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Sports Cars To Race at Carrell Oval

Probably the first race meet of its type in the nation, a unique pro-amateur sports car program is billed Sunday at Carrell Speedway, Gardena. Trials open at 1 p.m., racing at 2:30 p.m.

PTA Functions Revealed at Halldale Meet

In view of the ever-increasing population in our community, interpretation of PTA functions is becoming more and more important, so Halldale Ave. PTA selected "Know Your PTA" as its program theme for last week's gathering.

Child's Good Posture Should Be Begun Early

By ROY O. GILBERT, M.D., L. A. County Health Officer
Now that National Posture Week has rolled past again, it might be well to remind parents that good posture in a child depends on something more than telling him to "stand up straight."

It has been known for a long time that poor postural habits, and in fact even deformities, can develop when a child is pushed into sitting up or standing up before he is strong enough to attempt these things. A healthy child, if unhindered, will sit and stand without urging when his muscles are strong enough to do so.

Certain progressive kindergarten and nursery schools have demonstrated what can be accomplished in teaching good body mechanics. However, the first organized effort directed to such training usually begins during the school years when the child is already burdened with other things he must learn. Many authorities in the field of posture and body mechanics are of the opinion that faulty habits of posture can be corrected, or at least helped, by parents before the child enrolls in school.

so that they may receive special treatment in clinics or hospitals, or, in some instances, in special physical education classes if competent instructors are available. The idea that all children must meet certain rigidly defined standards of perfect posture has been discarded in the light of knowledge that almost every child is slightly different from another. It is recognized that in certain respects the posture of a child differs at certain ages. For instance, a hollow in the small of the back is more normal in a young child than it is in one approaching maturity. As the child grows, the front of the pelvis is usually drawn up and the hollow of the lower back becomes less evident. If the posture of a child is noticeably poor, parents should seek competent medical advice without delay. Certain postural defects may be caused from such things as fatigue or improper nutrition. Other causes such as disease will, of course, require more prolonged medical supervision.

COFFEE YIELD HIGH
Mexico's 1952 coffee yield is thought to have been its second highest.

ROTHS LOWER PRICES

EVERY ITEM VALUE PACKED

ALL FOOD TOP QUALITY

PRIORITY CHUNK STYLE TUNA	6 1/2-oz. Can	25¢
ALLEN Sweet Potatoes	No. 2 1/2 Can	22¢
SANTA MARIA PORK & BEANS	No. 2 1/2 Can	15¢
SERRA MISSION SLICED PEACHES	No. 2 1/2 Can	19¢
GOLDEN CREME SYRUP	Qt. Btle.	25¢
DELICATESSEN FOODS		
GOLDEN CREME American Cheese	2-Lb. Box	79¢
OSCAR MAYER Sliced Bologna	7-Oz. Pkg.	29¢
FROZEN FOODS		
M.C.P. ORANGE JUICE	6-oz. Can	29¢

ROTHS FINE MEATS

BONELESS BEEF STEW	59¢
OSCAR MAYER PURE LARD	24¢
BONELESS TENDER VEAL CUTLETS	89¢
TENDER SWISS STEAK	59¢

ROTHS FINE PRODUCE

EXTRA FANCY Ken. Wonder Beans	14¢
SNOBALL CAULIFLOWER	8¢

BAKERY GOODS

GOLDEN CREME BREAD	Large Loaf	23¢
WHITE OR WHEAT		

ROTHS LOWER PRICES

Food Specials

Prices Effective Monday, Tuesday, Wednesday, Nov. 16, 17, 18

1321 Post Ave., Torrance 109 S. Hawthorne, Hawthorne

ALL ITEMS SUBJECT TO STOCK ON HAND

Tax will be added on all taxable items — We reserve the right to limit quantity

Los Angeles Herald-Examiner photo by [unreadable]

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