

Foot Troubles Date Way Back

Pass New Road Sealing Improvement

Two roadway projects in the Palos Verdes Peninsula area will begin recently, Supervisor Burton W. Chace announced.

One is an extensive roadway sealing project. The following segments of roadways comprising over one million square feet of surface will be sealed.

Crenshaw Boulevard from Palos Verdes Drive South to the City of Palos Verdes Estates boundary; Palos Verdes Drive South between Narcissan Drive and Palos Verdes Drive West and Crest Road from Hawthorne to Crenshaw Boulevard.

Chace said the project will prolong the usefulness of the existing pavements as well as decrease roadway maintenance costs on these portions of County Master Plan Major Highways.

Work on the second project consists of extending the pavement.

The second project is on Crenshaw Boulevard from Indian Peak to approximately 0.4 mile northerly. Work will consist of extending the pavement on the westerly side of constructed curb and gutter.

Crenshaw Boulevard is a County Master Plan Major Highway. A recent traffic survey by the County Road Department disclosed that more than 4,000 vehicles per day travel on Crenshaw Boulevard southerly of Palos Verdes Drive North.

The completed project Chace said, will improve drainage on this segment of roadway as well as reduce maintenance costs.

Man's foot troubles started when he stood erect and put all his weight on just two feet instead of four. They got worse when he began to wear shoes instead of going around barefoot. Most of us are born with perfect feet.

But what we do to them by way of ill-fitting shoes, too high heels, or shoes that provide no support sends us limping along with bunions, corns, calluses, and finish the list yourself.

Your feet are made up of 26 bones and an intricate arrangement of ligaments and muscles. They carry you more than five miles a day and take a daily pounding of over 1,000 tons. When you further insult your feet by cramming them into the wrong shoes, is it any wonder that they fight back?

Buy shoes that are as wide as your feet and a bit longer. Heels for women should be no more than about an inch and a half high. If shoes need "breaking in" they're usually not a good fit.

If your feet hurt, don't go out on your own accord to buy arch supports, lifts, or so-called corrective shoes. There is no ready-made appliance suitable for everybody's feet any more than there are eyeglasses or dentures which can fit everybody. Never attempt do-it-yourself surgery on corns or calluses.

It's a dandy way to get a bad infection. Don't use any medicine or medicated pad for corns unless it's been prescribed for you; it can burn the surrounding healthy tissue. A non-medicated pad, however, is safe and may help.

Take your painful feet to your family doctor. He may help you himself, or send you to a chiropodist (a foot specialist who is not an M.D.) or an orthopedist (an M.D. who specializes in ailments of the bones and

Woman Professor at ECC Teaches Subject Rare for Ladies: Electronics

"It took World War II and the entertainment revolution of television to start me in this profession, and even though it may seem remote from the usual teaching areas for women, I find it too interesting to stop," Miss

Dorothy Westgate, El Camino College faculty member said.

Assigned to the Navy facility at Western Electric, Miss Westgate began supervision of testing for magnetron and klystron tubes, and AN ABD4, "the bomb unit" radar set.

After the war she taught at the American Television Institute and participated in the research program headed by Dr. Lee DeForest, the "father of electronics."

During this time Miss Westgate had engaged in many aspects of technical writing about the subjects under study. The results were the editing and publication of many articles and scientific texts, some "ghost-written" by her, important to general science.

To her El Camino students she describes the study of electronics as a field of applied physics.

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ALONE IN HER FIELD as a woman instructor of electronics is Miss Dorothy Westgate, El Camino College instructor, who discusses a program with students (left to right) Wayne Russell, Torrance; Chuck Gonzales, Inglewood, and John Tapia, also of Inglewood.

Local Cubs Earn Pack Awards

Cub Scout Pack 785C, sponsored by Holy Name Society of St. Catherine Labouré Parish, Torrance, recently gave "Cub of the Month" award to Steven Costa of Lawndale.

Highlight of the evening was award ceremony under direction of Howard Patterson, assistant Cub master. Following Bobcats were welcomed in the pack: Paul Divinski, Bill Cogbill, Robert Tyrrell, Steven Mackey, Daniel De Prez, and John Engelbert, all from Torrance.

