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 Chicago, visited
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Rheumatic Twinges

yield immediately to Sloan's Liniment. It relieves aching and swollen parts instantly. Reduces inflammation and quickly that agonizing pain. Don't rub—it penetrates.

SLOAN'S LINIMENT

Kills Pain
 gives quick relief from chest and throat affections. Have you tried Sloan's? Here's what others say:

"My mother has used one 50c. bottle of Sloan's Liniment, and although she is over 83 years of age, she has obtained great relief from her rheumatism."—Mrs. H. E. Lindenberg, Chicago, Ill.

Good for Cold and Croup
 "A little boy next door had croup. I gave the mother Sloan's Liniment to try. She gave him three drops on sugar before going to bed, and he got up without the croup in the morning."—Mr. W. E. Springs, 1711 Elmwood Ave., Chicago, Ill.

Neuralgia Gone
 "Sloan's Liniment is the best medicine in the world. It has relieved me of neuralgia. Those pains have all gone and I can truly say your Liniment did stop them."—Mrs. C. M. Dowler of Johnson City, N. Y.

At All Dealers. Price 25c., 50c. & \$1.00
 Sloan's Instructive Booklet on Horses sent free.
DR. EARL S. SLOAN, Inc., BOSTON, MASS.

Pumpkin Fritters.
 Peel a pumpkin and cut it in finger-shaped pieces, four inches long and an inch wide, or narrower. Rub each with salt and soak them in cold water for ten minutes. Then drain them and dry them with a cloth. Cover each with flour by rubbing it on thoroughly, and fry them in deep fat. Sprinkle with salt, and serve hot, each topped with a slice of boiled bacon, or bacon fried in deep fat.

A Rare Combination.
 The capacity for getting into trouble and the ability for getting out of it are seldom combined in the same person.—Life.

LOCOMOTIVE ENGINEER HAS REMARKABLE EXPERIENCE

I have been thinking that word from me would benefit those who may be suffering as I was before I began taking your Swamp-Root, the great kidney, liver and bladder remedy. I am a locomotive engineer, employed on the Tyrone & Clearfield Branch of the Pennsylvania Railroad. Three years ago I was afflicted with kidney and bladder trouble so bad that I was compelled to lay off duty from my engine and was in the care of two doctors. However their medicine did not benefit me. One day, I noticed your advertisement, to send name and address for a sample bottle of Swamp-Root. At this time my trouble had reached a serious stage. I sent for the sample bottle and in three days received a small bottle of Swamp-Root, which I took according to directions, and by the time I had taken the contents, I could pass water more freely. I was so pleased with my experiment that I sent my wife to the drug store of W. H. Milick, Phillipsburg, Pa., and secured a one-dollar bottle. I continued taking Dr. Kilmer's Swamp-Root until I was entirely cured. Now whenever I feel any pain or soreness after being exposed to bad weather or hard work, I take a dose or two of Swamp-Root. I cannot recommend this remedy too highly, especially to brother engineers who are more or less troubled with their kidneys (more than any other class of men.) Yours truly,
 T. J. VAN SCOYOC,
 1206 Lincoln Ave., Tyrone, Pa.
 State of Pennsylvania
 County of Blair—ss.
 Personally appeared before me, a Notary Public, T. J. Van Scoyoc, who being duly sworn, doth depose and say that the foregoing statement is true. Sworn and subscribed to before me this 15th day of July, A. D. 1909.
 H. B. CALDEWOOD,
 Notary Public.

Letter to Dr. Kilmer & Co., Binghamton, N. Y.
 Prove What Swamp-Root Will Do for You
 Send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample size bottle. It will convince anyone. You will also receive a booklet of valuable information, telling about the kidneys and bladder. When writing, be sure and mention this paper. Regular fifty-cent and one-dollar size bottles for sale at all drug stores.
 Improved Conditions in France.
 Statisticians now count on the survival to maturity of 70 out of every 100 male children born in France, instead of 67 a few years ago.
 Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. Sugar-coated, tiny granules. Easy to take as candy. (Adv.)
 Cooking in a Jar.
 Not until she has tried it will a housekeeper realize how delicious are vegetables and fruits cooked in a jar in the oven rather than on top of the stove. As little water as possible should be added, then the full flavor of the foodstuff is retained. A casserole answers admirably for vegetables or fruits prepared in this way. Apple sauce, rhubarb, prunes and beans are some of the things which are really excellent cooked in the oven. The process is simple for the housewife, for there is not the danger of burning as on top of the stove.

