

She Swaps 'Pill' for Bowling Ball

Torrance's Ruth Caudle Starts 'Over 50' Group

By RONNIE SAUNDERS
Women's Editor

When somebody remarked to grey-haired Mrs. Ruth Caudle, of 1517 1/2 W. 204th St., Torrance, "Why don't you go bowl with some one your own age?" that is exactly what she did. Now she's bowling with lots of "some ones" her own age.

That chance remark by a youthful companion at a Torrance bowling alley was a springboard that sent Ruth into the organization in June, 1960, of the National Fifty and Over Bowling Club, and national prominence, via television, for Ruth and for her city of Torrance.

Ruth's activities and those of the club attracted attention and brought her to the Red Rowe show, Panorama Pacific, on Channel 2.

"We had a real nice interview," said Ruth, "and we'll be going back to pick up our trophy if we beat the KMPC disc jockey team when we meet them in Burbank."

It is interesting to note that Ruth's "Fifty and Over" team is composed of women, and the KMPC DJ's team is a men's team.

"We've got a good chance to beat them," laughed Ruth over the phone, "and if we do, and I go back on television, it will give me a chance to boost Torrance again to the nation. I mentioned Torrance as much as I could the first time I was on with Red Rowe."

The organization of the National Fifty and Over Bowling Club was spurred along by Ruth's doctor who advised her to "get busy and it will calm your nerves."

The prescription worked for others, too, because now there are 61 people in the Fifty and Over Club. It was, Ruth says, just what the doctor ordered.

Ranging in age from 47 to 76, members of the club have bowled in alleys from San Diego to Las Vegas. As a matter of fact, it was during the Las Vegas trip that two of the club "youngsters" took out time from walking

down the lanes of a bowling alley to walk up the aisle to get married.

The members of the club added a reception for newly-wedded Mr. and Mrs. Raymond Atkins to their weekend activities.

Next month, starting at 10 a.m. on Mondays, Thursdays, and Fridays, the first class for "over 59s" will be started by the club at the Bowl-O-Drome, 21915 S. Western Ave., Torrance.

Why does bowling appeal to the senior citizen? Ruth's theory is that it helps combat traits of self-consciousness, fears and laziness. Motto of the group, which has a truly national objective in memberships as well as name, is: "There's no spare time for those who score strikes."

Members of the Torrance group took their first steps toward forming a truly national organization when they travelled to Santa Monica early this month to start the second chapter of the National Fifty and Over Bowling Club.

Although she has been bowling only for two years, Ruth averages 150. Her highest score to date is 246. The record of which she is proudest is making eight strikes in a row.

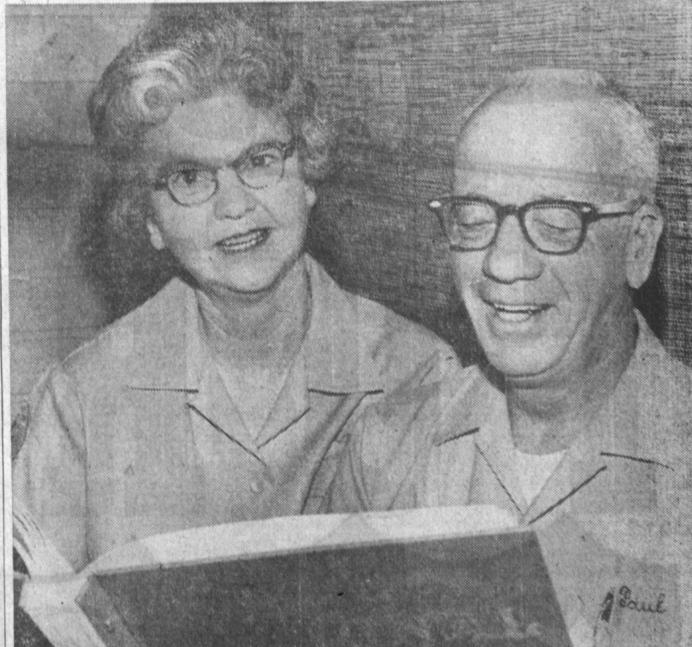
What started out as an athletic pursuit has taken on social overtones.

While some of the women bowl regularly at the weekly Friday night game, many come merely as spectators so they can join the bi-monthly Sunday outings.

How have Ruth's nerves been since she followed the doctor's advice and took up bowling, and the cause of bowling for those to whom life begins at fifty? "I haven't had to pick up anything stronger than an aspirin since I picked up my first bowling ball," she smiles.



POLISHING TROPHY won by members of the National Over Fifty Bowling Club is Mrs. Carolyn Warner, Harry Fielding, club president, holds trophy, which is one of many won by club members in competition against younger leagues. Most recent challenger was a team of disc jockeys from a Los Angeles radio station. —PRESS photo



LOOKING OVER scrapbook of the two-year-old National Fifty and Over Bowling Club are Gladys Tate and Paul Shively, members of the group of Torrance residents which has bowled in alleys from San Diego to Las Vegas. Members' ages range from 47 to 76.

Nuclear Energy For Area Adults

Nuclear Energy and Power Plant Operation is new class offered by Phineas Banning Adult School, 1500 Avalon Blvd., Wilmington, beginning Feb. 4.

The course consists of principles of atomic structure, principles of radiation protection, fission, fusion, and energy release. Also included is an introduction to nuclear reactors; nuclear fuels; reactor controls and instrumentation; commercial development of nuclear energy applied to power plant operation.

