Townsend Club Activities

By BETH PAIGE

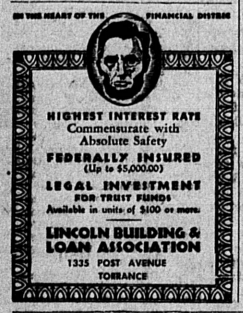
Our dinner meeting last week was a success because of an energetic ticket-selling committee headed by W. Frank Shields, and to the culinary abilities of the dinner committee, directed by Mrs. Geo. Collier. Little Billy Smith sang during the intermission, accompanied by Mrs. Paige.

A meeting of the council will be held at 7 o'clock tomorrow at the hall, followed by games, music, dances, refreshments and prizes.

TWO FOR BARGAIN

It takes two to make a bargain. Mother selects it and the bill goes to father.

IN THE HEART OF THE FINANCIAL DISTRICT



HIGHEST INTEREST RATE
Commensurate with Absolute Safety
FEDERALLY INSURED
(Up to $5,000.00)
LEGAL INVESTMENT
FOR TRUST FUNDS
Available in units of $100 or more
LINCOLN BUILDING & LOAN ASSOCIATION
1335 POST AVENUE
TORRANCE

12 Patients Enter Hospital

Twelve patients were received during the past week at Torrance Memorial hospital. They were: Mrs. Joyce Arnett, 1306 Amapola ave., June 10, for surgery; Mrs. Edith Burton, Redondo Beach, June 14, for surgery; Leonard Bridge, Lomita, June 15, for medical care; Mrs. Grace Bascon, Hollydale, June 16, for surgery, and Mrs. Helen Hubbard, Manhattan Beach, June 13, for surgery.

David Lee Jones, Manhattan Beach, June 13, for surgery; Mrs. Renabelle Kirkland, 2108 Cabrillo ave., June 15, for surgery; Mrs. Winifred Martin, Redondo Beach, June 11, for pneumonia; Ray Prueter, Inglewood, June 14, for surgery; Mrs. Ruby Strickland, Manhattan Beach, June 12, for surgery; Frank Watkins, 904 Madrid ave., June 16, for surgery, and Mrs. Florence Welch, 1510 Engracia ave., June 12, for medical care.

BACK TO FORM

Grandpa Neighbor is doing an heroic bit. Coming vacation, he is trying to get Willie wised up, so the boy will not be a nuisance when he helps with the farm work.

Butcher shops are likely to be the collection centers if the salvage program is put into effect, she added.

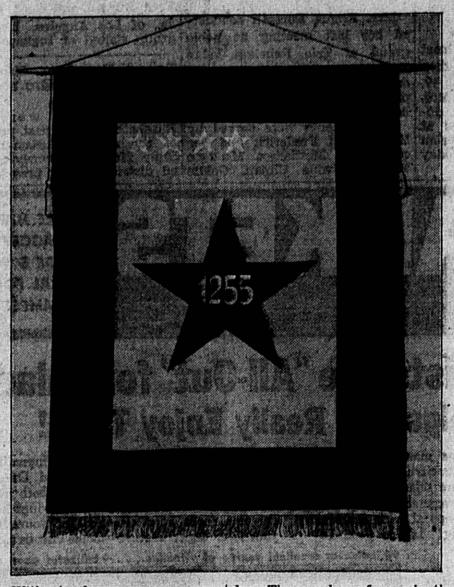
Parading Defense Units Feature 'MacArthur Day'

Combining a tribute to Gen. Douglas MacArthur and a stirring demonstration of Civilian Defense strength here, the parade last Saturday afternoon that opened the "MacArthur Day" observance had nearly 700 men and women in line. All units of Civilian Defense were represented, most of them with full uniform and equipment. Major R. V. Vandeventer, California State Guard, served as parade marshal.

Following the procession, which was led by a Boy Scout color guard and the Torrance municipal and high school bands, a brief program was held at the reviewing stand at Arlington and El Prado. Raymond J. Casey took over the master-of-ceremonies job after Leroy W. Pascoe had introduced the marching units and the city council.

