

604 COLUMBIA EMPLOYEES WIN NEW SERVICE HONOR

(Continued from Page 4B)

mon, Richard V. Conner, Ramon Contreras, Byron J. Conway, James Copland, Agapito C. Corrales, Harry Croft, Elmer T. Denney, Gilbert J. Derouin, Amour E. Dethiers, La Rue Dix, Raymond Dodson, Urpha O. Drumwright, Artemio Duarte, George W. Ebersole, Albert L. Elder, Erschel T. Ellingsworth, John Ferguson, Jesus Fernan-



(Columbia Steel, Torrance Works photo)

W. J. JONES
Completes 30-Year Service

W. J. Jones started learning the molding trade in 1899 in Detroit, Michigan. He came to Columbia Steel Company, Pittsburg, Calif. in 1910 and left in 1911 to join the Willamette Iron and Steel Company in Portland, Oregon. He returned to the Pittsburg works on Jan. 1, 1916 and has been in the employ of the Columbia Steel Company ever since.

On Aug. 8, 1923 Jones was transferred to the Torrance Works as the molding foreman. In 1927 he was appointed assistant superintendent and molding foreman which position he holds today. Jones was presented with Columbia's 30-year award last week.

The cuckoo lays her eggs in other birds' nests, allowing her young to be reared by foster parents. She makes a rasping, cough-like sound which does not remotely resemble the "cuckoo, cuckoo" from which her name is supposed to be derived.

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Clare J. Larava, Walter R. Lawson, William Leetz, Stanley A. Lewand, Arthur C. Lewis, Edward S. Licht, Jacinto Lopez, Carl J. McBride, John F. McConnell, Charles McConville, James R. McKerie, Lawrence W. McLaughlin, George L. McLeod, Ramon Magana, Kenneth H. Malstrom, Pascal Marechal, Pedro Martinez, Alfred B. Matthew, Ernest W. Mauk, Crisoforo Mendoza, Fred W. Miller, Carl E. Millet, Claude W. Mitchell Sr., John T. Moore, Florencio Mora, Edwin S. Morang Jr., Antonio A. Moreno, Jesus Moreno, William S. Morgan, Newell Mortensen, Robert B. Myers, Jose Negrete, James H. Neill.

Miguel Ochoa, Robert C. Olds, Michael J. O'Raidy, Francisco Ordaz, Ruben C. Ordaz, Alonzo T. D. Owen, James H. Paxton, Espiridon Pina, Lawrence A. Pisel, Frank A. Portlock, Howard M. Prouty, William J. Ralph, Louis G. Ramie, Fred J. Redden, Rufus A. Richards, Walter D. Ricker, Anthony G. Rios, Robert R. Ritchie, John R. Robinson, Gilberto Romero, George M. Rudd, Ralph C. Rugraff, Edward P. Sandman, Jack Santich, Robert J. Sayre, Joseph E. Schmidt, James R. Shaffer, Lawrence D. Shirley, Floyd E. Shoup, Clyde M. Shriner, Bronson Skala, John R. Speakman, Donald D. St. Clair, Charles A. Stephens, Lucien L. Tanner, Peter P. Tedesco, Henry C. Thompson, Frank H. Trexler, Virgil W. Tucker, Estanislao Valdivia, Jesus F. Valencia, Constantino Vega, Joseph W. Venable, Donald H. Wald, Charles Warino, Grant H. Warren, Ralph M. Watson, Virgil E. Wilhite, Henry E. Williams, Roy E. Willis, Walter W. Wycoff, Delnoe S. Wynn, Kenneth L. Young.

1934—Edmund J. Ahlstrom, Richard M. Anderson, Albert E. Cook, Harry I. Dean, Fernand DePasse, Joe S. Fortin, Steve Hippik, George P. Hunt, Elmer W. Lancaster, Robert E. McClung, Jesse F. McInturf, Alexander McJannett, John S. McMullen, James McVay, Clair W. Olsen, Dewey Ossea, Everett Parker, William G. Phillips, Forrest P. Powers, David T. Rosister, Fritz W. Schmidt, Frank J. Schiefelbin, Frank E. Smith, William J. Stirling, Adolph H. Vollmert, Conrad D. Wilken.

1935—William B. Agapito, John W. Armstrong, Edward A. Christensen, Lester R. Clouch, William H. Cochran, Peter J. Colombo, Phillip Cracchiolo, Joseph A. Cucci, Frank de la Rosa, Flormand Delsigne, Frank W. Dihope, Joseph W. Donofrio, William M. Everett, William C. George, William E. Hardy, William E. Hedrick, Joseph Lander-ville, Earl J. Larcom, George W. Leech.

Claude L. Mackey, Tierce K. Millstead, Llewellyn Mort, Burt A. Peterson, Frank Pursell, Jose Quinones, Jose Rodriguez, Lovan C. Smith, William Smith, William Taylor, Lee O. Tarpley, Joseph M. Terrell, Joseph B. Thomas, Wm. Van Vliet, Francisco



(Columbia Steel, Torrance Works, photo)

H. D. SHRINER
Awarded 30 Year Pin

H. D. Shriner's steel career began in 1900 with the Cambri Steel Company in Johnstown, Pa., where he worked in the rolling mill, the laboratory and as a shipper and inspector until 1911. His U. S. Steel career began locally at the Llewellyn Iron Works, now Columbia Steel Company, on May 16, 1917, when he began work in the rolling mill department.

Shriner now is a handyman and strander on the 12-inch mill in the rolling mill department. He received Columbia's new 30-year service award last week.

Vega, Emil F. Ziemke, John J. Elder.

