



The Health & Diet Department of Magic Chef is stocked by items that will fascinate you and your family. There's a real treat in store for you when you visit this fine department and an even greater treat when you start using health food items in your daily diet.

Good health and good eating are necessary to maintain today's modern living requirements. Correct diet habits will lead you and your family to happiness and sparkling vitality.  
Start living the right way TODAY!

HEALTH & DIET



**"VEGARONI" ELBOW MACARONI**

8-oz. pkg. **29¢**



**EVIL LOOMS** in the El Camino College production of "Once Upon a Clothesline," which was given in the Campus Theater last weekend. Corrine Williams took the role of the Spider Lady in the Children's play. Brian McKernan and Susan Michael took the leading roles of Pinno and Pinnette.

ROYAL PACIFIC  
**LIGHT MEAT TUNA**  
**21¢**

"EASTERN-MOST IN QUALITY, WESTERN-MOST IN FLAVOR"

**FARMER JOHN HAMS**



FULL SHANK HALF **39¢ lb.**



FARMER JOHN HAMS ARE A FAVORITE WITH THE ENTIRE FAMILY

**Butt Portion Ham 49¢ lb.**

**Whole Ham 47¢ lb.**

**Center Cut Ham Slices 98¢ lb.**

GROUND FRESH HOURLY FOR HIGHEST QUALITY  
**FRESH GROUND BEEF 39¢ lb.**

U.S.D.A. "CHOICE" STEER BEEF  
**Chuck Steak 47¢ lb.**

U.S.D.A. "CHOICE" STEER BEEF (blade cut) **Chuck Roast 39¢ lb.**

U.S.D.A. "CHOICE" STEER BEEF (boneless) **Cross Rib Roast 79¢ lb.**

U.S.D.A. "CHOICE" STEER BEEF **Family Steak 79¢ lb.**

U.S.D.A. "CHOICE" STEER BEEF  
**Boneless Beef Stew 79¢ lb.**

GORTON'S FROZEN BREADED SHRIMP 1-lb. pkg. **89¢**  
CERTI-FRESH FROZEN HALIBUT (FROZEN WITH SAUCE) 9-oz. pkg. **59¢**  
FROZEN HALIBUT STEAK (CENTER CUT) deep flash frozen 1-lb. **69¢**



**COOKIE JARS \$1.98**  
YOUR CHOICE OF 6 STYLES  
Kettle Jar, Kookie Kettle, Stove Jar, Jug Cookie Jar, Barrel Cookie Jar, Coffee Grinder Jar.



ular bar-b-q sauce is real zesty. 12-oz. bottle **BBQ SAUCE 3 for \$1**  
sliced mushrooms are delicious. 2 1/2-oz. jar **MUSHROOMS 4 for \$1**  
mp & juicy—truly a delight to taste. No. 2 1/2 can **SLICED PLUMS 29¢**  
add special touch to summer salads. 15-oz. jar **CRACKERS 25¢**

ASSORTED FLAVORS  
**ARROWHEAD SOFT DRINKS**  
2 1/2-gal. bottles **49¢**

MA PERKINS—SLICED OR HALVES  
**YELLOW CLING PEACHES**  
5 no. 2 1/2 cans **\$1**

DELICIOUS  
**TOES 25¢**



SH LONG GREEN  
**CUCUMBERS 10¢ lb.**

Wonderful Taste Treat  
**DATE-NUT LOAF 43¢ loaf**

ASSORTED DINNER ROLLS  
reg. 29¢ doz. **25¢**

SOUR CREAM  
**DANISH ROLLS 2 for 21¢**

READY TO EAT  
**CORNERED BEEF \$1.39 lb.**

HOME MADE  
**Potato or Macaroni Salad 29¢ lb.**

DEL AMO SHOPPING CENTER  
CORNER OF HAWTHORNE & SEPULVEDA

**MAGIC CHEF**



**News Of Servicemen**

Army Pvt. Alfred C. Marasse, son of Mr. and Mrs. Alfred W. Marasse, 3559 W. 168th St., Torrance, recently completed eight weeks of military police training at The Provost Marshal General School, Fort Gordon, Ga. Marasse was instructed in such subjects as civil and military law, traffic control, map reading, prisoner-of-war control and self-defense. He entered the Army last January and completed basic training at Fort Ord. The 19-year-old soldier attended North High School.

Pvt. Joe S. Alvarez, USMC, son of Mr. and Mrs. Joe Alvarez of 18907 Felbar Ave., Torrance, was graduated June 14 from recruit training at the Marine Corps Recruit Depot, San Diego. The 11-week training cycle emphasizes physical conditioning, customs and courtesies, hygiene and sanitation, basic military subjects and the history and mission of the Marine Corps.

During the rifle range phase, marines are introduced to the M-1 rifle, the Browning Automatic Rifle and the .45 caliber pistol.

Pvt. Jack L. Runyan, USMC, son of Mr. and Mrs. Merrill T. Runyan of 22917 Kathryn Ave., Torrance, was graduated July 13 from the four-week individual combat training course at the Second Infantry Training Regiment, Camp Pendleton.

Marines graduating from the course have undergone tests in physical fitness, rifle marksmanship, close order drill, discipline and the history and traditions of the Marine Corps, all learned during recruit training.

The advanced training emphasizes tactical matters. Marines learn their individual responsibilities in small fighting units, including four-man fire teams and 13-man squads.

They are Radioman, third class, Gary G. Parks, 22323 Marjorie Ave., Torrance, and Seaman Frank A. Freisheim, 1736 Second St., Manhattan Beach. During their training period, the reservists will learn all phases of shipyard duty, and will attend a one-day damage control school in San Francisco. Also included in their itinerary is a three day liberty at the Seattle World's Fair. The Minnetonka will return to Long Beach on July 21.

Pfc. William J. Wicks, 21, whose parents, Mr. and Mrs. Raymond G. McLellan, live at 4001 Bluff St., Torrance, recently achieved recognition as a top army marksman by qualifying for the expert marksmanship badge during range firing with the Army's new M-14 rifle in Germany.

The M-14 will replace the M-1 rifle, carbine, Browning automatic rifle and M-3 sub-machine gun. It packs the fire power of a light machinegun, can be fired both automatically and semiautomatically and fires the standard 7.62-millimeter NATO cartridge.

Wicks, a clerk in the First Signal Battalion's Headquarters Company in Stuttgart, entered the Army in January 1962, completed basic training at Fort Ord, Calif., and arrived overseas in August of last year.

He is a 1958 graduate of North High School and attended El Camino Junior College.

Roger L. Baker, machinist's Mate fireman, USN, son of Mr. and Mrs. Percy L. Baker of 23657 Madison St., Torrance, visited Hong Kong, June 12, while serving aboard the attack aircraft carrier USS Midway.

The ship currently is operating in the Far East as a unit of the Seventh Fleet. The visit to the colorful British Crown Colony followed visits to Pearl Harbor, Hawaii, and Yokosuka and Sasebo, Japan.

**Headquarters . . . WESTERN WEAR RANCHERO DAYS and RODEO**  
August 1 to 5 Torrance



**Circle 8 Eight WESTERN WEAR FOR THE ENTIRE FAMILY**  
195 NORTH HAWTHORNE BLVD., HAWTHORNE  
**Go Western Aug. 1-5!**  
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