

ADELINE DALEY

Non-Advice from 'Dear Addy'

If I were "Dear Abby," do you know what I'd do? Instead of providing sensible and logical solutions to the troubled souls who write to her asking for advice, I'd give them all "wrong" answers.

For instance, to the countless "other women" involved in marital triangles, who seek Abby's counsel, I would reply: "By all means try to retain that wonderful relationship with the married man whose home you are attempting to break up. So what if he has eight kids and never plans to marry you, what counts is your happiness, sister."

And do you know what? I bet most of the time the same women would write back, "You have a lot of nerve encouraging me to keep seeing this shiftless bum. Wake up and smell the bacon, Abby!" I base my convictions on

the theory that nobody really wants your opinion. At least, in this household they don't. Although, thank goodness, the advice sought from me isn't quite as serious as Abby's mail. All I get are questions, such as, from Patricia, "Mom, do you like my hair parted on the side or the middle?"

Now, believe me, I do not treat such queries lightly. I study the width of the face, how far apart the eyes are set, whether the party has a widow's peak—tips I gleaned from such authoritative sources as Perc Westmore in "Hairdo Magazine," which I read more thoroughly than Newsweek, mainly in self defense.

Finally, I will render my decision, "Part it on the side." So guess who is wearing her hair like the Duchess of Windsor? For some reason my kids

also insist on asking me each morning what they should wear to school. I'm getting accustomed to the older ones playing Russian Roulette by selecting the one outfit I failed to suggest, but when five-year-old Jan rebels against the type of underwear I've picked out for her, I'm turning in my badge.

I'm beginning to think that if my kids had heard Horace Greeley declare, "Go West," they would have immediately headed for the eastern seaboard.

But most of all, I shudder at having to pass judgment on members of the opposite sex whom I meet, for fear I'll handicap one by stating that he looks like a fine chap. That's why, so help me, should I ever meet any member of the Hell's Angels set, I'll give a glowing appraisal, citing that I just adore black leather jackets and copper riveting.

Needy Youths Get Bikes Through County Plan

More than 900 bicycles have been given to needy young boys in the last 10 months in a program initiated by Supervisor Kenneth Hahn.

The County Probation Department screens the requests and gives the bicycles to those from the most needy families.

Until this program began in late February, 1965, lost or stolen bicycles were auctioned by the Sheriff. Sometimes they were bought in "lots" by wholesale dealers, then resold at retail prices.

SUPERVISOR Hahn urged that the state law be changed to allow the Board of Supervisors of Los Angeles County to authorize the Probation Officer to give the bikes to youths from needy families.

This was done, and Los Angeles County initiated the program by ordinance Sept. 15, 1964. It is the only county which has developed the

Hahn pointed out that before the bikes are turned over to the Probation Department, they are held by the Sheriff for six months to allow their previous owners time to claim them.

"AN IMPORTANT consideration is if the bicycle will help the young person support his family through a job such as delivering papers, groceries, or running errands," Hahn said.

"Owning a bike develops a sense of pride and responsibility in youths," he added. "Most of the youngsters who have received bikes would have been unable to experience either the joys or responsibilities of ownership had it not been for this program."

APPLICATIONS for bicycles are received at district offices of the County Probation Department.

Win \$20 Grocery Order; Enter New Recipe Contest

If your grocery budget could stand a boost this month, then be sure to enter the January "Mary Wise Recipe of the Month" contest. Subject is "My Favorite Ground Beef Recipe."

Do you like familiar hamburger in stews, meat loaves, sandwiches? There are hundreds of ways of preparing this popular American meat.

Send in your favorite to Mary Wise Recipe Contest, care of this paper. If your recipe is judged the best, you will receive a \$20 merchandise order from any grocery store advertising in this paper. Anyone may enter, except employees of this paper. Recipes must be postmarked before Jan. 15. Winner will be announced next month.



PAMPER your meat-loving family with this hearty Shepherd's Pie, meat cubes cut up and simmered in a rich sauce and topped with buttery, golden-brown potatoes.

Shepherd's Pie Is Family Favorite

Tasting is believing! This mashed potato-topped casserole is the familiar "Shepherd's Pie", and the wonderful part of the cooking is that the main part of the meal is in the pie—meat, gravy, potatoes and vegetables.

Fine salad accompaniment would be large tomatoes to cups with slim spears of asparagus (marinated in French dressing) tucked in the center and ripe olives for garnish.

- SHEPHERD'S PIE**
 1 1/2 lbs. boneless veal for stew, cut into 1-inch cubes.
 1 tbs. shortening
 1 chicken bouillon cube
 1 1/2 cups boiling water
 1/2 tsp. soy sauce
 1/2 cup chopped onion
 2 tbs. flour
 1 tsp. seasoned salt
 1/2 tsp. pepper
 1/2 tsp. curry powder
 1/2 cup water
 1 10-oz. pkg. frozen mixed vegetables
 2 cups hot mashed potatoes

Brown meat on all sides in shortening in large skillet. Dissolve bouillon cube in boiling water. Add bouillon, soy sauce and onion to skillet.

Mix flour, salt, pepper, curry powder and 1/2 cup water. Gradually stir into meat mixture. Cover tightly and simmer 1 hour until tender. Stir occasionally.

Add frozen mixed vegetables and stir until vegetables separate. Pour into 1 1/2-quart casserole. Top with mashed potatoes, using fork or pastry tube. Bake at 400 degrees for 20 minutes, or until potatoes are lightly browned. Makes 4 to 6 servings.

Variation: To make a Golden Top.

Distinctive Sandwiches Are Good Fare

Sliced smoked sausage, shredded western iceberg lettuce and other sandwich filling favorites get together with distinctive flavor results in "Smoky Sandwiches".

