

County Health Officer Explains Cause and Symptoms of 'Strokes'

By ROY O. GILBERT, M.D.
County Health Officer

Back in the year 1900, stroke was seventh among the chief causes of death in the United States, now it is third. Although this condition rarely occurs before 45 years of age, virtually anyone past this period of life may be stricken. Fortunately, not all such occurrences are serious.

Many strokes are so slight that no readily apparent physical or mental damage results. These have been called "little

strokes" by one eminent physician who also stated that many individuals have them and do not even know it.

Such cerebral vascular accidents, as they are often called, may occur in a number of ways. Chief among them is clot formation in one of the arteries of the brain (cerebral thrombosis), or the blocking of

a blood vessel by a clot floating in the blood stream (embolism).

When the blood vessel closes down due to some local irritation, this constriction is known medically as a cerebral vascular spasm, or cerebral occlusion.

Doctors Optimistic

In cases where such a spasm is of short duration, medical authorities state that permanent damage does not necessarily occur. Indeed, such damage would be very difficult to detect in many instances.

Physicians are definitely more optimistic than they were in years gone by concerning the effects of treatment in cases of cerebral vascular disease and strokes. This is true even when the damage done by a stroke is extensive.

Although there is no cure for strokes—whether big or lit-

tle, a number of medications are extremely effective in treating the conditions that they cause. Therapy in other respects is also greatly advanced over former times and most stroke victims including the hemiplegic (paralysis of one side of the body) need not despair.

Good Habits Help

Good health habits are beneficial also, both to help the condition and to avoid it. The right amount of the proper foods, plenty of rest and sleep, mild exercise, and, in so far as possible, avoidance of worry and anger are strongly recommended. And, in all cases of stroke, medical attention should be obtained immediately.

A pamphlet on strokes, recently issued by the U. S. Public Health Service, will be mailed to anyone sending a card of request to the Division of Health Education, Los Angeles County Health Department, 241 N. Figueroa St., Los Angeles 12.

South Bay Eds Slate Party

The December meeting of the South Bay Eds, school office employees in the South Bay area, will be held on Tuesday, Dec. 10, at South Bay Union High School, 207 N. Francisco Ave., Redondo.

The affair will be a Christmas party with a potluck dinner, starting at 6:30. It will be in the school patio. Two Torrance residents are officers: Mrs. Russell Givan is vice president and Mrs. William Walsmith is treasurer.

'These Absurd Christians' Named Topic

At the 8, 9:30, and 11 a.m. services on Sunday, Dec. 1, at the Lutheran Church of the Resurrection, 330 Palos Verdes Blvd., Pastor Marvin A. Rygh will deliver his sermon on the theme, "These Absurd Christians."

Sunday school will be held at 9:30 and 11 a.m. Nursery services will be available at all services.

On Wednesday evening, Dec. 4, the midweek Bible hour will be held at 7:30. There will be study in the seventh chapter of the Gospel of John.

Presbyterian Rites Note Advent Start

First Presbyterian Church, 1842 Gardena Blvd., will observe the Advent Season beginning Sunday, according to the pastor, the Rev. Truman M. Jolley.

Sermon theme will be "Signs of Promise." Senior choir directed by Florence Jolley, will sing two Advent anthems, "Let All Mortal Flesh" and the plain song "Of the Father's Love Begotten."

Youth choirs directed by Florence Jolley and Virginia Davis, will sing each Sunday during Advent, with Senior choir.

Earl Mobley, church school superintendent, has announced that the church school celebration will be held Sunday, Dec. 22, at 7 p.m.

Yes, We'll Be Honest!

There is no substitute for honest prices, honest guarantee and honest technicians!

SAV-MOR TV CO. FA 8-6110

Sy Sez:

PARTYING?
Balfour Gin 5th \$3.50 Case \$38.77
Charter Oak 4th \$3.00 Case \$18.99

GIFTING?
I. W. Harper Bond 5th \$6.73 Case \$72.68

FREE GIFTWRAP

FRANK'S LIQUOR STORE
1601 Cabrillo (at Gramercy) FA 8-2591

SY FRANK



Newberry's SOUTH BAY CENTER
HAWTHORNE at 174th STREET

4-DAY DOORBUSTERS Sunday Monday Tuesday Wednesday

FABRIC SALE!



