



STRAINED
**GERBER'S
BABY FOOD**
12 4 1/2 oz. jars **\$1** save 24c

A SANDWICH FAVORITE
**MAJESTY
LUNCH MEAT**
12 oz. can **39c**

50 lunch bags
ber Tuf Lunch Bags 25c
and keeps sandwiches fresh with all those Baggies! 150 ct.
gies Sandwich Bags 49c
Preserves For sandwiches children like! 12 ounce jar.
ical Preserves 39c
keep those school shoes looking neater a longer time.
uire Scuf Kote 33c

SWEET RIPE
**RIBIER
GRAPES**
10c lb.

SWEET, JUICY
**VALENCIA
ORANGES**
10c lb.

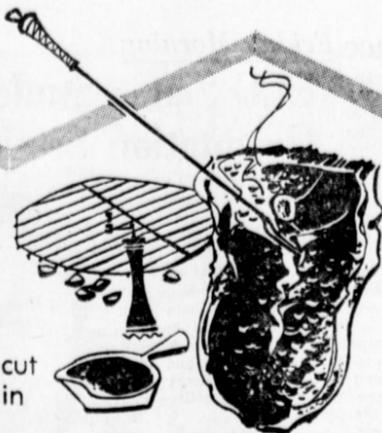
FULL OF JUICE
LEMONS
10c lb.

MEATED
**ALL
PERS**
0c lb.

U.S.D.A. "CHOICE" BEEF

**ROUND
STEAK**
69c lb.

full center cut bone in



U.S.D.A. "Choice" Beef. Tender, tasty and tempting. Serve a sizzling broiled steak today!

PORTERHOUSE STEAK \$1.19 lb

U.S.D.A. "Choice" Beef. Tender, juicy choice for the outdoor cook who likes to show off!

T-BONE STEAK \$1.09 lb

U.S.D.A. "Choice" Beef. Braise this tender steak. Serve with gravy, onions or mushrooms.

SWISS STEAK 69c lb

U.S.D.A. "Choice" Beef. A tender, juicy pot roast... family favorite at an economical price!

RUMP ROAST BONE IN 69c lb

U.S.D.A. "CHOICE" BEEF **CLUB, SIRLOIN TIP TOP ROUND STEAKS 98c lb.**
U.S.D.A. "CHOICE" BEEF **BONELESS TOP SIRLOIN \$1.39 lb.**

Fresh & Frozen Sea Foods		
GORTON'S BREADED SHRIMP	GORTON'S BREADED FISHSTICKS	LOCALLY CAUGHT FRESH WHITE SEA BASS STEAKS
8 oz. pkg. Frozen 59c	14 oz. pkg. Frozen 69c	59c lb

Midwest Grain-Fed Pork. Roast to a juicy golden brown, basting with your favorite sauce!

LARGE LOIN PORK ROAST 59c lb

Lean meaty cubes. Savory beef stew makes a good hearty after-football practice meal!

BONELESS STEW MEAT 79c lb

Good, lean, ground with a minimum of fat for a variety of your favorite beef recipes!

EXTRA LEAN GROUND ROUND 69c lb

U.S.D.A. "CHOICE" BEEF
BONELESS BEEF ROAST

Sirloin Tip Rump Bottom Round **89c lb.**

FRESH FANCY
RIB PORK ROAST

Full 7-Rib End **49c lb.**

Good meaty country style ribs... fine choice for barbecue or an old-fashioned boiled dinner!

COUNTRY STYLE SPARE RIBS 59c lb

U.S.D.A. Grade "A", one day fresh, plump roasting chickens from local Lancaster Farms!

FRESH ROASTING CHICKENS 49c lb

Choose Hormel Red Shield or Morrell Yorkshire. Serve it sizzling crisp!

SLICED BACON 79c

Skinless Link Sausage. Tasty choice for breakfast or cocktail snacks!

FARMER JOHN SAUSAGE 3 for 99c

Real McCoy Bacon. Flavorful taste treat for sandwiches or meals! 12 ounce package sliced

BREAKFAST BEEF BACON 59c

Breakfast Sausage. Superbly seasoned sausage for flavor-conscious gourmets!

REAL MCCOY SAUSAGE 49c

sturdy binder with clip \$1.00
Lindy ball point pen .59
theme book .25
filler paper .25
index dividers .10
TOTAL VALUE \$2.19

CLASSMATE
ALL IN ONE NOTEBOOK 99c Reg. \$2.19

DEL AMO SHOPPING CENTER CORNER OF HAWTHORNE & SEPULVEDA

MAGIC CHEF



MARY WISE Menu Planners



TIME TO THINK ABOUT lunch boxes again! Typical box lunch should include protein (meat, cheese, eggs, peanut butter); a vegetable (can be chopped in sandwich filling); fruit, bread, and milk (or milk-made soup).

School Starts; Lunch Box Time

School days are coming, and once more it's time to think about the midday meals away from home. Mothers should remember that lunch should be a substantial one, providing about one-third of the day's food needs. Lunches served at home or at school should contain at least one hot food if possible (particularly in cold weather) but a cold lunch can be appetizing and nutritious. It's always well to plan lunches several days ahead. Thus, home lunches can be planned as part of the day's menu and not as isolated meals. Leftovers can be used, and often part of the lunch may be prepared ahead of time (sandwiches, for example, may be made ahead and frozen, removed from the freezer to be

Here's Prize Winner in Recipe Contest

Anna Hahn's recipe "Tropical Special" was last month's winner of the Mary Wise Recipe of the Month contest. Her prize: A \$20 grocery merchandise order. The prize-winning entry is a fanciful concoction which calls for coffee, cocoa, dates, walnuts and cream, among other ingredients. Here it is:

- TROPICAL SPECIAL**
1 envelope unflavored gelatin
1/4 cup cold water
1 cup strong coffee
1/4 cup sugar
1 tbs. cocoa
1/4 tsp. salt
1 cup dates, sliced
1/4 cup walnuts, chopped
1/2 cup cream (whipped)
1/2 tsp. vanilla
1 tbs. lemon juice

Soften gelatin in cold water. Add sugar, salt, cocoa, hot coffee and lemon juice and stir until dissolved. Cool. When mixture begins to stiffen, add dates and nuts. Fold in whipped cream and vanilla. Chill. When firm, unmold and serve with whipped cream or whipped evaporated milk. Garnish with stuffed dates.

There's still time to enter this month's recipe contest. Subject is "My Favorite Cooky Recipe." Deadline is Sept. 10. Mail your entry to Mary Wise Recipe Contest, care of this newspaper. One entry per envelope, please.

- tucked into the lunch box day they are to be eaten). Here are some interesting combinations:
Peanut butter with orange marmalade and a little chopped candied ginger.
Sliced hard-cooked eggs, salt and pepper, with mayonnaise on lettuce.
Bacon and tomato with lettuce and mayonnaise.
Candied ginger and honey with peanut butter.
Deviled ham, chopped sweet pickle and mayonnaise. Add peanut butter if desired.
Tuna, mayonnaise and chopped celery. Add a dash of lemon juice if you wish.
Ground roast beef, chopped pickle, celery, a dash of prepared mustard and mayonnaise.
Ground bologna, carrot and almonds, mayonnaise. Add Worcestershire sauce (just a little) and salt if needed.
Cooked chicken or turkey, chopped almonds, mayonnaise.
Cream cheese and pineapple bits, with mayonnaise, if desired.



More kinds of more people listen most to **KMPC** dial 710

