

# Women

RONNIE SAUNDERS, Society Editor



MAKING BIG SPLASH in El Camino pool and local skin-diving circles is Michele Marsh of 4422 231st St. who is the only certified Red Cross female lifeguard in the country. Micki, who

was featured in the July issue of Seventeen magazine, is pictured instructing swimming class at El Camino.

—PRESS photo

## Press Columnist To Serve on Board

At a meeting of the board of directors of the Southwestern Association for Retarded Children, headed by Harold Ritz, chairman, Mrs. Robert Schaeffer was added to the board of advisors.

Mrs. Schaeffer, who has written articles for the California Council for Retarded Children and is presently a columnist for The Press, was appointed director of public relations for the local association.

A campaign to attract public interest to the work of the SARC will begin in September, directed by Mrs. Schaeffer.

Activities now being offered by the association include a recreation program in Lennox Park, near Inglewood; two scouting groups, which meet at Columbia School in Torrance, and a friendship program for retardates over 16 which meets regularly in Torrance Park, according to Ritz.

Those interested in fur-



MRS. ROBERT SCHAEFFER named to board

ther information about the association and its work may contact Mrs. Schaeffer by addressing inquiries to: Southwest Association for Retarded Children, P.O. Box 494, Torrance.

## League Conducts Library Workshop

As part of its forthcoming library study, the Torrance League of Women Voters held an informal workshop Tuesday at the home of Mrs. Howard Foote, 21413 Kent Ave., to discuss the present library program in Torrance.

Representing the county library was William Geller, county librarian, and Mrs. Elton Terry, chief professional library services.

Harold Umberger, Torrance city librarian, answered questions about the city library system.

Aspects of the new Torrance library contract, recently approved by the Los Angeles County Board of Supervisors, were discussed in detail.

The League of Women Voters is making its study

in terms of needs of the community, with emphasis on service, personnel, materials, facilities, financing, and an evaluation of public library service.

League members attending were Mes. C. R. Berwanger, president; Howard Foote, chairman; Mark Kellman, Emery Reeves, James Reis, William Sandstrom and Sidney Weiner.

### RUMMAGE SALE

Eta Mu Chapter of ESA International Sorority is sponsoring an old fashioned rummage sale, Thursday, Aug. 8, from 8 a.m. to 5 p.m., at 15636 Hawthorne Blvd.

Proceeds will be given to philanthropic organizations.

## Teens, Adults Offered YWCA Rec Program

Teenagers and adults feature prominently in the summer recreation schedule offered by the YWCA.

Co-ed recreation night takes place from 7:30 to 10:30 p.m. Wednesdays. Ping-pong, volleyball, dance contests and special events highlight the program. Admission is 15 cents per teen.

Record hop is featured from 7:30 to 11:30 p.m. Saturdays. Cost is 50 cents apiece. Dress for Wednesday's recreation is capris or bermudas, while school dress is required for the record hop. Special events, prizes and contests are planned by the participants.

Summer classes for teenage girls include: charm class on Monday afternoons and pep squad instruction Wednesday afternoons.

Adult activities will be highlighted by social dance class to begin tomorrow evening. Roger Blowers will instruct. Special emphasis will be given to Latin American dances. Fee for the two-hour sessions will be \$1.50 per couple.

Persons desiring to register are asked to call the YWCA at FA 0-2255.

## Royal Neighbors to Be Hostesses

Torrance Camp of Royal Neighbors will be hostess camp for Royal Neighbors at 8:15 p.m. Tuesday at the Torrance Woman's Club. Mrs. Orville Duncan will be general hostess of the evening. Program will include songs by the Barber Shop Quartet of Long Beach.

Guest officers will be chosen from the floor, and the meeting will be open to the public. Refreshments will be served following the program.

# El Camino Sophomore Makes Splash in Swimming Circles

By RONNIE SAUNDERS

Featured in the July issue of Seventeen magazine is 19-year-old Michele Marsh of 4422 231st St., the only certified Red Cross female lifeguard in the country.

Micki, who came here last September from Girard, Pa., is an expert on pool chemistry, beach maintenance, first aid and rescue procedures.

A sophomore at El Camino, the red-headed swimmer is employed as a demonstrator for the Red Cross and is serving as a lifeguard at the college this summer.

Among her duties as head lifeguard at Howard Johnson's Motor Lodge, Erie, Pa., last summer were cleaning and filtering the pool, chlorinating the swimming facility, and ordering chemicals.

