

The Alarming Hate Shortage

My friend, Mr. Glenn Dorenbus, has sent me an Associated Press dispatch from South Viet Nam pointing out the serious handicaps our side is fighting under. For one thing, it says, we don't have "a focal hate figure." And for another, we don't have "a love object."

It's all too true. An ideal hate figure would, of course, be the leader of the enemy Viet Cong. But nobody can remember his name. And an ideal love object, under normal circumstances, would be the democratic premier of South Viet Nam. Whoever he may be at the moment.

Consequently, says the dispatch, "the absence of hatred isn't confined to the Americans, many Vietnamese don't seem particularly mad at anybody either." And what kind of a war is that?

Oddly enough, we faced a similar problem in the neighboring nation of West Vhng. Our efforts to solve it should prove instructive.

It was in the 27th year of our lightning campaign to wipe out the dread Viet-Narian gorillas. Our Ambassador, General Model T. Taylor, called on the Premier of the Week, General Hoo Dat Don Dar, to discuss the current crisis. "The trouble with this war," said General Taylor moodily, "is that nobody seems to hate anybody very much."

"You are," said General Hoo, bowing politely as several shells whistled overhead, "absolutely right."

"Our efforts to indoctrinate your Loyal Royal troops with the will to fight for mom, apple pie and the right to boo the Dodgers have proved insufficient," said General Taylor. General Hoo nodded. "They like booing the Dodgers, though," he said encouragingly.

"What they need," said General Taylor, "is a focal hate figure. Say! What about the leader of the dread Viet-Narians?" General Hoo shook his head. "Nobody can remember his name," he said.

"Who needs his name?" said General Taylor with a snort. "There's plenty of good names already for focal hate figures—Tojo, De Fuhrer, Santa Anna, Kaiser Bill. But maybe we simply ought to call him The Despot. And we'll build him up into a first-class villain."

Which they did. The Loyal Royal troops were bombarded night and day with tales of The Despot. They were told how, with the sneaky help of an insidious foreign power, he now had half of their beloved West Vhtnng under his iron boot—tearing them from their homes, forcing them to kill or be killed. Anger grew. Hatred mounted. At last, the Loyal Royal Army, snarls on their lips, rose up and attacked!

Unfortunately, what they attacked was the Loyal Royal Palace, where they overthrew General Hoo Dat Don Dar. Indeed, they were about to toss all our advisers into the sea. But, luckily, an emergency shipment of love objects (giant stuffed panda bears) arrived in the nick of time. And the Loyal Royal troops retired to their trenches, content to hug their panda bears and boo the Dodgers.

Several months later, General Hoo Dat Don Dar's successor, General Hoo Dat Opp Dar, brought up the subject of fighting spirit with General Taylor. But General Taylor merely sighed wearily. "Lets not stir up any hatred," he said. "Haven't we got enough troubles already?"

Author, War Prisoner to Be Speaker

Speaker at the Father's Day dinner sponsored by the Men's Fellowship of the Congregational Church of Christ, Emerald and Broadway, will be Captain Louis Zamperini, Japanese prisoner and his author of "Devil at My Heels."

COUNT MARCO

Flabby--It's From Underwork

The overworked American wife suffers from lack of exercise. You probably presume, because you accomplish the many chores around your house, about which you complain, that you have exercised your body. Not so.

With so many mechanical aids at your fingertips you rarely give your entire body the necessary exercise it needs.

Most of your movements are confined to the waist or from the thighs down. That's why you walk sloppily and look so tired. Walking the dog around the block is NOT exercise.

Every one of you should have a regular program of exercising the entire body. Doing sit-ups, push-ups or other programmed movements is not the solution, either. You get tired, bored or disinterested.

But with my help you can get the necessary exercising you need merely by using your body correctly when performing your everyday duties about the home.

Take that flabby section of

the upper arm. Your grandmother didn't have it because she exercised that portion of the arms over a washboard or bread-kneading board. She scrubbed and waxed the hard way, on her hands and knees.

Reduce that flab in your neck area by remembering to turn your head instead of your body when checking something on the stove behind you or checking up on the children.

