

Phone Gals Have a Job With Clocks

Pacific Telephone has reminded residents and businessmen of the Sunday, April 28, return to Pacific Daylight Time.

"The use of PDT officially begins at 1 a.m. that day and timepieces should be turned ahead one hour," said Dick Pyle, telephone manager.

"MOST PEOPLE will be concerned with changing the time of two or three clocks or their wristwatches. For Pacific Telephone, however, the time changes presents a mammoth job.

"Our company owns or leases about 200 buildings in Los Angeles and Ventura counties and this will require changing more than 5,000 clocks," the manager pointed out.

Re-setting each clock in a telephone office is only a part of the company's twice-a-year project.

"Telephone users come first," the manager explained. "We must adjust the Audichron machines which automatically give the time of day to persons dialing 853-1212.

"AUDICHRON's around-the-clock use makes it necessary for someone to make the

Vaccine Enters Field Of Measles Control

K. H. SUTHERLAND, M. D. County Health Officer

In times past, 80 to 90 per cent of the people in this country contracted measles before the age of 20, most often at change at the precise moment PDT goes into effect.

The manager said the whole process will be repeated (in reverse) Sunday, Oct. 27, when Pacific Standard Time is adopted for the winter months.

some time during childhood. Certainly few individuals went through life without having had an attack of the disease. This will no longer be the case in the future, because at long last measles vaccines are at hand to afford an effective immunity against the disease. Health officials now hope that within the next few years measles will become as rare an occurrence in the United States as smallpox and diphtheria.

Heretofore, measles has been what is called an endemic communicable disease, or one that is always present in the community. In large metropolitan areas, a decided rise in the prevalence of the disease was usually evident every two or three years. This seemed to occur when, as a result of births, there was a considerable increase in the susceptible child population.

IN ALL YEARS, the disease occurred with greater frequency during the months of March through May. Thus far in 1963, some 2,469 cases of measles have occurred in Los Angeles County as against some 2,935 for the same period last year. The last measles epidemic year in this area was in

1961 when 11,011 cases were reported with 24 deaths.

In general, most individuals regard measles quite lightly, and parents are often glad to have their children contract the disease in order to get it over with. But even though in the majority of cases measles may be nothing more than a distressing illness of relatively short duration, doctors consider it a treacherous ailment since complications, particularly pneumonia and measles encephalitis (brain inflammation), are not uncommon and are exceedingly dangerous.

TWO TYPES of vaccine will be used in measles control and these, as in the polio vaccines, consist of an attenuated (weakened) live measles virus vaccine — and an inactivated (killed) virus product. The live virus vaccine is the only one presently available but is in short supply. The other will be marketed within a few weeks.

The live virus measles vaccine, unlike the Sabin live virus oral vaccine, will not be given by mouth. Both measles vaccines will be administered by injection.

ONLY ONE injection of the live virus measles vaccine is needed for complete protection against the disease, whereas three of the killed virus type, administered at monthly intervals, will be required to produce an effective immunity. It has not yet been positively determined as to which vaccine offers the best protection or how long-lasting the conferred immunity of each will be.

Nevertheless, in the opinion of some research workers the live virus measles vaccine produces a faster and a greater protection against the disease. However, it is known that this type of vaccine may produce some unpleasant side effects, including fever and rash, that resemble the symptoms of illness that are induced by a mild attack of the disease. These effects it is stated, can usually be minimized by an accompanying dose of gamma globulin, a blood derivative, or by two injections of inactivated vaccine followed by one injection of the live virus vaccine. These are also given one month apart.

BECAUSE OF these untoward side effects, however, a recommendation was recently issued by the U. S. Surgeon General, Luther L. Terry, to the effect that the live type of measles vaccine should be withheld from pregnant women, leukemia patients and certain other groups.

Since the measles vaccine is needed chiefly by children under six, particularly in the second and fourth years of life when the incidence of the disease is usually highest, no mass vaccination program against measles is planned by health officials. When the measles vaccines become widely available, however, it is recommended that children between the ages of 9 months and six years be vaccinated unless they have had the disease. One attack of measles generally confers a life-long immunity.

The development of a measles vaccine is a great accomplishment in the field of public health and is one more step in the long and frustrating search for virus vaccines.

Dr. Gooder To Attend Convention

Dr. Glen G. Gooder, dean of student personnel, Harbor College, will serve as a discussion group chairman at the second annual California Conference on Higher Education, May 3-4, at the Thunderbird Hotel, titled "Higher Education and the Dignity of Man."

Conference delegates, representing the state college system, junior colleges, the University of California, independent colleges and private industry, will consider the effects of automation, unemployment, technology and science on the humanities and higher education in general.

Allstate Honors Local Employee

Mrs. Barbara Fullen, of 21009 New Hampshire Ave., was recently honored with the presentation of a gold pin in recognition of her 15th anniversary with the Allstate Insurance Co. Mrs. Fullen works in the company's Torrance district service office.



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LOIN PORK CHOPS PAN READY WASTE FREE LEAN **43¢/lb.**

CENTER CUT RIB CHOPS LEAN **63¢/lb.**

FRESH LEG O' PORK OVEN ROAST Full 6-7 Lb. Shank Half **39¢/lb.**

WHOLE LEG 12-14 Lb. Avg. **47¢/lb.** BUTT PORTION 8-10 Lb. Avg. **49¢/lb.** PORK STEAKS Center Cut **79¢/lb.**

Pork Loins LEAN EASTERN FULL 7-RIB HALF **37¢/lb.**

Whole Loin Pork Roast TENDER LEAN **45¢/lb.**

Loin End Pork Roast SAVORY OVEN READY **39¢/lb.**

Sliced Bacon LEAN EASTERN CORN KNO-1 LB. PKG. **49¢/lb.**

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Apple Sale SWEET N' JUICY FRESH-CRISP Delicious Apples **4/49¢**

WINESAPS & PIPPINS FANCY, CRISP 4 lbs. **49¢**

FRESH CARROTS 2 1-lb. cello pkg. **15¢**

BUTTERNUT COFFEE ALL GRINDS 2-LB. CAN \$1.17 1-LB. CAN **59¢**
Save Cash

SALAD DRESSING VON'S OWN QUART BTL. **35¢**
Save 10¢

FRESH BREAD PERFECTION White, Wheat or Sandwich, Standard 15 1/2-oz. Loaf **19¢**
Saves 9¢

PICT SWEET VEGETABLES FROZEN Peas, Peas and Carrots, Cut Corn, Leaf Spinach, French Fries, Green Cut & French Green Beans, Mixed Veg. **5/89¢**

FRESH CALIFORNIA ROASTING CHICKENS Naturally Fresher & Tastier Because All Table King Chickens are Grade A California Grown **49¢**

Seafood Sea-lections Fresh Oysters 12-OZ. JAR **69¢**

Halibut NORTHERN CENTER SLICES **69¢/lb.**

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Carti-Fresh Fish & Chips 16-OZ. PKG. **69¢**

Carnation Fish Cakes 8-OZ. PKG. **49¢**

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Fancy Cut Green Beans Case Swayne 303 Cans **2:39¢**

Wildroot Hair Dressing Large Tube **79¢**

C&H Magic Frosting Sugar 13-OZ. BOX **27¢**

Confidets SANITARY NAPKINS Box of 12 **39¢**

IT'S NATIONAL BABY WEEK!

Gerber's Baby Foods STRAINED Assorted 4 1/2-oz. Jar **3:31¢** HI-MEAT DINNER Assorted 4 1/2-oz. Jar **2:35¢**

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