### "Just Fell In"

How did she happen to become the only female lifeguard in the country? When asked this question, Micki just laughed. "It's something a person falls into automatically."

She "fell into" it when the Red Cross in Gary decided to give an experimental course to establish criteria for prerequisites for lifeguards.

To qualify, applicants needed a senior Red Cross lifesaving card and the ability to swim half a mile in

less than five minutes.

Also included in the test were abilities in rescue procedures, first aid and personal human relationships.

Eight people applied for the experimental course, and Micki was the only girl among the eight.

### Ocean-Going Gal

In the year that she's been here Micki has taken to oceans as well as pools. She has learned to water ski and has been certified by Los Angeles County as a scuba diver. Much of her spare time is spent surfing and diving at Catalina.

But it wasn't the ocean that brought her to these parts. When Micki was ten years old her family spent Christmas in Torrance visiting cousins, the Robert Burns family. She became friendly with their neighbors, the Clete Stiarwails, who left for Holland shortly before Micki's high school graduation last year.

When she learned that their house would be vacant for two years, she urged her sister, Maida, who was just completing her college education and ready to begin her career as a teacher, to come out with her and rent the house from the Stiarwails.

### Parents on Way

Result is that Maida is now teaching at Wilmington

Jr. High and last month 17-year-old Michael and 15-year-old Mimi drove out to join them. The brother and sister will be attending El Camino and South High this fall.

What about Mom and

Dad? "There's only one thing left for them to do at this point," Micki concluded. "They're putting the family homestead up for sale; Dad's retiring, and they're moving in for Christmas."



FEMALE LIFEGUARD Micki Marsh, pictured giving a helping hand to swimming pupil at El Camino, is an expert on pool chemistry, beach maintenance, first aid and rescue procedures. In addition to lifeguard and swimming instruction duties, Micki is studying at El Camino, where she will be a sophomore this September. —PRESS photo

## PTA News

### REHEARSE PLAY

Grease paint, spotlight and curtain call will become familiar words in the vocabulary of some of the youngsters attending Harbor City elementary school summer playground. Soon rehearsals will start for the second play to be presented to parents and friends.

The play, "Jack and the Beanstalk," will feature young thespians who have been exposed to the fun of acting through the daily programming at the school playground.

Under direction of Miss L. Loedige, play leader, Los Angeles Board of Education, youth services division, the youthful actors will perform in costume Aug. 6 at 3:30 p. m. in the Harbor City School auditorium.

On Aug. 20 at 3:30 p. m., the third play of the season, "The Cowardly Clown," will be presented.

Parents, friends and preschoolers are cordially invited to attend, according to Mrs. Barbara Hawthorn, the playground committee chairman, Harbor City School PTA.

### DAY CAMP

Sixteen Harbor City School playground participants will be attending a special day camp sponsored by Los Angeles City School District, according to Mrs. George Lee, Harbor City School PTA recreation chairman.

The summer day camp, to be held at Camp Crystal, Griffith Park, will be from Aug. 19 to Aug. 23 daily from 8:30 a.m. to 5 p.m.

Program will include hikes to Bee Rock and the Beacon. Campers will learn camp songs, do outdoor cookery, have treasure hunts and go swimming.

Cost is \$1.50, which includes camp-cooked lunch on Tuesday and Thursday, milk and treat daily, and school bus ride to and from camp each day. The camp program is under experienced adult supervision at all times.

Parents interested in this program for children from ages 8 to 11 years, are asked to contact John Norton, Harbor City School playground director, for further information.

### THEME CHOSEN

"Focus on Friendship—Our Satellites to Orbit" is the theme chosen by the Philip Magruder PTA program committee to take them through the coming year. Six day and three night meetings are slated.

Meeting under the direction of Mrs. Jimmie Cotten, program chairman, were Mrs. Herman Redmerski, president; Mrs. W. A. Wright, and Edwin R. Brown, principal. Topics in October will be "Thresh-

holds of Communication." A representative from the Torrance School District's EMB building will show audiovisual aids available to students.

Mrs. Eloise Shields, school psychologist, will present a program in November on her role in the school curriculum. A question and answer session will follow.

"Launching Pad—Family Faith" will highlight the December meeting, with each class taking part in the program in some way.

A presentation by Mrs. Annett Dunn, school nurse, on first aid and a parent education luncheon with a film and speaker on cancer will be featured.

To honor a worthy person, "Count Down—Past and Present" will be the setting for an honorary life membership in February. The school band and chorus will perform.

