

Emergency Flour Needs Special Handling, Says Health Dietitian

The emergency flour, soon to be on the market, is as high in food value as plain white flour but needs special handling in some instances if used for baking, according to Miss Elizabeth Fogg, Los Angeles County health department dietitian, following many inquiries from housewives. In vitamin content, the new flour will contain somewhat more thiamine, niacin, riboflavin, and iron than plain white flour, slightly more protein than enriched white flour and is comparable to white flour in caloric value. In all instances, it will be enriched in accordance with the standards for enriched white flour, reports show.

Although much research work on the emergency flour is still to be done, the Wheat Flour Institute in Chicago has announced that in most baking and cooking tests so far, it has performed acceptably. Light handling of dough is recommended, and in yeast-leavened products, the dough should not rise more than double.

For all practical household purposes, emergency flour has the same thickening power as enriched white flour. Cakes made with it may not be so velvety and delicate as cakes made with cake flour, but home makers will find everyday need-

types giving acceptable results. Hoarders were given a ray in the Wheat Flour Institute report. The emergency flour will not keep so well as white flour, the institute advising that home makers buy this new flour in quantities which they will use up in a few weeks' time.

When the new flour is on the market it will be plainly labeled, many firms designing new emblems for bags and packages. Informative recipe folders will also be included in most of the packaged flour which will be marketed under new brand names in many instances.

HOURS AND DOLLARS
Millions of dollars of research and development and hundreds of thousands of war-developed production techniques are incorporated in the new type of air-transport which will soon begin to fly on the regularly scheduled airlines of the United States. These new planes will make regular 2,000 mile flights a daily occurrence.

ADDED FOREIGN SERVICE
Two of the United States flag lines have started new service to foreign countries. One is flying regularly to Scandinavia and the other is flying to Paris.



HER IDEA—Rose La Ross, Hollywood burlesque queen, views strip-teasing as a legitimate art and intends to put the bumps and grinds on the concert stage. She does her "Dance of the Eight Veils" to classical music, with the "Anvil Chorus" ranking high. Stripping with a bang—eh, what?

Right Guide

This column is designed to give official VA answers to veterans' readjustment problems. Send questions to: **RIGHT GUIDE**, 1941 South Broadway, Los Angeles 15, Calif.

Editors Note: We interrupt the questions and answers regarding Federal home loans to give veterans with service-connected disabilities the straight dope on the new setup for out-patient treatment. Home loan questions will continue next week.

Veterans with service-incurred disabilities, or those with pension claims pending, may now receive out-patient treatment from any one of the 6,200 doctors on the rolls of the California Physical Service, providing they do not live within reasonable distance or have easy access to a VA out-patient office or hospital.

More than 100,000 Southern California veterans are affected by this agreement just completed between the Veterans Administration and the CPS. Servicemen of all wars and those receiving compensation or pension from injuries resulting from military service are eligible for treatment.

Question: Just who are entitled to treatment by CPS physicians under this VA-CPS agreement?

Answer: 1. Those who are receiving compensation of pension for service-incurred disability.

2. Veterans who have filed a claim which is pending adjudication. If the claim eventually is disallowed the veteran will not be thereafter entitled to out-patient treatment by the CPS.

3. Veterans having acute inter-current illness which are judged to retard recovery from a service-connected disability.

4. Disabled veterans receiving vocational rehabilitation training will receive treatment for all conditions regardless of service connection, a lack of which may be judged to interrupt their training.

5. Female veterans are entitled to out-patient treatment in the same categories as male veterans.

6. Veterans whose claims require a physical examination will be notified by the VA of the proper procedure in contacting CPS doctors to perform the examination should a VA hospital, regional or sub-regional office not be reasonably available for such an examination.

Question: How does a qualified veteran proceed in the matter of receiving treatment?

Answer: If he is not within easy access to a VA out-patient office or hospital the veteran asks for treatment at doctor of his choice listed with the CPS. Doctors are supplied with blanks which the veteran fills out at testing eligibility.

Speedy Action On On-The-Job Training Plan
Tens of thousands of veterans and employers in this area can now get together through speedy action on approvals for on-the-job training. It was revealed today by J. G. Caldwell, director of the Torrance Area Veterans Service Center, 2300 W. Carson st.

Caldwell and Rollo R. McFall, field supervisor of the State Division of Apprenticeship Standards, explained the speedy-up method which will give each veterans service center in the Los Angeles area opportunity to assist employers in making applications to start on-the-job training in their plants.

Each week hereafter, representatives of the Division of Apprenticeship Standards, Veterans Administration, U. S. Employment Service, county schools and the Los Angeles Area Veterans Service Center will meet to process current employer applications.

Employers will be notified immediately after action is taken. If the employer's program offers opportunities for veterans and is approved, the U. S. Employment Service will immediately refer interested veterans for jobs.

