

It's That Time Again, We Gain an Hour Sunday



NEW PLUG-IN post office is handed a mail bag by Harbor City Postmaster Jack J. Snyder to see if it can deliver mail as well as sell stamps, post cards, envelopes and other items in pre-packaged quantities. The new vending

machine was recently opened in the Harbor City Post Office on an experimental basis. Postal commodities are dispensed at regular post office rates.

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Meeting Hecklers Admit Their Guilt

Mental Exercise Relieves Tension

By BECKY SCHAEFFER

Much has been written about the tensions of the modern American—so much in fact that if we are not tense to the point of neurosis we begin to wonder whether we're normal.

Tension, — and it is real enough—has many causes. From excess time, which permits brooding, to overwork by the woman who handles both a home and a job, the symptoms are much the same.

The headaches, frayed nerves that react with grouching, all the dozen

little ailments that keep drug manufacturers in business are symptomatic of something wrong in the kind of life one is leading.

I am not about to suggest a return to Grandmother's methods.

There is some likelihood that she baked cakes just about as good as our excellent boxed mixes (though with less assurance of success, in her wood stove) and though her work and her large family kept her mind occupied, the dear lady died much younger than we will.

Nor am I able to help the woman who is suffering from the genuine fatigue brought on by too much work.

My suggestions are reserved for the woman of medium income, who has a high school or better education and has her children in school or can afford a sitter occasionally for one last baby.

A teacher of mine once gave me an excellent piece of advice, and it has made a world of difference in my life. He was my professor for psychology and sociology courses, and knew whereof he spoke. His advice: "Get off the dime, Becky, and do something!"

It was still some time before I really understood (Continued on Page Two)

Chief Advises Be Safe On Halloween

"Let's not change the familiar slogan that children chant on Halloween from 'tricks or treats' to 'tricks and tragedy.'" Battalion Chief Paul Schneider, Los Angeles County Fire Department said today. Soon throughout the country thousands of youngsters will be going from door to door during the Halloween festivities. They are happy and carefree so let's keep them that way.

Along with the gaiety, fun and festivity of the Halloween celebration lurks that terrible goblin—FIRE—You can't flameproof a child but you can insure reasonable safety by following these simple rules:

Do not use highly flammable materials for Halloween costumes.

Use only decorative materials, crepe paper, etc. which are flameproofed.

Be exceptionally careful with candles in Jack-O-Lanterns. Use flashlights if possible.

Schneider cautioned, "Be certain that, if unfortunately there is a fire, you know the number of your local fire department and call it immediately."

Birch Officers to Be Sentenced

A trio of hecklers who broke up a civil rights meeting in Torrance last August pleaded guilty Wednesday to a charge of disturbing the peace. All three are officers of the John Birch Society.

Sentence will be pronounced by Municipal Judge William B. Keene Wednesday, Nov. 13.

Pleading guilty were: James Rea of 4120 Silverleaf Dr., Rolling Hills Estates; Robert Cadle of 21605 Ocean Ave., Torrance; and Jacob M. Sacks of 26524 Basswood Ave., Palos Verdes Estates.

Maximum fine for the charge is \$200.

Charges were filed by city prosecutor Charles F. Catterlin after the three appeared at Torrance High School Saturday, Aug. 17 and led a group of 35 obstructionists in jeering speakers who were to appear in a forum sponsored by the Centinela Bay Human Relations Committee.

As a result of their actions, the meeting was called off and held at another date.

Catterlin had been scheduled to moderate the forum.

Among those in the audience at the time was Lt. Douglas Cook of the Torrance police force. When the peering got out of hand Cook advised the audience

that the meeting had become an "illegal assembly" and suggested adjournment.

He told the audience that police would not arrest hecklers unless a citizens arrest was made and advised would-be-arresters that they might face legal involvement on false arrest charges.

Arrest followed several days later.

Scheduled to appear in the forum were speakers from the state attorney general's office, the state real estate commissioners office, the County Human Relations Commission, the state Fair Employment Practices Commission, the United Civil rights Committee, and the Community Services Organization.

About 400 persons attended the disrupted meeting.

Inside the Press

Women — B1
TV Log — A7
Swinging Down A Lane A6
Church — B2
Hannah's Harpoons — A3
Entertainment — A8
Classified — B4-B8

New Plug-In Post Office Opens In Harbor City

A new 24-hour post office within a post office was opened today in Harbor City, according to Postmaster Jack J. Snyder.

