

EVERY DAY LOWER PRICES EVERY DAY!

Don't be fooled by "come-ons" . . . and bait advertising. Save everyday! Here is just a partial list of Big Bear's Everyday Lower Prices.

Over 5,000 "Specials" Everyday . . . Buy what you want any day you want, and know you are paying the lowest prices everyday.

LASHED AGAIN! SAVE EVEN MORE!

- BABY FOODS**
- HEINZ — STRAINED — 4 1/2-OZ. JAR
 - BABY FOOD 3 for 28c**
 - SWIFT'S — 4 1/2-OZ. JAR
 - HI MEAT DINNERS 2 for 33c**
 - GERBER'S — 8-OZ. BOX
 - HI PROTEIN CEREAL 18c**
- CRACKERS**
- SUNSHINE — 1-LB. BOX
 - KRISPY CRACKERS 27c**
 - PACIFIC — HONEY TREAT — 1-LB. BOX
 - GRAHAMS 30c**
 - LANGENDORF — CHOCOLATE FUDGE — 1-LB. PKG.
 - COOKIES 41c**
- COFFEE & TEA**
- MAXWELL HOUSE — 1-LB. CAN
 - COFFEE 55c**
 - 1-LB. CAN
 - GUEST COFFEE 49c**
 - M.J.B. — 6-OZ. JAR
 - INSTANT COFFEE 95c**
 - LIPTON'S — 16 COUNT BOX
 - TEA BAGS 24c**
- BEVERAGES**
- DUTCH PRIDE — NO RETURN — 11-OZ. BOTTLES
 - BEER 6 for 75c**
 - 7-OZ. BOTTLES
 - SEVEN-UP 6 for 45c**
 - 12-OZ. CAN
 - SHASTA LOW CALORIE 6 for 55c**
- CEREALS**
- 42-OZ. PACKAGE
 - QUAKER OATS 48c**
 - 12-OZ. PACKAGE
 - POST TOASTIES 27c**
 - KELLOGG'S — 9 1/2-OZ. PACKAGE
 - RICE KRISPIES 32c**
 - 28-OZ. PACKAGE
 - WHEAT HEARTS 39c**
- DAIRY FOODS**
- FOREMOST — FIRST QUALITY — 1-LB. CARTON
 - BUTTER 67c**
 - DAIRY FRESH — 2-LB. CARTON
 - CHEESE FOOD 69c**
 - DUTCH PRIDE — 1/2 GALLON CARTON
 - FROZEN DESSERT 33c**
- PET FOODS**
- LORD & LADY — 6-OZ. CAN
 - TUNA CAT FOOD 10c**
 - SKIPPY — 16-OZ. CAN
 - DOG FOOD 9c**
 - GRAVY TRAIN — 5-LB. BAG
 - DOG FOOD 73c**
 - PURINA — 10-LB. BAG
 - DOG CHOW \$1.29**
- JAMS & JELLIES**
- KERN'S — 28-OZ. JAR
 - APPLE BUTTER 35c**
 - WELCH'S — 20-OZ. JAR
 - GRAPE JELLY 37c**
 - MARY ELLEN — 20-OZ. JAR
 - STRAWBERRY JAM 49c**
- CANNED MEATS**
- 12-OZ. CAN
 - HORMEL SPAM 45c**
 - BRAVO — 12-OZ. CAN
 - CORNED BEEF 43c**
 - LYNDEN — 14-OZ. JAR
 - CHICKEN & NOODLES 33c**
- CANNED FISH**
- PETER PAN — 16-OZ. CAN
 - PINK SALMON 65c**
 - CHICKEN O' SEA — LIGHT MEAT (3c OFF) — 6 1/2-OZ. CAN
 - CHUNK TUNA 27c**
 - CARNATION — 6 1/2-OZ. CAN
 - CHUNK TUNA 25c**