Principal speaker was Chaplain David J. Ferguson of Fort MacArthur who paid a stirring tribute to Gen. MacArthur. Lieut. Robert Lewellen of the State Guard sounded the salute to the colors as they were lowered. At the dance that concluded the day's program, which was sponsored entirely by the Loyal Order of the Moose, about 350 couples enjoyed the music of Tom Ulrich's orchestra. All proceeds from the dance, which have not been totaled as yet, will go to the city ambulance fund being raised by the Torrance Kiwanis Club.

BANK UNFURLS SERVICE FLAG



With simple ceremony, a war service flag was unfurled this week at the Torrance branch of the Bank of America, showing that 1,255 young men of the bank had responded to the call to arms.

The flag, unfurled by Manager Dean L. Sears in the presence of the staff, consists of a large blue star on the white background, framed with a red border. The number of men in the services is indicated by white numerals on the blue star. Men who have given their lives are represented by individual gold stars. Four such stars are now attached to the flag.

Sears pointed out that while additional men from the bank's statewide organization were going into the armed forces daily, the numerals on the flag will be changed only once a month.

Industries Get Suggestions On Raid Operations

Executives of Torrance industrial plants are giving much attention this week to suggestions for operations of strategic establishments on receipt of air raid warnings compiled in a report by C. B. Tibbetts, chairman of the industrial resources and productive committee of the Los Angeles City and County Civilian Defense Councils.

The report pointed out that operational procedure will vary materially due to the relative urgency of the work on which each plant is engaged at the time of the emergency. In some plants production can be discontinued at the blue or red signal while in others operations must continue until the hazard becomes immediate or direct.

First Consideration

Safety of the personnel must be the first consideration of the management of plants which much remain in operation during emergencies, the report continued, adding that the interval between the instant an enemy plane is sighted and the imminence of direct enemy action is a factor of tremendous significance.

Adequate time for protective measures necessary for workers and property must be allowed, it was observed. The control of machine equipment in service and of utilities such as gas, light and power also must be considered.

In some industrial establishments the safest place for the individual employee may be in the immediate vicinity of his machine or place of employment while in others the employees may have to move substantial distances to reach comparative safety.

Factors to Be Studied

Plant operators are urged to give these factors serious study.

Protective measures at plants where the continuance of operation is not urgent should be taken at either the blue or red signal, the report advised.

When employees are working at elevations above the ground at the time of a warning signal steps should be taken to get them on ground level before lights are turned off and the actual attack occurs.

JR. POLICE ORGANIZING

Boys from 10 to 16 years of age interested in becoming members of the Torrance Junior Police should be at the city park ball diamond Saturday morning at 10 o'clock.

VISIT IN VALLEY

Councilman and Mrs. N. H. Cucci spent the weekend at the home of her brother and sister-in-law in San Fernando Valley.

ISSUE CERTIFICATES

Certificates of recognition are to be presented 240 Torrance elementary school pupils for their letters to Superintendent Kiersey reporting what they are doing for the nation's war effort, Principal Bernhard J. Strand said today.

There were almost 17,000 motion picture theatres in operation in 1941 in the United States.

The Mayfair Creamery will accept applications as driver-salesmen, also for positions in the plant.

Wholesale men receive $208.00 per month after the first month. Retail salesmen will receive $208.00 after the first month effective August 1st. Daylight work.

Apply to Mr. Turner or Mr. Friedly.
1336 Post Ave. Torrance

Add a Room To Your Home . . . For a War-Industry Worker

Help relieve the shortage of sleeping rooms for vital war-time workers, and at the same time bring in added income to yourself.

NO PRIORITIES NEEDED

For Home Repairs . . . Improvements . . . Maintenance up to $500 . . . Farm Construction up to $1000.

Consult us upon any building matter. We keep informed on the latest rulings.