Actually it was not opened—it was plugged in.

The post office was a new experimental vending machine to dispense envelopes, post cards and stamps in all sorts and varieties at regular post office rates. The Harbor City Post Office was one of twenty throughout the nation selected as experimental proving grounds to evaluate patron acceptance of vending postal commodities in prepackaged quantities.

The vendor, a product of the vendo company of Kansas City, Missouri will not only sell supplies at regular post office rates—it will also make change. It will accept nickles, dimes, and quarters in random combinations and will accumulate up to \$1.05. Change, limited to four nickles and/or four pennies, will be dispensed with the postal commodities when the amount of credit established by the patron exceeds the commodity sales price.

The machines will be tested for nine months to collect data on sales, performance and on patrons' reaction to this concept in vending. If public support is evident and if the machine functions properly, the program will be expanded to other post offices throughout the nation.

Postmaster, Jack Snyder stated that the service window hours will remain on the usual schedule of 9 a.m. to 5:30 p.m. on weekdays, 9 a.m. to 12 noon on Saturday. The lobby where the machine is located will be open 24 hours daily.

Additional State Support Sought For Local Schools

In an effort to put part of the burden of soaring education costs back on the shoulders of the state, Torrance Board of Education members supported a pair of resolutions at Monday night's meeting which called for an initiative measure requiring the state to pay half the cost of local education.

At the present time the state foots about 40 percent of the Torrance school bill. The first resolution, suggested by Board President Bert M. Lynn, would up the state share of the tab to half, bringing it back to where it stood about a decade ago.

Second resolution called for "all necessary funds" to be earmarked by the state to accompany any future curriculum additions it might require.

What has been happening, according to Dr. J. H. Hull, superintendent of the Torrance Unified School District, is that the state keeps adding required courses, such as foreign language in

the elementary schools, but doesn't provide any money to implement the additional programs.

Not only do new courses mean expenses involved in administering them, he pointed out, but the district must purchase resource materials and text as well.

Should the proposal become fact, the state would put about \$1,500,000 into Torrance coffers.

First attempt to spark the dip into the state pocket by local communities on a state-wide basis will take place in December when Board President Lynn will bring it before a joint meeting of the California Administration and the California School Board Association to be held in San Francisco.

From there Lynn hopes to take petitions to employee groups, teacher groups, homeowner groups, and PTA groups in the hope that some legislator will introduce the measure before the legislature in Sacramento.

YMCA Planning Good Neighbor Annual Event

Torrance Family YMCA officials announced today that the 16th annual YMCA Good Neighbor Breakfast will be slated for Saturday, Nov. 6, from 6:30 until 11:30 a.m.

Dr. Rollin R. Smith has been named general chairman for the sixth year, and he will be aided by the YMCA Mothers' Committee under the leadership of Mrs. William Poser.

Smith stated that the huge charity breakfast will be held at the YMCA building once again. In so doing, the YMCA provides an open house to the entire community.

The YMCA Board will select some citizen who has given deeds or quiet service in past years, either for individuals or for organizations locally. That person will be honored on the day of the breakfast, and will reign as "YMCA Good Neighbor" for one year. Last year's recipient of this annual honor was W. A. "Dick" Felker, of 1527 Post.

Smith invited all citizens to send letters nominating persons who are deserving of this recognition. Such letters should reach the YMCA prior to Nov. 10.

The event will feature a pancake breakfast; musical entertainment; magic acts; flapjack eating contest; more than fifty prizes; award ceremonies; and a "neighborly good time."



TORRANCE WELCOME was given to the Red Balloon Coffee House in ribbon cutting ceremonies Thursday. Participating in the grand opening event are (from left) President of the Chamber of Commerce George Post,

Assistant general manager of the Red Balloon Mrs. Clara Dahlke, Director of Parks and Recreation for Torrance Harry Van Bellehem, and general manager of the new coffee house George Clark. —PRESS photo



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DON'T FORGET, reminds Carol Knight, to reset your clocks Sunday when the semi-annual time change goes into effect. Clocks should be turned back one hour when retiring Saturday evening to put us all back

on Pacific Standard Time. With the time change Winter is just about upon us and before you know it Christmas... with only 61 shopping days left. —PRESS photo by David Ranns