

**Shoe Repairing . . .**  
 Long wearing half-soles and heels expertly applied to give your comfortable shoes a pleasing new appearance.  
**\$1.00 per pair up**  
 Soles Only—75c up  
 Your choice of leather or composition.  
 Shoes dyed any standard color—50c  
**CHILDREN'S SOLES AS LOW AS 50c**  
**Kenney's Master Shoe Rebuilding**  
 1917 CARSON, AT CARRILLO  
 "Shoes Rebuilt to Look Like New and Wear Better"

**CENTENNIAL CAKE**  
 1 cup butter  
 3 cups Fisher's cake flour  
 2 cups sugar  
 1 cup Golden State milk  
 Whites of five eggs  
 1/2 tsp. Ben-Hur vanilla  
 1/2 tsp. orange  
 1/2 tsp. lemon  
 1/2 tsp. salt  
 3 tsp. baking powder  
 Method: Cream the butter and sugar very thoroughly. Sift flour and baking powder, add alternately with the milk. Fold

**Tribute to Flier Planned SYDNEY (U.P.)**—The Australian government is considering a project for a permanent national monument to the late Sir Charles Kingsford Smith who lost his life on his last attempt at a trans-Pacific flight.  
 In beaten egg whites, Add flavoring and salt and bake at 350 degrees F.  
**Four-Minute Frosting**  
 2 unbeaten egg whites  
 1 cup sugar

**House Stealing New Racket EL CENTRO (U.P.)**—The latest racket developed here is stealing houses. One which the sheriff's office is looking for was apparently completely demolished and hauled away on trucks.  
 1/2 tsp. Ben-Hur cream of tartar  
 3 tbsps of cold water  
 1 tsp. Ben-Hur flavoring  
 Beat together over hot water until thick enough to spread.

**They Made It Themselves**



**BEETS A LA HOLLYWOOD**  
 1 can Iris whole beets  
 1/2 tsp. sugar  
 1/4 tsp. salt  
 2 tbs. butter  
 2 tbs. orange juice  
 1/4 tsp. grated orange rind  
 Method: Slice beets and heat through thoroughly. Blend orange juice, melted butter, sugar, salt and orange rind. Pour over beets and serve either hot or cold.

**PORK CHOPS, AMERICAN**  
 6 Luer's pork chops  
 1 can mock turtle soup  
 Salt and pepper  
 Fisher's blend flour  
 2 tsp. fat  
 Method: Season pork chops and dredge with flour. Place fat in skillet and when hot, brown the chops and place them in a baking dish. Pour over them a can of mock turtle soup and bake at 350 degrees F. 45 minutes.

These two youngsters had a jolly time of it when they demonstrated that even a child can operate this new vacuum ice-cream freezer for use with the modern air-conditioned ice refrigerators. The freezer turns out creamy, old-fashioned ice cream with only 5 minutes' cranking.

**YOUR purchases of bread from your grocer help him maintain a BETTER STORE with more COMPLETE MERCHANDISE for your CONVENIENCE**

**Cooking School Recipes**  
 Following are the recipes demonstrated by Nina G. Abbey, home economist, at the Torrance Herald-Union Ice Company Cooking School on Friday, October 23, the final day of the school. Copies of the recipes demonstrated on Wednesday and Thursday were published in last week's issue of the Torrance Herald and Lomita News.

**MINT SHERBET**  
 6 lemons  
 2 oranges  
 1 egg white  
 2 cupfuls sugar  
 2 cupfuls water  
 1 lemon rind, grated  
 1 cupful mint (cut up fine)  
 Green coloring  
 Method: Place the grated lemon rind in the juice of the oranges and lemons. Boil sugar and water to a thin syrup, pour over the mint. Cover and allow to stand one hour. Strain and add the liquid to the fruit juice. Add a few drops of green coloring. Cool, and add the beaten egg white. Freeze in the ice cream freezer. Serve with Luer's lamb.

**CARROT PUDDING**  
 Batter:  
 1/2 cup brown sugar  
 1 egg  
 1 cup grated raw carrots  
 1 tsp. grated orange rind  
 1 tsp. grated lemon rind  
 1 tsp. lemon juice  
 4 tbsps. butter  
 1/2 cup currants  
 1 1/2 cups Fisher's pastry flour  
 1/2 tsp. soda  
 1 tsp. baking powder  
 1/2 tsp. salt  
 1/2 tsp. Ben-Hur cinnamon  
 1/2 tsp. Ben-Hur cloves  
 1/2 cup of chopped nuts  
 Syrup:  
 1 cup granulated sugar  
 1 1/2 cups water  
 Method: Mix the batter ingredients together in the order given (the milk is not left out; the carrots provide the liquid). Next, mix the syrup and bring to a boil on top of stove. Pour batter into the hot syrup. Do not stir. Bake 45 minutes in 400 degree oven.

