

HIGHLIGHTS OF CONVENTION TOLD BY JOB'S DAUGHTERS TORRANCE OFFICERS

Mr. and Mrs. Walter Evans, of 1655 W. 216th street, accompanied by Mr. and Mrs. Perry Johnson of Long Beach, returned recently from Albuquerque, N. M., where they attended the supreme convention of the International Order of Job's Daughters.

Three days of the convention were devoted to the business of the Order interspersed with a delightful program of entertainment in the Spanish theme arranged for the enjoyment of the approximately 1,000 delegates.

Highlighting the delightful hospitality was a formal dinner at the home of Mrs. Leslie Galles, retiring supreme guardian. Spanish music and dancing in the gardens of her beautiful home concluded the evening. Two barbecues and a ball followed a chuck wagon dinner on the campus of the University of Albuquerque col-

orful with Indian ceremonial dances. Police escort was furnished for the cavalcade of interested spectators who toured the popular points in the city.

Mrs. Galles officiated at the installation of Mrs. Lulu Leyda of Spokane, Wash., as supreme guardian. Mr. and Mrs. Evans participated in the installation ceremonies. A shower of gifts evidenced the good wishes of the delegates. The California delegation was happy in the selection of Mrs. Ruth Lawrence of Balboa and Leon Forst of Wilmington as supreme officers. Returning home the Evans and Johnson party was joined by Mrs. Alice Swensen of San Francisco, grand guardian of the State of California.

Before her departure for Albuquerque Mrs. Evans was presented a beautiful orchid corsage by members of Torrance Bethel No. 50 and the guardian council.

Business, Professional Women to Attend Conference; Monthly Dinner Meet Slated

Idyllwild will be the setting for the second annual "Grassroots" conference scheduled by National Business and Professional Women's Clubs for the weekend of Sept. 18 and 19.

Purpose of the meeting is to plan new club year activities for the Los Angeles district, M.B.P.W.

Torrance club will be represented by Mesdames Emma Roberts, president; Zada Ramsay, vice president; Helen Williams, junior past president and district emblem chairman and Geraldine Wickham, international relations committee chairman.

Reservations still may be made by calling Mrs. Roberts. Highlight of the monthly business meeting held in the room of Mrs. Bettina Miller's home was completion of plans for a rummage sale.

The dinner meeting of the month also will be held in Mrs. Miller's home on Monday evening, Sept. 20. Hostesses for the affair will be Anna Sandstrom and Olive Marshall.

Of nearly 15,000 California veterans now purchasing farms and homes through the State's low-interest plan only 648, or slightly more than 4 per cent, are delinquent in their payments, according to the State Department of Veterans Affairs.

A total of 8163 California veterans have taken advantage of State financial assistance in furthering their education. In the spring semester of 1948 there were 3729 high school and college students participating.

New Classes for Women in Adult Program

The Adult department of Torrance Unified School District will offer several daytime classes of special interest to women, according to F. A. Applegate, director of adult education. These classes will open beginning Sept. 20 at the Torrance Elementary School at 22001 Martina avenue.

Subjects offered include a flower arrangement, textile painting, rugmaking, and knitting. There is no charge for this instruction. Further information can be obtained by calling the evening school office.

The complete list of courses, as announced by F. A. Applegate, director of adult education, follows:

Course	Days	Hours
Accounting	Mon-Weds	7-9
Art, painting	Mon-Weds	7-9
Blueprint reading	(To be arranged)	
Ceramics	Mon-Weds	7-9:30
Child guidance	Tues	7-9
Chorus (Mother Singers)	Mon	7-9
Copper craft	Thurs	7-9:30
Dressmaking	Tues-Thurs	7-9:30
English	Mon-Weds	7-9
Flower arrangement	Tues (days)	9:30-12
Gardening	Wed	7-9
Knitting	Thurs (days)	1:30-3
Leather craft	Tues-Thurs	7-9
Machine shop	Tues-Thurs	7-9:30
Mathematics (shop)	(To be arranged)	
Mechanical drawing	(To be arranged)	
Orchestra	Wed	7-9:30
Personality development	(To be arranged)	
Physical fitness (men)	Mon	7-9
Physical fitness (women)	Wed	7-9
Physical fitness (mixed)	Wed	7-9
Public affairs	Tues-Thurs	7-9
Public speaking	Tues-Thurs	7-9
Radio workshop	Tues-Thurs	7-9
Rugmaking	Wed (days)	1:30-3
Shorthand	Tues-Thurs	7-9
Spanish	Mon-Weds	7-9
Textile painting	Tues (days)	1:3
Typing	Mon-Weds	7-9
Upholstery	Mon-Weds	6:30-9:30
Woodshop	Tues-Thurs	7-9:30

PRIMARY HEALTH RULES ARE PREVENTIVES OF ILLS

Hold on to Health

Many of us were fortunate in being born with healthy bodies and in having parents and teachers who instilled in us early in life the basic rules of good personal hygiene, exercise and fresh air, proper diet, adequate clothing and sufficient sleep. It is when we are "on our own," away from home influence and supervision, that the trouble usually starts. We grow careless or lazy, or both.

