

THE FINEST DRY CLEANING AT LOWEST PRICES!

- PANTS
- CAPRIS
- SWEATERS
- SKIRTS
- BLOUSES
- SHIRTS

39¢
EACH
PLAIN

- DRESSES
 - COATS
 - SUITS
 - ROBES
- DRY CLEANED & PRESSED—Flat

79¢ ca.

- SHIRTS
- DRESS & WORK LAUNDERED

23¢ ca.

PACIFIC COAST HWY. AT CRENSHAW - TORRANCE

LEONARDS



Carson Area to Light Up With Street Lamps

Fifty-three street lights will be installed during the coming months in six recently annexed portions of the Dolores lighting district, Supervisor Burton W. Chace announces.

Tract 24141 is bordered by 209th Street, 212th Street, and Vermont Avenue, and includes Javelin, Van Deene, Conradi and Menlo Avenues.

Other streets in tract areas which will receive new lighting fixtures include: Joel, Bonita, Penton in the areas of 222nd Street; also 212th Street from Lynton to Moneta Avenues and portions of Lynton and Moneta.

Through influenza epidemics elsewhere in the nation continue to make news, the number of cases of acute respiratory illnesses both in Los Angeles County and in the rest of California are no more at this time than is customary during the winter season. Nor is the local and statewide absentee rate in schools any greater than usual. Unlikely as it may seem in this age of swift and

Current Flu Epidemics Could Miss This Area

By K. H. SUTHERLAND, M.D. County Health Officer

constant travel, it is just possible that Los Angeles County will escape the flu epidemic that is now slowly spreading over the United States. At this time of the year, an increase in the occurrence of acute respiratory disorders is always evident. However, no respiratory infections suggestive of influenza have occurred in this area thus far in 1963, nor has the flu virus been isolated and identified in any case of respiratory illness

that has occurred in California during this same period.

THE INFLUENZA epidemic of the 1962-63 winter season is behaving somewhat differently from those of recent years. The Asian flu outbreak of 1957-58 which started in Hong Kong, as well as the 1960-61 epidemic appeared almost simultaneously on both the East and West coasts of the United States and expanded swiftly over the rest of the country.

The present flu outbreak, which was at first limited to the Eastern states, has not yet spread beyond the Midwest. The A2 (Asian) influenza virus strain causing the present outbreak is apparently slow-moving compared to that involved in the 1957-58 flu epidemic.

IN KEEPING with the usual influenza pattern, it is reported that cases of the disease in the current epidemic are more numerous among adolescents but are more severe among chronically ill persons, pregnant women, and people in the older age groups, meaning anyone over 45. The chief danger of an attack of flu in these individuals lies in the complications, such as pneumonia, that may occur.

Following an attack of the disease immunity may last for several years, but this protection is afforded only against the particular virus strain that was the cause of illness. Vaccination against the disease is usually recommended for the high-risk groups, and also for those persons engaged in providing essential and vital services to the community. Two injections of influenza vaccine, given two months apart, are required for complete protection. A polyvalent vaccine incorporating both A and B influenza virus strains is generally used.

IT IS questionable if administration of the vaccine would do much good in an individual who has never been previously vaccinated against the disease. If the epidemic gets here at all, chances are that it will be well under way before both doses can be given and a good immunity established. However, it should be pointed out that some protection is afforded in about two weeks after the first flu "shot" is received, and this may lessen the severity of an attack.

Those persons who were immunized within the past year are advised to obtain an additional (booster) dose of vaccine in order to maintain a high level of immunity. The onset of influenza is usually sudden. The victim is often prostrated by an acute physical discomfort which is a combination of fever, chills, headache, and aching muscles, sometimes accompanied by a sore throat and cough. Recovery usually takes place within 48 to 72 hours. It is wise to obtain the services of a physician, particularly if the illness persists beyond this time or the individual is in a high-risk group.

PUBLIC HEALTH Service officials expect the present flu epidemic to run its course by mid-March. If their prediction is right or nearly so, it may never reach Los Angeles County. A pamphlet giving additional information on influenza will be mailed to anyone who sends a card of request to the Division of Health Education, Los Angeles County Health Department, 241 N. Figueroa St., Los Angeles 12.

I haven't time to hate anybody. — Sam Rayburn.

BLOOD SAVES LIVES + BE A DONOR at the Bloodmobile

Backlund's Garage 1959 TORRANCE BLVD. FAIRfax 8-5836 GENUINE MECHANICS NO 90-DAY TRAINED EXPERTS Diagnose - Adjust Repair - Rebuild All Automotive Problems

LEONARDS

"SHOPPING the LEONARD WAY IS LIKE A RAISE IN PAY!"
PRICES EFFECTIVE FEB. 28 THRU MAR. 6

DISCOUNT MARKET

STRETCH YOUR BUDGET
With **LEONARDS LOWER EVERYDAY SHELF PRICES**



EGGS
EXTRA LARGE GRADE A **39¢** DOZ.

TUNA
STARKIST LIGHT CHUNK
4 6½-OZ. CANS **FOR \$1**

BREAD
ALL STAR — 15-OZ. WHITE OR WHEAT
3 LOAVES FOR **69¢**

LEG 'O LAMB
57¢ LB.
TABLE BRAND—SLICED **BACON**
1-LB. PKG. **37¢**

MACARONI & CHEESE
MORTON'S FROZEN
LENTEN SPECIAL **4** 8-OZ. PKGS. FOR **89¢**

C.H.B.—24-OZ. **MAYONNAISE**
35¢

KERN'S **GRAPE JELLY**
3-LB. JAR **69¢**

FOREMOST **COTTAGE CHEESE**
PINT **25¢**

HUNT'S **PORK & BEANS**
LARGE 2½ CAN **2 FOR 35¢**

PACIFIC — 1-LB. STA-CRISP **CRACKERS**
25¢

FRANCO-AMERICAN **SPAGHETTI**
27-OZ. CANS **4 FOR \$1**

PARAMOUNT **ICE CREAM**
4 DELICIOUS FLAVORS
½ GAL. **47¢**

1ST PRIZE — 1-LB. **OLEO**
7 FOR \$1.00

U.S. No. 1 RUSSET **POTATOES**
8 LB. BAG **29¢**

LEONARD'S — GIANT SIZE **DETERGENT**
49¢ Plus Tax

LEONARDS — GALLON **BLEACH**
53¢ Plus Tax

KRAFT'S — SLICED NATURAL **SWISS CHEESE**
3 6-OZ. PKGS. **\$1.00**

CORNER OF CRENSHAW BLVD. & PACIFIC COAST HWY. IN TORRANCE