

PUT YOUR BEST FOOT FORWARD

By FLORENCE MARY BLAKE
Lecturer, Teacher, Consultant



There are so many sides to the complete picture of beauty. Just as many little pieces of glass in the hands of a skillful artist can become a beautiful mosaic picture, so the learning and putting to use of helpful ideas on self-improvement, can add up to the most flattering picture of YOU. Through the centuries the acquisition of CHARM and BEAUTY have intrigued women of all ages.

You have heard it said I am sure, that if a woman possesses charm she does not need anything else. If she does not have it, nothing else she has really matters.

Your HANDS can plainly betray a lack of poise or they can be trained to add to your total beauty by movements and gestures that show qualities of gentleness, calmness, and effectiveness. Do you know for example, that stiff wrists can add as much as twenty years to your appearance?

In by-gone days soft, helpless, useless-looking hands were considered very lovely. Not so today. The smart woman prides herself on having capable hands that look as though they can accomplish things. The way in which you use your hands however, shows others clearly a great deal about your thoughts and your attitudes.

Reaching for something with a stiff wrist looks like a selfish and greedy grab. Of course, we don't admire the affected curling of the little finger or the mincing artificial hand movements that show great self-consciousness. All women should know how to use their hands eloquently so that they tell only nice things about her character and disposition.

Try Exercises

To start with, here are a couple of exercises to develop gracefulness. Why not take three minutes right now and try them. Do them frequently and, note

the results in a comparatively short time.
Stand tall, raise arms shoulder level—hands out in front of you. Now, relax your hands so they are limp. With your hands still limp and hanging, think of floating your arms slowly up over your head. Then bring arms slowly downward, palms up raised in an exaggerated salaam. Several times do this slowly. The idea is to teach your hands to remember that in all movement... the wrist leads. Any straight line movement betrays tension. Make it a habit to lead with the back of your hand when reaching. Always think of having your wrists bend one way or another in all hand movements. Pick up a magazine this way, put it down. Repeat several times until you see for yourself how much more poised this appears. Do all your reaching and picking up this way, vigorously, until it becomes automatic that you really don't know any other way to do it.

Shake Them

Another good exercise for suppleness of the wrists and hands is to simply shake them vigorously. Shake them up and down, then try to shake in a circle (from the wrists only). You will find that you cannot do it unless your hands are relaxed. Watch carefully to see that you do not grip your hands tightly together or keep them clenched in a fist-like pose as though to hide your hands. Arms folded with hands hidden, adds nothing to your appearance. Grace of movement is not fanning the hands through the air in useless gestures. It is controlled, expressive movement that arrests attention and eliminates awkwardness.

How do you handle a cigarette, pick up a glass, shake hands, use your hands in telling a story? Observe yourself, then, in the next column when we continue on this subject, see if you don't profit by at least one or two of the suggestions given on these and other matters of hand poise.

One last thought for today... make sure YOU are not a "ring-twirler," "face-patter," "head-twister," or "hand-wringer." Decide that you too will be careful how your hands "talk" and make them speak well of you.



SCIENCE DAY—Phyllis Sandoval and Jim Warnemuende, seniors at North High School, examine display of oil well equipment entered in the school's Science Day, Monday, by the National Supply Company of Torrance.



Fashion Fun

By MAUDE MILLER

A Man Called Adrian
A "mere man" had his say about women's fashions this week... and a hundred leaders of the fashion industry listened attentively!

The man was Adrian, famed former studio and couturier designer who has come out of retirement to design costumes for the Los Angeles Civic Light Opera production, "Grand Hotel". The occasion was a luncheon of the Fashion Group, and the witty words of this man whose name still means something special in the fashion world were as follows.

On the "sack" dress: "I hate forms of what is known as a 'sack' because it is shapeless. Looking as if you're going to have a child is only right... when you're going to have a child."

On the chemise: "Don't confuse with the sack or balloon look. The chemise is an easy fitting dress which, handled properly has great charm and grace. I like the chemise and I'm sorry it has been confused with the deflated balloons that are being worn today."

On choosing the "right" style: "Royalty used to dictate what was 'the thing to wear'. Then came couturier designers, especially in France. They still have great influence, but there are two much powerful dictators today. Science is one. There are planes which whirl us all over the world... and what a woman can put into her suitcase is what she will wear. Common sense is the other dictator. Fashion should serve the woman... not enslave her. It should be suitable of a woman's way of life. If we can't use the brain we've been given, we deserve the consequences."