**More for your bread pennies**



**PEANUT BUTTER AND BACON SANDWICHES**  
 1/2 cup chopped Luer's cooked bacon  
 1/2 cup peanut butter  
 1/2 cup butter  
 1/2 cup Golden State milk  
 Method: Cream peanut butter and butter until smooth. Thin with Golden State milk until of a consistency to spread easily. Add Luer's bacon and mix in. Spread on Weber's graham bread and cover with slice of white bread. Enough for eight sandwiches.

**MACARONI SALAD**  
 Cook 1 cup macaroni in five cups boiling water, with 1 1/2 teaspoons salt, until tender. Drain, cool, and add 1/2 cup chopped celery, 1 teaspoon minced onion, 1 teaspoon green pepper, 1/2 cup chopped pimientos, 1 cup mayonnaise. Serve in lettuce cups.

It's a mistaken idea that, because **IRIS** stands for top quality, everyone can't afford it. Actually, the cost between Iris Canned Foods and commonplace canned foods is very little. Yet the difference in taste is very big.

for instance



**BEN-HUR DRIP COFFEE**  
 Drop a Ben-Hur silk fibre filter paper in the bottom of the coffee maker. Measure in the specially prepared Ben Hur drip coffee. One heaping teaspoon to each cup when more than four cups are made (an extra teaspoon may be needed if less is made). Insert the water spreader in its place. Pour in the required amount of boiling water. Place coffee-maker over low heat. Never boil. In five to seven minutes the water will filter thru.

**EXTRA DELICIOUS BEN-HUR COFFEE**  
 Now also Vacuum Packed in **WIDE MOUTH BOTTLES**

**EXTRA DELICIOUS BEN-HUR COFFEE**  
 SUPREME QUALITY  
 Now also Vacuum Packed in **WIDE MOUTH BOTTLES**  
 Additional BULK wide mouth sealing lids sold at your grocery

**77th ANNIVERSARY SALE**  
 A Gigantic Sale of Foods You Know and Like . . . Because That is the Way we Have Built Our Reputation over the Past 77 Years . . . By Offering Well Known, Popular High Quality Foods at Low Prices.  
**"22" IS A TAX ON YOU . . . VOTE NO!**

**KRAFT'S ASSORTED CHEESE 15c**  
 AMERICAN, BRICK PIMIENTO, VELVETA 1/2-POUND PACKAGE  
 LIMBURGER, SWISS OR OLD ENGLISH 1/2-lb. pkg. 17c

<b>BUTTER</b> GOLDEN STATE OR CHALLENGE FIRST QUALITY SUNLIGHT—LARGE U. S. EXTRAS 37c	<b>PEAS</b> DEL MONTE EARLY GARDEN No. 2 can 12 1/2c
<b>FRESH EGGS</b> FINE GRANULATED 10-pound paper bag 47c	<b>CORN</b> DEL MONTE COUNTRY GENTLEMAN No. 2 can 10 1/2c
<b>SUGAR</b> IONA FAMILY 24 1/2-lb. sack 65c	<b>TOMATOES</b> DEL MONTE—SOLID PACK No. 1 cans 25c
<b>FLOUR</b> EIGHT O'CLOCK 10-lb. sack 29c	<b>PUMPKIN</b> DEL MONTE—GARDEN No. 2 1/2 can 8c
<b>COFFEE</b> "The World's Largest-Seller" 1-lb. 17c	<b>SPINACH</b> DEL MONTE GARDEN No. 2 1/2 can 12 1/2c
<b>BISQUICK</b> GOLD MEDAL—"All Ready for Biscuits" 1-lb. 25c	<b>COFFEE</b> DEL MONTE "ORTHO CUT" 1-lb. can 25c

**"SIX DELICIOUS FLAVORS" JELL-O DESSERT 3 pkgs. 13c**

<b>CALUMET</b> BAKING POWDER 1-lb. can 18c	<b>CIDER</b> MARTINELLI SWEET 1-gal. jug 53c
<b>GRAPE JUICE</b> CHURCH'S PURE 1-lb. bottle 13c	<b>WALNUTS</b> CALIFORNIA NEW CROP 15c
<b>MINCE MEAT</b> HEINZ 1-lb. can 19c	<b>ALMONDS</b> SOFT SHELL 29c
<b>PUDDING</b> HEINZ—PLUM 15-oz. can 29c	<b>SHRED. WHEAT</b> N. B. Co's 11c
<b>PICKLES</b> G. H. B. SWEET 25-oz. jar 25c	<b>CORN SWEET</b> CRUSHED No. 2 9c
<b>MIRACLE</b> WHIP 1-quart jar 34c	<b>VINEGAR</b> CRYSTAL 1-quart bottle 10c