To keep your knees from creaking and stiffening, give your floors a good old-fashioned scrubbing at least once a week with a hard brush. Reach far for those corners. Stretch!

Polish and wax the floors, even the legs on your furniture. Stretch, squat, and stoop.

Stretching is the best exercise you can give your body. Ever notice how cats and dogs stretch?

Undoubtedly some of you have envied a woman who enters a room with a regal air. You think to yourself, "My, how I would love to have her poise."

Too many of you confuse poise with good posture. She may have learned the secret of keeping the body stretched and the joints loose but under control.

One medical specialist claims that so-called old people get to look that way because they thing the body just naturally slows down its action. This is far from the truth.

When I was in New York at Christmas time, I stopped by Rockefeller Center to watch the skaters in action. It is open to the public, and people of all ages use the facilities. All eyes were on a woman in her 80s, her snow-white hair in a bun, her sedate figure gliding around the rink.

She skated with as much elegance and ease as a queen making an entrance before her court.

Her secret, she told me later, was "I don't think, ever, of age. And I exercise."

"When I walk, I walk briskly, my arms swinging outward, my head twisting to see everything. In the summer I play tennis and swim."



SUMMA CUM LAUDE . . . Mrs. Rochelle Gatlin, 22, was graduated Valedictorian at the 64th commencement exercises at San Francisco State College June 11. She is congratulated, from left, by Richard W. Wallace, honors for masters, and President Paul Dodd. Mrs. Gatlin was also invested with the hood on behalf of all bachelor degree candidates. She has a 3.87 grade point average, summa cum laude. Her father, Gabriel Baumgarten, lives at 4023 W. 176th St.

Extension Courses to Begin Here

Twenty-four education courses are among the University of California Extension programs offered Southwest residents during the summer session beginning Monday.

Registration is now open for these classes at Extension's South Bay headquarters, North High School, DAVIS 3-4773.

The education courses, ranging in content from counseling to methods, will be held in Manhattan Beach, Redondo Beach, Inglewood, Torrance, Hawthorne and Long Beach.

A special extension program offered in the Southwest area will be on small business management, exploring major management functions confronting small businesses (less than 500 employees) in a series of eight lectures beginning Thursday, June 24 at Mira Costa High School in Manhattan Beach.

THE REMAINDER of extension courses, scheduled at Aviation High School in Redondo Beach, include: Trends and Factors Influencing Real Estate, beginning June 22 at 7 p.m. in room 213; Real Estate Practice, starting at 7 p.m. June 21 in room 214; Legal Aspects of Real Estate, beginning June 22 at 7 p.m. in room 216; Abnormal Psychology, beginning June 21 at 7 p.m. in room 216; and the Writings of Mark Twain, scheduled to begin June 24 at 7 p.m. in room 214.

Further program information may be obtained at the North High School Extension headquarters.



LEADS SERVICES . . . Dr. Warner Cole, minister at large for the Southern California Baptist Convention and past president of the American Baptist Convention, was guest speaker at a series of meetings held this week at the Community Baptist Church, 925 W. 223rd St.

Security Bank Makes Employment Research

A comprehensive and detailed study outlining community employment trends and patterns of change within the Southern California labor market has been completed by Security First National Bank.

The announcement was made by Myron H. Eidsome, manager of Security's Torrance Branch.

The 20-page booklet, entitled "Survey of Community Employment Trends in Southern California 1965," was prepared by Security Bank's research division and is now available, free of charge, at all Security branches.

The Torrance community

POPULATION GROWTH has been rapid in the community. Since 1960, the City of Torrance has increased its population at a rate more than double the county-wide average.

The community is one of diversified manufacturing, with both light and heavy industries. Despite the decline recorded by firms in the defense-oriented industries, recorded by firms in the de-manufacturing employment showed a moderate over-all gain in the 1963-64 period. This was due to increased activity in the non-defense industries, brought about in part by the entry of several new firms into the area.

Continued population growth was an influential factor in the gains recorded by nearly all non-manufacturing sectors of the economy.

