

ONLY THE HERALD HAS AUDITED CIRCULATION COVERAGE OF TORRANCE - - GO WITH THE LEADER!!

Laws Require Vaccinations When Persons Are Traveling Abroad

By K. H. SUTHERLAND, M.D. County Health Officer

The immunizations that are required of American citizens who travel outside the continental limits of the United States are required by federal law in order to protect the health of the individual and also to prevent the passage of communicable diseases from one country to another. Though the vaccination procedure may sometimes be regarded as a considerable nuisance, the slight inconvenience or discomfort occasioned by the "shots" is infinitely preferable to the acquisition of some serious contagious disease while traveling in a foreign country.

This was emphasized quite recently by the Swiss typhoid outbreak in Zermatt which sickened nearly a hundred people and resulted in several deaths. Smallpox, too, is an ever-present danger. Late in 1961, an epidemic of this disease broke out in Pakistan and was subsequently imported to Germany and Britain. In Britain alone, the disease

caused the deaths of at least eight persons. It is also interesting to note that Sweden is presently in the news owing to a smallpox outbreak. Some 18 cases of the disease have already been reported.

During 1961, outbreaks of cholera occurred in the Philippine Islands and in Hong Kong; while in India this disease is always endemic.

ALTHOUGH THE vacationist can leave this country without getting any vaccinations at all, proof of smallpox vaccination or revaccination is demanded before re-entry into this country is permitted. Certain other countries have also started to demand proof of smallpox vaccination before entry. Russia, for instance, now requires this record from individuals entering the country from those areas where the disease is thought to be endemic (always present).

In addition to the smallpox vaccination requirement, U. S. Public Health Service officials recommend protection against

poliomyelitis, typhoid and paratyphoid fever and tetanus. This seems like a formidable line-up, but is as nothing compared to what an attack of any one of these diseases could be.

The occurrence of typhus is not uncommon in overcrowded and unsanitary areas where louse-infected people live close together, and such conditions are found in parts of Mexico, Central America, Asia, Africa, and Eastern Europe. Persons entering these areas unprotected against the disease are taking the risk of getting it.

THE INDIVIDUAL will naturally obtain vaccinations according to the countries visited. If certain areas in South America or Africa are on the itinerary, for example, yellow fever vaccination will be needed. When visiting the Orient, the individual, in addition to the basic vaccination recommendations, also requires protection against cholera as well as yellow fever.

It is generally advised that at least a month be allowed to

obtain necessary vaccinations prior to departure. All of them may be obtained from private physicians with the exception of yellow fever vaccine. This is available only from the U.S. Public Health Service, Room 424, Federal Building, 312 N. Spring St., Los Angeles. Clinic hours are from 1:30 to 2 p.m., Monday through Friday. Curiously, there is no charge for this service.

All immunizations may be given concurrently with the exception of yellow fever vaccine. A period of 6 days between this and other vaccinations is needed.

ALL IMMUNIZATIONS must be recorded on the International Certificate of Vaccination and must be stamped by the health department which has jurisdiction over the area where the attending doctor has his practice.

Bothersome as all this may be, when it ensures a healthful and enjoyable vacation it is well worth the trouble.

Printed information on health protection when traveling will be sent to anyone who sends a card of request to the Division of Health Education, Los Angeles County Health Department, 241 N. Figueroa St., Los Angeles 12.

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JEFF COBB

By PETE HOFFMAN

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 MA'AM, I'M LOOKING FOR A...
 I CAN'T BELIEVE IT!!
 MR. COBB, I KNOW A PLACE ACROSS THE STREET WHERE YOU CAN STAY TONIGHT!
 THEN WHY DO YOU KEEP LOOKING BACK, ALFY, DEAR?
 JUST WONDERING WHETHER THAT FELLOW IS ROOM HUNTING TOO!...HE HASN'T GOT A CHANCE THERE!
 MISTER, I'M QUITE BUSY SO...
 I STILL CAN'T BELIEVE HOW MUCH YOU RESEMBLE HER!...IT'S AMAZING!
 NOW, MISTER, WHO IS THIS PERSON YOU SAY I RESEMBLE?
 MY BELOVED, LATE WIFE... MAY SHE REST IN PEACE!
 OH...I DIDN'T UNDERSTAND!
 THERE IS SO MUCH ABOUT YOU WHICH REMINDS ME OF HER!
 MY WIFE WAS VERY BEAUTIFUL! AN EXQUISITE LADY!
 SHE... WAS?
RED RYDER
 WELL, CONGRATULATIONS! WE'LL HAVE THE WEDDING RIGHT HERE ON THE RANCH! WHEN'S IT GONNA BE?
 WE USED TIME TO GET ACQUAINTED AND ALL THAT! AFTER ALL, WE ONLY MET THIS MORNING, WHEN MY RANCH PULLED A GUN ON ME AND I KNOCKED HIM FLAT WITH MY SUITCASE?
 ALREADY I SEE I'LL HAVE TO MAKE SOME CHANGES! MY DEAR BOY WILL HATE TO DRESS NEATER, AND THAT BEARD HAS TO GO! BACHELORS ARE SO SLOPPY!
 OUT-TIME, BRING WABEL'S SUITCASE! SHE CAN STAY HERE IN YOUR CABIN! TELL 'EM WEDDING! YOU CAN SLEEP IN 'EM HAY LOFT!
 WHAT A PIG-STYLE! I SPENT ALL WEEK CLEANING IT UP!
 ALL THIS JUNK HAS TO GO! STUFFED ANIMAL HEADS! MOTH-EATEN SKINS! HOW DEPRESSING!
 HEY! YOU CAN'T DO THAT, DAB-NABBIT! THEM'S TROPHIES!
 WHERE YOU GOIN'?
 THAT WOMAN'S TEARIN' MY CABIN! PIECES! THROW 'EM OUT ALL MY THINGS! AUNTIE DUCHESS IS HELPIN' HER! I AIN'T GOT A FRIEND IN 'EM WORLD! I'M LEAVIN' AN NEVER COMIN' BACK!
 NO YOU DON'T! YOU BROUGHT IT ON YOURSELF, AN' YOU AIN'T GONNA RUN OUT!

RED RYDER

By Fred Harman