Other Cubs receiving awards were the following: Den 1 — David Bunic, silver arrow; Den 2 — Donald Chaney, wolf badge, Patrick Sampier, gold arrow; Den 5 — Joseph Orchard, wolf badge, Lewis Patterson, bear badge and gold arrow.

Also Den 6 — Tommy Gillogly, bear badge, Frederick Romero, denner badge, Steven Potet, assistant denner badge; Den 7 — Patrick Conaty, wolf badge, Rickey Getten, silver arrow, Derek Engelbert, bear badge; Webbs — Tommy Tough and Stephen Lockwood, Lion Badge.

This column is sponsored in the interest of better health by the Tuberculosis and Health Association of Los Angeles County.

Aspiring men of science are taken by surprise at El Camino College when they discover their electronics instructor to be a woman and, in fact, the only woman so employed in the State of California.

To Dorothy Westgate, four-year member of the faculty in electronics and technical writing the distinction comes because fate took a hand in her ambitions.

"The experiences at Truex were almost unreal. We taught at all hours, including a graveyard shift, suffering power failures and blackouts, and even lectured in the same room with two and three classes of another subject," Miss Westgate said.

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Matsuda Named Orchid Manager

Orchawaii sales division of Orchids of Hawaii, Inc., announces appointment of George Keoki Matsuda as Western district sales manager in California.

Matsuda was Chicago district sales manager for the past two years and previous manager at the company's headquarters in New York City. He is a native of Hawaii and attended the University of Hawaii.

Matsuda was responsible for increasing the Chicago area sales of the company by 57 per cent last year. Matsuda has spent his entire business career in the advertising and promotion field and is an active member of trade groups such as Sales Promotion Executives Club and Premium Industry Club.

In his new position, he will be located at the Orchawaii offices, 24333 Narbonne Ave., Lomita.

According to company president Kei Yamato in New York, the move is being made to cope with the increased volume of business in the growing California market.

Open Class for Bridge Beginners

A new bridge class starting Nov. 2 at the Torrance YWCA will be for beginning players, according to Bob Christie, director.

There will be 10 lessons and the class will be from 12:30 to 2:30 every Thursday afternoon. One hour of lecture will be followed by one hour of supervised play. Printed material on each afternoon's lecture will be available.

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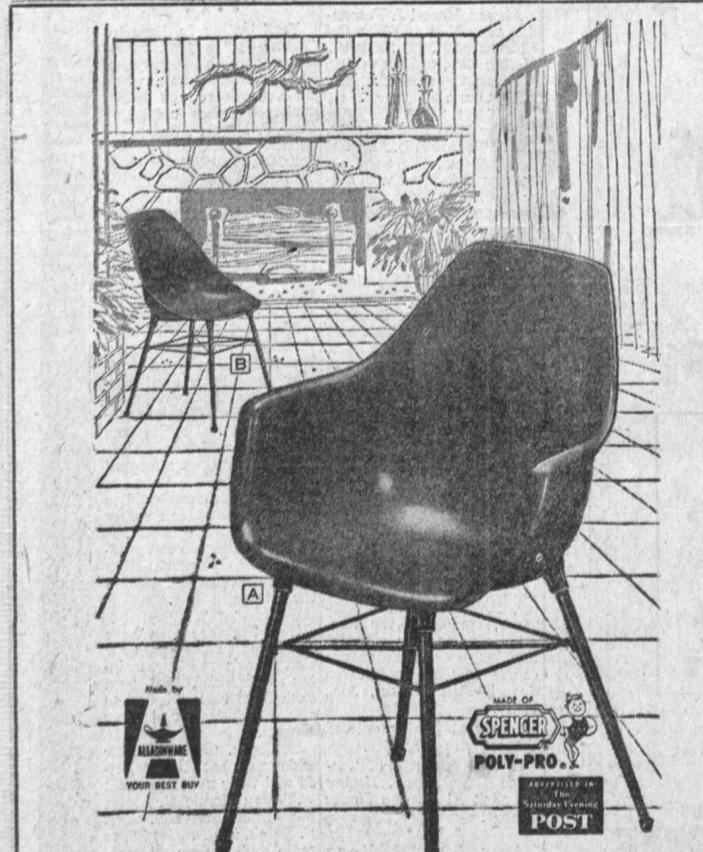
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