The report, based on studies by the California Department of Employment as of July 1, 1964 and July 1, 1963, includes descriptive text, statistical employment figures by industry, and maps of labor market locations.

THE SURVEY summarizes the Southern California employment scene by noting that "over the past several years, good gains have been recorded in over-all employment—this despite declines in such traditional major industries as aircraft, motion pictures, petroleum and agriculture."

Specifically, the bank's report points out that employment growth in the year has come from the nonmanufacturing sector of the economy, particularly trade, the service industries and government.

Ann Landers Says

Losing Prescription A Neat Bit of Freud



Dear Ann Landers: My wife and I have been married for 20 years. I am 42 and she is 44. In the last couple of years she has become so disinterested in sex that I am lucky if she looks my way once every six weeks.

After a lot of arguing I insisted that she go to the doctor. The doctor said she is in good health, but a little rundown. He gave her a prescription which she lost on the bus that same day. She has never bothered to get another one.

Last night my wife said, "Why can't we have a happy, normal marriage and forget about sex?"

I love her, Ann, and I don't want to look elsewhere like some of the geezers at the shop do, but if she doesn't show a little interest soon I might be forced to. Any advice?—VOICE FROM THE DEEP FREEZE

Dear Voice: Apparently your wife doesn't know that a marriage without sex is neither normal nor happy.

Losing the prescription on the bus was a neat bit of Freud as I've ever heard. Tell your wife to go back to the doctor and get some good literature on the subject—as well as another prescription.

Dear Ann Landers: I am a widow over 60. My son is a bachelor 32 years old. He has traveled and worked abroad, is successful in business and has had his own apartment off and on. When my husband died two years ago Hal decided to give up his apartment and move in with me.

Friends and relatives have made snide remarks—hinting

that something must be wrong with a 32-year-old man who lives with his mother. Hal says he enjoys it here and frankly, it's wonderful for me.

Hal is not interested in any specific woman at this time but he has had some serious affairs with women so there is nothing wrong with him in that direction.

Am I doing him an injustice by allowing him to live here?—R.X.L.

Dear R.X.L.: If a son enjoys living in his mother's home and if she enjoys having there, I can't see that it is anyone else's business. Most men would not choose such a set-up but if your son does he should not be considered peculiar. . . .

Dear Ann Landers: The letter from the young girl who was in love with the married man next door and expecting his child hit me between the eyes. The man's wife couldn't have children and she wanted to adopt the girl's baby, not knowing it was her husband's.

You told her, "No, a million times no" and I hope she takes your advice. The biggest mistake of my life was saying "yes."

I am only 18 but I feel like 118. My out-of-wedlock child was not fathered by the man next door, but I allowed my aunt and uncle (who live next door) to adopt him.

My child is seven months old and my heart breaks whenever I see him. My mother has asked my aunt not to bring the baby over or speak of him but my aunt can't help herself. I never go to their home but I always seem to be running into

them in the market, or on the street, and it just kills me.

The agony of giving up one's own flesh and blood is unbearable but watching your child grow up in someone else's home is hell. Please, Ann, keep repeating your advice to unwed mothers to give their children to licensed agencies. I wish I had.—TORTURED TAMMY

Dear Tammy: Thank you for your letter. And now I hope you will make plans at once to move to another city and start a new life for yourself.

If your parents and aunt and uncle can help you further your education I strongly recommend it. If not, go to work.

To solve some of the frustrations, disappointments and disillusionments of married life, send for ANN LANDERS' booklet, "What To Expect From Marriage," enclosing with your request 20¢ in coin and a long, self-addressed, stamped envelope.

Ann Landers will be glad to help you with your problems. Send them to her in care of this newspaper enclosing a stamped, self-addressed envelope.

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Area Diabetes Group to Meet

The next regular meeting of the Long Beach Chapter of the Diabetes Association of Southern California will be held on Tuesday at 7:30 p.m. in the City Health Department Auditorium, 2655 Pine Ave., Long Beach.

Robert E. Tranquada, M.D., will discuss "The Changing Outlook for Diabetes." Dr. Tranquada is assistant professor of medicine at USC School of Medicine and a member of the Board of Directors of the Diabetes Association. He is actively engaged in research in diabetes.

