

Thrifty Elegance For Company



Here's an easy and delicious way to prepare breast of veal. This cut is a very good buy—there's a lot of good lean meat on it, and the price is reasonable. When you add a bit of glamour with an easy fruit cocktail sauce, "Breast of Veal, Sweet and Sour" is really company fare. The syrup from the canned fruit cocktail, along with some Worcestershire sauce, vinegar and other seasonings, makes a tangy sauce in which the meat cooks to moist tenderness. Then, just before serving, thicken the sauce slightly, and add the fruit. Looks pretty, tastes wonderful!

Note for easy carving: have your meat man crack the breastbone, or remove all the bones, if you prefer.

Breast of Veal, Sweet and Sour

Rub 1 large breast of veal (about 4½ pounds) with salt and pepper. Place in flat pan, and brown 30 minutes in very hot oven (450 degrees F.). Blend 1 cup syrup from canned fruit cocktail, 3 tablespoons wine vinegar, 1 teaspoon prepared mustard, 1 teaspoon Worcestershire sauce, 1 teaspoon instant minced onion and a dash Tabasco sauce; pour over meat, cover closely. Reduce heat to 300 degrees F. and bake meat 1½ to 2 hours longer, basting occasionally. When meat is tender, remove to hot serving platter. Turn drippings into saucepan and thicken with 1½ tablespoons cornstarch mixed with 2 tablespoons cold water. Cook and stir until clear and thickened. Add 1½ cups drained fruit cocktail, and heat thoroughly. Serve over the veal. Makes 6 to 8 servings.

Civic Symphony Schedules Auditions for Dancers

The Civic Symphony will present Ruth St. Denis in "The Blue Madonna of St. Marks" with a cast of 50 for its annual Christmas program.

This will be the West Coast premiere of this production, which first was seen last June at the Jacob's Pillow Festival in Massachusetts.

The "Madonna" received rave notices from critics.

Walter Terry of the New York Tribune wrote, "Ruth St. Denis, the first lady of American dance, founder of the theater dance which today we call modern dance, turned to a religious theme communicated in a plastic, gestural, style of movement. Here, indeed, was a glimpse, but a sharp one, of the horizonless dance which America has developed—beautiful of presence, Miss St. Denis performed with a greater artistry and force than we have seen for many years."

A few young people of this community will have the opportunity of appearing on the stage with this artist and will be trained for their parts here by Miss St. Denis and her assistant.

Selection of those to receive this honor will be made at an audition at St. Cross Church Monday.

There will be a \$2 charge for the audition.

To enter the auditions an application must be made to the Civic Symphony, 1617 Via Montemar, Palos Verdes Estates, to be received not later than Saturday Nov. 14, giving name, address, phone number, age, height, weight, experience in theater or dance, and name of teacher.

There are several parts for girls 7 to 10 and 14 to 16, one part for a dancer who is tall and slender, several boys 7 to 10, and two men.

The production is scheduled for Dec. 29 and 30.



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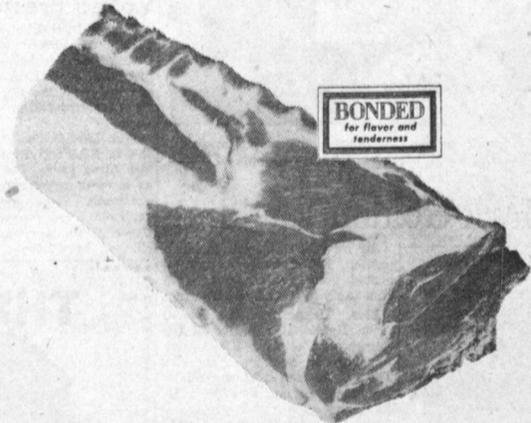
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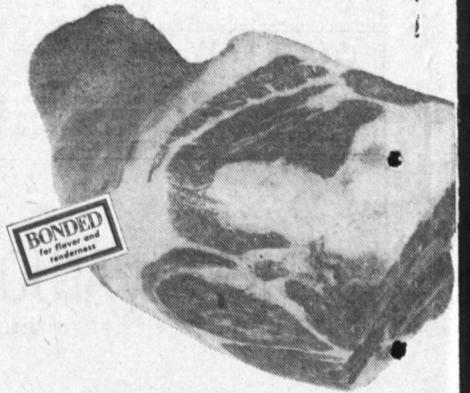
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Prices Effective Thursday, Friday, Saturday, November 12, 13, 14

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