

...Knight

(Continued from Page 20) and silverplate eating and serving utensils is gradually vanishing. A big Eastern road recently decided to divest itself of a quantity of silverplate—about 4,000 items. For prospective buyers it turned to present and retired employees. At last report 75 per cent of the supply had been sold, at such reasonable prices as \$3.50 for a coffee pourer, and 50 cents for sugar tongs.

BITS O' BUSINESS—A total of about \$80 million was spent by all political candidates on advertising and promotion in connection with the recent elections, an advertising industry source has figured. . . . Housing starts in '63 are expected to hold steady at about the same levels as 1962.

Soil Fungus Can Cause Severe Infectious Ills

By K. H. SUTHERLAND, M.D., County Health Officer

When first discovered in 1906, histoplasmosis was considered a rare and almost invariably fatal disease of unknown origin. Though the causative fungus (*Histoplasma capsulatum*) was discovered in 1912, it was not until 1945 that serious consideration was given to the possibility that the disease was widely prevalent in a mild form among the inhabitants of the Mississippi, Missouri, and Ohio river valleys. Results of studies carried on by the U.S. Public Health Service during the next decade, placed the number of persons in this country who had

been infected with *H. capsulatum* at around 30 million. The fungus that causes histoplasmosis grows in the soil. Particularly favorable to its growth is soil enriched by the droppings of birds (especially domestic fowl), bats, dogs, and various other mammals. People and animals are infected when the spores or seeds of the fungus are breathed into the lungs with spore-laden dust. The disease, in contrast to tuberculosis with which it is often confused, cannot be transmitted from person to person or from animal to man.

IT IS NOW known that the occurrence of histoplasmosis

is probably world-wide, but cases are scattered in areas where the source of infection is heavily concentrated in the soil. Such areas are more widespread in this country than was formerly realized. Cases of the infection have been identified in Los Angeles County, but it is considered unlikely that the infection was locally acquired.

All races are susceptible to histoplasmosis and both sexes are attacked at all ages. Over 10 years of age, it occurs 7 times more frequently in males than in females. The progressive fatal type of the disease is most common during infancy but may occur at any age.

Histoplasmosis skin tests may be given to determine whether or not a person has been exposed to the infection. As in the tuberculin test, a positive reaction does not mean that the individual has active histoplasmosis. In cases of illness where the infection may be suspected, the skin test is sometimes useful as a diagnostic tool. Blood tests and, in some cases, sputum tests may also be used to determine whether or not the individual has the infection.

MOST FREQUENTLY the disease is a mild self-limiting infection. Symptoms, if any, may vary from mild to moder-

ately severe. The illness, which mimics other diseases, may be confused with influenza or some other acute respiratory disorder. But even in benign (mild) histoplasmosis, chest X-rays may reveal abnormal changes (lesions) in the lungs of tuberculin-negative individuals. As time passes, these lesions may develop into calcifications that are also visible on X-ray film.

Another major form of the disease, known as chronic progressive cavitary histoplasmosis, may closely resemble advanced pulmonary tuberculosis. So great is the resemblance, as a matter of fact, that many persons suffering

from histoplasmosis have been mistakenly admitted to tuberculosis hospitals.

The most severe form of histoplasmosis is acute, progressive and generally fatal. In these cases, the fungi often disseminate throughout the organs of the body. In addition to the very young, people over 40 years of age and those individuals who already have some other disease such as cancer or tuberculosis are especially susceptible to this type of the infection. Illness is relatively brief in these cases, usually about 6 weeks.

SINCE THE disease is often spread by exposure to dust in and around chicken coops and pigeon roosts, or in caves and other closed places, such locations in endemic areas should be avoided whenever

possible. When the fungus is widespread in the soil, not much can be done to avoid the infection. This is illustrated by the fact that more than 41 epidemics of the disease have been reported, most of them in the United States. Fortunately, as already stated, histoplasmosis is not endemic in Los Angeles County.