EVERYTHING IN BUILDING MATERIALS AND SUPPLIES

TORRANCE LUMBER CO.
1752 BORDER AVE., SOUTH OF CARSON PHONE 61

TORRANCE HI NEWS

By MARCIA ROUS

ELECTION WINNERS . . . Here are a few more election returns: The new Girls' Athletic Association president for next semester will be Norma Hearrell, it was announced at a general meeting last week. Gerald Goddard was elected president of the junior high school and will be Werner Sommer's successor.

NAVY FILMS . . . Monday morning all the seniors were shown Navy films and Chief Signalman J. F. Detca gave a short talk on our education and the Navy.

SENIOR WEEK . . . This has been Senior Week. Besides "Kid Day"—which incidentally went off with a bang (even the class sponsors came as kids to the party). A class party at Griffith park has been planned for next Sunday. Today things have really been happening. At noon the annual council luncheon was held in the cafeteria. All the old members invited the new ones to lunch and the council sponsors, the junior high sponsor and Miss Elizabeth Parks, vice-principal, attended.

Letters to Editor

APPRECIATE COOPERATION

Lomita, Calif.,
June 12, 1942.

Torrance Herald:

Editor—Torrance Herald:

The Lomita-San Pedro Council of Parents and Teachers is much indebted to you for the splendid publicity given it during the past year. Your generous cooperation is deeply appreciated.

Very truly yours,
(Signed) MRS. J. J. MILLARD,
Secretary.

Blackout Lighting For Autos Under Study, Mayor Told

A comprehensive study by State Council of Defense technicians to determine proper specifications for driving lights which may be used during blackouts has been ordered.

Mayor McGuire, chairman of the Torrance defense council, said he had been advised by Kenneth R. Hammaker, executive director of the state council, that "immediate clarification of the blackout lighting problem must be effected.

"Because there has been so much confusion on this subject, and operators of many authorized vehicles are in the dark as to the type of lights they may legally use, we are anxious to have this matter settled at the earliest possible date," he declared.

The study will be conducted by council technicians in cooperation with the State Department of Motor Vehicles, Western Defense Command and regional Office of Civilian Defense.

Five Simple Rules Announced for Self-Aid In Case of Gas Attack

Here are a few simple rules by which injury from war gases may be prevented or modified. They are written by Dr. Ward L. Mould, medical gas officer for the Office of Civilian Defense:

If mustard or Lewisite are used, the most serious injuries will result from the liquid agent. Therefore, during a raid, remain inside, or go inside if you are out of doors.

Remember that war gases are heavier than air, and will sting to the ground. You can get away from the vapor by going to the upper floors of a building and by avoiding basements and other low places. Even after a raid, it is better to remain inside the upper floors of a building than to try to leave the gas area unless so directed. Your air raid warden will guide you to safety when it is safe for you to move.

Basic Rules for Self-Aid

1. Self-Aid is the best aid for the prevention of injuries due to war gases. War gases are usually not dangerous if you take steps immediately to remove them from the skin and eyes. Effective means to accomplish this are in the kitchen and bathrooms of every home.

2. The first thing to do is to immediately go indoors and stay there until notified by the area or block air-raid warden that the danger has passed. Whether in a single or multiple-story house, the heating and ventilating systems should be turned off. Fireplace flues should be blocked off and windows and doors closed as soon as the gas alarm sounds. The important thing is to get off the street and find shelter at once, and remain there until the danger from gas has passed. Avoid puddles of liquid gas, basements, valleys and other low places.

3. If you have been exposed to a war gas:

a. Breathe thru cloths wet with baking soda solution.

b. Get inside a building if possible, but first remove your outer clothing and leave it outside.

c. Wash your hands first, and then your face, with laundry soap and water.

d. After cleaning your hands, wash your eyes at once with a large amount of a solution of baking soda in a glass of water.

e. Take a bath, using plenty of laundry soap.

f. Wash your eyes again with baking soda solution.