The class meets Monday, 7 to 9:30 p.m. beginning Feb. 4, under instruction of Bruce L. Ripley. Registrations opened Jan. 14 at the Adult School office, 1500 Avalon Blvd., Wilmington, or telephone Terminal 4-2343 school days between 1 and 9:30 p.m.

We Wanna Meet Your Neighbor; Introduce Us!

Unless you live either in a lone tepee out in the hot, barren desert, or in a lone igloo out on a cold, cold bleak (brrrr) ice field, you all have neighbors.

Yes, in places like that, life could be pretty grim and lonely.

But — thank heavens! — we live in Torrance, and Torrance is a neighborly city.

As a matter of fact, that's one of the nicest of the many nice things about Torrance that we like.

You see, we like neighbors, and we like to meet them.

As a matter of fact, we would like to meet YOUR favorite neighbor and introduce her to the readers of THE PRESS.

So, why not sit down right NOW and write a letter to Neighbor, The Torrance Press, 3228 Sepulveda Blvd., Torrance, Calif., and tell us about your neighbor.

The writing doesn't have to be fancy (what busy house-wife REALLY has time to write?) or literary, and we don't even mind how the words are spelled. Just write about YOUR neighbor exactly as you would tell us about her if we were sitting in your own home.

And, IF you do write, we may just visit your home to meet your neighbor — so, in turn, we can introduce her to the many, many other readers of THE PRESS. We're sure they would like to meet her, too.

CANCER

Local citizens interested in this areas fight against cancer are urged to contact the Torrance branch of the American Cancer Society. Volunteers are needed in all phases of the Society's activities.

LAKE HAVASU

Some large crappies are being taken on Lake Havasu between Parker Dam and Road's End, fishing in deep holes with live bait, according to the Department of Fish and Game.

How to Attach 1963 Plates

Torrance vehicle owners have an extra job this year, one they haven't tackled for the past seven years. That is attaching new license plates.

"Simple as the task might seem, there are several legal restrictions to be observed," reminds Capt. Errett L. Greer, commander of the California Highway Patrol's South Los Angeles Area.

The following are instructions which may be of value for Torrance motorists to clip and follow, in case they haven't yet done the job:

When two plates are issued, one must be placed on the front of the car, one on the rear. They must be firmly attached, so plates don't swing. They must be not less than 12 inches nor more ground.

They must be clearly visible, which means trailer hitches, license plate holders, and bumpers

should not obscure the plates. In addition, no covering may be used on plates except a type approved by the Patrol.

Since legibility of plates is the key to vehicle identification, the law makes it clear that license plates must be properly mounted and clearly visible at all times.

The captain pointed out that it would be a good idea to write down the number of your 1963 plates, along with the identification number of your car (printed on the registration slip).

"During the early weeks of 1963 it will be difficult to locate numbers in Sacramento files because of the massive records changeover involved in issuing new plates to millions of owners.

Thus if you have forgotten your new number, it may be difficult to locate your car or the plates if either is stolen.

County Marshal's Office in Torrance Seeks Recruits; Tells Requirements

Lieut. Jahn Costello, of the County Marshal's office in Torrance, 3231 Torrance Blvd., is anxious to recruit deputy marshals from Torrance.

"The men must be registered voters," said Lieut. Costello, "of Los Angeles County, at least 21 and not yet 35."

Other minimum requirements are height — at least five feet eight inches, not more than six feet seven — and weight — at least 145 pounds and not more than 239.

They must have a good character," said Lieut. Costello, "and a verifiable reputation. They also must have a California Class 'D' driver's license and proof of birth to verify age."

Prospective marshals

must be able to pass a rigid mental and physical examination.

Lieut. Costello ticked off the advantages of a young man becoming a deputy marshal. "There's advancement based on ability by competitive civil service examination," he said. "A liberal vacation and sick leave, outstanding retirement benefits, and duty assignments throughout the county."

The monthly salary begins at \$545, increasing to \$575 at the end of six months service with yearly adjustments thereafter to a maximum of \$641.

The date of opening of the filing for examination was Jan. 14. The last day to file is Jan. 25. Information can be gained from Lieut. Costello, FA 8-3310.

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<div style="font-size: 3em; font-weight: bold; margin: 0;">\$15</div> <div style="font-weight: bold; margin: 5px 0;">FOR YOUR OLD DINETTE</div> <p style="font-size: 0.8em;">regardless of age or condition</p>	<div style="font-size: 3em; font-weight: bold; margin: 0;">\$30</div> <div style="font-weight: bold; margin: 5px 0;">FOR YOUR OLD RANGE</div> <p style="font-size: 0.8em;">regardless of age or condition</p>	<div style="font-size: 3em; font-weight: bold; margin: 0;">\$10</div> <div style="font-weight: bold; margin: 5px 0;">FOR YOUR OLD MATTRESS</div> <p style="font-size: 0.8em;">regardless of age or condition</p>
<div style="font-size: 3em; font-weight: bold; margin: 0;">\$30</div> <div style="font-weight: bold; margin: 5px 0;">FOR YOUR OLD FREEZER</div> <p style="font-size: 0.8em;">regardless of age or condition</p>	<div style="font-size: 3em; font-weight: bold; margin: 0;">\$30</div> <div style="font-weight: bold; margin: 5px 0;">FOR YOUR OLD BEDROOM</div> <p style="font-size: 0.8em;">regardless of age or condition</p>	<div style="font-size: 3em; font-weight: bold; margin: 0;">\$30</div> <div style="font-weight: bold; margin: 5px 0;">FOR YOUR OLD WASHER</div> <p style="font-size: 0.8em;">regardless of age or condition</p>

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