- FLOUR & MIXES**
- GOLD MEDAL — 10-LB. BAG
 - FLOUR \$1.09**
 - AUNT JEMIMA'S — 2-LB. BOX
 - PANCAKE FLOUR 39c**
 - BETTY CROCKER — REGULAR PACKAGE
 - CAKE MIX 37c**
- MARGARINE & MILK**
- SPRINGFIELD — 1-LB. CARTON
 - MARGARINE 18c**
 - MAZOLA — 1-LB. CARTON
 - MARGARINE 37c**
 - SPRINGFIELD — TALL CAN
 - CANNED MILK 2 for 25c**
- FROZEN FOODS**
- MORTON'S — 8-INCH PIE
 - FRUIT PIES 3 for \$1.00**
 - REGULAR PACKAGE
 - BANQUET DINNERS 39c**
 - SPRINGFIELD — 6-OZ. CAN
 - ORANGE JUICE 6 for \$1.00**
 - BIRDSEYE — 10-OZ. PACKAGE
 - PEAS 16c**
 - TREESWEET — 6-OZ. CAN
 - LEMONADE 3 for 25c**
 - MORTON'S — FROZEN — 20-OZ. PACKAGE
 - MACARONI & CHEESE 39c**
 - CERTI-FRESH — 1-LB. PACKAGE
 - OCEAN PERCH 49c**
 - ROSARITA — FROZEN — 16-OZ. PACKAGE
 - MEXICAN DINNER 54c**
- FRUIT & JUICES**
- SPRINGFIELD — 303 CAN
 - APPLE SAUCE 14c**
 - OCEAN SPRAY — 300 CAN
 - CRANBERRY SAUCE 22c**
 - The Perfect Mate With Any Meat!
 - HUNT'S — 300 CAN
 - FRUIT COCKTAIL 19c**
 - SPRINGFIELD — 2 1/2 CAN
 - CLING PEACHES 20c**
 - DOLE — 1 1/4 CAN
 - SLICED PINEAPPLE 5 for \$1.00**
 - SPRINGFIELD — 46-OZ. CAN
 - PINEAPPLE JUICE 23c**
- SOUPS**
- WILLAPPOINT — 10 1/2-OZ. CAN
 - OYSTER STEW 29c**
 - CAMPBELL'S — 10 1/2-OZ. CAN
 - VEGETABLE BASE SOUP 13c**
 - LIPTON'S — CHICKEN NOODLE — 2 PACK PACKAGE
 - SOUP MIX 29c**
- SHORTENING & OILS**
- SPRINGFIELD — 3-LB. CAN
 - SHORTENING 58c**
 - SPRINGFIELD — 32-OZ. BOTTLE
 - SALAD OIL 45c**
 - 3-LB. CAN
 - CRISCO 73c**
 - 24-OZ. BOTTLE
 - WESSON OIL 39c**
- OLIVES & PICKLES**
- EARLY CALIFORNIA — SELECT — TALL CAN
 - PITTED OLIVES 29c**
 - FOODCRAFT — 15 1/2-OZ. JAR
 - FARM STYLE CHIPS 22c**
 - SPRINGFIELD — WHOLE — 22-OZ. JAR
 - SWEET PICKLES 38c**
 - DEL MONTE — 12-OZ. JAR
 - SWEET RELISH 29c**
- SALAD DRESSINGS**
- QUART JAR
 - MIRACLE WHIP 55c**
 - SPRINGFIELD — 24-OZ. JAR
 - MAYONNAISE 39c**
 - MILANI 1890 — 8-OZ. BOTTLE
 - FRENCH DRESSING 37c**