4. If splashes of liquid gas have got on you:

a. Using small pieces of cloth, cleansing tissues or toilet paper, blot up as much as you can, being careful not to spread it.

b. Daub the contaminated area with cloths wet with bleaching solutions containing sodium sype-chlorite, such as clorox, etc.

c. Follow directions b, c and d in 3 above.

5. Never get excited. Lie down and cover youself with a blanket. Medical aid is on the way. There is no immediate serious danger from exposure to any known war gas.

Home canning is not a forgotten art, according to the census bureau. Manufacturers' reports on production of jar rings indicate that the nation's housewives put up 1,500,000,000 cans of fruit, preserves, and other foods annually.

Two out of Five calls to "Information"

are for numbers that are in the telephone directory

It may surprise you to know that telephone customers in seven large cities on the Pacific Coast ask "Information" for numbers approximately 242,000 times every day.

And two out of five of those requests are for numbers that are right at hand in the telephone directory.

It takes much equipment to handle these requests. And telephone equipment—every bit we have and all we can get—is vitally needed these days. It is needed for the unprecedented telephone traffic of a Nation at war.

You can help us to serve you and the whole community better by calling "Information" only when you do not find the number listed in the telephone directory.

SOUTHERN CALIFORNIA TELEPHONE COMPANY
1266 Sartori—Telephone Torrance 4600

CLOROX
"First Aid" in Home Health Defense
. . . a "First Aid" in Civilian Defense!

Keep Clorox handy in your home for everyday as well as emergency use. Remember, there's only one Clorox . . . always order by name.

AMERICA'S FAVORITE HOUSEHOLD DISINFECTANT
CLOROX Disinfects DEODORIZES BLEACHES REMOVES STAINS
FREE FROM CAUSTIC

12 nutritious Vita-Menus

FOR AMERICA'S LUNCH BOXES

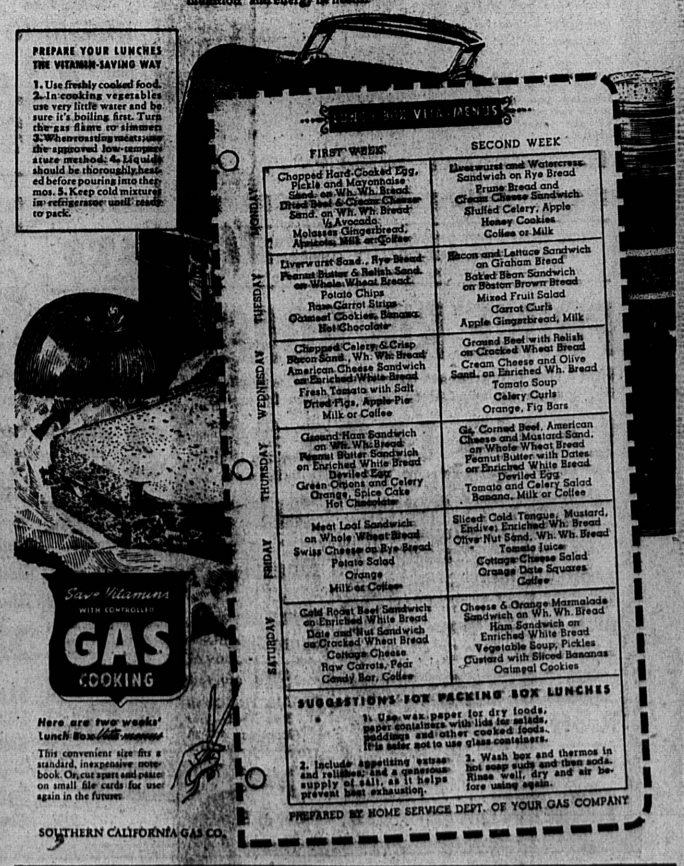
It's the kind of food that you put in your war-worker's lunch Box, not just "how much" that counts!

He's working on an all-out job for victory—and it takes carefully planned, fighting food to give him the extra "energetic" and energy he needs.