TAKES OFF DANDRUFF, HAIR STOPS FALLING
 Save your Hair! Get a 25 cent bottle of Danderine right now—Also stops itching scalp.
 Thin, brittle, colorless and scraggy hair is mute evidence of a neglected scalp; of dandruff—that awful scurf. There is nothing so destructive to the hair as dandruff. It robs the hair of its lustre, its strength and its very life; eventually producing a feverishness and itching of the scalp, which if not remedied causes the hair roots to shrink, loosen and die—then the hair falls out fast. A little Danderine tonight—now—any time—will surely save your hair.
 Get a 25 cent bottle of Knowlton's Danderine from any drug store. You surely can have beautiful hair and lots of it if you will just try a little Danderine. Save your hair! Try it.—Adv.

New Sweet for Children.
 Make a syrup of a pound of sugar and one pint of water, and add a little lemon juice. Place a pound of prunes (known as "twenties") in this syrup and let stand a night and a day, until fully swelled. Remove from juice and pit. Fill cavities with a small marshmallow, while prune is damp, to absorb juices. Roll in granulated sugar and keep in tin.
 Delicate Stimulant.
 Every invalid sooner or later becomes tired of raw eggs in the usual manner in which they are served. The following will be found very tempting and new.
 Beat the yolk of one egg until quite thick. Then beat in thoroughly one tablespoonful each of powdered sugar and brandy. Whip the white of the egg to a froth with a pinch of salt and stir into the first mixture. The whole should be quite thick when ready to be eaten.

URIC ACID Never Caused RHEUMATISM

I WANT to prove it to your satisfaction. If you have rheumatism, acute or chronic—no matter how long you have had it—write today for my FREE BOOK on "RHEUMATISM—Its Cause and Cure." Thousands call it "The most wonderful book ever written." Don't send a stamp—it's ABSOLUTELY FREE.
 JESSE A. CASE, Dept. 668, Brockton, Mass.

OLD FAVORITE IS THIS SOUP

Rice and Tomatoes Seem to Be Exceptionally Well Liked as Foundation for the Mixture.

Use one can or the equivalent in fresh tomatoes, one-third of a cupful of rice, a large onion, a large slice of carrot, a quart of water, three tablespoonfuls of butter, two teaspoons of salt, three dashes of pepper and two tablespoonfuls of flour. Chop the onion and carrot fine and put them into a frying pan with the butter. Cook slowly for 20 minutes. Put the tomato and a quart of water into the stewpan and bring to the boil. Skim the vegetables from the butter and add them to the tomato and water. Put the flour with the butter remaining in the pan and cook until smooth and frothy, stirring all the while. Then add the mixture in the stewpan and set where its contents will simmer for half an hour. Press the mixture through a sieve, pressing everything through except the seeds and skins. Wash the rice and put it in the soup pot, pouring the strained mixture over the rice. Add the seasoning and set the soup pot where its contents will cook slowly for an hour. Stir the soup several times to prevent the rice from sticking to the kettle. Serve very hot.

About Potatoes.
 Put the potatoes to soak a little while with a small piece of common soda in the water, and you will find they are much easier to scrape and do not soil the fingers.

END STOMACH TROUBLE, GASES OR DYSPEPSIA
 "Pape's Diapiesin" makes Sick, Sour, Gassy Stomachs surely feel fine in five minutes.

If what you just ate is souring on your stomach or lies like a lump of lead, refusing to digest, or you belch gas and eructate sour, undigested food, or have a feeling of dizziness, heartburn, fullness, nausea, bad taste in mouth and stomach-headache, you can get blessed relief in five minutes. Put an end to stomach trouble forever by getting a large fifty-cent case of Pape's Diapiesin from any drug store. You realize in five minutes how needless it is to suffer from indigestion. It's the quickest, surest stomach doctor in the world. It's wonderful.—Adv.

Quite a Simple Thing.
 Young Lady—"What is the secret of your happy life with both your husbands—two such different men?"
 Old Lady—"Why, I guess I wasn't fussy over trifles. And then I let them have their own way sometimes. They thought they always did."—Cleveland Plain Dealer.

To Break in New Shoes
 Always shake in Allen's Foot-Ease, a powder. It cures hot, sweating, aching, swollen feet. Cures corns, ingrowing nails and bunions. At all drug-gists and shoe stores, 25c. Don't accept any substitute. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y. (adv.)