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CANDIDATE—Walter F. Reuther, leader of the strike against General Motors, whose campaign for president of the United Automobile Workers Union has been launched. Voting will take place at union's convention in Atlantic City starting March 23. President R. J. Thomas is expected to see his seventh term, but Reuther's backers assert a change is needed.

What All Drivers Should Know

Prepared by The Department of Motor Vehicles

DIRECTIONS: These questions are official and are the same which are asked when you apply for your driver's license. Test your knowledge by marking yes or no in the space at the end of the line. Correct answers printed below.

1. May you park between a safety zone and the curb for one minute or less?

2. Must your car carry a red rear reflector unless your tail lamp has a red reflecting surface?

3. Does a yellow painted curb mean parking is allowed for loading or unloading of freight or passengers?

4. Does a good driver give arm signals all the way around the corner as he turns?

5. When it is safe, may you pass a car on the right on a city street wide enough for two cars in either direction?

6. Do you have the right of way over a car which has begun to make a left turn in front of you before you reach the corner?

Answers
1. No, except when necessary to avoid conflict with other traffic or in compliance with the directions of a peace officer or traffic control signal device. (Sec. 586 Vehicle Code.)

2. Yes. (Section 621.5 Vehicle Code.)

3. Yes, for such time only as may be specified by local ordinance. (Section 472 (b) Vehicle Code.)

4. Any signal of intention to turn right or left should be given continuously during the last 50 feet traveled by the vehicle before turning. (Section 544 (b) Vehicle Code.)

5. Yes. (Section 529 (a)-2 Vehicle Code.)

6. No. The driver of a vehicle within an intersection intending to turn left shall yield the right-of-way to any vehicle approaching from the opposite direction which is within the intersection or so close thereto as to constitute an immediate hazard. Said driver having so yielded and having given a proper signal may proceed to turn and the drivers of all other vehicles shall yield the right of way to him. (Section 551 Vehicle Code.)

Rural Homes Best For Kids, Surveys Show

The rural home provides a better atmosphere for the rearing of children than does the city home, a recent survey shows. This was revealed in a personal statement made by Dr. T. T. Swearingen, director of adult work and family life of the International Council of Religious Education and secretary of an interfaith committee planning the observance of National Family Week, May 5-12, throughout the United States and Canada.

"Extensive study by experts in sociology indicates that there are important differences between rural and urban homes. These include better training, happier home life, and less smoking and drinking among rural girls," he declared.

Pointing out that men, women and children need the strength and emotional support that comes from good homes, Dr. Swearingen maintained that "in family life which draws upon the values of true religion is to be found the only enduring basis for a better world."

"The home is the primary unit of life," he stated. "It becomes the primary unit in a constructive society only as religious values become the heart of family relations and the basis of individual attitudes and conduct. Churches are built on sound family life, and the family is never truly sound without the spiritual resources of religion which the churches teach."

In National Family Week the three major faiths seek to strengthen the spiritual foundations of the home. Dr. Swearingen asserted. Churches and synagogues will feature the significance of religion in the family through sermons, worship, classes and special programs.

Representatives of Catholic and Jewish faiths serving on the National Family Week Committee, with Dr. Swearingen are the Rev. Edgar Schmiedeler of Washington, D. C., director of the Family Life Bureau of the National Catholic Welfare Conference, and Rabbi Ahron Opher, assistant to the president of the Synagogue Council of America, New York City.

Southern Pacific Starts Overnight Freight Service

OF INTEREST TO THE SHIPPING PUBLIC

Southern Pacific Company has resumed the following "Overnight" rail services for the transportation of less-than-carload freight, with store-door pickup and delivery, if desired.

Coast Line—Between Los Angeles, Alhambra, Burbank, Glendale, Pasadena, and San Francisco Bay area.

From Los Angeles, Alhambra, Burbank, Glendale, Pasadena, and from San Francisco Bay area, to Santa Barbara and other intermediate coast line points.

San Joaquin and Owens Valleys—Between Los Angeles and Fresno, and intermediate points, also points in Owens Valley.

This restores in part the "Overnight" rail services discontinued as a war measure in November, 1942. Other services will be restored as quickly as conditions permit.

MONTANA PICNIC

The Montana State Society will hold an annual picnic in Bixby Park April 14, according to Aileen DeWitt, secretary.

BEATING SOUND SPEED

At least two manufacturers are far enough advanced on planes for the Army and Navy so that within the next few months these planes with pilots aboard will set records in the super-sonic fields.

OYSTERS VIA AIR

A five-thousand pound shipment of oysters was recently flown from the National Airport here to Chicago. The oysters were packed, shocked and canned in 3,998 pint cans in a single day.

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