

ANN LANDERS



Enough Hooley, Already

Dear Ann Landers: Why don't you get with it and knock off the nonsense about childbirth? If I read one more letter in your column from a mother who says having a baby is just like a little tum-myache, I think I will throw up.

Some women could give birth to an elephant and not feel a thing. Other women have a very rough time and it goes on and on and on — yes, even with the wonderful new sedatives and pain killers.

You should tell your readers the truth — that no two deliveries are the same; that every woman is different, physical, emotionally and psychologically; that her mother's approach to childbirth will have a definite effect on her attitude; that it can be a big help if she gets a good doctor. So enough of the hooley already, Ann Landers. Thank you—TWO FEET ON THE GROUND.

Dear Feet: I would not dispute a single word of your letter. It is all true. Thanks for writing.

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Dear Ann Landers: My husband's unmarried sister moved to this country from overseas. Sara is a medical doctor. I was overjoyed when I learned she was coming and invited her to live with us.

After a few months Sara became withdrawn and uncommunicative. When she refused to leave her bed we wrote to a sister overseas and learned that she is mentally ill and has been for a long time.

Sara sleeps in our living room and is ruining our marriage. All she does is read medical books and write letters to President Johnson complaining about the hospitals in America and how they abuse patients and employes.

We are people of modest means and are deeply concerned about the huge bills she has run up all over town. (My husband vouched for her.)

Sara will not see a psychiatrist and insists there is nothing wrong with her. In the meantime she hasn't been out of her nightgown in six weeks and I am going crazy. What shall I do? — MARGARET.

Dear Margaret: It is up to your husband to call in some doctors. If they decide his sister should be committed to a state mental hospital, and he refuses, give him a choice — you or his sister. And make it stick.

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Dear Ann Landers: An aunt whom I dearly loved died several years ago. Her husband gave me her engagement ring and her wedding band because I was her favorite niece.

These two people had one of the most beautiful marriages I have ever witnessed. It would mean a great deal to me if I could use my aunt's ring for my own engagement and marriage. Some people feel it would be improper. I'd like your opinion — ENGAGED IN MIAMI.

Dear Engaged: Since the wedding ring is a traditional part of the religious ceremony I feel it would be appropriate to use your aunt's wedding band and wear it thereafter provided of course that your husband-to-be agrees to the idea. The engagement ring is something different, however. Let your fiancé make a selection in keeping with HIS taste and HIS financial bracket. You can wear your aunt's ring as heirloom jewelry, but not as a symbol of your beloved's betrothal.

To solve some of the frustrations, disappointments and disillusionments of married life, send for Ann Landers' booklet, "What to Expect From Marriage," enclosing with your request 20 cents in coin and a long self-addressed, stamped envelope.

Ann Landers will be glad to help you with your problems. Send them to her in care of the Press-Herald enclosing a stamped, self-addressed envelope.

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You Must File a Return To Get Refund of Taxes

You will not automatically receive a refund of tax withheld from your wages unless you file a tax return, said Ralph B. Short, acting district director of Internal Revenue for Southern California.

A tax return is not required when the gross income received during the year is less than \$600, Short said, but a return must be filed to obtain a refund of any federal tax withheld.

This advice applies particularly to students and other persons who worked only a part of the year, he said. The income tax return provides a