Hamburg Relish.
 For a change, sometimes, after grinding the meat and seasoning it, beat an egg and mix with it, fry out some salt pork, turn the steak in spider and brown on one side, then turn and brown on the other. By using care it can be placed on platter in a whole slice and is very nice.

Free to Our Readers
 Write Murine Eye Remedy Co., Chicago, for 48-page Illustrated Eye Book Free. Write all about your Eye Trouble and they will advise as to the Proper Application of the Murine Eye Remedies in Your Special Case. Your Druggist will tell you that Murine Relieves Sore Eyes, Strengthens Weak Eyes, Doesn't Smart, Soothes Eye Pain, and sells for 50c. Try It in Your Eyes and in Baby's Eyes for Sore Eyelids and Granulation.

A table of weights and measures, typewritten and framed under glass, should hang in every kitchen.

Competition Defined.
 In deciding that a retail oil dealer in Iowa may recover damages from the Standard Oil company for going into the retail trade in competition with the plaintiff with malicious intent to drive him out of business because he quit buying his supply from the defendant and got it elsewhere, the supreme court of Iowa says in *Dunshes vs. the Standard Oil company*:
 "Men have the right to engage in lawful competition, and though the competition may have the effect of driving another out of business, if the competition is lawful no action arises though injury resulted from the competition. Where there is lawful competition for gain, for supremacy in business, for the legitimate control of business, even though the purpose and effect of the competition is to drive from business competitors, yet if the competition is lawful and carried on in a lawful way no action will lie. There is a difference between lawful competition and simulated competition carried on with the sole purpose and intent not of profit and gain, but of maliciously injuring others engaged in that particular business."

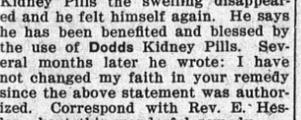
IMPORTANCE OF TABLE LINEN

Well to Bestow Some Thought on Appurtenances Before They Are Purchased and Shaped.

In buying a table cloth one should, if possible, have the exact measurement of the table for which it is intended; the usual length is from two and one-half to three yards. If the table is a square one, one-fourth to one-third of a yard is allowed to fall over the ends. Many of the new cloths have the design round on a square cloth, which makes them especially attractive for the round table, as the cloth can be cut circular without disturbing the pattern; usually these have a circle of flowers, or the satin bands, according to the design in the border, in the middle of the cloth to fit the top of the table. Napkins should match the cloths, and there ought to be two dozen allowed for each cloth; one dozen of each size.

A CLERGYMAN'S TESTIMONY

The Rev. Edmund Heslop of Wigan, Pa., suffered from Dropsy for a year. His limbs and feet were swollen and puffed. He had heart fluttering, was dizzy and exhausted at the least exertion. Hands and feet were cold and he had such a dragging sensation across the joints that it was difficult to move. After using 5 boxes of Dods Kidney Pills the swelling disappeared and he felt himself again. He says he has been benefited and blessed by the use of Dods Kidney Pills. Several months later he wrote: "I have not changed my faith in your remedy since the above statement was authorized. Correspond with Rev. E. Heslop about this wonderful remedy."
 Dods Kidney Pills, 50c per box at your dealer or Dods Medicine Co., Buffalo, N. Y. Write for Household Hints, also music of National Anthem (English and German words) and recipes for dainty dishes. All 3 sent free.—Adv.



Rev. E. Heslop boxes of Dods Kidney Pills the swelling disappeared and he felt himself again. He says he has been benefited and blessed by the use of Dods Kidney Pills. Several months later he wrote: "I have not changed my faith in your remedy since the above statement was authorized. Correspond with Rev. E. Heslop about this wonderful remedy."
 Dods Kidney Pills, 50c per box at your dealer or Dods Medicine Co., Buffalo, N. Y. Write for Household Hints, also music of National Anthem (English and German words) and recipes for dainty dishes. All 3 sent free.—Adv.

Dutch Sauce.
 Blend together two ounces of butter and a small teaspoonful of flour, put it into a stewpan with equal quantities of water and tarragon vinegar (two tablespoonfuls of each), stir for a minute and add the beaten yolks of two eggs, keeping up the stirring until the mixture thickens. It must not boil, and when ready to serve pour into it half the juice of a lemon. Make the sauce in a double boiler.

Anybody can dye successfully with Putnam Fadeless Dyes.—[Adv.]

