

...Hospital

(Continued from Page 1) capacity of a patient suffering from heart or lung diseases for work. Or, as Dr. Lund puts it, what is a safe level of work for such a patient?

TO DETERMINE this, a patient is put through a series of tests on the treadmill by Dr. Lund. The treadmill which can simulate the work load of a man running at a speed of 7 miles per hour if needed.

While the patient is performing these tests, Dr. Lund is able to monitor the patient's heart rate, blood pressure, and pulse rate.

And that's the unit's biggest advantage, Dr. Lund points out—being able to monitor the patient while he is performing the tests.

Older tests required the patient to perform certain exercises, then to lie down for a reading of heart rate, pulse, and blood pressure. Such a test may miss irregularities which occur during the actual exercise, Dr. Lund says, or they may not push the patient to his upper limit.

AS A RESULT of the tests, Dr. Lund explains, he is able to evaluate a patient's capacity for work. This, in turn, determines if the patient may return to his job or, when that is not possible, what job he may perform.

Both the patient and his firm benefit, Dr. Lund points out, through the procedure.

The Work Evaluation Unit also is useful in diagnosing heart and lung conditions. Through the same tests, the presence of heart and lung diseases may be detected even though pain and other overt symptoms are absent.

And the unit can help to determine the capacity of a patient for exercise such as jogging, swimming, or other endurance exercises.

IN EACH case, the tests allow Dr. Lund to literally prescribe a "safe activity level" for his patients.

The unit also has a potential for research uses, Dr. Lund adds. This is especially true in the field of "vectorcardiograms," which permit a sort of "three-dimensional" EKG to be taken of a patient. Dr. Lund said there is a feeling among heart specialists that such a "3-D" EKG may be useful in diagnosing heart diseases which may not show up on a normal EKG reading.

To undergo tests in the Work Evaluation Unit, a patient must be referred by his own physician. Previous medical records and a recent chest x-ray also are needed and every patient gets a thorough physical examination before taking the tests.

THE WORK Evaluation Unit is equipped to handle any emergency which might arise, Dr. Lund explains. He also says every step is taken before and during testing to prevent such emergencies.

The Work Evaluation Unit at Torrance Memorial Hospital is the only one of its kind in the area, according to hospital officials.

Dr. Lund, 31, took his medical training at Chicago Medical School.

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...Jamboree

(Continued from Page 1) Airport plans to have a pint-size "Flutter-bug" experimental airplane on display along with a scale model of the 500-acre airport. The 99ers, a women's flying club, will be on hand to explain the function of their organization.

The City Library plans a display showing the technical side of the new library system and its function within the city. A scale model of the new civic center library also will be on display.

The Fire Department will display specialized equipment used by local firemen, including resuscitation equipment, self-contained breathing apparatus, and forceable entry tools. Fire prevention will be emphasized by firemen who have scheduled jamboree visits with the city's 100-foot aerial ladder truck.

"YOUR OWN Thing" is the theme of the Torrance Recreation Department at several displays including a nature museum, puppet show, and the Happy Wanderer puppet theater. Recreation experts will demonstrate skiing on a dry-land slope, ceramic and jewelry making, fencing, guitar playing, and oil painting.

"Shared leadership" is the theme of the Torrance YMCA Indian Maidens and Indian Guides booth. Maidens and Guides will be dressed in Indian costumes

to display Indian lore and crafts. A dangerous weapon and narcotics display is scheduled by Torrance Police Department at its communications booth. Emergency communicants equipment also will be shown.

The Torrance Area Chamber of Commerce, Jaycees, and Red Cross plan information-type booths explaining their many programs and services offered in the community.

Refreshments will be sold in the theater balcony by the Torrance Police Officers Association with proceeds going for youth activities.

...Freeway

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before agreeing on the blue route. And Commissioner George Post questioned the need for the freeway. Post, pointing out statistics available would not be applicable when freeway construction begins in 10 years, said "There is no panacea. The freeway will never solve the traffic problems."

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Films Slated

Here Friday The Harbor area VIVID (Victory In Vietnam Instead of Defeat) Committee will show two color films Friday at 8 p.m. at the American Carson St.

The films are "Vietnam: Dilemma for Americans" and "The Opinion Makers." A discussion period will follow the films.

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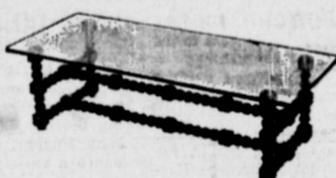
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