

ANN LANDERS



This Lad Is Unhappy

Dear Ann Landers: Please help me. I am an 11-year-old boy who is the unhappiest person in the whole world. I do something that is terrible and I just can't stop no matter how hard I try. I wet the bed. I have tried starving myself and going without water for days at a time but it doesn't help.

My mother took me to a doctor last year and the doctor said it was not serious and that I would outgrow it and not to worry. Ever since my mother knows I don't have a sickness she has been trying to disgrace me out of the habit by telling everybody that her 11-year-old baby boy still wets the bed. She even told my friends and now they all know why I never sleep at their houses.

Please tell me what I can do about this awful thing. I promise to follow your advice no matter what it is.—UNHAPPIEST BOY.

Dear Boy: It's too bad that the doctor didn't go a little further when he explained to your mother that your bed-wetting was not caused by a physical sickness. He should have told your mother that many adolescents wet the bed right up through the teen years because they are insecure and unhappy.

I suggest that your mother take you to a doctor who can help you work out your emotional problems. Ask your school counselor or your favorite teacher to recommend two or three such doctors so your mother can take her choice.

Dear Ann Landers: Seven years ago I married a man I thought I loved. He wouldn't work so I had to support both of us. I wanted a family and decided I would never have one if I stayed married to him, so we called it quits.

I swore if I ever found a good man I would be the best wife in the world. Well, I found a real jewel. The fact is, he is so wonderful it is difficult to describe him. We have a charming home, two lovely children and just about everything a person could want. So, will you please tell me why my mouth is never shut? I nag constantly, I'm forever picking on this marvelous man and I'm so sick of listening to myself that I can't stand it. What is wrong with me anyway? I'm too ashamed to sign my name. Just call me—NUTTY MARIE.

Dear Marie: I'll bet your jewel is the cute type. Most wives who nag figure a fight is better than being ignored.

Instead of criticizing or complaining, switch to topics of mutual interest. Nagging, like any other pattern of behavior, can become a habit, and it can be broken if you work at it.

Dear Ann Landers: My cousin had a rush wedding. She was pregnant (and looked it). But that didn't stop her from wearing a white gown and having bridesmaids and all the trimmings. My sister went out and bought the bride an expensive present.

The baby was born last week and now my sister wants to buy another present. I think it's wrong to treat this girl like she is the Queen of Sheba. When people don't live right they should not enjoy special privileges. Am I right?—BELIEVER IN DECENCY.

Dear B. So only the Queen of Sheba should get a present? The girl probably suffered a great deal and I'm sure she is doubly appreciative of any kindness shown her. Your sister sounds like a fine person to me. Too bad you aren't more like her.

Unsure of yourself on dates? What's right? What's wrong? Should you "blow it" or "blow her" Send for Ann Landers' book, "Dating Do's and Don'ts," enclosing with your request 35 cents in coin and a long, self-addressed, stamped envelope.

Easy Test Helps Detect Obstruction in Artery

A simple 60-second screening test to detect stroke-prone persons has been demonstrated by the Veterans Administration.

By pressing the thumb against a neck artery for about 30 seconds, a doctor may determine if there is an obstruction in the arteries which would cause the flow of blood to stop.

VA physicians say a patient will lose consciousness momentarily if there is a block in the artery to which no pressure has been applied. They call the method the "carotid compression test." It has been used successfully on more than 200 veteran-patients ranging from 30 to 92 years of age.

A STROKE occurs when an area of the brain is deprived of oxygen for a period long enough to kill brain cells. Paralysis is the most common result. About 15 to 20 per



UNDERWHELMED... This tyke was not the least bit impressed at the Noah's Ark Junior Pet Show at Peck Park, San Pedro, Friday. Others visiting the show, however, agreed that the "Ole Western Days" show was a credit to the sponsoring Jaycees. Show director Marty Lehr took this shot as young Vincent Cafarchia, of 20843 S. Brighton, took his siesta under a straw hat.

Name Change Brings Men Back to Red Cross Class

It was a spider that frightened little Miss Muffet away or so the nursery rhyme says. But it only took a name to frighten big, usually brave, almost-daddies away from the classes Red Cross offers to expectant parents.