- PAPER ITEMS**
- POWDER ROOM — 400 COUNT BOX
 - FACIAL TISSUE 22c**
 - SCOTT — REGULAR ROLL
 - TOILET TISSUE 11c**
 - ZEE — JUMBO ROLL
 - PAPER TOWELS 26c**
 - MARCAL — 80 COUNT PACKAGE
 - WHITE PAPER NAPKINS 10c**
 - KOTEX — 12 COUNT BOX
 - SANITARY NAPKINS 35c**
 - REYNOLDS — 25-FOOT ROLL
 - ALUMINUM FOIL 30c**
 - ZEE — ASSORTED COLORS — 20 COUNT PACKAGE
 - LUNCH BAGS 2 for 25c**
- SUGAR-SALT & SPICE**
- 5-LB. BAG
 - C & H SUGAR 51c**
 - POWDERED OR BROWN — 1-LB. BOX
 - C & H SUGAR 14c**
 - LESLIE — 30-LB. BAG
 - WATER SOFTENER SALT 64c**
- SYRUP & PEANUT BUTTER**
- 24-OZ. BOTTLE
 - LOG CABIN SYRUP 59c**
 - SKIPPY — 18-OZ. JAR
 - PEANUT BUTTER 55c**
 - SPRINGFIELD — 3-LB. JAR
 - PEANUT BUTTER \$1.25**
- LAUNDRY AIDS**
- GIANT BOX
 - CHEER - TIDE - FAB 75c**
 - SPRINGFIELD — GIANT BOX
 - POWDER DETERGENT 39c**
 - BATH BAR
 - PALMOLIVE - LUX SOAP 14c**
 - PUREX — 1/2 GALLON
 - LIQUID BLEACH 38c**
 - TREND — GIANT BOTTLE
 - LIQUID DETERGENT 40c**
 - 14-OZ. CAN
 - AJAX CLEANSER 2 for 31c**
- VEGETABLES & JUICE**
- SPRINGFIELD — 303 CAN
 - RED KIDNEY BEANS 2 for 25c**
 - SPRINGFIELD — 303 CAN
 - GOLDEN CORN 13c**
 - DIXIE DANDY — 40-OZ. CAN
 - YAMS 39c**
 - SPRINGFIELD — 2 1/2 CAN
 - TOMATOES 18c**
 - LIBBY'S — 46-OZ. CAN
 - TOMATO JUICE 27c**
 - LIBBY'S — 2 1/2 CAN
 - SAUERKRAUT 23c**
 - V-8 — 46-OZ. CAN
 - VEGETABLE JUICE 38c**
- SAUCES & RICE**
- SPRINGFIELD — 12-OZ. BOTTLE
 - CATSUP 14c**
 - DEL MONTE — 8-OZ. CAN
 - TOMATO SAUCE 3 for 25c**
 - CHRIS & PITTS — 12-OZ. BOTTLE
 - B-B-Q SAUCE 3 for \$1.00**
- OTHER ITEMS**
- 3-OZ. PACKAGE
 - JELLO GELATINE 3 for 28c**
 - KING SIZE — CARTON
 - CIGARETTES \$2.09**
 - 5c SIZE
 - ALL NICKLE CANDY 3 for 10c**
- LIQUOR**
- DUNHILL — FIFTH BOTTLE
 - GIN \$2.99**
 - DAKWOOD — FIFTH BOTTLE
 - BLEND WHISKEY \$2.99**

Odorless, Tasteless Gas Can Be Dangerous Threat

By DR. K. H. SUTHERLAND
County Health Officer

With chilly weather approaching dangerous concentrations of carbon monoxide or CO is a possibility in the home, garage, industrial plant or elsewhere.

Carbon monoxide is a gas that cannot be seen, smelled or tasted. When an individual is exposed to dangerous concentrations of the gas for more than a brief period poisoning may occur.

side poisoning and deaths continue to occur. In the absence of common-sense safeguards, it is an accident that can happen to anyone.

A pamphlet showing approved-type heaters may be obtained by sending a card of request to the Division of Public Health Education, Los Angeles County Health Department, 241 N. Figueroa St., Los Angeles 12, Calif.

The burning of any fuel with an insufficient supply of air will result in carbon monoxide whether it comes from cooking stoves, hot water heaters, unvented gas space heaters or other appliances.

IT MAY occur when such materials as coal, coke, wood, oil, gasoline or kerosene are burned, and also when a gaseous fuel such as natural or artificial gas is used. Natural gas is the fuel most commonly used in Los Angeles County, and it is free of carbon monoxide; however, if it burns under conditions of incomplete combustion carbon monoxide is formed.

The pollution of the air with dangerous concentrations of carbon monoxide may also occur when an automobile motor is left running to heat up a car, or when it is kept going in a closed space such as a garage. It may also happen in trailers and boats, and also where butane gas or charcoal braziers are used for cooking or heating.

WHEN CARBON monoxide is breathed into the lungs it combines with the hemoglobin of the red cells many times faster than oxygen, and the blood is therefore deprived of its ability to carry oxygen to the tissues of the body. When the body cells are no longer supplied with this vital oxygen, internal asphyxiation results.

