For Food Excitement, More Specials, Better Specials, Gold Award Service, Starting Our 45th Year

REGULAR 59c SIZE
KITCHEN FRESH POTATO CHIPS
TWIN PAK **39c**

HEINZ TOMATO KETCHUP
WIDE MOUTH JAR
NEW 12 OZ. SQUAT JAR **15c**

REGAL RIDGE Genuine Hardwood
CHARCOAL BRIQUETS
EASY TO LIGHT
10 POUND BAG **49c**

AURORA
2 ROLL PACKS • White or Colors **10**

BIG DISCOUNTS

GLEEM TOOTH PASTE
REG. 79c TUBE SAVE 30¢ **49c**

LILT HOME PERMANENT REG. $1.69 **$1.29**

HEAD & SHOULDERS **SHAMPOO**
REG. $1.10 TUBE • SAVE 33c **77c**

JOHNSON & JOHNSON **FIRST AID CREAM**
REG. $1.49 TUBE • SAVE 80c **69c**

Foods Co. SUPERMARKETS

BLUE CHIP STAMPS
Naturally We Give BLUE CHIP STAMPS

THE HAPPY DIFFERENCE
Foods Co.-W
Big Food Sh
WITH MORE SPECIALS, BE

SPRINGFIELD SOFT, THIRSTY PAPER TOWELS
JUMBO ROLLS • WHITE OR PASTEL COLORS
5 FOR $1

PILLSBURY BAVARIAN CREAM OR LEMON ANGEL FOOD CAKE MIX
REG. 59c PKGS.
3 LARGE 15 OZ. PKGS. $1

Thirst Aid Station

ORANGE OR CHERRY POPSICLES
TWIN BARS 6 BARS IN PKG. **19c**

KOOL AID Drink Mix Assorted Flavors
3 REG. PKGS. **10c**

SPRINGFIELD FROZEN CONCENTRATE **ORANGE JUICE** FROZEN 6 OZ. CAN **16c**

liquor dept. — Foods Co. Supermarkets

IMPORTED FROM SCOTLAND & CANADA
FCL SCOTCH Or **CANADIAN WHISKEY** $3.99 FULL FIFTH

IMPORTED FROM PUERTO RICO
LIGHT OR DARK Full Fifth **Bacardi RUM** $4.79

IMPORTED FROM MEXICO **EL DIABLO TEQUILA** FULL FIFTH $4.49

CHELTEN HOUSE • FULL 5th **PREMIUM COCKTAIL MIXES** • Mai-Tai • Jamaican Punch • Vodka Collins **99c**

Fleischmann's Pure **CORN OIL MARGARINE** Pound Package **39c**

Lets You Sleep **INSTANT SANKA** 8 oz. Jar Ground Sanka $1.59 — 1 lb. Can . . . 87c

Gebhardt's **IN CHILI GRAVY TAMALES** Tall 15½-oz. Can **29c**

Van de Kamps **TASTY FROZEN ENCHILADAS** • Chicken • Cheese • Beef **37c**

"Delicious Iced" **TENDERLEAF TEA BAGS** 48 In Pkg. **59c**

9 Asst'd Varieties **MOM'S COOKIES** LARGE 14½ OZ. PACKAGE **29c**

STA-PUFF LAUNDRY RINSE HALF GALLON PLASTIC **69c**

SPRINGFIELD LIQUID DETERGENT FOR WASHING DISHES PINK OR WHITE LOTION 22 OZ. PLASTIC CONTAINER **39c**

SUNSWEET PRUNE JUICE Quart Bottle **3**

GOLDEN CREME **ICE CREAM**
Premium, ½ gal. 59c
Checkers, ½ gal. 69c
Sherbet, ½ gal. 63c

GORTON'S FROZEN **SEAFOODS**
Breaded Shrimp lb. $1.39
Shrimp Scampi, 7½ oz. 98c
Fried Scallops, 7 oz. 65c
Fish Sticks, 8 oz. 42c
Fish Cakes, 8 oz. 29c

Vita Pakt Frozen JUICE BARS, 6 pk. 49c
A.B.C. Cheese SNACKS, 12 oz. 29c
Alpo BEEF Chunks, 14½ 2/61c

Banquet Frozen Sliced BEEF, 5 oz. 34c
Bumble Bee Solid White TUNA, 6½ 41c
Chun King, 5 oz. SOY SAUCE 21c

County Fair Froz. FRUIT PIES, 8 in. 39
Crown Prince HORSE MEAT, lb. 25
Doxsee Clams for CHOWDER, 8 oz. 25

SHIRAKIKU **MONOSODIUM GLUTAMATE** 1 LB. PKG. **98c**

SHIRAKIKU **RAKKYO ZUKE** 12 OZ. BOTTLE **49c**

FRESH TOFU REG. CUBE **33¢**

MARUTOMO **HANA KATSUO** 3 OZ. PKG. **59c**

CAL-ROSE **RICE** 25 LB. BAG **$2.99**

Van de Kamp's Specials
THURS. - SUN., JULY 28 - 31

Lemon Meringue Pie	59c
Walnut Swirl Coffee Cakes	49c
Sugared or Plain Doughnuts	29c

DELUXE CATERING GOLDEN CREME **ICE CREAM**
12 FLAVORS HALF GALLON ROUND CARTON **65c**

SPRINGFIELD **MEAT PIES**
FROZEN • CHICKEN • TURKEY • BEEF YOUR CHOICE
8 OZ. PIE **14c**

INSTANT MAXWELL HOUSE COFFEE
REG. $1.39

14 FRIENDLY FAMILY SUPERMARKETS TO SERVE YOU!

910 WEST SANTA BARBARA, 15505 NORMANDIE AVE. — 17500 CRENSHAW BLVD., 1717 NORTH FIRST STREET — 2655 PACIFIC COAST HIGHWAY, 555 FLORESTA BOULEVARD — 8341 CANOGA AVENUE, 150 EAST EL CAMINO REAL — 1551 MOORPARK AVENUE, 12500 BELLFLOWER BLVD. — 23501 AVALON BOULEVARD, 633 HEGENBERGER ROAD — SPRUCE & EL CAMINO REAL, 11020 VERMONT AVENUE