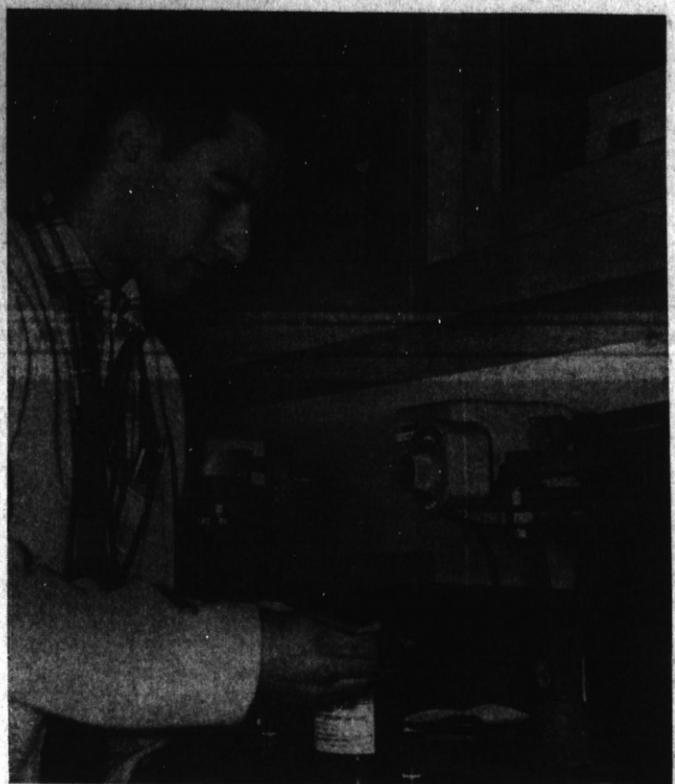
Judge Continues Robbery Case

A preliminary hearing for a Torrance man arrested on suspicion of robbery has been continued to Monday in South Bay Municipal Court.

William Spencer Hamric, 23, no address listed, was ordered yesterday to return to court next Tuesday. He was arrested last Friday by Torrance police.

Breakfast Committee Makes Plans

Seven men have been named to a committee to plan the annual Pancake Breakfast sponsored by Boy Scout Troop 242. The breakfast is to be held Saturday, Sept. 23.



FOR SCIENCE FAIR... Edward Hasso, a senior at North High School, weighs chemicals for a project which he is planning to enter in the annual Torrance district High School Science Fair. The fair, which will be open to the public, is scheduled April 13 and 14 at Torrance High School. Students from all four high schools here will enter the competition.

SCHEDULED IN APRIL

Torrance High Hosts Annual Science Fair

Torrance Unified School District will hold its second annual high school science fair April 13 and 14 at the Torrance High School gym, 2200 W. Carson St.

Participating in the event will be students from the city's four public high schools.

Last year the high school science fair was held separately from the elementary science fair for the first time. Previously, both events had been combined in a joint affair.

HIGH SCHOOL students participating in this year's fair have until March 31 to complete their entries, it was announced this week by Mrs. Gladys Kennedy and Dr. Bruce Wagner, coordinators of the event.

Representatives of each medical school in Los Angeles County have been appointed to a committee which will screen candidates for the post of county medical examiner-corer.

Coroner Committee Appointed

Supervisor Burton Chace asked that the committee be expanded to include representatives of the medical schools.

Chace then named Dr. Baldwin G. Lamson of the University of California at Los Angeles, Hugh A. Edmondson of the University of Southern California, and Dr. Warren L. Bostick of the University of California College of Medicine to the committee.

Other members of the committee are Dr. Lewis T. Bullock, chairman of the Los Angeles County Medical Association, and Virgil Kingaley and John Todd, who represent Southland funeral directors.

Two Men Sentenced For Theft

Two men arrested on suspicion of burglary early March 5 have pleaded guilty to charges of petty theft in South Bay Municipal Court.

Don Leonard Rockafellow, 19, of 5108 Spencer St., and Robert Wayne Pierce, 21, of 4726 Carmelynn St., were placed on one year summary probation and ordered to pay a fine of \$89 each or serve eight days in the county jail.

Judge George Perkovich sentenced the two men March 7 when they entered guilty pleas.

Rockafellow paid the fine and Pierce was remanded to the County Jail.

Milkman Robbed Of \$140

A milkman was robbed of \$140 by a man who climbed into his delivery truck at the corner of Sepulveda and Crenshaw boulevards about 11:30 a.m. Monday.

Nathan Pearlston, 52, of Pacoima, was stopped in the westbound lanes on Sepulveda when the man climbed into the truck and ordered him to "pull over by that field," it was reported.

Pearlston told police the gunman was slim, about 6 feet tall, between 20 and 25 years old and "shabby in appearance."

The elementary science fair will be held in May.

where there are a limited number of entries.

Entries will be judged on the basis of creative ability, scientific thought, thoroughness, technical skill, clarity, and dramatic value.

