

Extra Care With Picnic Foods Avoids Poisoning

Picnics and cook-outs are a traditional pleasure of summertime enjoyed by almost everyone, especially in such climates as that of Southern California. Too often, how-

ever, these casual meals may result in unpleasant aftermaths brought on by food poisoning organisms which flourish in foods that are kept neither hot enough nor cold enough to inhibit bacterial growth.

Whether food preparation is for a family or a larger group, whether a backyard barbecue, a potluck supper or a church social, extra care is necessary to protect guests and diners from food poisoning.

Although there are several types of food poisoning arising from different causes and conditions, one of the commonest is that produced by

the staphylococcus germ—an organism which shares so much of our environment that it cannot be avoided completely.

STAPHYLOCOCCAL food poisoning is a type of intoxication rather than an infection. This means that the growth process of the germ produces a poison or "toxin" in foods which, when eaten, can cause violent illness. Once this toxin is formed it cannot be destroyed by heating the food.

This type of food poisoning usually makes itself known relatively soon after eating by abrupt and sometimes severe gastrointestinal disturbance and prostration. Although extremely distressing for a while, this type of food poisoning usually is not serious and deaths from it are exceedingly rare.

Prevention of this common source of food poisoning requires only a little special care and the observance of a few simple precautions.

PERHAPS THE most important rule is: keep hot foods very hot; keep cold foods very cold.

Meat, poultry, cheese, pastries, salads made with mayonnaise or other cream-type dressings, dishes made with dried beans, sandwich fillings, deviled eggs and similar foods are among the favorites selected by food poisoning bacteria.

Food poisoning germs live and grow best at moderate temperatures. They cannot grow foods cooled to below 50 deg. Fahrenheit; neither can they survive heat above 140 deg. These bacteria thrive in foods left out too long and, in this kind of weather, more than an hour at room temperature may be too long. Therefore, never pre-cool foods longer than one hour before refrigerating. Store foods in the refrigerator so air can circulate well.

GERMS GET into food because people who prepare or

handle the food sneeze or cough onto it; neglect to wash their hands thoroughly before touching foods; or have sores or skin infections which contaminate foods. By keeping hands clean and by protecting foods from sneezes, dust and any unnecessary handling, much of the risk of food poisoning can be eliminated.

A free leaflet entitled "Is Potluck Lucky?" is available from the health department. This leaflet gives tips for food handling in order to prevent food poisonings. Anyone wishing a copy may obtain one by sending a written

request to the Division of Health Education, Los Angeles County Health Department, 220 N. Broadway, Los Angeles 12.

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NEW LOCATION . . . Looking for a place to hang their new "shingle" at a brand new location—841 W. Pacific Coast Hwy., Wilmington — are Tom Rambo and Lou Canfield, co-owners of Hunt Rambler. The young automotive dealers recently opened their third location at the Pacific Coast Highway address. The main showroom is located at 402 W. Anaheim St., Wilmington, and another lot is located at 508 W. Anaheim.

Author Advises Manuscripters

An author of 66 published books, Jerry Goff, told his audience at the Southwest Manuscripters meeting recently, "Start with a demanding narrative hook that de-

fies the editor to put your story down."

In addition, he stressed neat preparation of manuscripts, knowing your market, careful writing and persevering.

Booth for Voters to Open Today

Members of the League of Women Voters will staff a voter registration and information booth at the carnival midway during the Rancho Days celebration this week.

Registrars will be on duty at the booth Thursday and Friday from 5 to 9 p.m. A registrar will be at the booth Saturday from noon to 6 p.m.

During the remaining hours, someone will be present to provide information on registration, issues and candidates in the November elections, and information on Assembly and Congressional district boundaries.

The League is planning an extensive campaign to register eligible voters in early September. The deadline for registering in order to vote in the November general election is Sept. 10.

Bank of America Buys Torrance School Bonds

Sale of \$285,000 in school bonds to the Bank of America was announced this week by the Board of Education.

The bank purchased the bonds at an interest rate of 3.1582 per cent, submitting the low bid in competition with seven other firms.

Dr. J. H. Hull, superintendent of schools, said the low rate indicates Torrance still has a very favorable position on the bond market.

Pellet Gun Used to Damage Windows

Vandals using a pellet gun and an unknown object did approximately \$105 damage to windows recently at the Cedarwood Apartments, 2735 Arlington Ave., David Dawes of Dawes Realty reported to police.

Entries Due Saturday for Theme Prize

Theme contest entries for the annual Fishermen's Fiesta in San Pedro will be accepted until midnight Saturday, according to committee chairman Ray Katnic.

The contest winner will receive a \$100 U. S. Savings Bond. The winning theme will be interpreted in the floral and animated decorations which will cover the fishing boats for the Parade of Boats on the final day of the fiesta.

Entries may be submitted on a postal card by any person over 16 years of age. Each contestant may submit as many entries as he wishes, but each entry must be on a separate postal card. All entries should be addressed to Theme Contest, Fisherman's Fiesta, Inc., Box 1390, San Pedro.

Richard Smith Named to Honor Roll at NMSU

Richard F. M. Smith has been named to the spring semester honor roll in the College of Engineering at New Mexico State University.

Smith is a senior in electrical engineering at the university. He is the son of Mr. and Mrs. Otis W. Smith, 905-B Sartori Ave.

To be eligible for the honor roll, a student must maintain a 3.2 B plus) grade average while enrolled in 12 or more course units.

SOIL-INJECTED University of California, Riverside, scientists are testing a machine which injects fumigant into the soil under high pressure.

Amateurishness Main U.S. Cold War Problem

Ineptitude and amateurishness are the greatest stumbling blocks this nation faces in waging its side of the "cold war" against international communism, Wendell Noble, radio and television commentator, told members of the Torrance-Lomita Board of Realtors last week.

Noble, now a public information officer for Glendale Savings and Loan Association, told 200 members of the board that Russia has specialized in training pro-

fessionals to fight its side of the cold war.

The practical science of running a cold war was conceived by Lenin in 1895 and has been under constant refinement since that time, Noble said.

The speaker also outlines other problems which face the United States in the cold war battle.

Noble was introduced by Geneva Meara, program chairman and vice president of the board.

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