

First Family Aide Class To Graduate This Month

Part-time help for the elderly, the infirm, or the incapacitated person in the Torrance area will be available with the graduation in September of the first class of Family Aides.

The class, a 16-hour afternoon course conducted by Red Cross Nursing Services and Los Angeles Public Health department, will train carefully selected, mature men and women for paid work in the community. They will be prepared to help a mother during her first weeks with a new baby; the chronically ill person when relatives are not available; and the aged person needing assistance to prepare a hot meal or for grocery shopping.

THESE ARE but a few of the ways Family Aides serve the community. More completely, a Family Aide may be described as one who performs tasks as required by an employer that are consistent with knowledge and judgment acquired through Family Aide Training.

She performs any one or a combination of the following duties: Plans and prepares meals, shops, reads, takes walks, or sits with the employer. The Family Aide may

Fleas Invade Southland, Medico Says

A flea invasion seems to be taking place in Los Angeles County, judging from the many complaints directed to the County Health Department, Dr. K. H. Sutherland, County Health Officer, said today. Though fleas can be a considerable nuisance, he added, they are not usually a health menace.

Nearly all animals have fleas, which apparently pass readily from one to the other. Cats, which generally roam the neighborhood at will, are often accused of being the most common flea carriers of all.

IT SHOULD not be forgotten, however, that fleas also live in the earth, and it is a common experience to deflea a pet, and have it start scratching again very soon after it goes outdoors. Sand fleas, a different species, live in the sand along the edge of the ocean and are not found in other areas. People living in these areas, of course, find them irritating in a number of ways.

The best way to get rid of fleas, according to Dr. Sutherland, is to deflea pets, spray the yard with a recommended insecticide, and thoroughly vacuum the house including upholstered furniture — all on the same day. It is important to empty the cleaner promptly and wrap contents securely before placing in a garbage container. Repeat the procedure in about a week.

DR. SUTHERLAND reminded individuals that they should always read and follow the safety directions that are printed on each insecticide container.

A leaflet telling how to control fleas will be mailed to anyone who sends a card of request to the Division of Health Education, Los Angeles County Health Department, 220 North Broadway, Los Angeles 12.

drive an individual to the doctor or on errands; keep a home neat and orderly; tend to the personal appearance, needs and comforts of the employer; and perform other non-nursing duties as required.

THIS NEW service for the Torrance area is an outgrowth of a meeting called last week

by Mrs. June Roper, manager of the Torrance office of the California State Employment Service, to explore the value to the community of such a program. The opinion expressed by Gardena Hospital Administrator Dr. Sidney Rooth that many persons could benefit from such a service received strong support from other

committee members. They included Louise Noble, Social Security Administration; Sharon Mittelstadt, Los Angeles County Nutritionist; Phyllis Chamness, American Red Cross; Marie Kaplan, American Red Cross Volunteer Services; David Rudolph, Catholic Welfare Bureau; Eileen O'Brien, director of social services, Harbor General Hospital; Anne Theobald, director Inglewood Medical Aid; Peggy Ferguson, Harbor Visiting Nurse Association; Chris Park, Neighborhood Adult Participation Project; Doris Davis, assistant director, Bureau of Public Assistance; and Virginia Jarvis, coordinator, Department of Senior Citizen's Affairs.

Sept. 22 in the assembly room of the Recreation Center Building at 3341 Torrance Blvd., Torrance. Applications for enrollment in the course are now being accepted at the California State Employment Office, 1016 Sartori Ave.

RAFFERTY TO SPEAK
Dr. Max Rafferty, State Superintendent of Public Instruction, will address the Sept. 8 general meeting of the Republican Alliance of Southern California in Covina.

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Briquets Ozark Hardwood 20-lb. Bag	10 69¢	Mustard Morehouse Cream Style	24-oz. jar	25¢
Pickles Fannings Bread and Butter	15-oz. jar	Olives Town House Pitted Large Ripe	7 1/2-oz. can	29¢
B-B-Q Sauce Chris and Pitts Mild or hot	3 12-oz. jars	Cheese Pizza Bel-air Frozen	16-oz. size	59¢

Baby Foods Beech-Nut Strained Fruits, Vegetables	3 jars	29¢
Cottage Cheese Lucerne Creamed Farmer Farmer, Qt. 47¢	pt. cup	25¢
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Beef Cubes Lean, boneless Fine to stew	lb.	79¢
Fresh Brisket Boneless Beef Point cut	lb.	79¢
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