The first symptoms of carbon monoxide poisoning include a feeling of tightness in the head followed by dizziness and headache. As more of the poison is inhaled, nausea and vomiting and mental confusion may occur, and muscular coordination specifically the ability to move, is impaired. Loss of consciousness will follow unless the victim is removed from the environment.

THE SEVERITY of the symptoms depends to a great extent on the total amount of carbon monoxide that is inhaled. Breathing a little over a long period of time may be just as serious as a high concentration over a short time. This means that even a seemingly inconsequential concentration of .02 per cent carbon monoxide can be lethal if the exposure is long enough.

Most of the cases of carbon monoxide poisoning that occur in this area are due to the open-flame type of unvented gas heater, and a great many of these are still in use within Los Angeles County.

The use of such heaters should be discontinued, and they should be replaced with vented heaters approved by the American Gas Assn. (AGA) for vented use and effectively vented to the outside air according to the requirements of the Building Department.

HOWEVER, approval of appliances and their installation means little unless they are properly maintained. All adjustments should be done by the local dealer or gas company representative or by an experienced repairman.

A constant supply of fresh air is necessary in every room where an unvented heater is burning. It is also advisable even when the appliance is properly vented as the vent pipe may be blocked by leaves or some obstruction. As a matter of fact, it is always a good idea to have the vent pipes checked before cold weather sets in.

DESPITE FREQUENTLY issued warnings, carbon monoxide poisoning and deaths continue to occur.

SCOUT TRAILS

Cub Pack 730-C

Two new members of Cub Pack 730-C were inducted as Bob Cats at the group's September pack meeting at the Casimir School cafeteria. Robert Higley and Charles Boucher were inducted following the opening flag ceremonies conducted by Den 3.

Receiving awards were L. J. Silverman, bear; Mike Keberlein, lion; Richard Whittaker, two silver arrows, Wolf rank, and denner's badge; Phillip Manahan, Wolf rank silver arrow; and Jan Ramak, silver arrow of the Bear rank. Mike Keberlein was admitted to the Webelos Den and given a Boy Scout handbook.

Two boys graduated from the Cub ranks and were presented to Ralph Manahan, Scoutmaster for Troop 730. They were Tommy Higley and James Lutz. Each received a plaque which displayed the awards earned during Cub days.

GSA Troop 1024

Troop 1024 held fly-up ceremonies Oct. 2 at the Arlington elementary school.

Leader, Mrs. L. Vega, and co-leader, Mrs. M. Bernstein, presented the girls with Brownie fly-up wings and their Girl Scout pins. Brownies Babsy Long and Kathy Alexander of Troop 1002 and Girl Scouts, Christie Brown and Denise Chylak, of Troop 2993 helped with the presentations.

The new Girl Scouts are Judy Alexander, Cathy Allen, Dena Bernstein, June Christie, Elise Chylak, Laurie Elrod, Mary Ann Garrison, Glenda Hill, Julia King, Allyson Kim, Marla Long, Barbara O'Connor, Sharon Oldt, Louise Orr, Lora Quattrini, Ruth Ann Roberts, Linda Tomanaha, and Jean Vega.

At this time Mrs. Vega invested Mrs. F. Quattrini as the new co-leader of the troop.

Mrs. Vega announced a mother's meeting will be held on Oct. 16th to plan the year's program for the troop.

BSA Troop 761

Boy Scouts of Troop 761 held their Court of Honor for the month of October at McMasters Park recently.

Mack Edmunds, Glenn Heller, Steve Lange, Don Miller Rick Shinkle received appointments to patrol and assistant patrol leaders.

Steve Lange received his first class badge and Gary Graff was promoted to second class.

Brian Rix and Robert Weberg were received into the troop as Tenderfoot Scouts. Merit badges were earned by Mick Dennis, Dennis Fujii, Glenn Hillyer, Steve Lange, Rick Shinkle and Gary Usui.

The troop is currently making plans to attend the Harbor Area Camporee at Ft. McArthur.

Scoutmaster Bob Dennis extends an open invitation to all boys of scout age to attend some of Troop 761's meetings held each Monday at McMasters Park Social Hall.

HEAD SHRINKERS

Washington, D. C., has more psychiatrists per capita than any other city in the country.

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ORNE BLVDS.

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