So, "Mother and Baby Care," as the course has been called for the past 20 odd years, is now referred to as simply the Red Cross Expectant Parents Course.

And the name change is bringing results, too. Now almost every course has an equal number of men and women.

The joys of parenthood for both the almost-mother and prospective fathers are increased as fears and uncertainties that worry first-time parents are eased through the course of study.

The popular preparedness training, given in seven two-hour sessions, teaches almost-parents how to feed, diaper, bathe, and comfort the little one. It even covers the economics of having a baby—how hospitals charge, what furniture and equipment is needed, and what is not.

Specially trained registered nurses teaching the classes as Red Cross volunteers discuss the physical aspects of pregnancy and birth but not students' medical problems—on these students must consult their own doctors.

NOWDAYS both the about-to-be mother and father take the Red Cross course, but this has not always been the case.

The Red Cross Expectant Parents course evolved from a Home Hygiene course started after World War I. It took its present form in the early 1940's, but then separate sessions were held for fathers and mothers.

After World War II, mothers and fathers were put in the same class which was called "Mother and Baby Care." But that name seemed

to frighten some fathers away so just recently the course got its new name.

BETWEEN 20 and 30 of these courses will be taught in the Los Angeles area during the coming month, including those scheduled at Little Company of Mary Hospital, 4101 Torrance Blvd., and at the Red Cross Service Center, 1499 W. First St., San Pedro. Both courses begin Sept. 7 and will be taught from 7:30 and will be taught from 7:30 to 9:30 p.m. on consecutive Mondays and Wednesdays.

Mrs. Francis H. Church of Redondo is the specially trained registered nurse teaching the course at the Torrance location and Mrs. Sherrill Shaffer of San Pedro is the R. N. accepting the teaching assignment in San Pedro. Both are young mothers.

AT THE South Bay Red Cross classroom, 1132 Hermosa Beach, the course will be taught on Tuesdays and Thursdays beginning Sept. 15. Mrs. James Kelly of Redondo Beach will be the nurse instructor.

Red Cross advises that expectant parents take the course within three months of the baby's due date. Enrollment for the free courses may be made by calling Red Cross.



MASON MALLORY
Airline Sales Director

Mallory Gets New WAL Job

Mason Mallory has been named director of sales promotion by Western Air Lines. Mallory, 4213 Paseo de las Tortugas, will be responsible for sales promotion activities in Western's 12-state, three-nation system, according to Bert D. Lynn, vice president of the airline.

A veteran of 25 years with Western, Mallory joined the company in Los Angeles as a sales representative. He became sales promotion manager in 1956.

He is international secretary and a former vice president of the Sales Promotion Executives Association and in 1962 was named "Man of the Year" by the organization's Los Angeles Chapter. He was president of the local group in 1963.

Mallory also is an active composer and a member of the American Society of Composers, Authors, and Publishers.

He and his wife, Ruth, are parents of two sons, Mason Russell, 15, and Richard, 21, who is a student at Stanford Law School. A married daughter, Carol Larsen, resides in San Diego.

Torrance Plans Zip Code Week

Postmaster Carl L. Backlund has announced that the week of Oct. 10-15 has been designated as ZIP Code Week for Torrance. Backlund said that Torrance is one of the 302 major cities selected by Postmaster General F. O'Brien to participate simultaneously in the National ZIP Code Week.

Hopefully the project will dramatize the need for greater public cooperation with the ZIP Code, giving the Post Office Dept. the help it needs to cope with today's record volume of mail, he said.

ZIP Code Week will be tied in with many local community events, including parades, state and county fairs, concerts, sports activities, school programs, and meetings sponsored by civic, social and service organizations.

"We hope to get our ZIP Code message across to every facet of our community life," Backlund said. "This means the home, the schools, the churches and the business and society activities of the community."

"I cannot overemphasize the importance of using the ZIP Code," Backlund continued. "It will mean better, more efficient mail service for everyone. During our

planned week, we hope to make our mailers more aware of this and give them a better understanding of how ZIP Code can help in speeding up their mail."