WOOLENS

First Quality 60" Wide Reg. \$1.39
\$1.98

Make a skirt with a yard! Reg. \$2.39
Fashionable winter colors in \$2.89
plaids, solids and checks. Reg. \$2.98
\$3.49

44" width - First Quality
Brushed Suitings \$1.39
Stripes, solids and tweeds. Reg. \$1.59.
Newberry's Low Price

Nylon - Dacron
Suiting Prints 59¢
Solids, dots, 46" wide. Values to 99¢.
Newberry's Low Price

All First Quality
Assorted Flannels 3 Yds. \$1
Prints, checks, dots, plaids, stripes, 36" wide, 47¢ yd. value.
Newberry's Low Price

First Quality - 80x80
Unbleached Muslin 5 Yds. \$1
Reg. 29¢ value.
Newberry's Low Price

First Quality
Assorted Cafe Prints 47¢
Sailcloth and Cotton. Reg. 59¢ yd.
Newberry's Low Price

All First Quality - 36-38"
Fine Wale Corduroy 67¢
Assorted solid colors. Reg. 87¢ yd.
Newberry's Low Price

Orlon Fleece Seconds \$1.98
Light solid colors. If perfect, \$5.49
values. Newberry's Low Price

Public Notice

Torrance Herald-564
NOTICE TO BIDDERS

Notice is hereby given that sealed proposals will be received in the office of the City Clerk, City Hall, 3031 Torrance Blvd., Torrance, California, until 5:00 p.m. on Tuesday, December 17, 1957, for furnishing and installing the following equipment:

Item #1. One (1) fifty-one foot (51') standard CAA Steel Beacon Tower (total) complete.

Item #2. Twelve (12) taxiway marker lights (12) (total) complete.

Item #3. One (1) light indicating a right-hand traffic pattern.

Item #4. Lancer and raising equipment only to convert and install one (1) double rotating beacon atop fifty-one foot (51') tower.

State estimated time of completion in calendar days. All bids must be sealed and clearly marked "Bid on Airport Lighting Facilities Item-(s) number 1, 2, 3 and 4." For further information call the office of the City Manager, City Hall, 3031 Torrance Blvd., Torrance, California.

The City Council reserves the right to reject any and all bids. This notice is given by order of the City Council, dated and filed on this 11th day of November, 1957, at Torrance, California.

GEO. W. STEVENS
ST-DEC. 11, 5, 1957.

Public Notice

Torrance Herald-563
CERTIFICATE OF BUSINESS FICTITIOUS FIRM NAME

THE UNDESIGNED does hereby certify that the fictitious firm name of EVERETT'S TAPE & SEC. STATIONERY, known as the fictitious firm name of the following persons, whose names and addresses are as follows, to-wit:

Manron D. Everett, 1328 E. 106 St., Los Angeles 2, California.

WITNESS my hand this 20th day of November, 1957.

MAXON D. EVERETT
STATE OF CALIFORNIA)
COUNTY OF LOS ANGELES)
ON THIS 20th day of November A. D. 1957, before me Esther J. Brumby, a Notary Public in and for said County and State, residing therein duly commissioned and sworn, personally appeared Manron D. Everett, known to me to be the person whose name is subscribed to the within instrument, and acknowledged to me that he executed the same.

IN WITNESS WHEREOF, I have hereunto set my hand and affixed my official seal the day and year first above written.

ESTHER J. BRUMBLEY,
Notary Public in and for said County and State.
My Commission Expires May 21, 1961.
S-Nov. 24, Dec. 1, 5, 1957.

Public Notice

Torrance Herald-560
NOTICE OF SALE OF REAL ESTATE UNDER EXECUTION

MARSHAL'S SALE

No. LC 2177

GEORGE ENDLER, Plaintiff, vs. A. BATES-LANE, and Unknown Parties, Defendants.

By virtue of an execution issued out of the Superior Court, in and for the County of Los Angeles, California, wherein George Endler, Plaintiff, and A. Bates-Lane, also known as Artemus Bates-Lane, Defendant, upon a judgment rendered the 26th day of March, 1957, for the sum of Four thousand thirty-eight and 50/100 Dollars lawful money of the United States, together with interest, I have levied upon all the right, title, claim and interest of said defendant, A. Bates-Lane, also known as Artemus Bates-Lane, of, in and to the following described real property, to-wit:

PARCEL I: Lot 78 of Rolling Hills as per Map, recorded in Book 201, Page 29 et seq. of Maps, Records of Los Angeles County, California.

