BLUE CHIP STAMPS

# Foods Co. SUPERMARKETS

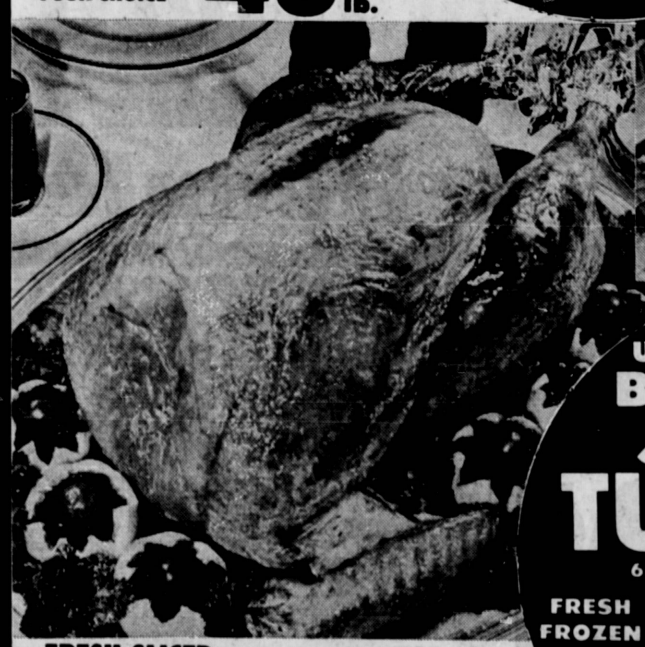
# Week After Week, Great Menu Ideas From Foods Co.

USDA INSPECTED FRESH FRYING CHICKEN ONLY THE BEST PARTS

**PICK O' THE CHICK 39¢ lb.**

**2 BREASTED or 4 LEGGED FRYERS**
EXTRA LIGHT OR DARK MEAT YOUR CHOICE **43¢ lb.**

**39¢ MEAT SALE**



USDA Inspected
**FRESH FRYING CHICKEN PARTS LEGS or THIGHS**
BACK ATTACHED **39¢ lb.**

USDA INSPECTED **BELTSVILLE JUNIOR TURKEYS**
6 TO 8 POUND AVERAGE
FRESH FROZEN **39¢ lb.**

FRESH FRYER **WINGS . . . 29¢ lb.**
FRESH FRYER **BACKS . . . . 10¢ lb.**
FRESH FRYER **NECKS . . . . 10¢ lb.**

CHICKEN LIVERS & GIZZARDS **39¢ lb.**

USDA CHOICE AMERICAN LAMB
USDA CHOICE YOUNG LAMB **LAMB SHOULDER CHOPS . 89¢ lb.**
USDA CHOICE YOUNG LAMB **O-BONE LAMB CHOPS . . 98¢ lb.**
STUFFED • USDA CHOICE **LAMB BREAST . . . . . 49¢ lb.**

USDA CHOICE YOUNG **LAMB SHOULDER ROAST**
Square Cut 3-4 LBS. **49¢ lb.**

FRESH SLICED NUTRITIOUS YOUNG STEER **BEEF LIVER 49¢ lb.**

HOT OR MILD RATH PURE **PORK ROLL SAUSAGE**
1 LB. ROLL **39¢**

SMOKED • EASTERN QUALITY GINGHAM SLICED **BACON** 1 LB. PKG. **59¢**

PRE-CARVED PICNIC **PORK ROAST 49¢ lb.**

LEAN EASTERN • GRAIN FED **SHOULDER PORK ROAST**
4 TO 6 POUND AVG. **39¢ lb.**

EASTERN QUALITY **SMOKED PICNICS**
MILD CURE WHOLE **39¢ lb.**

PRE-CARVED **SMOKED PICNICS**
MILD CURE **49¢ lb.**

HORMEL SMOKED **PORK CHOPS**
CENTER CUT RIB **89¢ lb.**
CENTER CUT LOIN **98¢ lb.**

**SEAFOOD FEATURES**

GREENLAND • PAN READY **HALIBUT FILLETS . . . . 59¢ lb.**
HEAT 'N EAT **FISHSTICKS . . . . . 39¢ lb.**

RUPERT'S FROZEN BREADED **SHRIMP** 1½ lb. Pkg. **$1.98**

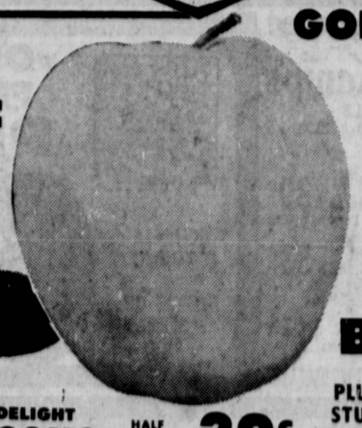
RUPERT'S FROZEN **FISH FRY . . .** 1 LB. PKG. **. . . 89¢**
RUPERT'S FROZEN **FISHSTICKS . . .** 14 OZ. PKG. **. . . 59¢**
RUPERT'S FROZEN **FISH & CHIP DINNER . . .** 1 LB. PKG. **. . . 59¢**

**PORK STEAK** LEAN CENTER CUTS **69¢ lb.**
**BOSTON BUTTS** SEMI-BONELESS PORK ROAST **59¢ lb.**

## fresh produce Foods Co. SUPERMARKETS

LARGE • RIPE • FUERTE **AVOCADOS 2 FOR 29¢**

**CUCUMBERS** LONG GREEN SLICING • SIZE **10¢ EA.**

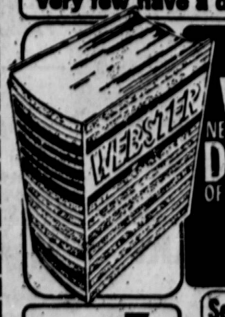


GOURMET'S DELIGHT **MUSHROOMS** HALF POUND **39¢**

EXTRA FANCY WASHINGTON STATE **GOLDEN DELICIOUS APPLES**
JUICY GOLDEN RIPE **5 LBS. $1**

**BELL PEPPERS** PLUMP GREEN STUFFING SIZE **19¢ LBS.**

Every home has a dictionary... very few have a dictionary like this!




WEBSTERS NEW TWENTIETH CENTURY DICTIONARY OF THE ENGLISH LANGUAGE UNABRIDGED

Section 7 this week ... only 99¢

Section One Free WITH THIS COUPON AND ANY PURCHASE 99¢ Value

Deluxe BINDERS . . $1.99