As a matter of fact, it is when a person reaches adulthood that rules of correct living should make the most sense to him. But often we are "too busy" to give them a thought, forgetting that efficient work and full enjoyment of living are impossible without sound health. Some people never learned, or

prefer to forget, that simple, wholesome food, planned for a well-balanced diet, is better than high-priced, elaborate preparations. A good percentage of overweight, overfed people, on a constant diet of too-rich food, are actually starved for vitamins found in simple fruit and vegetables.

The proper amount of daily exercise tones up the body, keeps it trim, aids digestion and induces restful sleep. Daily walks in the fresh air are best and the only "sports equipment" needed is a good pair of well-fitting shoes.

Sufficient sleep and rest cost nothing and pay priceless dividends. The body signals its need for rest by definite signs of fatigue. Insufficient rest in childhood and youth can injure growth in size and strength.

When an adult fails to get the proper sleep and rest, it has a bad effect on his alertness, accuracy, learning capacity and resistance to disease.

Personal cleanliness is an ally of good health and an enemy of disease. Soap and water are good disinfectants and they are far cheaper than days lost from work and doctors' bills.

Good health, in general, is a collection of good habits, based on common sense. The habit of regular physical examinations is one wise health measure that too few follow. Most of us take foolish chances by waiting until we feel ill to see the doctor and check upon our health. Remember the doctor is trained to find signs of illness and poor health and suggest preventive measures. In addition to less grave ills, he can detect tuberculosis, cancer or heart trouble in their early stages and help them before serious damage is done.

U. S. Steel Takes Over Consolidated

Control of the former Consolidated Steel Corporation today rests with a new subsidiary of United States Steel Corporation, owner of the Columbia Steel plant in Torrance, following a windup of the old corporation's business affairs on Aug. 31.

Assets of Consolidated have been purchased by a new United States Steel subsidiary of the same name. Alden G. Roach, president of the new U. S. Steel subsidiary, said that no change in the present basis of operations is contemplated.

Smith Bros. Workers Join in Centennial

Employees of Smith Brothers Fish Shanty at Waleria last week joined, by proxy, in the centennial celebration of the third generation of Smith Brothers of Port Washington, Wis.

Smith Brothers have been commercial fishermen since 1848 and at present operate four fisheries on the Great Lakes. They developed a method of utilizing lake fish roe in making caviar, although sturgeon roe was used for centuries previously.

Nearly 40,000 California veterans have been certified by the State Department of Veterans Affairs for 10 points preference in State civil service examinations. Interest, currently 3 per cent.

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Home Making, Industrial Arts Being Stressed

More emphasis can be placed on industrial arts and home making in Torrance High School beginning this fall, with the installation of new shop machinery and with the construction of modern kitchen facilities around the five new gas ranges which are to be purchased, according to school officials.

"One of the fields in which the school administration is particularly dissatisfied with the first year's activities is that of industrial arts and home making for both boys and girls of the seventh and eighth grade levels," Supt. J. H. Hill said.

The best units taught during the 1947-48 school year in each grade level of each school have been evaluated by the general curriculum committee.

The object is to have a living curriculum, one which has deletions, additions and improvements each year selected from the best experience of the previous year, available for reference to all teachers in the district," the superintendent, said.

More Artists on Telephone Hour Program

Three more celebrated concert singers return as stellar guests on The Telephone Hour broadcasts during September, it is announced by A. B. Smith, manager of The Pacific Telephone and Telegraph Company. The program is heard every Monday evening at 9 p.m.

The returning soloists are Lily Pons, John Charles Thomas and Ferruccio Tagliavini. Conductor Donald Voorhees and the 57-piece Bell Telephone orchestra will present special music as well as accompaniment for the artists.

John Charles Thomas, popular tenor, will include Mana-Zucca's "I Love Life" in a program of his mother's favorite selections honoring her birthday, on next Monday night, Sept. 13.

Tagliavini, Italian tenor, returns on Sept. 20, and among his selections will be Friese's "A.Y. Ay. Ay." Scheduled on Sept. 27 will be Miss Pons, brunette soprano. She will include Offenbach's Doll Song from "The Tales of Hoffman" in her program.