



IT'S ALL YOURS, smiles Wilmington Chevrolet dealer Fred Gledhill (left), who presents the keys of a Chevrolet Corvair to Mrs. Thelma J. Baime, 5930 McKinley Ave., Hollywood, after her husband, John (right), was

the lucky winner in a giant ticket contest sponsored by Gledhill and Kory's Market last week. Bruce Warlick, assistant manager, awards the auto.

Doctor Answers Health Questions

Question—I've heard that salt is just as effective as tooth paste for cleaning teeth. Is this true?—D. B. Answer—Although salt has been widely used for years as a dentifrice, there is no scientific evidence that it is beneficial as a tooth cleansing agent. On the contrary, dry salt on a moistened toothbrush can prove to be very harmful to the teeth and gums. Salt is very abrasive to tooth structure, and is also abrasive to gum tissue. In many cases, it is believed that improper brushing with such abrasive material is responsible for the excessive wear found on the gingival portion of the teeth. Q.—Please discuss neurasthenia.—E. I. A.—Neurasthenia is defined as nervous prostration or a psychoneurosis of nervous exhaustion, the predominant feature of which is abnormal fatigability. The victim usually has a severe depression, lack of energy, difficulty in concentration, poor appetite, difficulty in sleeping, and often complains of numerous pains. Frequently such patients have lost any feeling that they will recover and feel that nothing can be done to restore their normal state of optimism and health. With this attitude, they generally fail to take an aggressive approach to their problem. In severe cases, psychiatric help is needed to relieve depression. Home treatment without the guidance of a physician usually is not effective. Sometimes, without any treatment, the victim may continue to suffer for a long time until he comes to the realization that he does not actually have any serious disease and develops a more optimistic outlook. Q.—What is the best treatment for a histamine headache.—N. M. A.—This is a one-sided type of headache which is usually accompanied by a flushing of the face on the affected side. Recommended treatment is desensitization with histamine. Although it is received a great deal of attention from both the medical profession and the public, it is still an extremely unusual condition. Due to improper diagnosis, many headaches are erroneously referred to as histamine headaches.

Highway Patrol Gives Warning About Blowouts

High speed, hot weather driving increases the chances of a tire blowing out and causing a serious accident, warned the California Highway Patrol recently. The fact that blow-outs do not occur as often as they did in the past makes them even more hazardous because the average driver does not know how to cope with them, Commissioner Bradford M. Crittenden said. "Most motorists do exactly the wrong thing when a tire blows out," he declared. They apply the brakes heavily, usually throwing the car out of control and causing a rollover or a collision with another vehicle or some fixed object along the roadway. "The proper technique when a blow-out occurs is to take your foot off the accelerator and allow the car to slow down by itself, meanwhile holding the steering wheel firmly to prevent the car from swerving. When the car has slowed to a speed where control is certain, the brakes may be applied gently to bring the vehicle to a complete stop."

Humane Society Stuns Service to County Area

Persons residing in the unincorporated county territory west of Main St., Lawdale, Rolling Hills, and Rolling Hills Estates should direct calls for service relative to animal regulation to the county, it was announced recently. The main office of the Los Angeles County Pound Department, located at 11258 S. Garfield Ave., Downey, can be reached by calling SPRUCE 3-4430 or TOPAZ 9-1173. These calls will include requests for the picking up of unwanted sick, stray, or injured animals, the enforcement of the leashing ordinance, inquiries relative to licensing and vaccination requirements, the enforcement of the humane laws and the picking up of dead animals. As of Sept. 1, the Southern California Humane Society stopped functioning as a contracting agency for the County. Animals from the areas referred to above will no longer be impounded in the shelter operated by that organization, located on Yukon Ave., it was announced. Construction of a county owned and operated animal shelter is due to start within the near future. This facility will be located on Victoria Ave. near S. Broadway and is scheduled for completion prior to July, 1961. When completed, this facility will serve the southwestern section of the County, Marvin T. Thronson, poundmaster, said. Use classified ads for quick results. Phone DA 5-1515.