Flank Steak With Dressing.
 Select a nice, thick flank and have the butcher remove all skin and score it on both sides. Ask for a small piece of suet. Ingredients for dressing: Two cupfuls of soaked bread crumbs, one small onion, one tablespoonful of butter, one egg, one-quarter teaspoonful of salt, a little powdered sage, several shakings of pepper. Pour water on the stale bread. When soft press dry in both hands, then reject any hard or dark parts. Beat the egg well, and stir in, also the seasoning; mince the onion, put in frying pan with the butter, let it cook a little, but not brown; add the bread, turn a few times, then taken from stove. Rub the flank well with salt and pepper, place dressing on, then roll tightly, tie with white cord, cut suet up finely, tie with white cord, cut the roast, cover and cook in steady heat; it must be well done, but not dried out.

Cockle Broth.
 The cockle is similar to the clam. Open fifteen large, fresh cockles; place them in a small saucenpan with all their liquor. Add one and a half quarts cold water and four branches of celery. Place on the fire, season with two saltspoons cayenne pepper, adding one teaspoon butter; let boil for ten minutes. Strain through cheese-cloth and serve in cups enough for six.

Why Women Have Nerves

The "blues"—anxiety—sleeplessness—and warnings of pain and distress are sent by the nerves like flying messengers throughout body and limbs. Such feelings may or may not be accompanied by backache or headache or bearing down. The local disorders and inflammation, if there is any, should be treated with Dr. Pierce's Lotion Tablets. Then the nervous system and the entire womanly make-up feels the tonic effect of

DR. PIERCE'S FAVORITE PRESCRIPTION

when taken systematically and for any period of time. It is not a "cure-all," but has given uniform satisfaction for over forty years, being designed for the single purpose of curing woman's peculiar ailments.

Sold in liquid form or tablets by druggists—or send 50 one-cent stamps for a box of Dr. Pierce's Favorite Prescription Tablets. Ad. Dr. R. V. Pierce, Buffalo, N. Y.

Every woman ought to possess The People's Common Sense Medical Adviser by R. V. Pierce, M.D., 1008 pages. It answers questions of sex-Teaches mothers how to care for their children and themselves. It's the emergency doctor in your own home. Send 3 one-cent stamps to Dr. R. V. Pierce at above address.

WHERE to STOP and SHOP in LOS ANGELES

BOILER AND MACHINE WORKS.
 Founders, machinists, pattern makers steel tanks, boilers, engines, ranges, furnaces. Pioneer Boiler & Machine Works. S.W. Cor. Palmetto and Carolina Sts.

PIPES AND PIPE REPAIRING.
 Largest stock, best selection. Satisfaction guaranteed. Mail orders solicited. W. F. Ball, Est. 30 yrs. 110 N. Spring

WALL PAPER BARGAINS—Gold Parlor Paper 5c a roll; Imported Leathers 50c. New York Wall Paper Co., 1001 S. Main, Los Angeles.

FACTORY SHOE REPAIR SHOP
 Work done while you wait. 811 West Sixth Street, S. A.

BEKINS VAN STORAGE
 Telephone Mon. 1000 Main 10

800 S. Broadway, Los Angeles, Cal.

10 CENT "CASCARETS" FOR LIVER AND BOWELS

Cure Sick Headache, Constipation, Biliousness, Sour Stomach, Bad Breath—Candy Cathartic

No odds how bad your liver, stomach or bowels; how much your head aches, how miserable you are from constipation, indigestion, biliousness and sluggish bowels—you always get relief with Cascarets. They immediately cleanse and regulate the stomach, remove the sour, fermenting food and foul gases; take the excess bile from the liver and carry off the constipated waste matter and poison from the intestines and bowels. A 10-cent box from your druggist will keep your liver and bowels clean; stomach sweet and head clear for months. They work while you sleep.—Adv.

Cream Soups.
 A housekeeper famous for her cream soups gives this as a general proportion for them:
 One quart of liquid, one pint of vegetable pulp, two tablespoonfuls each of flour and butter. And she says the secret of making them successfully is to mix the liquid and vegetable matter together so carefully that no lumps are formed.

READ
 New Book on Tuberculosis. Valuable Booklet on Treatment. By Nature's Creation of Tuberculosis, Asthma, Catarrh, Bronchitis, and conditions that lead to them such as Impure Blood and run-down condition. Sent free—write for it—costs nothing. Address Nature's Creation, 306 Bullard Block, Los Angeles.

CACTUS BURBANK SPINELESS VARIETIES.

Send for catalog and special \$5.00 offer. LOS ANGELES CACTUS NURSERY COMPANY 202 Mercantile Place, Los Angeles, Cal.