1936—Earl L. Allman, Angel P. Arce, Jay T. Bailey, Ramon Bannuelos, Lawrence Barch, Eric C. Betts, George R. Brown, Henry Bruhanski, Charles M. Bryan, William Bryson, Kenneth Corning, John P. Davison, Henry C. Day, Nick Dale, Laura C. Ellis, Ignacio G. Estrada, Cosme D. Fernandez, Mary F. Clayton, Jacob E. Gall, Alfredo V. Garcia, Ernest Z. Garcia, Jess Guillen, Salvador Hernandez, William Jansen, John L. Irvine, Paul H. Jans, Albert A. Knappenberger, Ervin L. Korff, Earl J. Lang, Amerigo Lazzarotto, Donnell L. Lowe, Frank E. Lowery.

Alfonso G. Martinez, Jerry R. Miles, Jesus T. Morales, Daniel A. McLaughlin, Jackson S. Moore, Evaristo Navarro, Harley A. Newman, Albert H. Peck, Elmo A. Richardson, Ben Rusk, Charles Sherwin, Floyd E. Shouse, John Spilchal, Amos E. Starnes, Frank B. Stump, John LeRoy Sweny, Edward P. Wagner, Wilford E. Walton, Gilbert W. Wegner, Ralph Winterowd, David G. Wood, George A. Nilson.

1937—Louis W. Ballard, Clarence C. Bay, Dominic D. Borden, John R. Garner, Nat P. Mondati, Walter F. Musolf, Margaret J. Neff, Alberto Orozco, Kenneth Poston, Antonio Pulido, Benson A. Clouch, Merle C. Richardson.

New Junior High Planned For Wilmington Area

Purchase of land for site of the new junior high school in the Wilmington area at \$1500, was approved by the Los Angeles City Board of Education. Property consists of a lot subject to a community oil and gas lease with the Atlantic Oil Co., which will be acquired from J. R. Brittain. This is the third parcel purchased by the Board for the school site with eight more to be bought as additional land for the plant.

Clifford E. Easley
M.D.

and Staff

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Right Guide

This column is designated to give official VA answers to veterans' readjustment problems. Send questions to **RIGHT GUIDE, 1380 Sepulveda Blvd., Los Angeles 25, California.**

Physical Therapy . . . A V.A. Medical Out-Patient Service.

Many world War II veterans in the Los Angeles Regional area came back from the South Pacific with skin disorders, or from the European theatre with arthritis, or suffered muscular and nerve disabilities as the result of gunshot wounds. For these veterans, and others who are studying on-the-job or in schools under Public Law 16, who suffer fractures, sprains or strains, the Medical Out-patient Service of the Veterans Administration's Los Angeles Regional office at 1031 South Broadway has a complete physical therapy unit which is well equipped to treat and care for such disabilities.

The latest in therapeutic appliances have been installed, and a trained staff is on hand to give veterans with service-connected disorders, or men on hospital furlough, the finest of physical therapeutic care, the object of which is to reduce the time necessary to recondition affected muscles and nerves and to alleviate pain. To accomplish this the Physical Therapy unit works with ultra violet ray machines which retard or control the spread of some skin disorders such as psoriasis or acne. Diathermy short wave machines give deep heat treatments relieving pain caused by arthritis, sprains sinusitis, etc.

Other specialized physical therapy appliances provide both non-luminous infra-red lamp and luminous infra-red lamp treatments, individual ovens or bakers are used to apply heat to arms or legs, paraffin baths for finger, wrist or hand treatments and scientifically constructed whirlpools for the immersion of arms, legs or the entire body into baths of automatically controlled hot water. Electrical appliances are available for the treatment of circulatory disturbances and low frequency currents are used to stimulate nerves and muscles and as a sedative in such cases as neuritis and sciatica. Therapeutic massages are given when needed.

Gymnastic equipment is also available to exercise weak muscles and includes the rowing machine, stationary bicycle, weights, dumbbells, parallel bars, for the training of amputees to walk correctly with their prosthetic appliances and specially constructed exercise machines for increasing joint motion and strengthening muscles.

The Physical Therapy unit of the VA Medical Out-patient Service was set up in accordance with the VA policy of offering veterans "medical service second to none," and eligible veterans should take advantage of its equipment and staff to hasten their recovery. The address again is the Los Angeles Regional office of the Veterans Administration, 9th floor, 1031 South Broadway in downtown Los Angeles.

Public Health Education Is Stressed Here

By **ROY O. GILBERT, M.D.**
Los Angeles County Health Officer

Education has long been one of the most important tools used by all public health agencies in their programs to protect and better the health of the general public.

Public health physicians, nurses, sanitarians, communicable disease inspectors and medical social workers have all spent a great part of their time in teaching individuals and community groups the "whys and wherefores" of immunization, infant and pre-natal care, nutrition, sanitation, quarantine and isolation, family adjustments to illness and many other practices and procedures common to daily health department activity. The medical and engineering aspects of the modern health program are based on the public's knowledge of basic facts concerning the control of disease and a growing desire for more healthful and hygienic living.

In recent years most of the larger public health agencies, official and voluntary, have established educational offices to specialize in mass education and to conduct community-wide educational techniques to health teaching. Visual aids such as motion pictures, slide films, posters, pamphlets and exhibits are used by all large departments. Through public relations, lectures, meetings and newspaper publicity modern health organizations seek to induce the practice of health habits based on sound medical and engineering knowledge.

Health education is by no means a new health activity; it is perhaps the oldest one with the latest face lift.

VETERAN HOSPITALIZATION

Veterans with "non-service connected" diseases or disabilities, if they do not need emergency care, can be admitted to a VA hospital only if a bed is available and if they cannot afford treatment elsewhere.

Of the total number of patients treated by the Veterans Administration each day approximately 29 percent are service connected.



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