

for and about Women

MARY NETH, WOMAN'S EDITOR

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Enjoy California Walnut Chocolate Meringue Strips, the perfect cookie for your next coffee session whether midday or evening. These cookies are rich gems of sweet, fresh-tasting walnuts and convenient morsels of semi-sweet chocolate mixed into a light brown sugar meringue set atop a rolled oats base.

Walnuts for cracking come in sparkling one and two-pound cellophane bags. Or try the handy shelled California walnuts in either the recipe-size saran bags or vacuum cans. Just empty the semi-sweet chocolate morsels from the bag right into the meringue. What could be easier.

California Walnut Chocolate Meringue Strips

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| 1/2 cup butter | 1/4 cup quick cooking rolled oats |
| 1 cup light brown sugar, firmly packed | 1 6-ounce package semi-sweet chocolate morsels (1 cup) |
| 1/2 teaspoon vanilla | 1/4 cup California walnuts, coarsely chopped (3-ounce saran bag) |
| 1 egg, separated | |
| 1/2 cup sifted all-purpose flour | |

Cream butter. Gradually add 1/2 cup of brown sugar; cream until light. Mix in vanilla, egg yolk, flour and rolled oats. Spread in a buttered 8-inch square baking pan. Beat egg white until stiff; gradually beat in remaining 1/2 cup brown sugar until stiff peaks form. Mix in semi-sweet chocolate morsels and half of walnuts. Spread over oatmeal mixture and sprinkle with remaining walnuts. Bake at 350 degrees 35 to 40 minutes or until meringue is golden brown. Let cool in pan. Cut in strips. Makes about 2 dozen strips.



Sliced Brazil nuts, rice and diced cooked poultry or ham present a main dish which borrows from Near East cookery. This pilaf is a novel way to use a small portion of left-over turkey, chicken or ham and still have a company-beautiful course. Brazil nuts with their delicate richness of flavor also contribute texture interest to this main dish. If you like browned-in-butter rice, you'll be delighted then by this combination of rice, Brazil nuts and cooked meat.

Thin Brazil nut petals may be used as a garnish by cutting the big jumbo nuts lengthwise with a vegetable peeler.

Brazil Nut Pilaf

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| 3 tablespoons butter or margarine | 1 cup diced celery |
| 1/2 cup coarsely chopped Brazil nuts | 2 bouillon cubes |
| 1 can (3 or 4 ounces) mushrooms | 1/2 teaspoon salt |
| | 1 cup uncooked white rice |
| | 2 cups diced cooked chicken, turkey or ham (optional) |

Melt butter in heavy saucepan or skillet. Add Brazil nuts and cook slowly, stirring occasionally, until the nuts are toasted a delicate brown. Drain mushrooms; measure liquid; add water to make 2 1/2 cups. Add liquid and mushrooms to skillet along with celery, bouillon cubes and salt; bring to a boil. Add rice slowly. Cover; reduce heat and simmer 25 minutes. When used as a main dish, add chicken last 10 minutes of cooking time. YIELD: 6 servings.

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EVENINGS AND SUNDAYS INCLUDED

Torrance Scouts Attend District Fall Camporee

Eight Explorers and Advisor Herman Boodman of Post 728X were among the 600 Harbor District Boy Scouts at the recent Fall Camporee at Alondra Park.

The unit conducted the "identification of odors" problems, involving some ten different bits of plantlife, such as, eucalyptus, cedar, maple, pine, orange, apple, onion, camphor, celery, and licorice.

Following a swimming session, the 40 Explorers present attended a barbecue dinner.

The evening program conducted from Alondra Island began with a lighted torch brought by canoe from the "mainland" for the campfire. Following songs and Indian dances the traditional Order of the Arrow "callout" was given Bob Murphy from 728X.

Accompanying Boodman were Don Christensen, Bob Murphy, Larry Hendrickson, Gary Olson, Tom Patrick, Larry Reintma, Ken Smith, and Dennis Albright.

For a salad dressing that's different try this: Beat one-half cup honey and one-half cup lime juice together until well blended.

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PTA Meeting to Feature Skit

Next regular PTA meeting of 186 St. Elementary School will be held Nov. 12th at 2:15 p.m. in the school auditorium.

The program will feature a skit on Parent Education and music by Miss Mary Jo McCullough, second grade teacher. Committees featured will be: Room Representative, School Education and

Parent Education. 186th Street School will be host to the Gardena Council Meeting Nov. 20 at 10 a.m. Guest speaker for the day will be Joseph M. Kaplan, of the Greater Los Angeles Chapter of the National Safety Council, his topic will be "Learn the Value of Safety."

Use Classified. Call FA 8-2345.

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