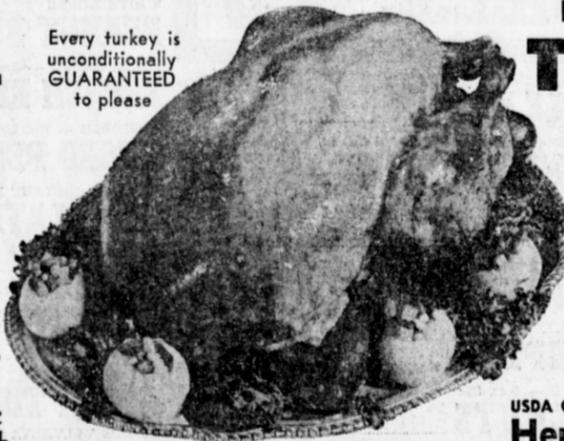
Mild cases of histoplasmosis require little treatment other than rest during the period of illness and avoidance of too much activity during convalescence. The outlook for complete recovery is excellent. In the other two forms of the disease the outlook is not so sanguine. Until recently no specific treatment was available but certain medications are now used with some success.

SALE OF FEASTWORTHY FOODS!

NOVEMBER 21st! CLOSED THANKSGIVING DAY



Chuck Roast
USDA CHOICE BEEF
BLADE CUT
43¢ lb.



Every turkey is unconditionally GUARANTEED to please

LANCASTER FARMS YOUNG
Tom Turkeys
Flash frozen Calif. grown.
USDA Grade A
33¢ lb.
18 to 22 lbs.

Chuck Steak Adolphs odds to flavor **49¢** lb.
O-Bone Roast Meaty arm cut **59¢** lb.
Boneless Clod Shoulder oven roast **89¢** lb.
Ground Chuck Lean, fresh shoulder **59¢** lb.
Ground Suet For home made pies **19¢** lb.

California grown, premium quality, Grade A
FRESH TURKEYS
Young Hens **47¢** lb.
Young Toms **43¢** lb.

USDA Grade A, Lancaster Farms Young
Hen Turkeys Flash frozen 10 to 14 lbs. **37¢** lb.
Premium California Grown, Processed
Junior Turkeys 5 to 9-lb. average **49¢** lb.
Lancaster Farms, Fresh, USDA Grade A
Roasting Chickens 4 to 6-lb. average **49¢** lb.
For Stuffing, Pacific Northwest
Fresh Oysters 12-oz. Jar **69¢**

We carry full lines of holiday poultry, including geese, ducklings, Cornish game hens

49¢



FROZEN FOODS
CAL-FAME
Orange Juice
6 6-OZ. CANS **\$1**



Delicatessen
DUBUQUE SMOKED Canned Hams
Fully Cooked, Boneless
5-lb. can \$3.98 EA.
9-lb. Can \$6.49
A SAVING OF \$1.37

Apples
10¢ lb.

Libby's Vegetables
• Sweet Peas • Whole Kernel Corn
• Broccoli Cuts • Potato Patties
• Cream Corn • Peas & Carrots
• French Fries • Squash • Spinach
6 REG. PKGS. **\$1**

CAPRI, CHOPPED
Sliced Pastrami 3 1/2-OZ. PKG. **49¢**
BETTERMADE, READY-TO-SERVE
Party Dips ASSORTED VARIETIES 3 8-OZ. CUPS **\$1**
PILLSBURY, BAKING POWDER
Flaky Biscuits 2 8-OZ. CANS **29¢**

Oranges RED, FLAVORFUL **10¢** lb.
Florida Ruby Red 3 for **25¢**
Berries **19¢**

Sourdough Rolls
SHEPHERD Package of 12 **39¢**

FOX, PREMIUM QUALITY
Bartlett Pear Halves
3 No. 2 1/2 Cans **89¢**

TOM SCOTT
Mixed Nuts
13-oz. Tin **69¢**

FOX, PREMIUM QUALITY
Fruit Cocktail
3 No. 2 1/2 Cans **89¢**

CASE-SWAYNE
Golden Yams
4 No. 2 1/2 Cans **\$1**

Friendly Fox Markets!

TORRANCE — 182nd & Arlington — DA 3-7065 GARDENA—Van Ness & Rosecrans — DA 3-1767

BATH Palmolive Soap 2 Bath Bars **29¢**
Detergent Liquid Ivory 22-oz. can **65¢**
Detergent Joy Liquid King size **89¢**
For the hands Lava Soap 2 large bars **35¢**
On Guard Bowl Cleaner 8-oz. size **79¢**