On shorter skirts: "Short skirts are fine... but if they become too short they're ridiculous!"

On new shapes: "Newness in clothes should be welcomed. I am interested in new shapes because they help fashion. But you must try them on... decide what they do for you, and if you really want to look that way. If not... there will always be designers who make charming, romantic clothes that become yours."

Ask List Of Park Priorities

A committee to recommend priority improvements for undeveloped city parks out of Park and Recreation Department allocations, will make a report April 23.

Bernard Dougan was appointed by the Park and Recreation Commission Wednesday to head a committee to find funds for improvements which were to have been made by the \$3,000,000 bond issue which was overwhelmingly defeated in Tuesday's election.

The commission expressed concern over the development of La Brea, Paradise and Los Arboles Parks.

Another assignment given to the committee is to make a table of priorities for capital expenditures at the parks.

If the bond issue had been approved, approximately \$1,000,000 of the issue would have been used to develop existing sites, with the remainder reserved for acquisition of new sites.

Serving on the committee with Dougan, are Mrs. Rose Craig and Robert Cramer.

Phone Company Moves Harbor Area Operation

Harbor population and industrial gains in the past few years was given by Pacific Telephone for formation of a separate operating Harbor Division to handle all telephone activities in this suburban area.

Headquarters for the new division will be in Compton in the company's block long million-dollar structure at 921 East Compton Blvd. It will include within its boundaries the Compton, Inglewood, El Segundo, Hawthorne, Torrance, Lomita and San Pedro Exchanges.

James S. Cantlen, vice president and general manager of Pacific Telephone made the announcement of the important organizational change this week.

The new division will be headed by M. L. Stannard Jr., as division commercial manager; S. W. Doak as division plant manager and G. W. Fleer as division traffic manager. Stannard and Fleer have occupied executive posts with the Pacific Company in Los Angeles while Doak is just returning here from the American Telephone and Telegraph Company in New York.

Cantlen declared the new division would be manned by competent telephone people whose sole attention would be directed to providing the best possible telephone service to homes and businesses in the new Harbor division.

Pakista Visitor Gets City Council Honor Resolution

Muhammed Siddique Chaudhry the Pakistan official who studied the Torrance municipal government for several weeks as part of a course he is taking at SC, was honored with a resolution from the City Council Wednesday.

The official, whose job in Pakistan is roughly equivalent to that of a lieutenant governor, was praised for his "thoughtfulness, tact and genuine friendliness," and his demonstration of his knowledge of public administration.

Chaudhry will remain in the city for another month. He has been working with Don Mansfield, assistant city manager, and other officials to learn American methods.

New Oil Wells Banned
An ordinance which will prohibit drilling of new oil wells within 300 feet of the center line of Hawthorne Blvd. between Del Amo Blvd. and 230th St., was approved by the City Council Wednesday.

No opposition was voiced at a public hearing.

MOTOR NEWS AND VIEWS



AL SILVER

from Los Angeles, has caused quite an uproar.

It seems that Heath has filed entries for all three of the scheduled races. No action has been taken in the matter yet, however, Al Slonaker of Crown-

America is calling a special meeting of association officials to get some kind of ruling.

What some guys won't do for a little publicity...

Offy's at Stadium
Yes sree, the famed Indianapolis drivers and their powerful Offy midgets will return to the Gardena Stadium this Friday night, (April 19) to give all of you racing fans some more hot action.

Seems as though the Bay area is getting just a little too much of that bad weather, so... cancel that scheduled one for the Contra Cost Speedway, and bring em on back to sunny Gardena. Time trials, 7:00 p.m., first race, 8:30 p.m.

Last But Not Least... Art Bauer, the young Ad executive who courageously drives his Plymouth through the highest waters... Ian Dunn, the sports car enthusiast, who quietly purchased a Ford wagon this week end... Hal Evry, noted PR man and columnist for Herald-Express who wears the craziest sports car cap... Raoul Martinez, the new manager of Carl's Motor Company (Chrysler-Plymouth) in Wilmington... See you next week...

Juvenile Crime Topic at Confab

Final arrangements for the forum on juvenile delinquency Wednesday in the Civic Auditorium, were made earlier this week by a committee of the Torrance Coordinating Council.

District Attorney William B. McKesson will be the principal speaker at the Town Hall meeting which starts at 7:30 p.m.

Lt. D. C. Cook, head of the Torrance police juvenile bureau, will be master of ceremonies.

Panel Talk
Following McKesson's address, the program will be turned over to a panel discussion and for questions from the floor.