THESE 12 VITA-MENUS—worked out for you by the Home Service Department of your gas company, are easy to follow and a real help. They provide lunch boxes that have lots of variety and appetize appeal. But still more important: they're scientifically "tops" in health-building, vitamin-rich nutrition!

PREPARE YOUR LUNCHES THE VITAMIN-SAVING WAY

1. Use freshly cooked food. 2. In cooking vegetables use very little water and be sure it's boiling first. Turn the gas flame to simmer. 3. When cutting meats, use the approved low-temperature method. 4. Liquids should be thoroughly heated before pouring into thermos. 5. Keep cold mixture in refrigerator until ready to pack.



	FIRST WEEK	SECOND WEEK
MONDAY	Chopped Hard-Cooked Egg, Pickle and Mayonnaise Sand. on Wh. Wh. Bread; Dried Beef & Cream Cheese Sand. on Wh. Wh. Bread; ½ Avocado; Molasses Gingerbread; Apricots, Milk or Coffee	Liverwurst and Watercress Sandwich on Rye Bread; Prune Bread and Cream Cheese Sandwich; Stuffed Celery, Apple; Honey Cookies; Coffee or Milk
TUESDAY	Liverwurst Sand., Rye Bread; Peanut Butter & Relish Sand. on Whole Wheat Bread; Potato Chips; Raw Carrot Strips; Oatmeal Cookies, Bananas; Hot Chocolate	Bacon and Lettuce Sandwich on Graham Bread; Baked Bean Sandwich on Boston Brown Bread; Mixed Fruit Salad; Carrot Curls; Apple Gingerbread, Milk
WEDNESDAY	Chopped Celery & Crisp Bacon Sand., Wh. Wh. Bread; American Cheese Sandwich on Enriched White Bread; Fresh Tomato with Salt; Dried Figs, Apple Pie; Milk or Coffee	Ground Beef with Relish on Cracked Wheat Bread; Cream Cheese and Olive Sand. on Enriched Wh. Bread; Tomato Soup; Celery Curls; Orange, Fig Bars
THURSDAY	Glazed Ham Sandwich on Wh. Wh. Bread; Peanut Butter Sandwich on Enriched White Bread; Deviled Egg; Green Onions and Celery; Orange, Spice Cake; Hot Chocolate	Gk. Corned Beef, American Cheese and Mustard Sand. on Whole Wheat Bread; Peanut Butter with Dates on Enriched White Bread; Deviled Egg; Tomato and Celery Salad; Banana, Milk or Coffee
FRIDAY	Meat Loaf Sandwich on Whole Wheat Bread; Swiss Cheese on Rye Bread; Potato Salad; Orange; Milk or Coffee	Sliced Cold Tongue, Mustard, Endive, Enriched Wh. Bread; Olive Nut Sand., Wh. Wh. Bread; Tomato Juice; Cottage Cheese Salad; Orange Date Squares; Coffee
SATURDAY	Cold Roast Beef Sandwich on Enriched White Bread; Date and Nut Sandwich on Cracked Wheat Bread; Cottage Cheese; Raw Carrots, Pear; Candy Bar, Coffee	Cheese & Orange Marmalade Sandwich on Wh. Wh. Bread; Ham Sandwich on Enriched White Bread; Vegetable Soup, Pickles; Custard with Sliced Bananas; Oatmeal Cookies

SUGGESTIONS FOR PACKING BOX LUNCHES

1. Use wax paper for dry foods, paper containers with lids for salads, puddings and other cooked foods. It is safer not to use glass containers.
2. Include appetizing extras and relishes and a generous supply of salt, as it helps prevent heat exhaustion.
3. Wash box and thermos in hot soap suds and then soda. Rinse well, dry and air before using again.

PREPARED BY HOME SERVICE DEPT. OF YOUR GAS COMPANY

Here are two weeks' lunch Box Vita-menus

This convenient size fits a standard, inexpensive notebook. Cut apart and paste on small file cards for use again in the future.

SOUTHERN CALIFORNIA GAS CO.