**BONAR—"THE COFFEE SUPREME" COFFEE 1-lb. can 20c**

<b>CRISCO</b> "THE QUICK DIGESTIBLE SHORTENING" 3-lb. can 52c	<b>SODA CRACKERS</b> "BETTER BEST" GRAHAMS OR 1-lb. pkg. 10c
<b>RITZ</b> CRACKERS N. B. Co's 1-lb. pkg. 19c	<b>TOMATOES</b> CALIFORNIA No. 2 1/2 cans 25c
<b>QUAKER OATS</b> QUICK OR REGULAR 20-oz. pkg. 10c	<b>PEAS</b> SWEET No. 2 can 10c
<b>P'NUT BUTTER</b> SULTANA 1-lb. jar 15c	<b>BEANS</b> CUT STRINGLESS No. 2 can 9c
<b>DRESSING</b> HILL'S FRENCH 8-oz. bottle 14c	<b>SPAGHETTI</b> "THE FAMILY'S FAVORITE MEAL" 2 1-lb. cans 15c
<b>COFFEE</b> IRIS VACUUM PACK Regular, Drip or Silex 2-lb. jar 55c	<b>SHORE</b> DINNER 13-oz. can 12 1/2c

**GRANULATED SOAP WHITE KING 1-lb. pkg. 28c**

<b>CAMAY SOAP</b> "THE SOAP OF BEAUTIFUL WOMEN" cake 5c	<b>COCONUT</b> BAKER'S 4-oz. pkg. 8c
<b>BORAXO</b> "CLEANS DIRTY HANDS" 10-oz. can 15c	<b>PURE HONEY</b> DELGADO 20-oz. jar 18c
<b>OXYDOL SOAP</b> "THE COMPLETE HOUSEHOLD SOAP" large 20c	<b>OVALTINE</b> "SWISS FOOD DRINK" \$1.00 size can 57c
<b>MARIPOSA COOKED DRIED PEAS</b> 2 No. 2 cans 15c	<b>PEACHES</b> CALIFORNIA—SLICED OR HALVES No. 2 1/2 can 12 1/2c
<b>APRICOTS</b> VE. NUB. EVAPORATED 11-oz. pkg. 19c	<b>HOT SAUCE</b> AVALON 3 8-oz. cans 10c
<b>PUFFED RICE</b> QUAKER 10c	<b>TOMATO JUICE</b> "RICH FLAVOR" No. 1 can 5c

**YUKON CLUB LIME RICKEY SPARKLING WATER or GINGER ALE 2 large bottles 15c**

**FLAVOR-FAMED MEATS**  
 GENUINE 1936 SPRING **Lamb Legs 24 1/2c LB.**  
 LARGE LOIN CHOPS, lb. 25c  
 SHOULDERS, lb. 17c SMALL LOIN CHOPS, lb. 35c  
**HAMS** SMOKED PICNICS 4-6 Lbs. Average 23 1/2c LB.

**GRAIN FED "BRANDED" STEER BEEF ROASTS CENTER CHUCK CUT LB. 16c**  
 EASTERN GRAIN FED **PORK LEG** LOIN-ROAST Lb. 24 1/2c  
**MORRELL'S PRIDE FANCY EASTERN SLICED BACON** 1/2-Lb. Pkg. 17 1/2c  
**ARMOUR'S WHITE CLOUD SHORTENING** BULK 3 lbs. 29c  
**PLATE RIB BOILING BEEF** LB. 9c

**GRAIN FED "BRANDED" STEER BEEF STEAKS** ROUND SWISS SIRLOIN 19 1/2c LB.  
 T-BONE, lb. 25c PORTERHOUSE, lb. 29c  
**FANCY EASTERN SUGAR CURED BACON** BY THE PIECE LB. 29c

**FRESH FRUITS & VEGETABLES BUNCH GOODS**  
 CARROTS . . . . . 3 BUNCHES FOR 5c  
 BEETS . . . . .  
 TURNIPS . . . . .  
**LETTUCE** DRY PACK HEAD 4c  
**CELERY** UTAH 3 for 10c  
**BELLFLEUR APPLES** 10 lbs. 25c  
**Arizona Grapefruit** 100 SIZE 10 for 25c  
**LEMONS** . . . . . 3 doz. 10c  
**BURBANK POTATOES** 10 lbs. 25c  
**SPANISH ONIONS** . . . 7 lbs. 10c

PRICES EFFECTIVE THURS., FRI. & SAT., OCT. 29, 30 & 31, 1936 (WE RESERVE THE RIGHT TO LIMIT QUANTITIES)

**A&P FOOD STORES**  
 THE WORLD'S LEADING FOOD STORES  
 1319 BARTORI AVENUE, TORRANCE