



U.S.D.A. Grade "Choice" or Food Giant's "Banquet Perfect"

CHUCK ROAST

37^c lb.

For the taste sensation of the month, buy this perfect steak.

PORTERHOUSE STEAK \$ 1.25 lb.

Man's favorite—boneless, so tender and full of flavor!

BONELESS TOP SIRLOIN \$1.49 lb.

U.S.D.A. "Choice" or Food Giant's "Banquet Perfect"

DELICIOUS CLUB STEAK 98^c lb.

Significant sirloin tips are favored by many steak lovers!

BONELESS SIRLOIN TIPS 98^c lb.

U.S.D.A. Grade "Choice" or Food Giant's "Banquet Perfect"

CHUCK STEAK

45^c lb.

Beef Short Ribs 29 ^c lb.	Cook's Cryovac pkd. Everybody's favorite. Choice Corned Beef 79 ^c lb.
Fresh and lean. Ground hourly! Fresh Ground Beef 39 ^c lb.	Lean, sliced bacon. 1 pound package. Farmer John Bacon 59 ^c
Quality Mayer's pure pork. 1 pound pkg. Link Sausage 69 ^c	Quick feast in a hurry. 12 ounce package. Gortons Halibut Steak 63 ^c
Energy-giving protein, good for your family. Boiling Beef 23 ^c lb.	Pre-cooked. Easy to prepare. 7 oz. pkg. 4 Fisherman Scallops 39 ^c

Delicious, assorted, 11 and 14 oz. pkgs. Wongs Frozen Entrees 39 ^c	Sweet and sour pork, 10 oz. pkg.; egg roll. Wongs Frozen Entrees 49 ^c
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ARCHWAY FRUIT MIX Large can **25^c**

GOLDEN CREME COTTAGE CHEESE pint **25^c** quart 49^c

PACIFIC HONEY TREAT GRAHAM CRACKERS pound box **25^c**

VENUS OR THRIFTEE PINTO BEANS 2 pound pkgs. **25^c**

J & J oral antiseptic with Tek toothbrush. \$1.47 value! **MICRIN WITH FREE TOOTH BRUSH 79^c**

QUALITY LARGE BOLOGNA by the piece **39^c lb.**

BETTY CROCKER CINNAMON ROLLS 3 3/4 oz. tins **\$1**

CRACKER BARREL CHEESE **45^c lb.**

Van de Kamp's BAKERIES

SPECIALS THURS.-SUN., JULY 5-8

It's really fudgy **SAVE 20^c** One-Layer **CHOCOLATE FUDGE CAKE** ea. **49^c**

In NO. TORRANCE 4848 W. 190th at Anza In GARDENA 14990 Crenshaw Blvd.

In HAWTHORNE 423 So. Hawthorne Blvd. In MANHATTAN BEACH 2400 Sepulveda Blvd. at Main

In TORRANCE 3731 Pacific Coast Hwy. In SAN PEDRO 2849 Western Ave.



In our liquor department, customers are mighty particular about quality and flavor, and it's the same in our meat department. The best wine is properly aged for drinking enjoyment, and all Food Giant beef is carefully aged for the exact number of days to keep it blossom bright, and to bring it to the peak of juiciness, tenderness and flavor. Take it from me, if you're a nut on flavor, enjoy the intoxicating pleasure of Food Giant's fabulous beef!

U.S.D.A. "CHOICE" OR FOOD GIANT'S "BANQUET PERFECT"

RIB STEAK

79^c lb.



U.S.D.A. "CHOICE" OR FOOD GIANT'S "BANQUET PERFECT"

SWISS STEAK

69^c lb.

The Cadillac of fine steaks, wonderfully tender and flavorful.

T-BONE STEAK 1.19 lb.

Here's a low cost steak for out-of-doors quality cooking.

BONELESS ROUND 89^c lb.

U.S.D.A. Grade "A" Frozen and delicious 1 1/2 to 2 lb average.

CORNISH GAME HENS 49^c lb.

GOLDEN GRAIN CANNED BEER 6 12 oz. cans 69^c

4 BIG SALE DAYS THURS. THRU SUN. JULY 5-8

FOOD GIANT

BLUE CHIP STAMPS



BENEFIT PERFORMER—Renee Dunia, a member of the Morelli Ballet Company, is on her toes and sprucing up for the musicians benefit for the Mansfield Vocal Studios tomorrow at 8 p.m. at Redondo Union High School.

