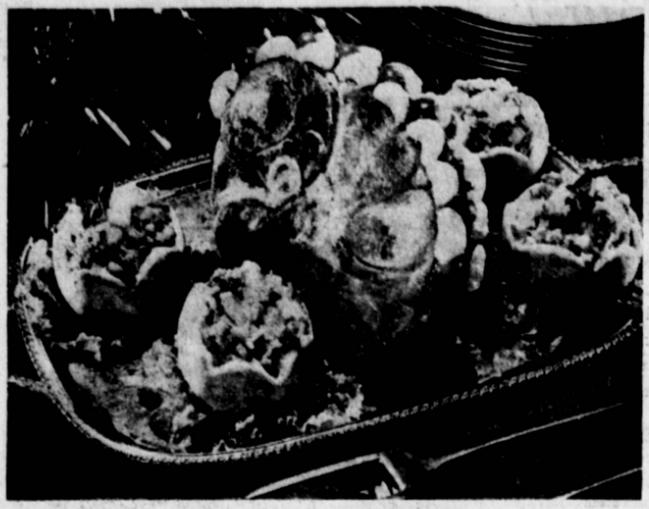


Mary Wise

menu and shopping guide



TART AND ZESTY is the flavor of these glamorous grapefruit dressing shells, served along with the holiday ham. Shells may be prepared the day before; they are wrapped in foil before baking.

GRAPEFRUIT ADDS ZEST

Particularly appealing is the tart and zesty flavor of grapefruit fresh from California's Coachella Valley when it's added to melba toasted, ready-to-use dressing and baked in the natural grapefruit shells. Serve with a holiday ham.

Use Mrs. Cubbison's Cornbread Stuffing as a base for the dressing shells, to which you add fresh fruit, chopped vegetables and liquid. Fill the hollowed out shells and wrap shells completely in foil before baking. Shells may be prepared the day before and baked with the ham during the last 45 minutes of the cooking time.

GRAPEFRUIT DRESSING SHELLS
 1 6 1/2-oz. bag Mrs. Cubbison's cornbread stuffing
 1 1/2 cups cooked rice
 2 cups grapefruit segments (3 grapefruit)
 1 cup tangerine segments
 1/2 cup chopped celery
 1/2 cup chopped onion
 1/2 cup melted butter
 1 cup liquid (grapefruit juice plus water)

Empty dressing into large bowl; add rice. Cut grapefruit in half and carefully cut around shells to remove pulp. Cut segments from membrane over bowl. Peel tangerines; pull segments apart and remove seeds. Drain fruit, reserving juice. Add fruit, celery and onion to dressing and rice mixture. Blend in butter. Stir in liquid, blending gently but thoroughly. Fill grapefruit shells and wrap securely in foil. Bake at 325 degrees 45 minutes. Remove foil, garnish with mint and serve. Makes 6 dressing shells.



INGA JÄKLIN, motion picture actress currently appearing in "In Like Flint," takes time out from a busy schedule to enjoy one of her favorite "quickie" dishes—Tater Tots. She gives her Tater Tots a special gourmet accent by sprinkling them with freeze-dried chopped chives.



FAMILY PACK — New economy-sized two-pound package of Certi-Fresh Fish Cakes, each containing 12 cakes. Product is also available in regular 8-oz. package. Certi-Fresh Sea Foods is the West's largest supplier of fisheries products.

SALAD DAY
 Every day is salad day, so let fresh lemon juice dressing liven all your salads and help cut calories the easy way. Fresh lemon juice contains only 4 calories per tablespoon and gives the aroma and flavor you get only with fresh lemon.



OLIVES ADD ZIP

Garlic-flavored ripe olives add additional interest to your buffet. Buy the super-colossal California ripe olives. For 2 to 3 cups, add 3 tablespoons olive oil, 3 finely minced garlic cloves and 1 tablespoon grated lemon rind. Let stand for a while before serving.



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Tartar Teen Talk

By Pam Anderson

The Canned Food and Children's Book Drive started yesterday, beginning our annual spirit of giving during the Christmas season to help people who are in need. Each class is represented by a princess who will compete for queen at our next dance. The selection of the queen will be determined by the total amount of canned food and books which each class collects. The drive will end Dec. 15.

Congratulations to Linda Vang who placed fourth in the "Miss Business" contest at Santa Monica City College last week.

Starting tomorrow, applications for class elections will be available in the student activities office. Support your class and run for office! Thursday, the German Club, sponsored by Mr. Vernon Brewer, will present the annual Foreign Language Christmas Party. The scene will be set in the main cafeteria from 7 'til 10 p.m. Each club will provide an original skit and the evening will be topped off by the breaking of a pinata. The price is only 50 cents so come out for an evening of Christmas fun to the Foreign Language Christmas Party.

FRIDAY AND SATURDAY, members of the student council will attend a meeting of the 19th school district at Riverside sponsored by the California Association of Student Councils.

Welcome to a new member of the senior class. He is Daniel Darre, our own foreign exchange student from Argentina. Daniel is living with junior Mike Belzer and his family. Welcome aboard.

Last Tuesday, the THS student council was treated to an enlightening day of city government at the 10th annual Junior Citizens Day. Mayor Alan Brown conducted a mock city council meeting in which a proposal for a Playboy Club sponsored by Mr. Jack Rabbit was approved.

Choir Sets 'Messiah' On Sunday
 The Christmas section of Handel's "Messiah" will be presented by the Chapel Choir of the First Baptist Church of Torrance Sunday at 7 p.m.

The Rev. Robert H. Coburn, pastor of the church, has extended an invitation to all residents of the community to attend the special presentation.

Mrs. Ron Mulhim is music director and the organist will be Mrs. Arno Ouwendijk. Mrs. Charles Bloodgood will be the pianist.

Sales and earnings of the Broadway-Hale Stores, Inc., for the quarter ended Oct. 29 hit record highs, it was reported today.

Sales were \$52.7 million, up 6.4 per cent over last year, and earnings were \$1,249,536, or 34 cents per share, up 15.1 per cent over the same period last year.

Soloists will include soprano Mary Fehr, Nita Paschall, and Bonnie Medved, alto Emily Barnard, tenor Ted Carrington, and basses Bill Fuqua and Michael Powers.

The church is located at 2118 W. Carson St.

Ken Crane's Magnavox City

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