- SMOKY SANDWICHES**
 1 head iceberg lettuce
 About 4 oz. smoked link sausage
 1/2 cup ripe olives, cut into slices
 2 tbs. chopped sweet pickle
 3 tbs. mayonnaise
 2 tbs. catsup
 2 slices bread

Wash, slice and drain lettuce; shred enough to measure 1 1/2 cups. Chill remaining lettuce for use another time. Slice sausage thinly. Mix all ingredients lightly but well. Spread between slices of rye, white or wheat bread.
 Yield: 6 sandwiches.

ORANGE FUDGE IS JUDGED THE WINNER

Fresh Orange Fudge, a good-tasting candy that should be the Golden State's favorite, is the winner of the December Mary Wise Recipe of the Month Contest. Subject was "My Favorite Candy Recipe." Mrs. David S. Fitch submitted the winning recipe.

- FRESH ORANGE FUDGE**
 1 tbs. butter
 2 tbs. creamed orange rind
 1/2 tsp. granulated tartar
 2 cups sugar
 1/2 cup evaporated milk plus 1/4 cup water
 6 tsp. orange juice
 1 tsp. lemon juice
 1/2 cup chopped pecans or walnuts

Melt butter. Add orange rind. Mix thoroughly. Add milk, sugar, cream of tartar and orange juice. Blend thoroughly. Cover and place over low heat. Bring to boiling point. Boil 3 minutes. Remove cover. Stir frequently. Cook to soft ball stage. Remove from heat. Cool at room temperature until lukewarm. Add lemon juice and beat until creamy. Add nuts. Blend well. Pour into well oiled pan and cut into squares.

SO LEE SAYS:
 Friends Multiply, Worries Divide, When Sone Soy Sauce is Added.

Great for BARBECUING, MARINATING, ORIENTAL FOODS

Dr. Ross' DOG FOOD

made naturally... as naturally it's better

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501 VAN NESS — TORRANCE
 GROCERY PRICES EFFECTIVE THURS., JAN. 6 THROUGH WED., JAN 12

<p>C-B LABEL MONTEREY JACK CHEESE PER POUND 53¢</p>	<p>KRAFT CORN OIL OR PARKAY OLEO 1-LB. CARTON 23¢</p>	<p>CHASE AND SANBORN OR ALTA BRAZIL COFFEE 1-LB. CANNISTER 59¢</p>	<p>"SCOTT" PAPER PRODUCTS SCOTT WHITE OR DECORATED TOWELS 4 JUMBO ROLLS \$1</p>
<p>PEANUT BUTTER PLANTER'S—18 OZ. 49¢</p>	<p>CUT MACARONI ANTHONY—2 LB. PKG. 33¢</p>	<p>STRICTLY FRESH GRADE 'AA' LARGE EGGS DOZEN IN CARTON 43¢</p>	<p>SOFT WEVE TOILET TISSUE 4 2 PAK ROLLS 95¢</p>
<p>Sun Bell Mushrooms PIECES & STEMS—8-oz. 4 for \$1</p>	<p>ALL BEEF FRANKS OSCAR MAYER 49¢</p>	<p>U.S.M. BRAND PLASTIC BOTTLE BLEACH FULL GALLON 29¢</p>	<p>CUT RITE WAX PAPER 3 125 FT. ROLLS 69¢</p>
<p>ORANGE JUICE TREETOP QT. BOTTLES 4 for \$1</p>	<p>DIET METRECAL LIQUID—ALL FLAVORS 5 for 99¢</p>	<p>SUNSHINE RINSO DETERGENT KING SIZE BOX 79¢</p>	<p>SCOTTIES FACIAL TISSUE 2 BOXES 39¢ SCOTTISSUE — 2 ROLLS 23¢</p>
<p>USDA CHOICE CHUCK STEAK WELL AGED, LEAN AND MEATY 37¢ lb.</p>	<p>PETIT'S CHICKEN FULLY COOKED, SMOKY FLAVORED 35¢ lb.</p>	<p>PET NON-FAT DRY MILK BIG 20 QT. SIZE 99¢</p>	<p>FLUFFO OR SNOWDRIFT SHORT'NIN' 3 LB. CAN 59¢</p>
<p>STEWING HENS 2-LB. AVERAGE—FROZEN 17¢ lb.</p>	<p>SWISS STEAK O-BONE 69¢</p>	<p>PLASTIC BOTTLE LUX LIQUID DETERGENT KING SIZE 49¢</p>	<p>CHEESE FOOD JUBILEE—2 LB. 69¢</p>
<p>BONELESS ROAST ENGLISH CUT 79¢</p>	<p>7-BONE ROAST USDA "CHOICE" 49¢</p>	<p>BANANAS GOLDEN RIFE CENTRAL AMERICAN BEAUTIES 7¢ lb.</p>	<p>AJAX CLEANSER REG. SIZE 2 for 25¢</p>
<p>LEAN BEEF STEW USDA "CHOICE" 79¢</p>	<p>O-BONE ROAST WELL AGED 59¢</p>	<p>SOLID RIFE TOMATOES 19¢</p>	<p>BISCUITS PILLSBURY OR BALLARD TEN COUNT 7¢</p>
<p>LINK SAUSAGE FARMER JOHN 3 8-oz. Packs 99¢</p>	<p>APPLE JUICE TREETOP FROZEN 12-OZ. CAN 3 98¢</p>	<p>SPANISH ONIONS U.S. NO. 1 5¢</p>	<p>SPAGHETTI DENNISON'S—40-oz. CAN WITH MEAT BALLS 55¢</p>