Backlund said he had been informed by O'Brien that individual use of the ZIP Code had increased markedly in twelve cities where ZIP Week had already been conducted on an experimental basis.

Torrance and all other cities observing ZIP Code Week will submit a "Before and After" report to the Postmaster General's office to indicate the extent of increase in individual ZIP Code letters, Backlund said.

School Board Votes to Sell Water Rights

Sale of water rights at North High School and Hamilton Elementary School was authorized by the Board of Education Wednesday during a special meeting.

Trustees voted to advertise for bids for 59.4 acre-feet of water at the two sites. Oral bids will be accepted when the board considers the matter Sept. 6.

Yachting Season Brings Out the Battered Tugs

Set adrift three American women in a rowboat intent upon enjoying themselves and the area begins to look like the Bay of Pigs.

The yachting season is upon us. We used to consider ourselves fortunate that we live near the beauties of the sea, the bay and rivers. But what beauty Mother Nature created, the American woman has ripped asunder—herself, primarily.

Ah, the sea, the beautiful sea upon which sail the small craft

By Count Marco

so sleek, so elegant, so inspiring. Unfortunately, alongside any one of them far too many of the American yachting-type women, in "yachting regalia," look either like an overloaded barge of garbage heading for the deep or a couple of battered tugs huffing and puffing vainly in an attempt to dock a load.

If you haven't been to the seashore lately to watch those gambling on the sands or floating as flotsam on board pleasure craft, let me describe them to you.

The suits that some of the creatures wear, under the mistaken impression that they are bathing suits, show bottoms so overloaded they're stretched far

beyond safety and imagination. Seeing them lie on the sands I often wonder why the Navy hasn't made an understandable mistake and dive-bombed them in the interest of national safety, thinging an enemy submarine has been washed ashore.

Foolishly most wear short shorts in the cold salt breezes, or slacks defying even my descriptions, and their bits and pieces of upper array make the rigging on a four-masted schooner look like a second-hand dinghy.

The only consolation for those who indulge is immortalization in print just as the wreck of the Hesperus has been made immortal. Some consolation, I must say.

Yachting is elegance personified. Why not enjoy it to the fullest? Even an open-type craft can be more fun if you prepare yourself as though you were going to enjoy the experience and not get sick.

Why dress down, or even worse, not dress at all, for one of the most fun experiences you can have—sailing?

Be the first in your harbor to compete with the beauty of the craft on which you sail rather than sink in shame at your personal lack of pride. Sometimes I wonder why the ships don't sink in shame.

Press-Herald Sunday Crossword

(Answer on Page A-7)

ACROSS

- 1—To avenge
- 2—Of a pelvic bone
- 3—To denude
- 4—French soldier
- 5—Turkish decree
- 6—Spartan serf
- 7—River of Norway
- 8—White
- 9—Half an art
- 10—Kronen (abbr.)
- 11—More fastidious
- 12—West U.S. river
- 13—Tall crown of Upper Egypt
- 14—Identifying maiden name
- 15—Instable
- 16—Substance found in blood serum
- 17—Shoots at enemy at long range from ambush
- 18—Completes
- 19—Interprets
- 20—Man's nickname
- 21—Drunkard's spree
- 22—A train of attendants
- 23—Combining form: the sea
- 24—Road (abbr.)
- 25—Genus of cows
- 26—Among
- 27—A . . . for an Oil
- 28—To revolve
- 29—To cleave
- 30—To act
- 31—Symbol for actinium
- 32—Small and trim
- 33—River of England
- 34—Musical syllable
- 35—Feminine name
- 36—Head covering
- 37—Species of lyric poem
- 38—Force to yoking
- 39—Flower head with stiff hooked bracts
- 40—Intersection of diguets
- 41—Proclaim loudly
- 42—To liken
- 43—Winged
- 44—Spanish for "yes"
- 45—Excites
- 46—Let fall
- 47—Sweet substance
- 48—Hebrew letter
- 49—County in California
- 50—Triangular sail
- 51—Large masses of floating ice
- 52—Mulberry
- 53—Water
- 54—River of Asia
- 55—Pistol ending
- 56—Flat-bottomed boats
- 57—Even
- 58—Pragmatic
- 59—Symbol for radon
- 60—Pistol in a sunlock
- 61—Crestler
- 62—Extravagant expression in actions
- 63—Accomplishment
- 64—East Indian tree
- 65—Whitney, inventor
- 66—Exclamation of triumph
- 67—Agitates
- 68—Summons together
- 69—Paid notices
- 70—A trochus
- 71—Genus of pigs
- 72—President of the Confederacy
- 73—Pertaining to meaning of language
- 74—Ceased from action
- 75—Extravagant expression in actions
- 76—Issued forth
- 77—Greek malignant spirit
- 78—The dill
- 79—Ransom
- 80—Two
- 81—Samarium (abbr.)
- 82—Newly married
- 83—Symbol for ruthenium
- 84—Month (abbr.)
- 85—Symbol for cadmium
- 86—Motoring unit ship in Lloyd's Register
- 87—Guide
- 88—Midwesterner
- 89—A pulpy fruit
- 90—Subsistent
- 91—Mr. Kefauver
- 92—Cor
- 93—Intelligence
- 94—To cut, after snick