PARCEL II: An Easement for Road, Purpose described as Roads Number 1 and 2 and Parcel A B C D and E in Section 6A of Article V of Declaration and Restrictions recorded in Book 1405, Page 245 et seq. of Official Records, Except: That Portion included in Parcel I above. Address of Property: 15 Portuguese Bend Rd., Rolling Hills, California.

PUBLIC NOTICE IS HEREBY GIVEN, That I will, on Friday the 6th day of December, 1957, at 9:15 o'clock A. M. of that day, at the Broadway Entrance to the Hall of Justice, County of Los Angeles, sell at public auction, for lawful money of the United States, all the right, title, claim and interest of said defendant, A. Bates-Lane, also known as Artemus Bates-Lane, also known as the above described property, or so much thereof as may be necessary to raise sufficient funds to satisfy said judgment, with interest and costs, etc., to the highest and best bidder.

Dated at Los Angeles, this 6th day of November, 1957.

JOE BOOKMAN, Marshal
Municipal Courts,
Los Angeles County,
California.

By: F. COX, Deputy.
Hayes, Bletz & Lawson,
Plaintiff's Attorney,
129 S. Vermont Ave.,
L. A., California
S-Nov. 10, 17, 24, Dec. 1, 1957.

For Classified Results
PHONE FAIRfax 8-4000

TODAY'S CROSS-WORD PUZZLE

ACROSS	1 Friend	2 Color	3 Soldier	4 Color	5 6 7 8 9 10 11
12	5 Mental image	13	14	15	16
17	9 To immerse	18	19	20	21
22	12 Vehicle	23	24	25	26
27	13 Builder of the ark	28	29	30	31
32	14 Silvers	33	34	35	36
37	15 Considered	38	39	40	41
42	17 Sun god	43	44	45	46
47	18 Moving truck	48	49	50	51
52	19 Means of egress	53	54	55	56
57	21 To close the eyes rapidly	58	59	60	61
62	23 To carry on	63	64	65	66
67	27 White	68	69	70	71
72	28 Chocolate	73	74	75	76
77	29 Edible seed	78	79	80	81
82	31 High note	83	84	85	86
87	34 Colloquial: elevated	88	89	90	91
92	35 Persons who shoot from	93	94	95	96
97	37 Submerging	98	99	100	101
102	40 Obsolete	103	104	105	106
107	42 Lasso	108	109	110	111
112	43 By	113	114	115	116
117	44 Instant	118	119	120	121
122	45 Exists	123	124	125	126
127	46 Magic tray	128	129	130	131
132	47 Nuttance	133	134	135	136
137	48 Town near Nazareth	138	139	140	141
142	49 Scat	143	144	145	146
147	50 Chuzzle	148	149	150	151
152	51 Another	153	154	155	156
157	52 Electricified	158	159	160	161
162	53 Particle	163	164	165	166
167	54 Nothing	168	169	170	171
172	55 Nothing	173	174	175	176
177	56 Nothing	178	179	180	181
182	57 Nothing	183	184	185	186
187	58 Nothing	188	189	190	191
192	59 Nothing	193	194	195	196
197	60 Nothing	198	199	200	201
202	61 Nothing	203	204	205	206
207	62 Nothing	208	209	210	211
212	63 Nothing	213	214	215	216
217	64 Nothing	218	219	220	221
222	65 Nothing	223	224	225	226
227	66 Nothing	228	229	230	231
232	67 Nothing	233	234	235	236
237	68 Nothing	238	239	240	241
242	69 Nothing	243	244	245	246
247	70 Nothing	248	249	250	251
252	71 Nothing	253	254	255	256
257	72 Nothing	258	259	260	261
262	73 Nothing	263	264	265	266
267	74 Nothing	268	269	270	271
272	75 Nothing	273	274	275	276
277	76 Nothing	278	279	280	281
282	77 Nothing	283	284	285	286
287	78 Nothing	288	289	290	291
292	79 Nothing	293	294	295	296
