

Youngster Joins 'Team'

As the Harbor Area Community Chest campaign entered that final and crucial phase, aptly called "clean-up," Fred Mill, area campaign chairman, got an able assist from another Fred—Fred Olguin, 12, his staunch junior partner throughout the rugged campaign.

Young Fred, who as a star football and baseball player knows the value of teamwork and a good rooting section, brought in his whole family: Father Gus, Mother Elsie, his two older brothers Tony and Leonard and Sister Debbie to show the world in general—and Torrance area givers in particular—what a Community Chest "family" can mean.

Everyone of the Olguins, each in his own way, is a living example of what just one of the Chest's 155 services can produce. The Olguins, in many respects individually and collectively, are "products of the San Pedro Boys' Club, and shining examples of same.

Fred, the younger, junior Chest campaign chairman, has been a Boys' Club member since he was "two months before eight." This very fact reflects the wise leadership of the club. Fred was admitted ahead of time by virtue of a proud Boys' Club heritage—and the convincing urgency of a younger brother's need.

Both Tony and Leonard—and father himself as a charter member of the Boys' Club, which he joined in 1937 when quarters were in a tiny shack at 7th and Grand Sts.—as longtime "belongers" knew how important it was to be "in."

Fred upheld the family tradition from the start. This year he was captain of a club touch football team which played in the Inter-mural Boys' Club League. He's a member of the Boys' Club tackle football team and was catcher and outfield in the Mid-Town Meet of the Western Boys' Baseball Association. Besides, he plays basketball, learns crafts, plays indoor games as do others of the average of 800 boys who yearly—since 1937—have belonged.

Fred, like the rest of his family, is not just a "taker." He's a "giver" too, his clubmates and club leaders say.

No Boys' Club job is too small or too tough for him, Raymond Martinez, physical director in charge of the club's program said. The Olguin's neighbor, Mrs. De-Lon Phennegor, secretary at the club, chimed in to add, "when he's not talking or playing football, he's talking and selling Boys' Club to his playmates and schoolmates at the Leland Street School where he's an A-6 pupil. He thinks they are out of their minds if they don't belong."

Gus Olguin, member of the relief crew that takes over Richfield Oil Corporation ships at the loading docks, is a Boys' Club giver, too, often giving, says Director Nick Trani, "of time he doesn't have." He mans the public address system of the club station wagon as it drums up trade for auxiliary fund-raising events, prints signs or whatever comes to hand to do.

Elsie Olguin is president of the Mother's Club and with other mothers is an ardent Community Chest worker. Sister Debbie wants it known she's a Community Chest "contributor." She saves and saves and this year her Red Feather gift at her school was a good one, "for the little boy on the poster," she said.

"Sharing is a two-way street," Mrs. Olguin explains.

"We who know the Boys' Club and its work, appreciate the \$28,272 that was allocated to the club from Community Chest last year. We know our clubs' needs and realize that 154 other services, equally worthy, must be supported too."

Young Fred, campaign junior partner, puts it this way: "We know the goal. Let's go!"

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Employees at The B. F. Goodrich Company's Los Angeles tire manufacturing plant have received an award from the National Safety Council for completing 2,154,314 man-hours without a disabling injury. That is equivalent to 246 years in the life of one man.

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HERE'E OUR GOAL—LET'S GO— Junior Campaign Chairman Fred Olguin of Community Chest-aided San Pedro Boys' Club brings in allies for telling finale of 1962 campaign.

Group includes (l-r) Tony, Father Gus, Cheerleader Debbie, Mother Elsie, Leonard and Goal-kicker Fred, the younger, able assistant to Fred Mill, Harbor Area campaign chairman.

Causes of Colds, Flu Told; Latest Prevention Methods

Most of us have at least two colds a year. Sometimes they are feverish and then we use the word "flu." What should we do about them and, can they be prevented?

Colds and the "flu" are caused by viruses which differ greatly. Influenza is the specific group. There are three groups of influenza-causing viruses which appear in our communities in cycles, ranging from yearly to every six years. Influenza is a most unpleasant disorder and is serious in young children and in people already suffering from heart or lung disease. These are the respiratory infections for which immunization by a vaccine is of value. While it is true that the strains change each year the

varieties are carefully checked and an appropriate vaccine is prepared. Immunization is a worthwhile procedure against true Influenza, though the immunity is limited. Influenza appears mostly in the winter and six months is about the extent of protection from one pair of "flu shots," so this is a yearly need, preferably started in September or October.

Unfortunately colds, feverish or not, are caused by many organisms, and some of these viruses cannot be immunized against since the body's response is so short-lived. For this reason, "cold shots" do not have the general usefulness that "flu shots." Fortunately true influenza, which is more serious, is also more amenable to immunization.

Colds and flu are passed from one person to another by coughing and sneezing. The greatest protection for other people lies in keeping away from them rather than plans to develop immunity. If you feel you are develop-

ing a cold, stay away from others. However, since we expect at least two varieties this winter, it may be valuable for you to have "flu shots."

When you have that wretched feeling of a respiratory infection, you know that it will take its course. You may become more comfortable by using one of the antihistaminic drugs. People with nose and lung problems often get a secondary bacterial infection. If this is your experience, it may be wise to nip the secondary infection in the bud.

In Japan a person with a cold wears a mask so that he does not infect others. This has done a good deal to reduce the spread of these annoying infections. It is not customary in the United States to follow this excellent example, but to prevent spread of infections a person with a cold of any kind should stay at home.

Colds and flu are the most important cause of loss of earnings. Immunity to influenza can be obtained, but the principal weapon against these infections is still to keep away from others who are infected or whom you might infect.

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New Officers Elected to Hospital Posts

Three new officers have been elected to the Board of Trustees at Riviera Community Hospital, according to David B. Dickey, M.D., president.

They are Gene Voorhees, new president of the board; Martin Denn, vice president of the board; and John Steward, M.D., secretary-treasurer.

A native of Iowa, Voorhees attended Dorsey High School in Los Angeles and holds B.A. degrees from the University of California and the New School of Social Research in New York.

His LL.B. is from the University of California. Married, with two daughters, he served in World War II as an Air Corps officer. He is director of Hollywood Riviera Rotary Club and a member of the South Bay and Southwest Bar Association.



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