Fathers will be given special attention in March with the second Dad's Night. A sports film with coaches from both North High and El Camino College will discuss competitive sports.

"The View—Our Youth at Work" will spotlight home-making and shop classes at Magruder in April.

With installation of officers in May, "Orbital Affair—Freedom for All" will feature Foreign Exchange students to give their impressions of life in the U. S.

"Re-entry—Focus on Fun" will take place at El Nido Park June 9, climaxing the year with the annual potluck picnic.

Fund raising activities set for the coming year include paper drives in October and May, a Christmas show and spring carnival in March.

Magruder playground has a summer recreation program in progress. Hours are 1 to 5 daily and 10 to 5 on Saturdays.

### RATIFY CHAIRMEN

With the new school year rapidly approaching, Mrs. Paul Maust, Van Deene Ave. PTA president for 1963-64, recently held a special board meeting in her home.

Chairmen ratified include: arts and crafts, Mrs. Jack Raykin; community chest, Mrs. Roy Nichols; character and spiritual, Mrs. Kenneth Larsen; child welfare, Mrs. Richard Kuhlman, hospital-ity, Mrs. Wayne McQuire; honorary life and Founders Day, Mrs. Leo Pino; juvenile protection, Mrs. Eugene Balyanatz; legislation, Mrs. Richard Harris, magazines, Mrs. Leonard Gregory, membership, Mrs. William Haney; newssette, Mrs. Chester Wiley; parent education and publicitaion, Mrs. H. E. m. n. Waldhuis; press, Mrs. Hide-to Nishimoto; record book, Mrs. William Haney; room representative, Mrs. James Arnold; safety, Mrs. Leo Ev-

## WOMAN IN WHITE

By ETHELYN BATTLES, LVN

ASEPTIC TECHNIQUE is a procedure to prevent the transfer of germs into a wound. This is done by sterilization of supplies, and the handling of these with a sterile article.

At home you can use your pressure cooker for sterilization of small items. Your instruction book will tell you how.

Boiling is another method. Ten to 20 minutes is usual time depending on type of material. Twenty minutes is the safer boiling period.

It is a good idea to have some supplies sterilized and ready for use if needed. If you are applying a sterile dressing at home and do not have a sterile article available to transfer it to the wound use the clean technique.

Wash hands first; pick up dressing touching only the outside corner, near edge, and apply inside of dressing to wound.

When opening jars of supplies, and bottles of medicines, place top of lids down. (Inside is up). Avoid touching the inside. This is a good rule to follow when

erett; ways and means, Mrs. Donald Flentge; and youth services, Mrs. O. D. Story.

Plans also were made for a special treat to be given to the summer playground at school.

### CHAIRMAN NAMED

Mrs. Helen Scott of 26240 Zephyr St., Harbor City, recently was named United Way chairman for the Fleming Junior High Parent-Teacher Association by the president, Mrs. Ralph Robertson.

United Way, formerly the Community Chest, is the only campaign actively participated in by PTA.

Volunteers are asked to contact Mrs. Scott by calling DA 6-1518.

opening food containers, also. Replace lids as quickly as possible.

MAKE A BAND AID in a few minutes. Cut tape desired length, and a strip of white cotton material for center. (An old handkerchief is suitable to use if clean.) Place on ironing board. Turn edges over a little, face up. Fold ends to middle, and run a hot iron over it a number of times. Hold tape at each end and place sticky side on material. Allow for cooling and apply to wound.

SMALL APPLICATORS can be made with tooth picks and cotton. Pad points well and smooth bits of cotton firmly on end of tooth pick as you build it up.

BANDAGING BRIEFS: A bandage is used to keep dressings on; to cover or support an area; or to apply pressure. It must be designed to fit an area, free from wrinkles and firm enough to serve the purpose, but not too tight or the circulation will be interfered with.

When bandaging the fingers or toes leave the ends uncovered so you can note any change in appearance. Adjust or reapply bandage if this occurs or there is any discomfort.

Sometimes it is necessary to use a binder instead of a bandage such as a straight binder for the abdomen, or the T binder to hold dressings in the perineal area.

TO MAKE A T BINDER cut a strip several inches wide out of an old sheet or similar material. Make it long enough to fit waist of patient, allowing extra length for fastening.

Cut another strip suitable length to hold dressing. Place across "belt" in the middle, leaving enough extended for overlapping. Stitch securely and hem raw edges if desired.

Place around waist, fastening in front. Bring remaining strip over dressing, pinning it to belt. Strip to hold dressing may be made wider and split lengthwise.