Assisting Mrs. Kennedy and Dr. Wagner in coordinating the high school fair are the children of the district's four high school science departments: Charles Pillett of Torrance High, William Bawden of West, Ronald Brown of North, and Wallace Geer of South, and Marcus Caldwell, assistant principal of Torrance High.

Some Hints on Beauty Gleaned by the Count

I've asked for more beauty secrets and so have you. So many excellent ones are coming in that soon I should have enough to put into book form.

I promise you when I do they'll be priced so that every one of you will be able to afford a copy. After all, why not? you made it possible. So keep them coming.

Here are some of the latest ones sent in by my readers.

A nail tip worth trying is

COUNT MARCO

this: After cleaning nails thoroughly, and before applying polish, saturate a piece of cotton with vinegar and wipe your fingernails. Let it dry and then apply one coat of base coat, two coats polish and then the top coat. With this treatment, the polish stays on from one week till the next — no chipping. (It makes no difference whether your vinegar is white or yellow.)

An additional Count Marco hint for those who suffer nail breakage or who chew their nails: Follow the above method, but before retiring every night or first thing every morning add an additional top coat, one on top of the other. Do this for one or two weeks. You'll be delighted and amazed at the new strength your nails take on.

Here is a remarkably successful home remedy for a more attractive, healthy head of hair. Make a solution of the following: 3 drams salts of tartar; 15 drops tincture of cantharides; 15 drops spirit of camphor; 1/2 pint

lemon juice. Mix well and leave exposed to air for approximately two hours. Add several drops of your favorite perfume or a drop-perful of cologne. Apply to your hair following the shampoo and final rinse. Brush mixture through your hair and set.

If you can find the time, apply mixture to your hair several times during one day. This is not recommended for bleached or tinted hair.

If you should miss your regular beauty appointment, famous hair stylist Don Lindahl suggests an in-between home remedy treatment for dry and flaky scalp.

Wet your hair and saturate it with warm olive oil. Apply generously to scalp with cotton pads. Wrap head in a very hot, steamy towel and wait 15 minutes. Shampoo, rinse and rinse again. When you think it is thoroughly rinsed, rinse it one more time. Then set as usual.

One of the greatest crimes perpetrated in make-up is misuse of rouge. Here is a wise tip sent in by a reader.

"Rouge should go under foundation, thus making it utterly natural looking, utterly subtle, and utterly youthful.

"I rouge not only the cheekbone," she writes, "but also the temple and just a bit below the eyebrow. If you have trouble with a double chin, put a triangle of rouge on the throat under the chin (under the foundation remember), likewise a little rouge along the jawbone will make jowls retreat."

Press-Herald Sunday Crossword

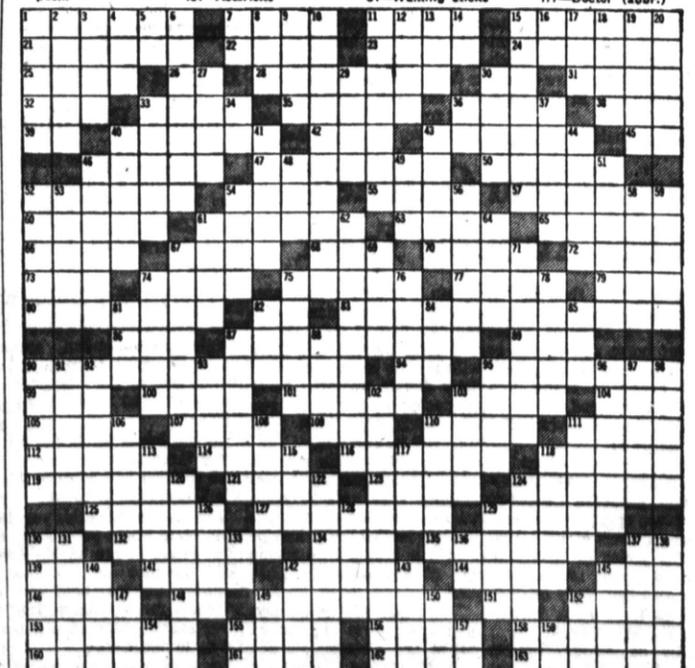
(Answer on Page A-7)