Members of the panel will include Mayor Albert Isen, Dick Fitzgerald, manager of the Chamber of Commerce, Robert Dehn, assistant pastor of the Torrance First Baptist Church, Harry Van Bellehem, director of the Park and Recreation Department, Mrs. Kenneth McVey, president of the Torrance PTA Council.

Others are Dr. Warren Hamilton, director of special services in the Torrance Unified School District, Police Chief Percy Bennett, Linn Ehler, student body president at Torrance High School.

Several selections will be played by the Torrance Area Youth Band under direction of James Van Dyke.

Dr. Warren Low, president of the Coordinating Council will preside. Members of the committee for the event are Mrs. John Mangan, chairman, Cook H. G. Stephens, Mrs. Vicki Feldon and Dr. Herbert Larson.

THS International Night Features Idea Exchange

Differences in national customs were noted during a panel discussion of foreign students in Torrance, and Torrance students who have been abroad, during Torrance High School's International Night.

Exchange students Nadio Basmdjian of Greece and Lucienne Elshout of Belgium, were on the panel with Marry Sippel, North High student, who went to Finland last summer, and Marjorie Towle of North High, who visited Sweden under the American Field Service sponsorship.

Other Torrance students who have studied in foreign countries told of their experiences abroad. These included Ingrid Senger on Holland, Jack Tipping on Mexico, Bill Miller on Iran, Alice Hannemann, Samoa; Bill Tilley, Canada, and Sharon Parker, Chile.

The panelists reported on dating habits, sports, schools, books.

Displays from many countries were exhibited in the cafeteria. The program included Samoan dances by Miss Hannemann.

Students enrolled in language classes wore costumes of the nations whose language they are learning.

Miss Elshout resides with Mr. and Mrs. Robert A. Caga of 17326 Glenburn Ave., while Miss Basmdjian resides with Mr. and Mrs. Meral Hinshaw of 2467 W. Carson St.

U. S. Steel Pays Off on Suggestions From Employees

United States Steel Corporation employees collected more than \$190,000 during the first year of the Corporation's employee suggestion plan.

Torrance Works employees collected \$2,593 for 125 suggestions accepted during this period.

This plan, which has just celebrated its first anniversary, covers all hourly-rated and certain salaried personnel. It is designed to stimulate constructive thinking and to reward individual ingenuity and creativeness.

During the first 12 months of the program 24,795 employees submitted a total of 55,148 suggestions. Of this number, 6,181 had been adopted by the Corporation, with an even larger number still under active consideration.

For cost-reduction suggestions, employees are awarded a percentage of the net savings. Adopted suggestions that do not result in cost reductions are judged individually by management.

The plan provides for awards up to a maximum of \$10,000. The highest award paid to date was for \$3,264, while 33 other awards have been in the over \$400 bracket.

Driver Injured
Marvin Blitz, 29, of 20926 So. Dalton Ave., was injured Wednesday when his small imported sedan collided with another auto at Western Ave. and Torrance Blvd.

The other car was driven by James Morace, 16, of 1944 W. 252nd St.

ATTENDS CONFERENCE
City Attorney Stanley Remelmeier was authorized to attend a conference of city attorneys in Palo Alto on April 23-25 and be reimbursed for expenses up to \$200.

Watch for Special page on April 17th in Honor of National Realtor Week April 13th to 19th.

STATE LAW

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Drinking Drivers Involved in One Of Four Deaths

Drivers who had been drinking were involved in one out of every fatal accidents in California according to the California Highway Patrol's analysis of 1957 traffic accident figures.

"Last year, in California, of 161,099 drivers involved in fatal or injury traffic accidents, 19,867 or 12.3 per cent had been drinking prior to the accident," declared Patrol Commissioner B. R. Caldwell. "The accidents these drivers were involved in resulted in the death of 956 persons, 25.9 per cent of the total killed in traffic last year.

"Another 31,192 persons were

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House Numbers OK

Permission to paint house numbers on curbs was granted to Torrance VFW Post No. 3251 and South Bay 20-30 Club.

Members of the organizations will seek donations from home owners for their work on a voluntary basis.

House Numbers OK

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RYAN EARNINGS UP

Net earnings of the Ryan Aeronautical Company for the first quarter of the 1958 fiscal year totaled \$510,146, an increase of 72 per cent over the \$296,656 earned in the same three months of the prior year, T. Claude Ryan, president, reported yesterday at the annual meeting of stockholders.

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