Highway Patrol Warns Drivers of Responsibilities

Last year, 1154 innocent people—persons who had no control over their fate—met death on California's highways. They were passengers in vehicles involved in fatal accidents.

"They literally were driven to their deaths by someone else," said Highway Patrol Commissioner Bradford M. Crittenden.

"Perhaps too little emphasis has been placed on the responsibility assumed by drivers when they have others in their vehicles.

"The violations, the thoughtless acts of a careless or inconsiderate driver imperil not only himself. They jeopardize the lives of his passengers, persons who have no way of protecting themselves.

"The only thing that stands between life and death for those who ride with you is your attention to the vital task of driving your car.

"Compliance with law, patience and courtesy—these are the marks of a driver who makes safety more than a goal; he makes it a reality for both himself and those who share his vehicle."

SALUTE

Albert L. Heptig, aviation structural mechanic third class, USN, son of Mr. and Mrs. Jack T. Heptig of 5359 Bindewald Rd., Torrance.

Dennis D. West, airman apprentice, USN, son of Mr. and Mrs. John B. West of 21900 Martin St., Torrance, are serving aboard the attack aircraft carrier USS Bon Homme Richard, a unit taking part in Exercise Pork Barrel, a 10-day Navy training operation that began May 14, off the coast of Southern California.

Some 25 ships and 20,000 men of the First Fleet are in the exercise which centers around a fast carrier striking force opposed by submarines and aircraft. At sea replenishment from various types of supply ships is another feature of Pork Barrel.

Ralph D. Lewis, radioman, USN, son of Mr. and Mrs. Ralph Lewis Jr., of 1246 Redondo Beach Blvd., Torrance, is serving aboard the heavy cruiser USS Helena, a unit also taking part in Exercise Pork Barrel.

Charles L. Green, seaman, USN, son of Mr. and Mrs. Arthur T. Green of 19524 Lomita Blvd., Lomita, is serving aboard the destroyer USS Blandy, which left Newport, R.I., for the Mediterranean area early this month.

The Blandy will operate as a unit of the U.S. Sixth Fleet, participating in anti-submarine warfare exercises.

Midshipmen from the U.S. Naval Academy at Annapolis, Md., and Naval Reserve Officers' Training Corps (NROTC) units will be assigned to the destroyer for shipboard training.

The Blandy is scheduled to return to Newport at the end of the summer.

Pvt. Lester D. Hupp, USMC, son of Mr. and Mrs. L. M. Hupp of 23327 South Anza Ave., Torrance, completed four weeks of individual combat training on June 1, while attached to the Second Infantry Training Regiment at Camp Pendleton, Calif. with emphasis on tactical matters and the field and combat skills needed by the fighting marine.

The training prepares the Leathernecks to take their place in the small fighting units—the four-man fire team and the 14-man squad. Combat training is required of each marine completing recruit training.

"18-8" STAINLESS

Stainless steels are solid steel alloys which are not dependent on protective coatings for their corrosion resistance. The most popular types of stainless steels are those which contain approximately 18 per cent chromium and 8 per cent nickel.

Peace is the promise and reward of rightness.

—Mary Baker Eddy

VA is Expanding Hearing, Speech Medical Service

The Veterans Administration is expanding its medical service for hearing and speech disabilities of aging veterans, it was announced this week by Dr. M. T. Sax, director of the Los Angeles VA Outpatient Clinic.

The step is necessary as the veteran population, especially the World War I group, grows older.

The major causes of speech disabilities among older VA patients are strokes, cancer of the larynx, Parkinson's disease, and multiple sclerosis.

To obtain audiologists and speech pathologists at the PH.D. level, the VA offers attractive career opportunities and also will help train audiologists and speech pathologist in cooperation with universities.

Opportunities for audiologists and speech pathologists are detailed in U.S. Civil Service Announcement Number 280-B, May 8, 1962, which may be obtained at post offices, Dr. Sax said.

The positions to be filled are at VA installations throughout the United States and in Puerto Rico. Salaries will range from 7,560 to \$10,635 per year.