297	80 Nothing	298	299	300	301
302	81 Nothing	303	304	305	306
307	82 Nothing	308	309	310	311
312	83 Nothing	313	314	315	316
317	84 Nothing	318	319	320	321
322	85 Nothing	323	324	325	326
327	86 Nothing	328	329	330	331
332	87 Nothing	333	334	335	336
337	88 Nothing	338	339	340	341
342	89 Nothing	343	344	345	346
347	90 Nothing	348	349	350	351
352	91 Nothing	353	354	355	356
357	92 Nothing	358	359	360	361
362	93 Nothing	363	364	365	366
367	94 Nothing	368	369	370	371
372	95 Nothing	373	374	375	376
377	96 Nothing	378	379	380	381
382	97 Nothing	383	384	385	386
387	98 Nothing	388	389	390	391
392	99 Nothing	393	394	395	396
397	100 Nothing	398	399	400	401
402	101 Nothing	403	404	405	406
407	102 Nothing	408	409	410	411
412	103 Nothing	413	414	415	416
417	104 Nothing	418	419	420	421
422	105 Nothing	423	424	425	426
427	106 Nothing	428	429	430	431
432	107 Nothing	433	434	435	436
437	108 Nothing	438	439	440	441
442	109 Nothing	443	444	445	446
447	110 Nothing	448	449	450	451
452	111 Nothing	453	454	455	456
457	112 Nothing	458	459	460	461
462	113 Nothing	463	464	465	466
467	114 Nothing	468	469	470	471
472	115 Nothing	473	474	475	476
477	116 Nothing	478	479	480	481
482	117 Nothing	483	484	485	486
487	118 Nothing	488	489	490	491
492	119 Nothing	493	494	495	496
497	120 Nothing	498	499	500	501
502	121 Nothing	503	504	505	506
507	122 Nothing	508	509	510	511
512	123 Nothing	513	514	515	516
517	124 Nothing	518	519	520	521
522	125 Nothing	523	524	525	526
527	126 Nothing	528	529	530	531
532	127 Nothing	533	534	535	536
537	128 Nothing	538	539	540	541
542	129 Nothing	543	544	545	546
547	130 Nothing	548	549	550	551
552	131 Nothing	553	554	555	556
557	132 Nothing	558	559	560	561
562	133 Nothing	563	564	565	566
567	134 Nothing	568	569	570	571
572	135 Nothing	573	574	575	576
577	136 Nothing	578	579	580	581
582	137 Nothing	583	584	585	586
587	138 Nothing	588	589	590	591
592	139 Nothing	593	594	595	596
597	140 Nothing	598	599	600	601
602	141 Nothing	603	604	605	606
607	142 Nothing	608	609	610	611
612	143 Nothing	613	614	615	616
617	144 Nothing	618	619	620	621
622	145 Nothing	623	624	625	626
627	146 Nothing	628	629	630	631
632	147 Nothing	633	634	635	636
637	148 Nothing	638	639	640	641
642	149 Nothing	643	644	645	646
647	150 Nothing	648	649	650	651
652	151 Nothing	653	654	655	656
657	152 Nothing	658	659	660	661
662	153 Nothing	663	664	665	666
667	154 Nothing	668	669	670	671
672	155 Nothing	673	674	675	676
677	156 Nothing	678	679	680	681
682	157 Nothing	683	684	685	686
687	158 Nothing	688	689	690	691
692	159 Nothing	693	694	695	696
697	160 Nothing	698	699	700	701
702	161 Nothing	703	704	705	706
707	162 Nothing	708	709	710	711
712	163 Nothing	713	714	715	716
717	164 Nothing	718	719	720	721
722	165 Nothing	723	724	725	726
727	166 Nothing	728	729	730	731
732	167 Nothing	733	734	735	736
737	168 Nothing	738	739	740	741
742	169 Nothing	743	744	745	746
747	170 Nothing	748	749	750	751
752	171 Nothing	753	754	755	756
757	172 Nothing	758	759	760	761
762	173 Nothing	763	764	765	766
767	174 Nothing	768	769	770	771
772	175 Nothing	773	774	775	776
777	176 Nothing	778	779	780	781
782	177 Nothing	783	784	7	