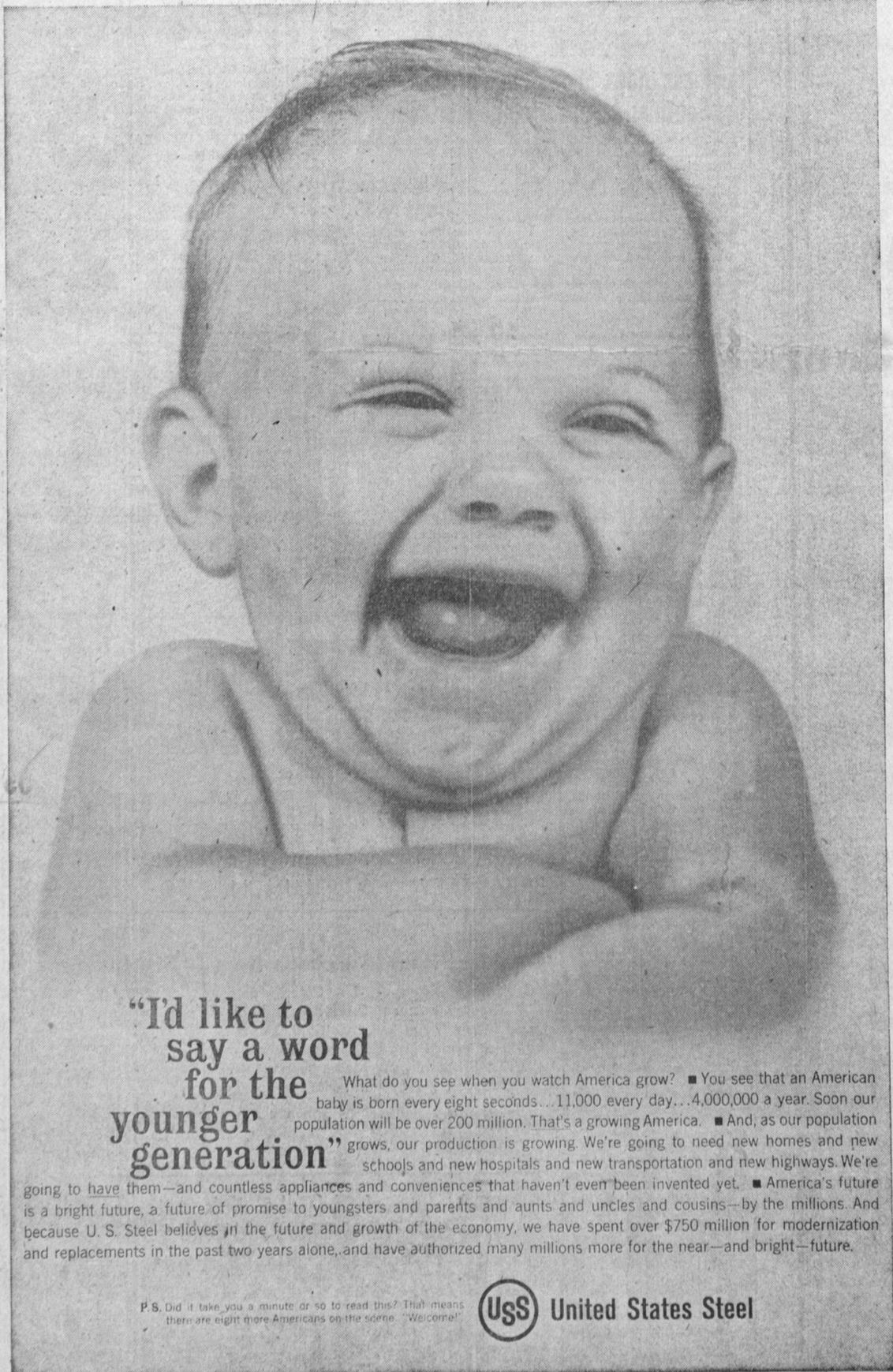
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P.S. Did it take you a minute or so to read this? That means there are eight more Americans on the scene. "Welcome!"



At the breakfast table, scrambled eggs can really hit the spot. Scrambled financial affairs, though, are something else again. That's why it is usually best to make a sharp distinction between money you invest and money you want to save—the money you want to have immediately available under all circumstances. Put your investments wherever you think they'll earn the best return. But keep your savings where you know they'll always be accessible—in the bank.

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