

Anyone for Leftover Leftovers?

Among the many admirable qualities of the "smart homemaker," who is always spoken of in revered terms in the food sections of newspapers and magazines, is that she saves oodles of money by serving leftovers that are both attractive and palatable to her family.

And why shouldn't these leftovers be, when you add \$8 worth of mushrooms, almonds, wild rice and imported wine?

Nevertheless, I have dutifully cut out dozens of recipes handed down by these "smart homemakers" (and how I'd like to clout one of them), but I have come to the sad conclusion that we just don't have the right kind of "leftovers" in this household. For instance, what can you do with three limp waffles, left over from breakfast?

And what about that pot of cooked oatmeal that nobody

wanted, preferring sugar-coated Ruffy-Tuffies instead?

Our refrigerator is fairly bursting with left-overs — a half cup of peas, an equal amount of pureed tomatoes, some cold mashed potatoes and a boat load of gravy from last Sunday's roast, to name but a few. All of the latter ingredients would make a dandy Lamb Casserole A La Petite Pois (another name for hash), but unfortunately, the recipe also calls for six cups of diced leftover lamb.

Not only do we no longer have six cups of anything, but even the bone is gone. I flipped the dog for it after it had been stripped cleaner than Old Mother Hubbard's cupboard. Which comes pretty close to describing the pantry in this house, incidentally.

I didn't have much more luck, moreover, when I tried to pluck enough cold chicken to make a deep pot pie, even though I used more surgical

instruments than Ben Casey. There wasn't enough left for a shallow pot pie, one inch high, because when it comes to eating meat, our kids make Henry VIII look like a vegetarian.

I have seen standing rib roasts fall to their knees and collapse within 15 minutes. Shoulder roasts just shrug and give up. And a rump roast? Oh, well.

About the only meat I can depend on for leftovers (maybe "heldovers" is more appropriate) is a preparation which comes in a can and became well known during World War II. It is not one of our family's favorites. I have tried to serve it in more disguises than Lon Chaney Sr. ever tried, but for naught.

Now, if somebody could come up with an attractive and palatable recipe for "leftovers" of leftovers we'd really have something, right?

Lynn Kelly Named 4-H Delegate

By CYNTHIA KELLY
Mustang 4-H Reporter

Lynn Michele Kelly, 14, of 603 W. 214th St., represented the Mustang 4-H Club at the state leader conference, held at the University of California, Davis campus.

Lynn was among the 60 delegates to represent Los Angeles County at the week-long conference. There were some 2,000 4-H delegates from the entire state.

On their way home, Los Angeles County delegates spent one day in San Francisco to see the sights there.

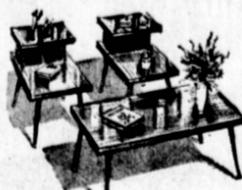
Lynn has completed her fourth year of 4-H with the Mustangs. Her projects have been entomology and clothing. She has won the county medalist award in entomology for the past two years and is now secretary of the Mustang Club.

Other Mustang county award winners are Jeanne Gerien, home economics, and Lindsay Clark, county medalist in leadership.

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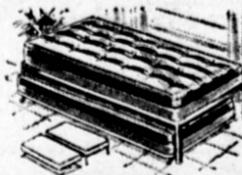


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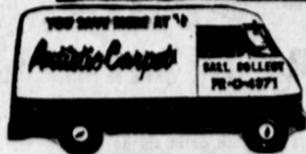


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