THE PROMOTION OF HEALTH

The knowing how to keep strong and healthy is not so much of a secret. You must first see that the digestion is kept normal, the liver active and the bowels regular. To bring about this healthy condition you should try

HOSTETTER'S Stomach Bitters

It is for Indigestion, Poor Appetite, Nausea, Costiveness, Biliousness and Malaria. Start today.

BEGIN NOW

If you have not decided upon what Spring Medicine to take, try

WRIGHT'S INDIAN VEGETABLE PILLS

By arousing the liver They cleanse the system of accumulated impurities and PURIFY THE BLOOD



Get a package use it to prevent and cure diseases of your cows. This old, reliable remedy is not a stock food, but a medicine for sick cows. It tones up the sensitive and generative organs and helps nature make cows preventive of Lost Appetite, Milk Fever, Bunches, Red Water, Scouring, Abortions, Barrenness, Retained Afterbirth. Sold in 50 cent and \$1.00 packages by druggists and feed dealers. Ask for copy of "The Cow Book."

S. S. S. Means Pure Blood Which Insures Long Life and Health.

The great experts in Chemistry and Physiology now declare what has all along been contended by the Swift Laboratory that the germs of blood disorders find lodgment in the interstices of the tissues. And herein is where S. S. S. goes to work rapidly, effectively and with wonderfully noticeable results. This famous blood purifier contains medicinal components just as vital and essential to healthy blood as the nutritive elements of wheat, roast beef, and fats and the sugars that make up our daily ration. As a matter of fact there is one ingredient in S. S. S. which serves the active purpose of stimulating each cellular part of the body to the healthy and judicious selection of its own essential nutrient. That is why it regenerates the blood supply; why it has such a tremendous influence in overcoming eczema, rash, pimples, and all skin afflictions.

Get a bottle of S. S. S. at any drug store, and in a few days you will not only feel bright, and energetic, but you will be the picture of new life. S. S. S. is prepared only in the laboratory of the Swift Specific Co., 201 Swift Bldg. Atlanta, Ga. Who maintain a very efficient Medical Department, where all who have any blood disorder of a stubborn nature may write freely for advice. S. S. S. is sold everywhere by all drug stores. Beware of all attempts to sell you something "Just as good." Insist upon S. S. S.

IF YOUR CHILD IS CROSS, FEVERISH, CONSTIPATED

Look, Mother! If tongue is coated, cleanse little bowels with "California Syrup of Figs."

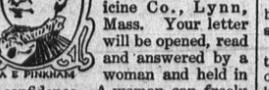
Mothers can rest easy after giving "California Syrup of Figs," because in a few hours all the clogged-up waste, sour bile and fermenting food gently moves out of the bowels, and you have a well, playful child again. Sick children need to be coaxed to take this harmless "fruit laxative." Millions of mothers keep it handy because they know its action on the stomach, liver and bowels is prompt and sure. Ask your druggist for a 50-cent bottle of "California Syrup of Figs," which contains directions for babies, children of all ages and for grown-ups.—Adv.

About Stockings.
 Having trouble with my stockings wearing out at the heels, I have discovered that a very good way to prevent this is to sew a piece of velvet inside the back of the shoes. This makes the stockings last much longer.—Exchange.

FREE ADVICE TO SICK WOMEN

Thousands Have Been Helped By Common Sense Suggestions.

Women suffering from any form of female ills are invited to communicate promptly with the woman's private correspondence department of the Lydia E. Pinkham Medicine Co., Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence. A woman can freely talk of her private illness to a woman; thus has been established a confidential correspondence which has extended over many years and which has never been broken. Never have they published a testimonial or used a letter without the written consent of the writer, and never has the Company allowed these confidential letters to get out of their possession, as the hundreds of thousands of them in their files will attest.



Out of the vast volume of experience which they have to draw from, it is more than possible that they possess the very knowledge needed in your case. Nothing is asked in return except your good will, and their advice has helped thousands. Surely any woman, rich or poor, should be glad to take advantage of this generous offer of assistance. Address Lydia E. Pinkham Medicine Co., (confidential) Lynn, Mass.

Every woman ought to have Lydia E. Pinkham's 80-page Text Book. It is not a book for general distribution, as it is too expensive. It is free and only obtainable by mail. Write for it today.

L. A. N. U. 1914—No. 10

PISO'S REMEDY FOR COUGHS AND COLDS

Send Quick Syrup, Tablets, Gold, etc. in 4ms. Sold by Druggists.