

WIFE SAVERS

By Mrs. Mary Morton

Cheese Roast.—One and one-quarter pints grated cheese, two cups dry bread, one-half cup butter, one and one-half cups water, four lemons (juice), four cups nut meats, sliced onion. Cook onion in butter and water until tender; mix other ingredients and moisten with onion water; pour into buttered baking dish; brown in oven.

When the wool fibre of which blankets are made is examined under a microscope it is found that each one consists of overlapping scales which may mat together. Both extreme heat and extreme cold cause these scales to interlock or the whole fibre to shrink. Also the fibres of wool are rapidly affected by many alkalis and acids. All of these facts have an important bearing on the cleansing of wool textiles.

Wool must never be harshly rubbed, twisted or pounded, or washed in water of any extreme temperature. The ideal way of washing is to force a soapy solution of tepid water into and through the pores of the material without rubbing it, and to dry it in a warm place where there is considerable wind. A washing machine is ideal for this work. If you have not a machine, use the soap solution and souse the blanket up and down in it until clean. The soap solution is as follows: Shave a large bar of white soap small; add to four quarts of hot water and dissolve, then add two tablespoons of borax, mix well, and use one cup of this to each tubful of clothes. Don't have too many blankets in the tub at one time, and add an additional cup of soap solution when you put more blankets in. Rinse in tepid water, wring with the wringer loose, and hang up in the sun and wind to dry. In hanging on the line double the blanket in half, with the edges together along the clothesline. Then, after pulling and shaking the blanket to get it as straight as possible, pin both edges together on the rope, using as many as twenty pins so that the blanket is perfectly firm. From time to time see how it is drying, and pull it into shape if the edges are not parallel. Use a whisk broom to whisk the surface during the last part of the drying. Take them in before the sun goes down, fold, and they are ready

to lay away in cedar chest or insect-proof closet.

Ink stains on floors, if fresh, will come out if washed with milk and water, but when long standing, oxalic acid and water must be rubbed into the stain. The proportion is one teaspoonful of acid to half a teaspoonful of water.

Cheese Fondue.—Take one cup bread crumbs, one cup milk, one cup grated cheese, one tablespoon melted butter, one-half teaspoon salt, one-quarter teaspoon white pepper, one egg. Scald milk in double boiler and add crumbs to it. Then add grated cheese, melted butter and seasonings. Cook in double boiler until cheese is melted; add the slightly beaten egg gradually. Cook five minutes and serve on dry toast.

Put a little heap of ground cloves in your incense-burner instead of the regular incense which you buy. The odor is very pleasing.

WASHING SOLUTIONS

This spring, 'tis spring, and the blankets and other woollen things must be washed and put away for the summer. The following soap solutions will be found useful for this work.

White Flannel Soap Solution.—One large bar white soap, two tablespoons borax, two quarts water, one-half cup ammonia (omit if colored goods).

For Greasy Wools.—One bar white soap, one-half cup turpentine, one gallon lukewarm water.

Delicate Washing Solution for Colors and Black.—Four cups soap bark, one gallon water. Boil for twenty minutes, strain, and use this emulsion in place of soap solution, rinsing well.

Before suet is chopped it should be put in the oven to melt a little. Then, when it has become cold again, it is more easily chopped and waste is prevented.

Asparagus with Cheese.—Butter a baking dish and arrange cooked asparagus evenly over the bottom. Make a thin white sauce and pour over it and sprinkle grated brick cheese on top. Bake until a delicate brown in the oven. The dressing on the aspar-

HOW'S YOUR HEALTH?

By Dr. W. F. Thompson

The broom and duster we abhor
When the carpet's on the floor.

All good bankers have bad livers.

Well-borne, diseases are usually not well borne.

With screens on her windows
And screens on her doors,
No "skeeters" to trouble her
Whenever she snores.

A good temporary dressing often prevents a bad permanent injury.

There's one thing that we should take seriously—and that's measles.