DOWN

- 1—A sheer dress material
- 2—Either (a notehand) or (a notehand)
- 3—One who gazes the spirits of (var.)
- 4—Cattle thief
- 5—Frozen water
- 6—Moon goddess
- 7—Symbol for iridium
- 8—City of S. Carolina
- 9—Imprisoned
- 10—Transgressed
- 11—Attempt
- 12—Speed contest
- 13—Fresh water fish of Europe
- 14—Human being
- 15—Sang
- 16—Clarify by melting
- 17—Smith, Happy
- 18—Changed residence
- 19—Arab outer garments
- 20—Symbol for bismuth
- 21—Girl's name
- 22—Sleazebag
- 23—Sleazebag
- 24—Desolate
- 25—Games of old world (pl.)
- 26—No time
- 27—Major spy in American Revolution
- 28—Symbol for indium
- 29—Columbian greeting to Indian
- 30—Sofistic part
- 31—Unctuous
- 32—Preparation
- 33—Anglo-Indian cavalry soldier
- 34—To come to pass
- 35—West Point student
- 36—Sass plant
- 37—Pronoun
- 38—River of Poland
- 39—Waving (var.)
- 40—Engine
- 41—Prefix: twice
- 42—Propose
- 43—Not fresh
- 44—Raised platform
- 45—To mend
- 46—Symbol for tellurium
- 47—Inclined walk
- 48—Wrinkles
- 49—Swordman's dummy stake
- 50—Command to horses
- 51—Pence for "land"
- 52—Prefix: not
- 53—Fred radio
- 54—Small horn house (pl.)
- 55—New Zealand native
- 56—Larger
- 57—Symbol for chromium
- 58—Town in Sweden
- 59—Sleazebag as though agitated
- 60—Destonated
- 61—Near
- 62—To tag
- 63—Fortune teller
- 64—Punctuated story
- 65—Beast of burden
- 66—To color
- 67—Sleazebag
- 68—Symbol for cerium
- 69—Also mistake
- 70—Tears asunder
- 71—A sea
- 72—Arab outer garments
- 73—Symbol for bismuth
- 74—Girl's name
- 75—Sleazebag
- 76—Sleazebag
- 77—Desolate
- 78—Games of old world (pl.)
- 79—No time
- 80—Babylonian deity
- 81—Shelter for housing aircraft
- 82—Genus of house mice
- 83—Commands
- 84—Follower of Zoroaster
- 85—Choice morsel
- 86—trian religion
- 87—Useful
- 88—Soaked
- 89—To take possession (var.)
- 90—Sass plant
- 91—Pronoun
- 92—River of Poland
- 93—Waving (var.)
- 94—Engine
- 95—Prefix: twice
- 96—Propose
- 97—Not fresh
- 98—Raised platform
- 99—To mend
- 100—Symbol for tellurium
- 101—Inclined walk
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- 103—Swordman's dummy stake
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- 106—Prefix: not
- 107—Fred radio

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