ACROSS

- 1—Gem weight
- 2—Container for flowers
- 3—Roman patriot
- 4—Defraud
- 5—Fail to follow suit
- 6—Cleopatra's handmaid
- 7—Turkish title (var.)
- 8—Rub out
- 9—Preposition
- 10—Woodland deity
- 11—Calculation
- 12—Sick
- 13—A direction
- 14—Snake
- 15—Form of riddle
- 16—Mina Claire
- 17—Binds with adhesive band
- 18—Nahoor sheep
- 19—Black substance from combustion
- 20—The sesame
- 21—Swedish measure
- 22—Abolish
- 23—Clock in shape of ship
- 24—Recompensed
- 25—Fright
- 26—To fall short
- 27—To aster family
- 28—Body of water
- 29—New England state (abbr.)
- 30—Assist
- 31—Home of famous wizard
- 32—Babylonian numeral
- 33—Sation and feeling
- 34—Experiencing sensation
- 35—Slow-moving creature
- 36—Aprais
- 37—To retreat
- 38—A direction
- 39—Symbol for seltarium
- 40—Tune
- 41—Rom. num.
- 42—Disease
- 43—Artificial language
- 44—Masks lace edging
- 45—Succinct
- 46—Division of long poem
- 47—Plural ending
- 48—Out of the house
- 49—Cooled for practice
- 50—Place for practice shooting
- 51—Clear part in whole (pl.)
- 52—Greek letter
- 53—Get up as an army division
- 54—State (abbr.)
- 55—Musical groups
- 56—Swiss canton
- 57—That thing
- 58—Profanation
- 59—113-1416
- 60—Expire
- 61—Unruly outbreak
- 62—Chinese measure
- 63—Consider
- 64—Unusually affable
- 65—Child for mother
- 66—Gull-like bird
- 67—Resource
- 68—Foreign employed India soldier
- 69—Took account of
- 70—Woman in a convent
- 71—No good (slang)
- 72—Bulgarian coin
- 73—Hebrew letter
- 74—Whitney
- 75—Ecclesiastical decree
- 76—First man
- 77—Delaware Indian
- 78—Mexican coin (pl.)
- 79—Isles off Ireland
- 80—Exclamation of dislike
- 81—Bone
- 82—Japanese measure
- 83—College yell
- 84—Wall decoration
- 85—Waste piece of cloth
- 86—Part of flower
- 87—Golf score
- 88—Employs
- 89—Wire measure
- 90—Printer's measure
- 91—Ever (post.)
- 92—Ravenous
- 93—Exclamation of triumph
- 94—Over voltage (abbr.)
- 95—Rudder lever
- 96—Auricular
- 97—Nativity of Denmark
- 98—Big Ten U
- 99—Soft and lustrous
- 100—Rant
- 101—Unit of energy (pl.)
- 102—Asterisks

DOWN

- 1—Adverse critic
- 2—Article
- 3—Corded cloth
- 4—Culture medium
- 5—Article of faith
- 6—Noxious
- 7—God of War
- 8—Of War
- 9—Of northern dwellers
- 10—Artificial waterways
- 11—Friends (F.)
- 12—Color lightly
- 13—To become systematized
- 14—Indian tribe head
- 15—Frans . . .
- 16—Dutch painter
- 17—Wapiti
- 18—By
- 19—Tilden's game
- 20—Cook in certain way
- 21—Prepared
- 22—Upon
- 23—Hawaiian food
- 24—Small portion
- 25—Swordsmen's dummy stabs
- 26—To try
- 27—River in Poland
- 28—Pleasing to the palate
- 29—Land measure
- 30—Belonging to
- 31—Italian commune
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- 220—Pleasing to the palate



(A Bell-McClure Syndicate Feature)

DOCTOR AND CRUSADER . . .

Dr. Charles H. Mayo III, grandson of the founder of the famous Mayo Clinic in Rochester, Minn., discusses fourth-coming Cancer Crusade with Mrs. Gordon Phillips, 20545 Madison, Crusade residential chairman in the Centinela Valley - South Bay District. Dr. Mayo addressed a meeting of the American Cancer Society as it prepares for its annual April fund campaign.