There's simply no telling,
Said old Uncle Joe,
What a lot of spring tonic
You'll find in a hoe.

There's a strange relationship between the demand for nursing bottles and the infant mortality rate.

If you're too busy to think about your health, reflect on the fact that King Tut has been dead 3000 years.

It is no longer considered good surgery to "lance" superficial boils. Most surgeons prefer to assist nature by making local applications.

In former days
The family tree
Was just a limb
Of hickory.

Taste makes waist.

Save your teeth and save your health.

Sinful sickness makes wailing waifs.

When writing or reading,
For protection of sight,
Adopt a position
With your back to the light.

A rat in the trap is worth two in the barn.

Occasionally a baby grows to be a man in spite of his parents.

A clean water supply is the greatest single factor in the promotion of good health.

It's not the gold that we inherit—
For that is just a form of tin;
It's healthy blood that hath the merit
And makes this world worth livin' in.

The cook or maid who has active tuberculosis jeopardizes the lives of all children with whom she is associated.

agus is especially good over the baked potato, and the oven is utilized for practically the whole meal.

You will not be troubled with waterbugs around the sink if you pour into it a cup of kerosene once a week and wait half an hour before letting water run down the pipe.

Buy Scenery For Auditorium Stage

Yesterday the members of the cast of the school play, "The Charm School," and a few others, were called together in a meeting for the purpose of viewing some stage scenery. A representative of the J. D. Martin company was out from Los Angeles to show what he had along that line. The school board has purchased \$4000 worth of curtains and equipment for the high school of that company. After some discussion on the subject, the A. S. B. executive committee agreed to purchase \$750 worth of interior settings. These settings will be used in the play, which is to be given May 2 and 3 at the high school auditorium.

Art Exhibit At School May 1, 2, 3

The art exhibit to be held at the Torrance high school May 1, 2 and 3 offers an opportunity to secure pictures for the grammar school and high school from a wonderful collection of paintings. The Elson art exhibit consists of 200 pictures in sepia and color. An unframed picture will be presented to the schoolroom, students of which sell the most pictures. All proceeds from the exhibit will be used to purchase these pictures. Admission prices will be 5 cents for grammar school, 10 cents for high school, and 25 cents for adults.

TAKES TRIP EAST

Charles Mueller is enjoying a vacation from his duties at the P. E. depot and leaves tomorrow for an extended trip through the eastern states.

ENTERTAINS LAFALOT CLUB

The Lafalot club was entertained Wednesday afternoon by Mrs. Roy McFarland of Arlington avenue. The ladies had a jolly afternoon at cards, and the hostess served delicious refreshments. The prizes were carried home by Mrs. William Neff, Mrs. Luck, and Mrs. O. J. Batsch.

WEDNESDAY AFTERNOON CLUB

Mrs. McMasters will be hostess at the card party to be given in Catholic hall Wednesday afternoon, April 30. Play starts at 2 o'clock. Three prizes will be awarded.

New Phone Number of The Herald is 200.

Eastern Star Will Give Dance Apr. 29

Mrs. Marcella Brumpton and her committee are preparing for another Eastern Star invitational dance to be given Tuesday, April 29, at the Masonic temple. This is for all Eastern Stars and Masons. Visiting members especially invited.

Mr. and Mrs. F. L. Parks, Mrs. George Watson and Mrs. John Guyan attended Harbor chapter, San Pedro, Tuesday night, the occasion being the official visit of the deputy grand matron, L. Ada Fohl.

MACCABEE NOTES

The Maccabees met last Tuesday evening with a very good attendance. One candidate was obligated.

The initiatory degree will be conferred at the next meeting, Tuesday, May 13.

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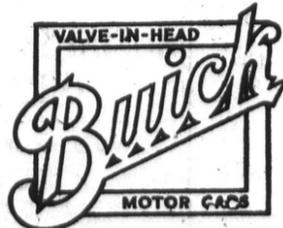


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