Trip to Town

Escapade Ends With Scolding

"Confined to quarters" was the punishment dealt out to three-year-olds Wayne Brown, Randy Britzman, and Tommy Schmidt after an escapade that sent their worried mothers scurrying anxiously around the Southwood neighborhood in search of the vagrants. Police officers John Brady and Douglas Nice found them at the intersection of Hawthorne Blvd. and Carson St. at the height of the rush hour. "They were marching back and forth across the heavily trafficked highway on their way 'to buy mama candy,'" the officers wryly declared.

Community Chest Advises Veterans

Veterans with G. I. insurance were warned today to keep their beneficiary listing up to date. "An increasing number of personal tragedies are coming to light because of this oversight," according to Mrs. Sara R. Bridges, director, Community Chest-supported Torrance Veterans Service Center, 1622 Gramercy Ave. Typical is the case of the veteran who, while in the service nearly 20 years ago, named his then current spouse as beneficiary—and never changed it. The romance was short lived. But the man kept up his insurance premiums. Today this veteran, who remarried, is dead. He left his widow with several small children and many large bills. Who got the insurance money? "The Veterans Administration is required by law to pay G. I. insurance proceeds to the beneficiary of record, whether or not that beneficiary still is in any way connected with the veteran," the director explained.

DIZZY STATE

Sales of beer and ale in California hit an all-time high during 1959, it was reported this week in the latest edition of the Brewers Almanac, fact book of the U.S. brewing industry. The industry's statistical summary reports that Californians consumed 7,433,512 barrels, of 31 gallons each, of malt beverages in comparison with the highest previous year's total of 7,702,755 barrels, recorded in 1958.



TORSO LOOK—Attired in an original dress of rosewood fabric, omelet rayon, detailed with bias trim on the full skirt and a soft rolled collar and a self bow, Joyce Cannon anticipates date-time with this \$22.95 dress from Gay Shop.

Troop Produces Batch of Pizza

When the Swartz girls, Ada and Joan, visit Aunt Hannah Sampson's home, 4210 Carmen St., to make pizza, the whole town knows about it—partly because of the aroma, and mostly because of the extensive preparations taken. How I Made Pizza By Joan Swartz, Age 10 One day, when my sister, Ada, and I were staying at my Aunt's house, my two cousins, Nancy and Jane, and my sister Ada and I made pizza. We made it by: 1. Make the dough (the instructions are on the Bisquick package); 2. Put oil on your hands; 3. Make the dough big and flat; 4. Put pizza sauce on; 5. Grate Jack cheese; put it on; 6. Put salami on; 7. Sprinkle some Parmesan cheese on; 8. Put in oven at 425 degrees. Aunt Hannah said people wouldn't know that it was our first time making it. We were working in the study and we had to close the door because it smelled too good. How We Made Pizza By Nancy Sampson, Age 7 We added 'hot' cheese

'Kassels in the Air' Present Dance Program

Sunday evening dancing, which has brought Art Kassel and his "Kassels in the Air" band back to the Aragon Ballroom at Pacific Ocean Park for a series of special engagements, is also bringing to Aragon patrons special musical programs. Kassel salutes a famous American songwriter each evening with a program made up of music composed by the man honored. The music of Johnny Mercer and Wolfe Gilbert has already been featured. Today will be dedicated to Sammy Cahn, whose "Three Coins in the Fountain" and many other hit songs have been played around the world.



REFLECTION—Joyce Cannon wears a two-piece olive print, cotton jumper with a detachable bib. The blouse is drip-dry cotton. The outfit is available for \$24.98 at Pic-Wic Shop.

Classification INDEX ANNOUNCEMENTS Legal Notices... Read for PROFIT Use for RESELLS U L T S W A N T Ads Call DA 5-1515

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