Press-Herald Sunday Crossword

(Answer on Page A-2)

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| 1—Country of Asia | 11—Mastic | 21—Profound | 31—Rage | 41—Abundant | 51—Obstruction | 61—Engineer | 71—Coveted | 81—Worthless | 91—Searing | 101—Drugs | 111—Raffi | 121—Arrow | 131—Room in harem | 141—Sandal | 151—Partner | 161—Soil | 171—Decrate | 181—Pieces out | 191—Circular limit | 201—Arder | 211—Let it stand | 221—Blushing | 231—Cris like | 241—Alloing | 251—Current | 261—Dirk | 271—Symbol for nickel | 281—These in favor of | 291—Parent (colloc.) | 301—Staff | 311—Pigeon peas | 321—Preposition | 331—Printer's measure | 341—Dry | 351—Household pet | 361—Lamb's pen | 371—Tail | 381—Crest | 391—Crown | 401—Tropical fruit | 411—Look fixedly | 421—Damp | 431—Sink in middle | 441—Whitish growth on plants | 451—Second sale | 461—Widen | 471—Compass point | 481—Stemish | 491—Taut | 501—Wax eyes | 511—Wants | 521—Slaves | 531—Command to cat | 541—Total | 551—Meadows | 561—Near | 571—Indefinite | 581—Narrate | 591—Superlative ending | 601—Symbol for cerium | 611—Clayey earth | 621—Solder disk | 631—Compass point | 641—Entrance | 651—Exclamation | 661—Eft | 671—Purity | 681—Lowest deck of vessel | 691—Head with cotton | 701—Small rug | 711—Trigonometri. cal figure | 721—Ruffs from grapes | 731—Withered | 741—Grain (pl.) | 751—Sign of zodiac | 761—Articulate | 771—Click beetle | 781—Pronoun | 791—Part of church | 801—Armed band | 811—Parade of time | 821—Prefix bad | 831—Collects | 841—Baggage carriers | 851—Hot frank | 861—Keep | 871—Ailment | 881—Baseball team | 891—Wiped out | 901—Drabby | 911—Finches | 921—Chair | 931—Down | 941—Appear | 951—Fixed period of time | 961—Mind part | 971—Balance | 981—Part of parliament | 991—Heavenly body | 1001—Maul | 1011—Allows | 1021—Parade | 1031—Temporary shelter | 1041—Ood of love | 1051—Repair | 1061—Simpsons | 1071—Kind of powder | 1081—Nutriment | 1091—Rip | 1101—Wants | 1111—Ponies | 1121—War god | 1131—Young horse | 1141—Fundamental | 1151—Give | 1161—Partner | 1171—The sweetest | 1181—Precious stone | 1191—Gullish | 1201—Openwork fabric | 1211—Paid notice | 1221—Rhythm | 1231—Saves | 1241—Thru-toed | 1251—Page | 1261—Clap | 1271—Chico part | 1281—Male deer | 1291—Abstract being | 1301—Whip (abbr.) | 1311—Wasa borne | 1321—Printer's measure | 1331—Froshets | 1341—Chemical compound | 1351—The trial | 1361—Court game | 1371—Man's nickname | 1381—Sand worn | 1391—Grand waltz | 1401—Conjunction | 1411—Week fest | 1421—Region of grass | 1431—Weaving machine | 1441—Simple | 1451—Units of currency | 1461—Keenest | 1471—Highway | 1481—Yell | 1491—Slate | 1501—Justice | 1511—Miraculy! | 1521—Pledge | 1531—Thought | 1541—Church | 1551—Corvid | 1561—Sage for | 1571—Portion | 1581—Jocose | 1591—Sabbian | 1601—Winter | 1611—Covers | 1621—Heraldry | 1631—A continent | 1641—Body of water | 1651—Rock Lake | 1661—Sardonyx | 1671—Sign's nickname | 1681—Shallow vessel | 1691—Whar sheep | 1701—Sons of American Revolution (abbr.) | 1711—French article | 1721—Latin conjunction |
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