

Health Officer Stresses Value Of Dairy Products for Growth

By ROY O. GILBERT
County Health Officer
June is Dairy Month. This annual recognition of the importance of dairying, milk processing, and milk distribution is particularly significant to Los Angeles County for two reasons.

First of all, and to the surprise of most people, Los Angeles County, although it is thought of as an urban rather than as an agricultural area, produces more milk than any other County in the United States. In the second place, be-

cause of its tremendous population, Los Angeles County ranks number one as a "home market" for the dairy products it produces.

THE INVESTMENT represented by the 500 dairies in the County is in the neighborhood of 1 1/2 billion dollars. The 110,000 cows on these dairies give more than 2,000,000 quarts of milk per day. The investment in processing plants and distribution facilities is tremendous. The annual recognition of the

dairy industry is also significant to the Los Angeles County Health Department, but for two very different reasons than those enumerated above.

IN THE FIRST place, the Health Department is charged with the inspection of milk all the way from the dairy barn to the retailer's refrigerator, or, as the case may be, to the customer's doorstep.

A dozen department inspectors, especially trained in dairy technology, start their rounds of dairy inspection at

2 a.m. each day. Processing plants and distribution facilities are checked later in the day. Each of the approximately 500 dairies in the County are inspected twice each month, and, at the same time, milk samples are collected and tested in the department's laboratory for bacteria count and butterfat content.

THE HEALTH Department's other interest in the recognition of Dairy Month is the fact that of all food, none is more

important to the public health than milk. Milk affords more value per dollar than any other food. It also contains more different nutrients in favorable proportion than does any other food. It contains vitamins, calcium, fats, sugars, and high quality proteins.

MILK, of course, is admitted to be the most perfect food for infants. Growing children should have from 1 1/2 pints to a quart of milk each day for good teeth and bone structure, as well as for their health in general. Teen-agers should have a quart or more each day.

Nutrients claim that every adult should have a daily quota of milk, or at least its equivalent

in other dairy products such as cheese, buttermilk, ice cream, butter, evaporated, or other processed products. Expectant mothers should have not less than a quart of milk each day, and nursing mothers at least a quart and a half.

MANY ADULTS get far too little of the nutrients which milk affords so easily and so inexpensively, and this in spite of the fact that sufficient quantities of milk can be consumed in a wide variety of cooked dishes as well as in a good selection of dairy products ranging all the way from buttermilk to ice cream.

The Department welcomes its opportunity to participate in the many community activities

Employees Hold Annual Picnic

Over 10,000 employees of The Garrett Corp., Los Angeles, and their families were expected to attend the 19th annual Garrett Corp. picnic yesterday in Disneyland.

The picnic, one of the major social events of the year at The Garrett Corp., was held in Holidayland, adjacent to Disneyland. At noon the entrance to Disneyland was opened with free admittance for Garrett employees and their families.

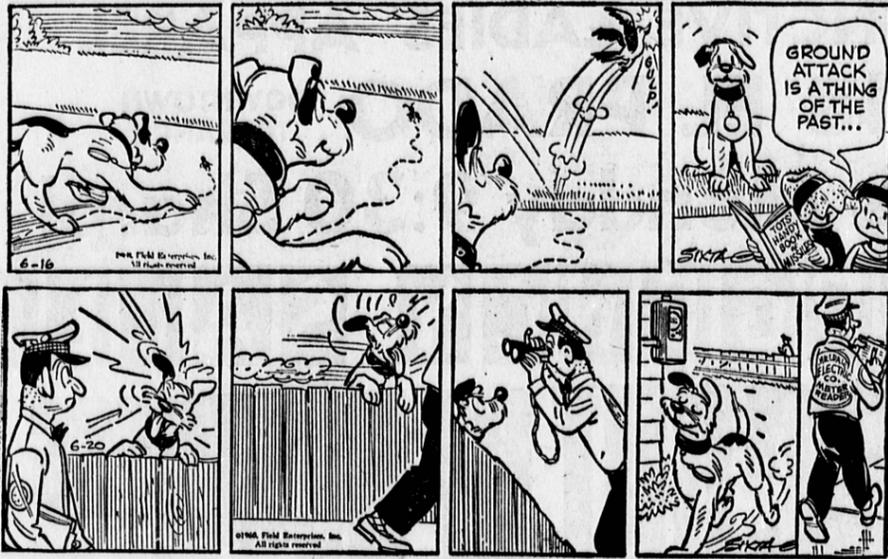
cial and recreational organization made up of company employees, arranged numerous activities for employees and their families. Included were sack races, horseshoes, ping pong, egg throwing, races, baseball, volleyball, and special contests for both children and adults.

According to Fred G. Tent, Employees' Club president, prizes were to be awarded to contest winners and drawings held for door prizes every 20 minutes.

The Employees' Club also sponsors dances, sports, and 35 other recreational activities.

RIVETS

By George Sixta



VIRGIL

By Lew Kleis



RED RYDER

By Fred Harman



SUPERMAN

