

### Volkswagon Club Will Hold April 28 Rally

The South Bay Volkswagen Owners Club will hold its regular April meeting Thursday at 8 p.m., at Juan Cabrillo School, 5309 W. 135th St., Hawthorne. The school is near Aviation Blvd.

Program for the evening includes entertainment and an outline of plans for the club's Monte Carlo Rally April 28, featuring an outing to Hughes Lake above Castaic.

**EQUATOR DISTANCE**  
Equatorial circumference of the earth is 24,902.39 miles.

## Haley Seeking Presidency of Teacher Group

Nominated for the presidency of the Southern Section of the California Teachers' Association, Richard T. Haley, El Camino College mathematics instructor, will be opposed by Norman Haas, retiring president of the Los Angeles High School Teachers' Assn. in elections to be conducted on local campuses through April.

Haley, a Torrance resident who presently is vice president of the California Teachers' Assn., Southern Section,

has also served as vice president on the executive board in the Department of Classroom Teachers during 1955.

**Office Sought**  
The math instructor, who came to El Camino nine and a half years ago during the college's first year, is seeking the leadership of the 40,000 members in CTA. The term of office is one year.

Haley's name was put into nomination by Dr. Lyle Tussing of El Camino. The nomination was seconded by Miss Elizabeth Murphy of Ontario and Ray Kniss of San Diego.

A native of Kansas City, Kan., Haley received his elementary and high school education in Tennessee and achieved his BS degree at Memphis State College. He furthered his education in California, earning his MA at the University of Southern California.

**Taught in Burbank**  
The presidential nominee has taught in California at Livingston Elementary School and Burbank Junior High School.

He is married to the former Naomi Stutsman, a past El Camino College instructor and

counselor, and has a two-year-old daughter, Ann. He lives in Torrance at 339 Calle de Andalucia.



**RICHARD T. HALEY**  
... Seeks CTA Post

### Rummage Sale Set

A rummage sale, sponsored by ACCENT: Theater! will be held this Saturday in the Four-square Gospel Church, 1207 El Prado. The sale will be an all-day affair.



**ELKS INSTALL...** New officers of Torrance Lodge 1948 of the Elks shown here (left to right) include Royal Knight Marvin Pike, Exalted Ruler Ralph Jakubowski, Leading

Knight Roger Holmes, and Lecturing Knight Ace Littleton. Jabubowski succeeds F. W. Fahnestock as the exalted ruler.

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## Single, Young Women Have Most Pains in the Head, Survey Shows

By ROY O. GILBERT, M.D., Los Angeles County Health Officer

Occasional headaches have very little medical significance in the vast majority of cases, but chronic sufferers from this disorder should seek the help of a physician since a persistent or recurring head pain may be a warning of some serious physical ailment.

Continued dosing with common headache remedies is unwise as it tends to conceal the underlying cause of the trouble.

Headache complaints are so common that nearly every family medicine cabinet holds at least one remedy to relieve the condition, and the promotion

of pills for the relief of headache has become big business. Remedies Cause Headaches

According to Dr. Henry D. Ogden, Louisiana State University School of Medicine, who directed a recent survey on headaches, some of the ingredients common to pain-relieving remedies may actually create headaches when their use is prolonged.

Women have more headaches than men. The ratio, according

to the survey, is about five to seven. Although no reason was advanced to explain differences due to marital status, married persons seem to have fewer headaches than do those individuals who are single.

The survey also revealed that the older you grow, the fewer the headaches. Among 20 year olds, for example, about 80 per cent were suffering from headaches, but among individuals over 60 years fewer than 30 per cent were so troubled.

**Civic League Will Hear of Annexation**

A report on the latest laws on annexation will be presented at a special meeting of the Lomita Civic League at 7:30 p.m. tonight in the Circle Inn banquet room, 2013 Pacific Coast Hwy., Lomita.

Attorney Edward J. Skelly, who recently fought an attempt at the city of Glendale to annex adjoining unincorporated area all the way to the Supreme Court, will be the speaker. The meeting is arranged to clarify the attempts of Torrance to annex Lomita, league officers said.

There will be a question and answer period after the talk. The public is invited.

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sinus infection following a cold are quite common, but those caused by chronic sinusitis are far fewer than was formerly supposed. Medical care is also fairly successful with this type of headache, many of which are caused by certain allergies.

**Danger Signal**

The important thing to remember is that persistent or recurring headache can be the first warning of something physically wrong. The trouble may be high blood pressure, some form of arthritis, an allergy, emotional tension, or any one of a number of conditions that can be either eliminated or, at the least, alleviated. Fortunately only in rare instances is headache a symptom of a brain tumor.

Since most chronic headaches can be cured through the help of a physician, there is no longer any reason for enduring them or resorting to the constant use of pain relievers. Labels on many containers of such panaceas state quite clearly, "See your doctor in cases of chronic pain". No sounder advice could be given.

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